

# **Percutaneous Mitral Valve Therapies: State of the Art in 2020 LA ACP Annual Meeting**



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# Disclosure Statement of Financial Interest

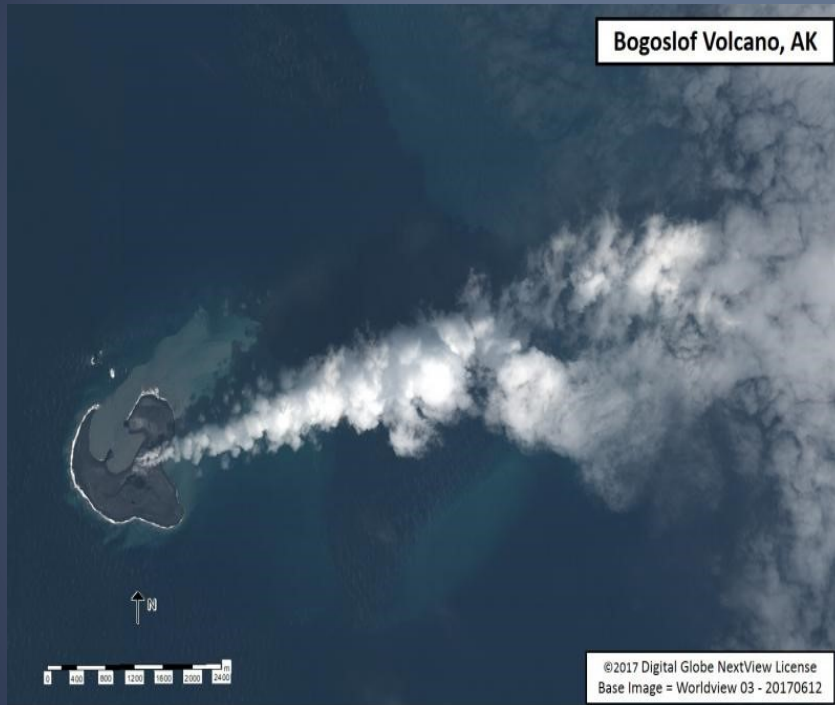
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# The 30,000 Ft View



# 3 Ft View of Valvular Heart Disease in Cardiology



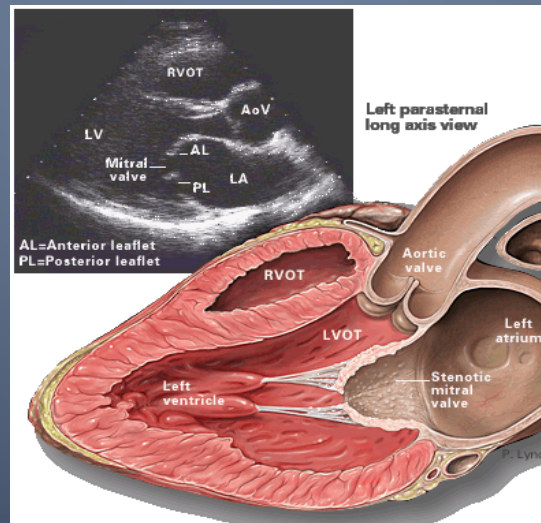


# Mitral Stenosis

- The most common etiology of MS is rheumatic fever, with a latency of approximately 10 to 20 years after the initial streptococcal infection. Symptoms usually appear in adulthood
- Other etiologies are rare but include:
  - congenital MS
  - radiation exposure
  - atrial myxoma
  - mucopolysaccharidoses
- MS secondary to calcific annular disease is increasingly seen in elderly patients, and in patients with advanced chronic kidney disease.

# Mitral Stenosis

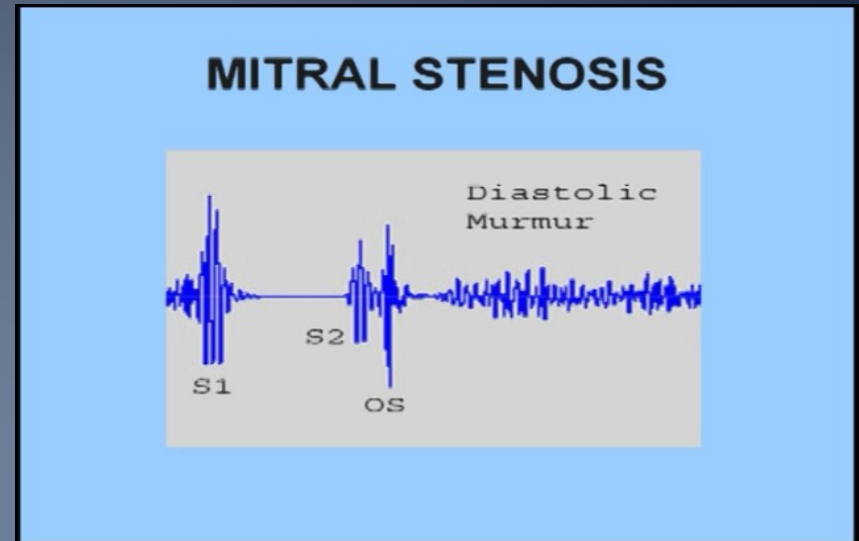
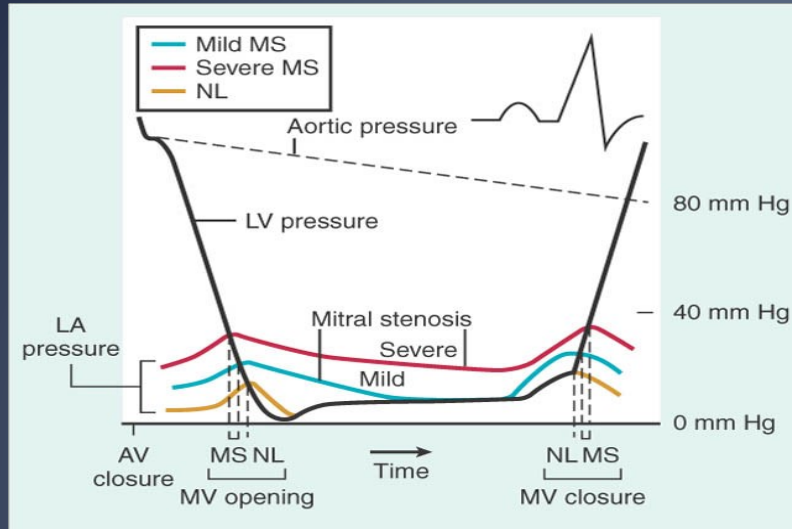
- Mitral stenosis most commonly results from rheumatic heart disease
  - fusion of the valve leaflet cusps at the commissures
  - thickening and shortening of the chordae
  - calcium deposition within the valve leaflets
- Characteristic “fish-mouth” or “hockey stick” appearance on the echocardiogram (depending on view)



# Mitral Stenosis: Natural History

- The severity of symptoms depends primarily on the degree of stenosis.
- Symptoms often go unrecognized by patient and physician until significant shortness of breath, hemoptysis, or atrial fibrillation develops.
- Do not tolerate tachycardia or volume overloads well.
- At high risk for development of left atrial/appendage thrombus formation, and subsequent stroke.
- Symptoms can be managed medically initially.

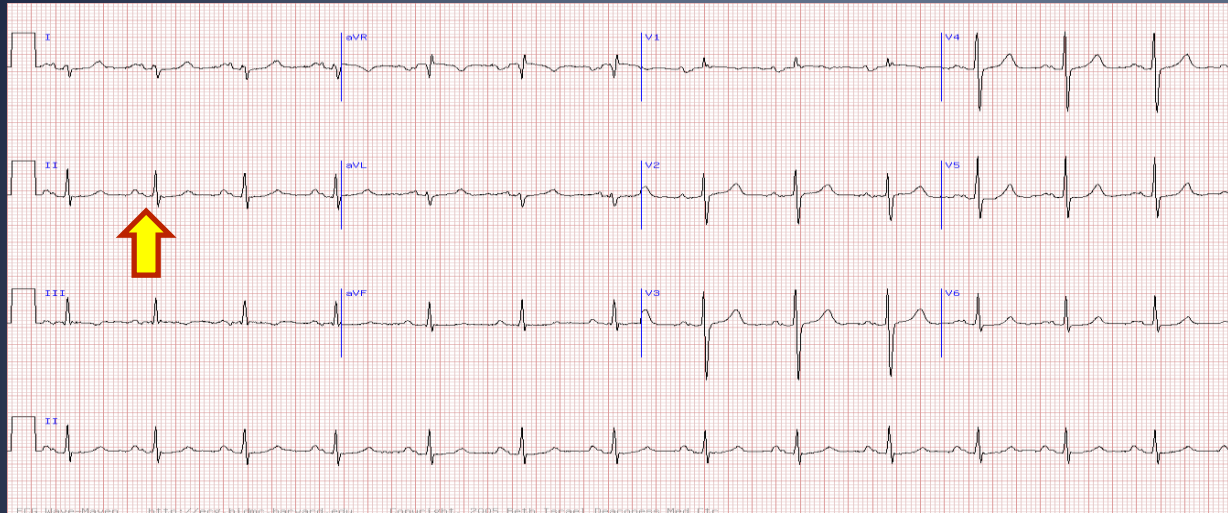
# Mitral Stenosis Hemodynamics



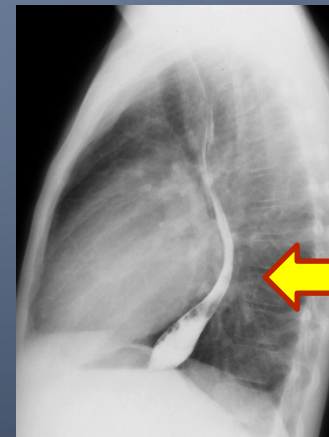
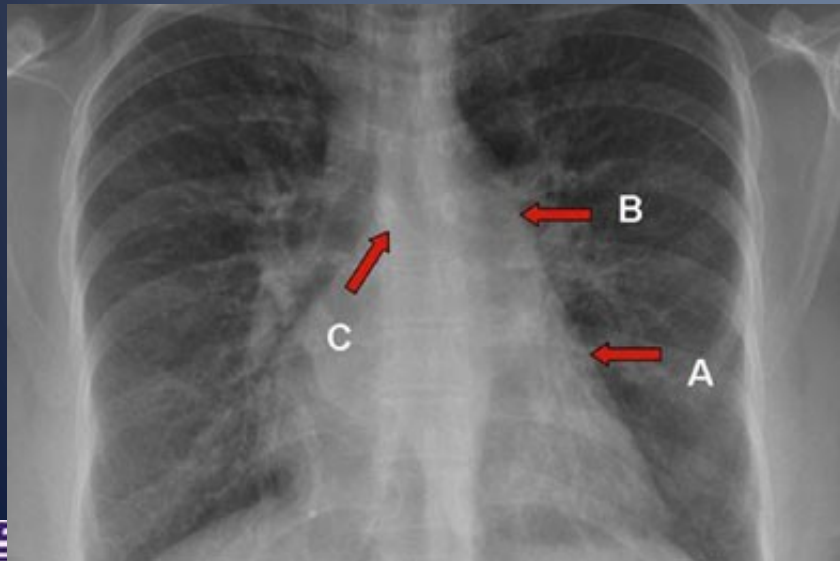
- As the mitral valve area gets progressively smaller, a higher pressure in the LA is needed to “push” blood from LA to LV.
- LA enlarges markedly. Atrial fibrillation commonly results.
- $\uparrow$  LA pressure  $\rightarrow$   $\uparrow$  pulmonary pressures  $\rightarrow$  RV Hypertrophy
- Eventually, right heart failure will occur
- LV function is usually normal at rest, but may fail to increase normally with exercise.



# Findings in Mitral Stenosis



- **EKG: LAE; RVH; Eventually atrial fibrillation**
- **CXR: LAE; straightened left heart border; straightened right mainstem bronchus**



Lateral CXR:  
Bulging of left  
atrium against  
esophagus

# Clinical Stages of Mitral Stenosis

Stage	Definition	Valve Anatomy	Valve Hemodynamics	Hemodynamic Consequences	Symptoms
<b>A</b>	<b>At risk of MS</b>	<ul style="list-style-type: none"> <li>Mild valve doming during diastole</li> </ul>	<ul style="list-style-type: none"> <li>Normal transmitral flow velocity</li> </ul>	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>None</li> </ul>
<b>B</b>	<b>Progressive MS</b>	<ul style="list-style-type: none"> <li>Rheumatic valve changes with commissural fusion and diastolic doming of the mitral valve leaflets</li> <li>Planimetered MVA <math>&gt;1.5 \text{ cm}^2</math></li> </ul>	<ul style="list-style-type: none"> <li>Increased transmitral flow velocities</li> <li>MVA <math>&gt;1.5 \text{ cm}^2</math></li> <li>Diastolic pressure half-time <math>&lt;150 \text{ msec}</math></li> </ul>	<ul style="list-style-type: none"> <li>Mild-to-moderate LA enlargement</li> <li>Normal pulmonary pressure at rest</li> </ul>	<ul style="list-style-type: none"> <li>None</li> </ul>
<b>C</b>	<b>Asymptomatic severe MS</b>	<ul style="list-style-type: none"> <li>Rheumatic valve changes with commissural fusion and diastolic doming of the mitral valve leaflets</li> <li>Planimetered MVA <math>\leq 1.5 \text{ cm}^2</math></li> <li>(MVA <math>\leq 1 \text{ cm}^2</math> with very severe MS)</li> </ul>	<ul style="list-style-type: none"> <li>MVA <math>\leq 1.5 \text{ cm}^2</math></li> <li>(MVA <math>\leq 1 \text{ cm}^2</math> with very severe MS)</li> <li>Diastolic pressure half-time <math>\geq 150 \text{ msec}</math></li> <li>(Diastolic pressure half-time <math>\geq 220 \text{ msec}</math> with very severe MS)</li> </ul>	<ul style="list-style-type: none"> <li>Severe LA enlargement</li> <li>Elevated PASP <math>&gt;30 \text{ mm Hg}</math></li> </ul>	<ul style="list-style-type: none"> <li>None</li> </ul>

# Clinical Stages of Mitral Stenosis

Stage	Definition	Valve Anatomy	Valve Hemodynamics	Hemodynamic Consequences	Symptoms
<b>D</b>	<b>Symptomatic severe MS</b>	<ul style="list-style-type: none"> <li>Rheumatic valve changes with commissural fusion and diastolic doming of the mitral valve leaflets</li> <li>Planimetered <math>MVA \leq 1.5 \text{ cm}^2</math></li> </ul>	<ul style="list-style-type: none"> <li><math>MVA \leq 1.5 \text{ cm}^2</math></li> <li>(<math>MVA \leq 1 \text{ cm}^2</math> with very severe MS)</li> <li>Diastolic pressure half-time <math>\geq 150</math> msec</li> <li>(Diastolic pressure half-time <math>\geq 220</math> msec with very severe MS)</li> </ul>	<ul style="list-style-type: none"> <li>Severe LA enlargement</li> <li>Elevated PASP <math>&gt;30 \text{ mm Hg}</math></li> </ul>	<ul style="list-style-type: none"> <li>Decreased exercise tolerance</li> <li>Exertional dyspnea</li> </ul>

# Medical Therapy of Mitral Stenosis

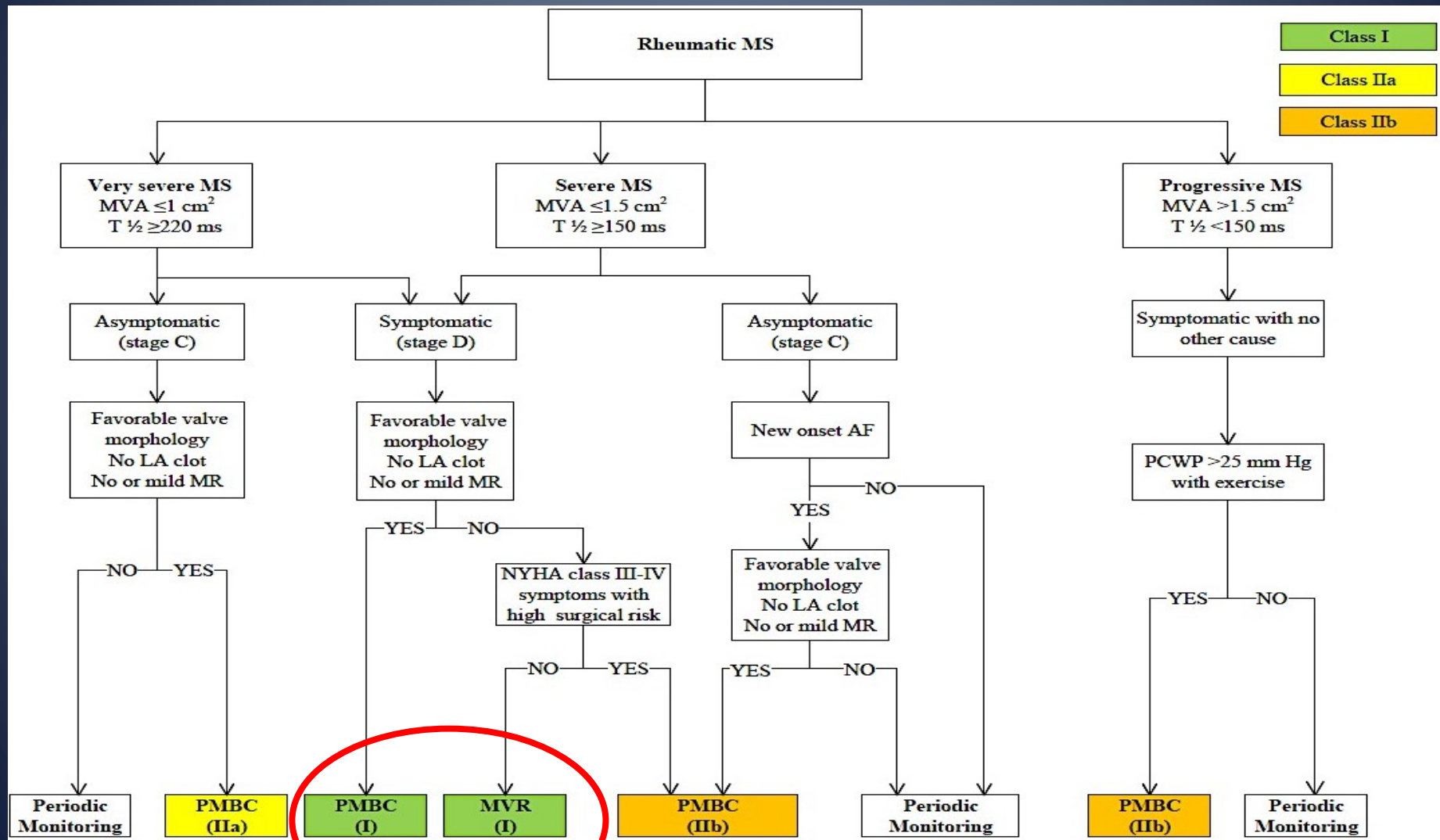
- Limit/minimize left atrial (LA) pressure elevation\*
  - Diuretic
  - Slow heart rate (increases LA emptying time)
  - Maintain sinus rhythm (i.e., atrial contraction)
- Management of atrial fibrillation (Afib)
  - Prevent atrial fibrillation
  - Control heart rate when Afib occurs
- Prevent thromboembolic events
  - anticoagulation

\* LA pressure  $\uparrow$  when there is (a)  $\uparrow$  intravascular volume, cardiac output or heart rate or (b) loss of atrial contraction (i.e., pregnancy, infection, hyperthyroidism, and atrial

fibrillation)

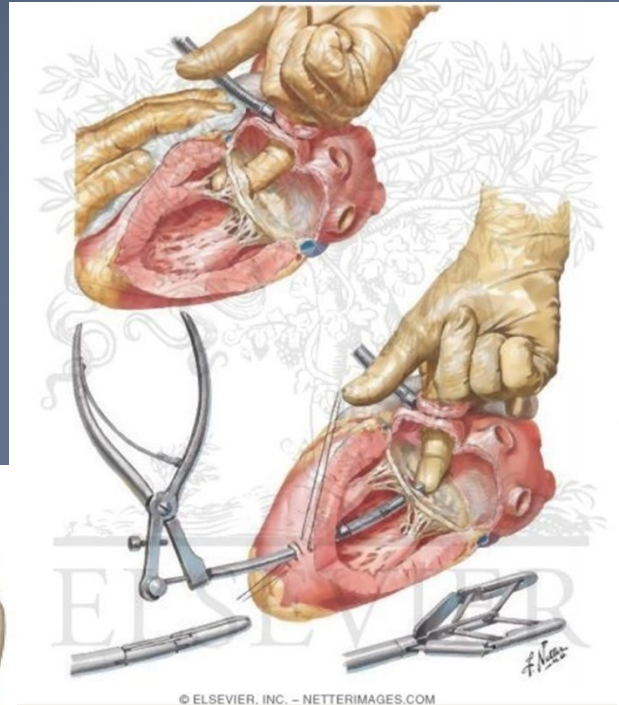


# Indications for Intervention for Rheumatic Mitral Stenosis

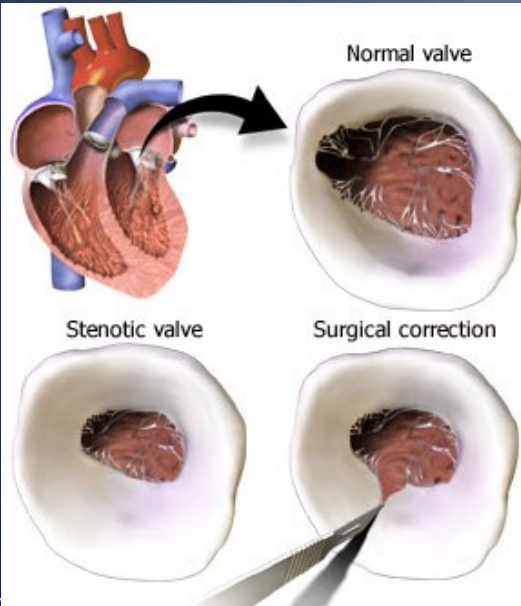


# Mitral Stenosis Surgery

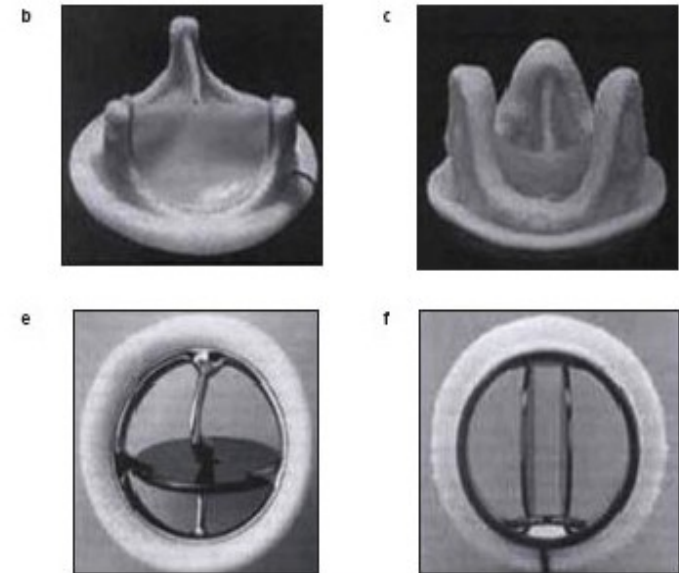
Open  
commissurotomy



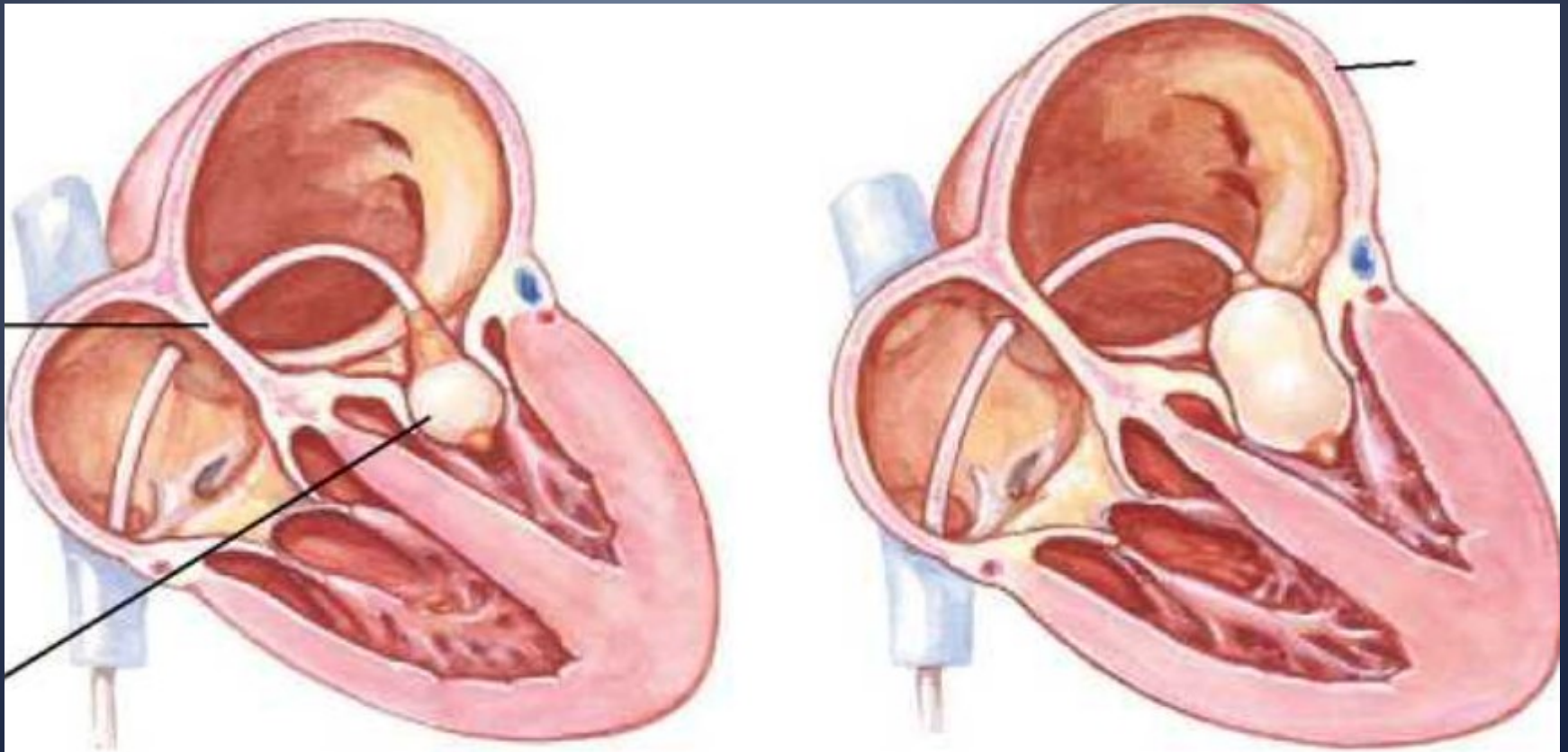
Valve  
replacement



Closed  
commissurotomy

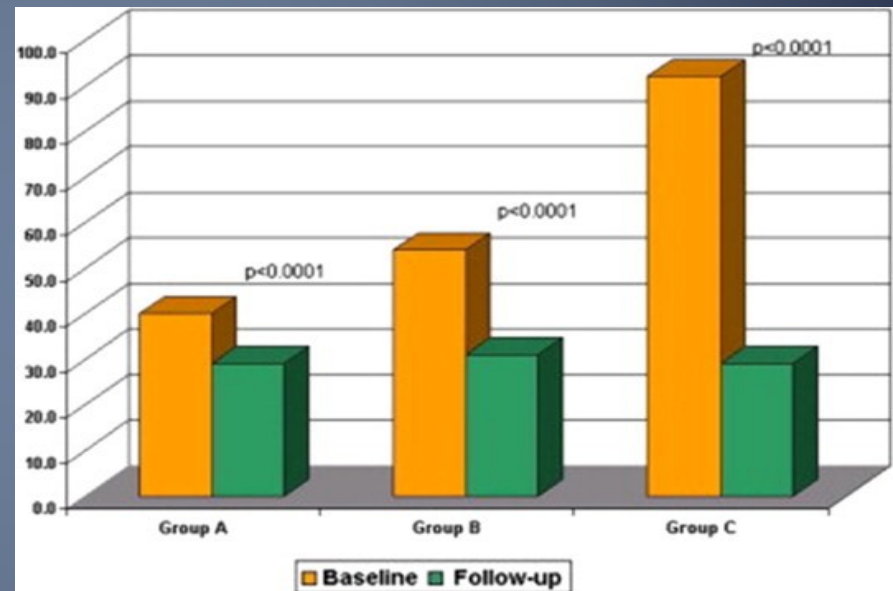
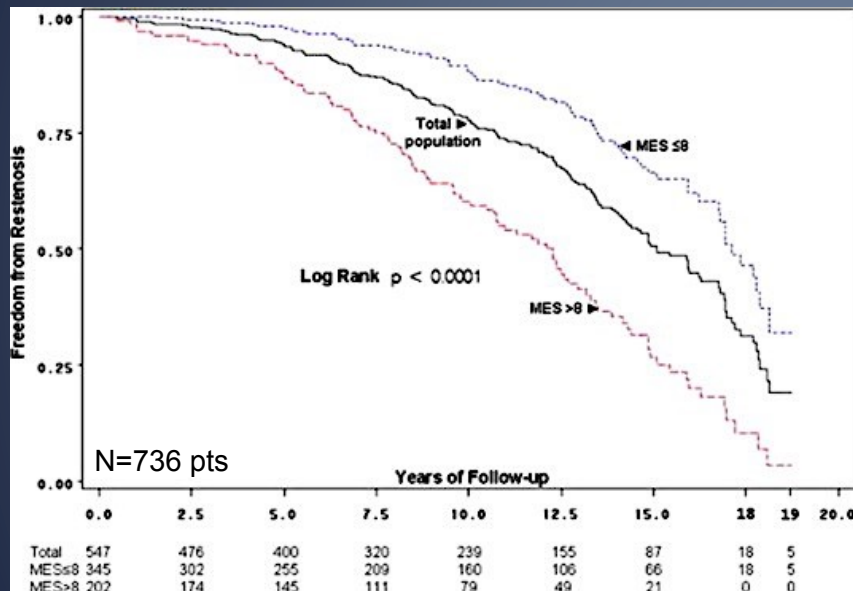


# Mitral Valvuloplasty Technique



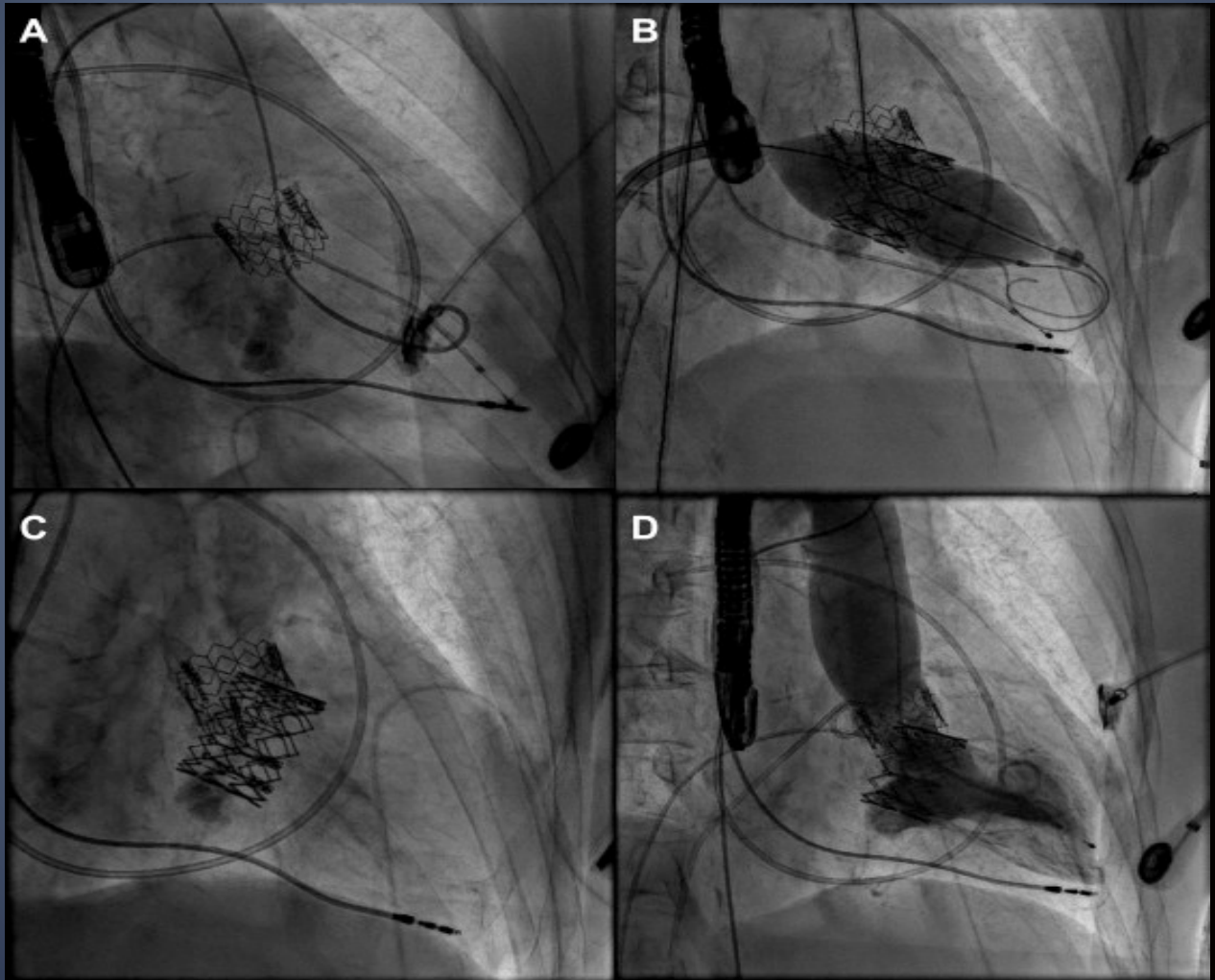


# Outcomes After PBMC 19 year Followup

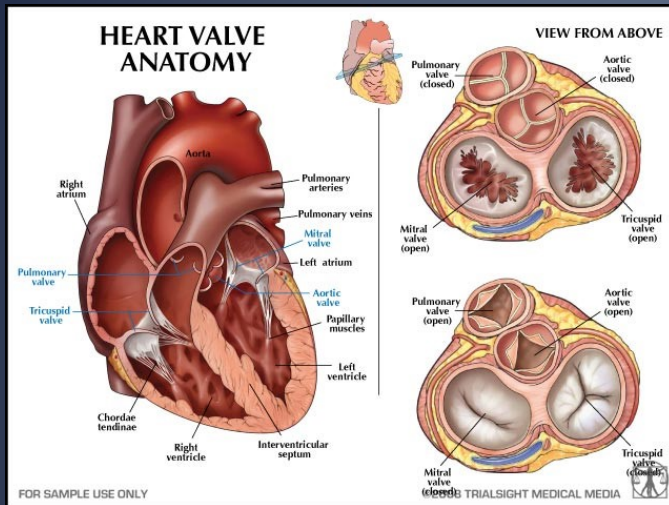




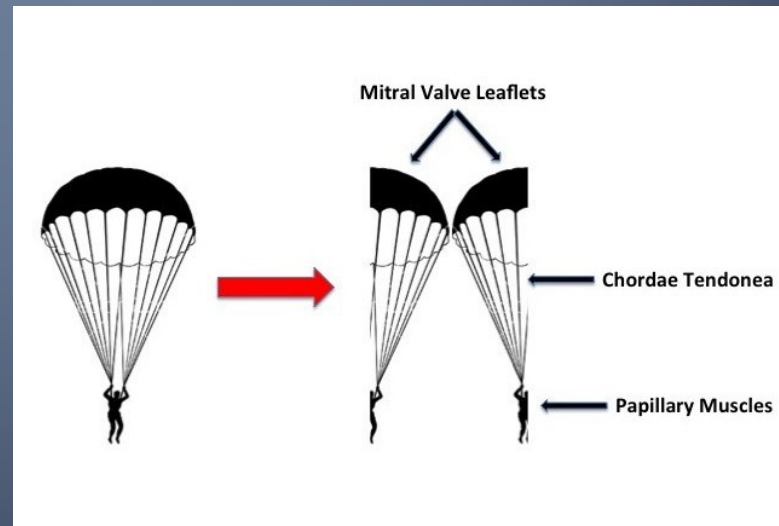
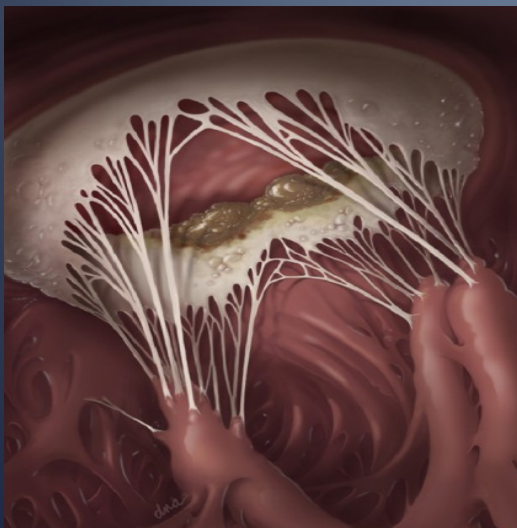
# Percutaneous Mitral Valve Replacement for MAC



# Anatomy of the Atrioventricular Valves



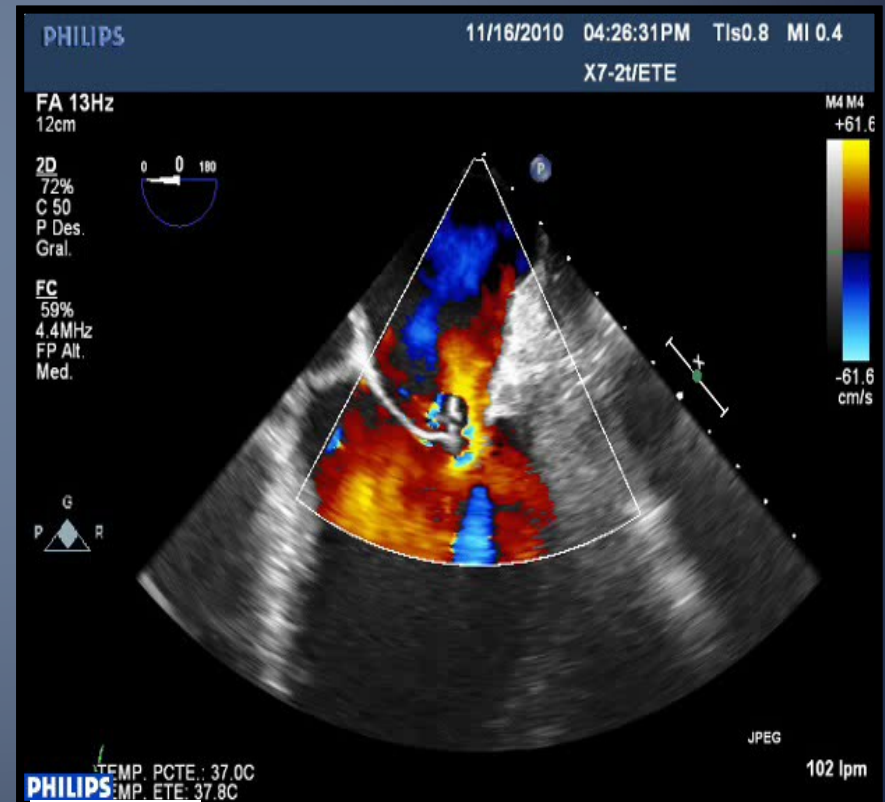
- Papillary muscles arise from the ventricular wall, and give rise to multiple fibrous chordae tendinae.
- Chordae attach to the edges of the valve leaflets, maintaining constant tension.
- Mitral valve: 2 leaflets. Tricuspid valve: 3 leaflets.
- Leaflets attach to the fibrous annulus.
- Annulus more oval/ horseshoe shaped.
- Valve opening, closure much more dynamic



# Mitral Regurgitation

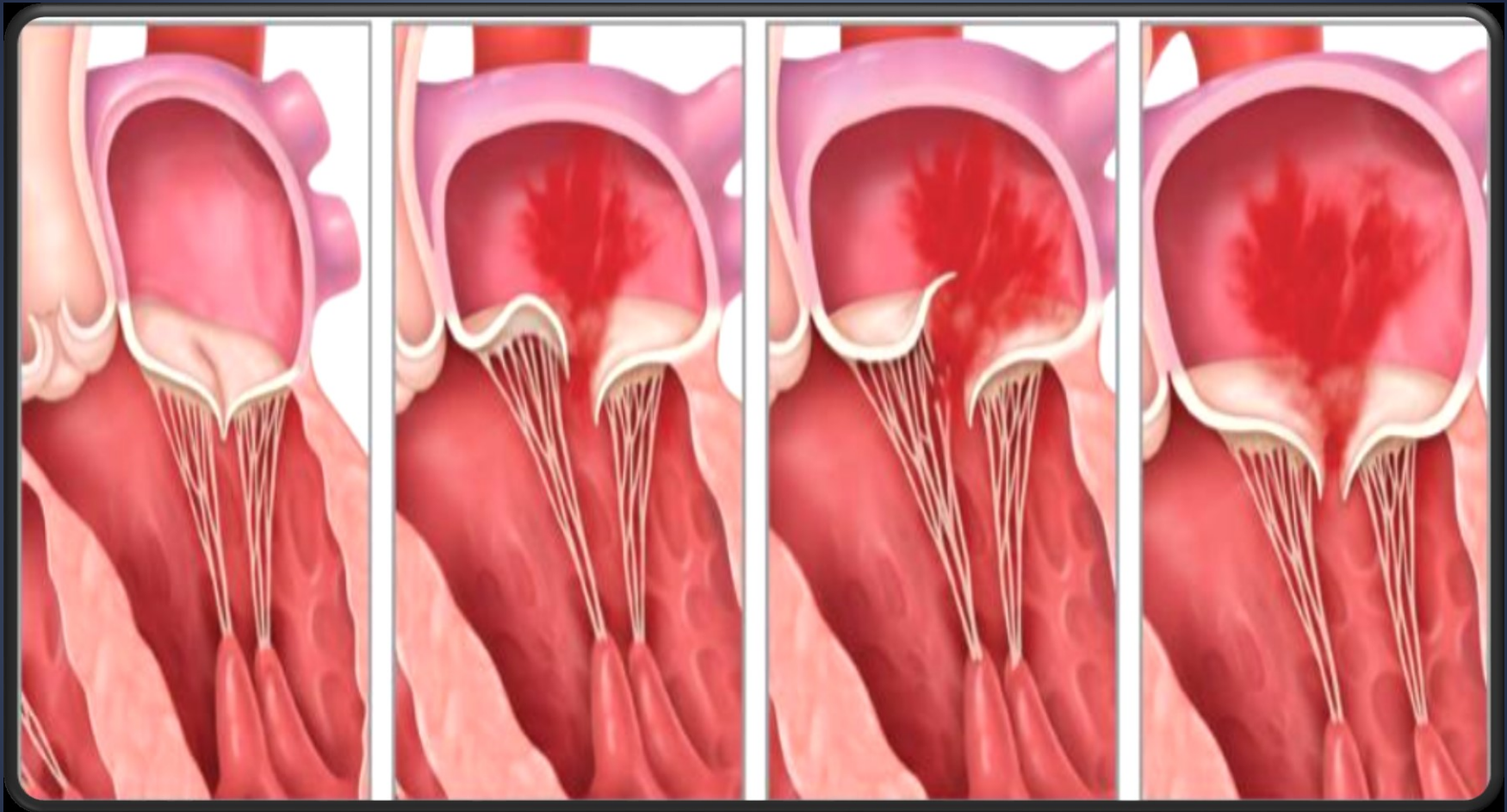
## Brief Case Presentation

- 62 year old male college professor with a “heart murmur when I entered the Army” who is admitted for evaluation of subacute onset of shortness of breath over the preceding 3 months. No recent illness or hospitalization
- Vital Signs BP 138/74 HR 88 Regular RR 18 WT 167 lb HT 6'1"
- Physical Exam remarkable for JVP at 8cm with lungs that were clear. Cardiac Exam shows Gr III/IV HSM that radiated to the left axilla with + S4 No S3. S1, A2 normal P2 increased.





# MR Etiologies



Normal

Degenerative MR  
Prolapse

Degenerative MR  
Flail

Functional MR  
Ischemic vs.  
nonischemic



# Objectives Mitral Regurgitation

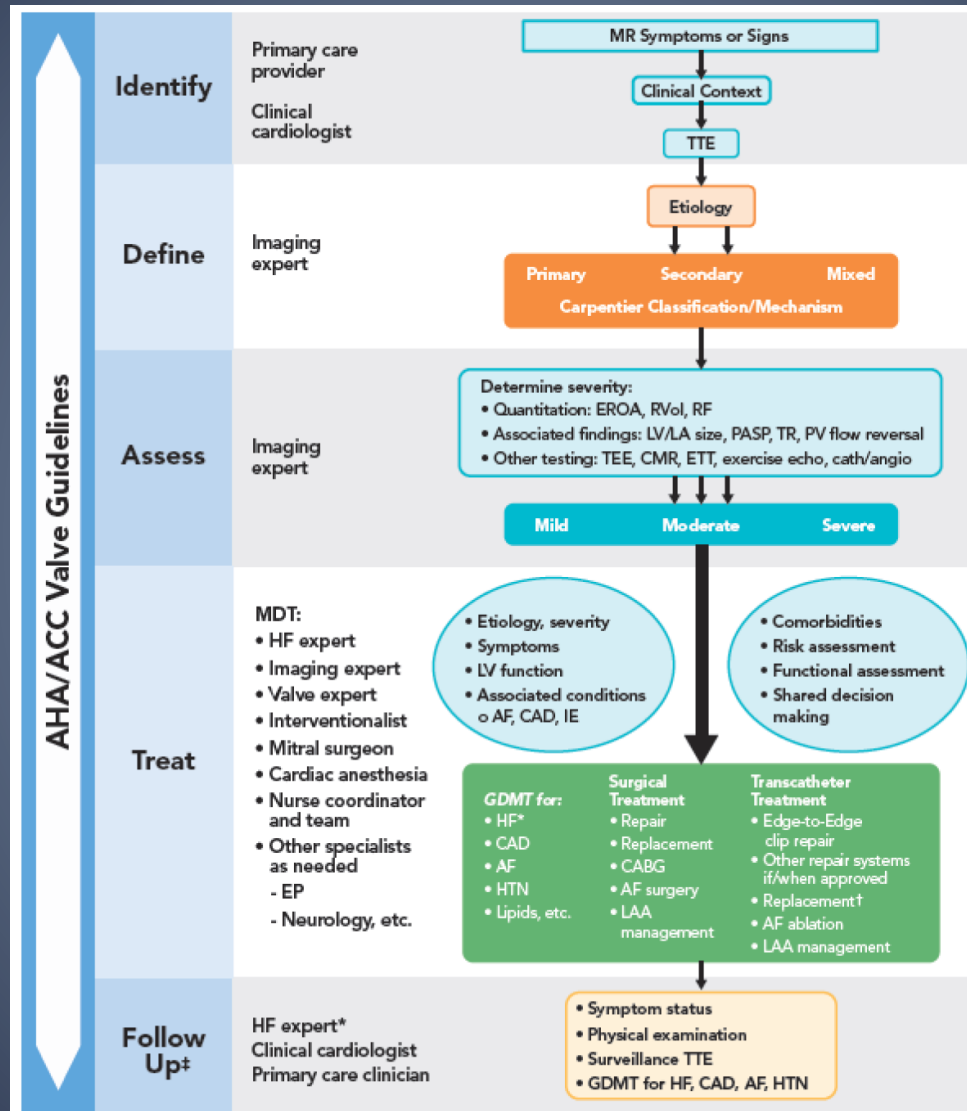
- Understand the mechanisms and classification of Mitral Regurgitation
- Review guidelines and outcomes for management strategies of mitral valve disease
- Discuss new techniques for monitoring mitral valvular heart disease
- Review percutaneous mitral valve procedures
- Discuss outcomes and opportunities for new percutaneous therapies

# Identification of Mitral Regurgitation

There are a large number of patients who have MR that are unrecognized

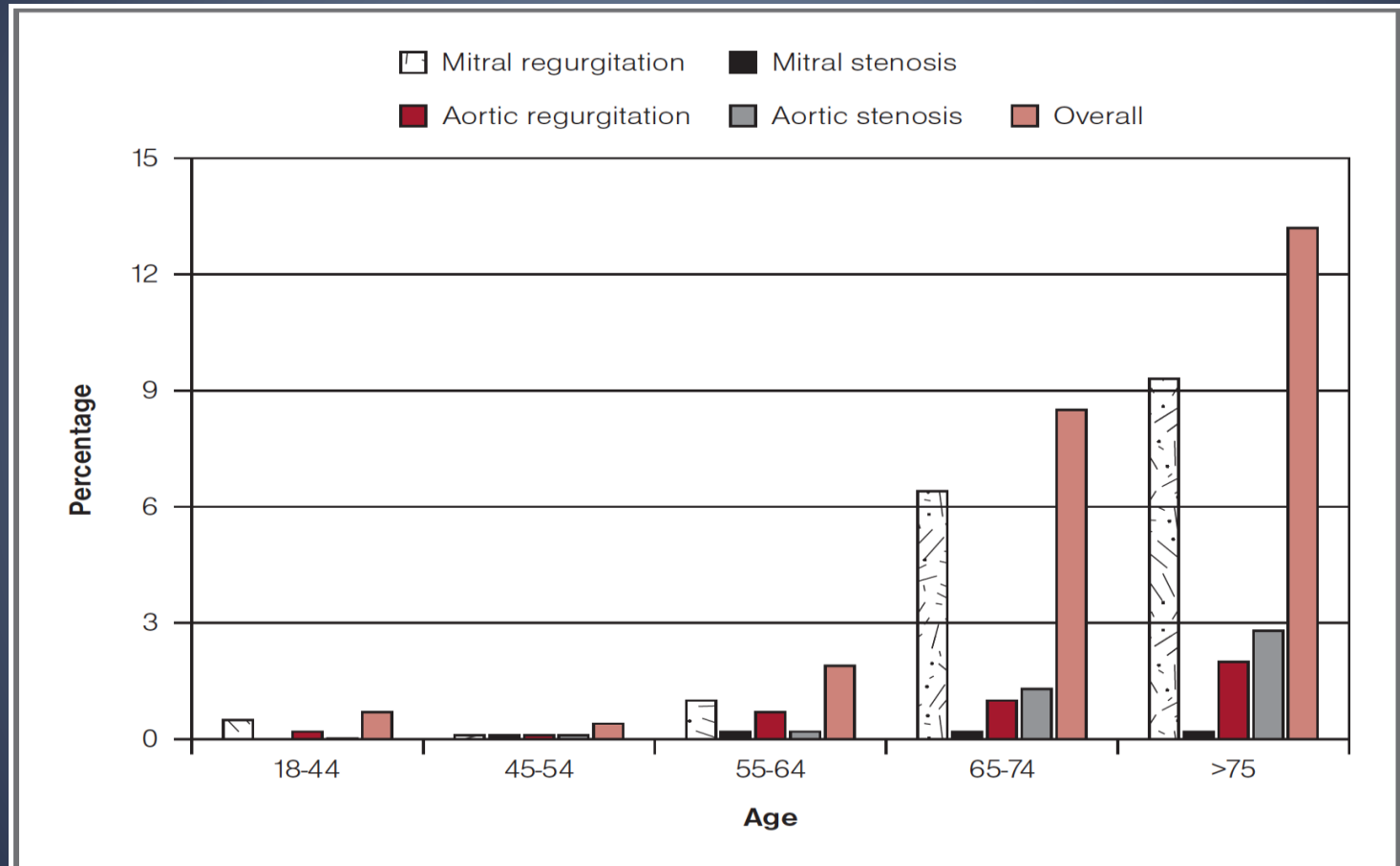
- MR is due to multiple etiologies/mechanisms
- Patients are often minimally symptomatic
- Physical exam may be difficult
- Imaging studies require additional skill

# 2020 Management of MR



# Prevalence of VHD in USA

## 2.5% of the overall population

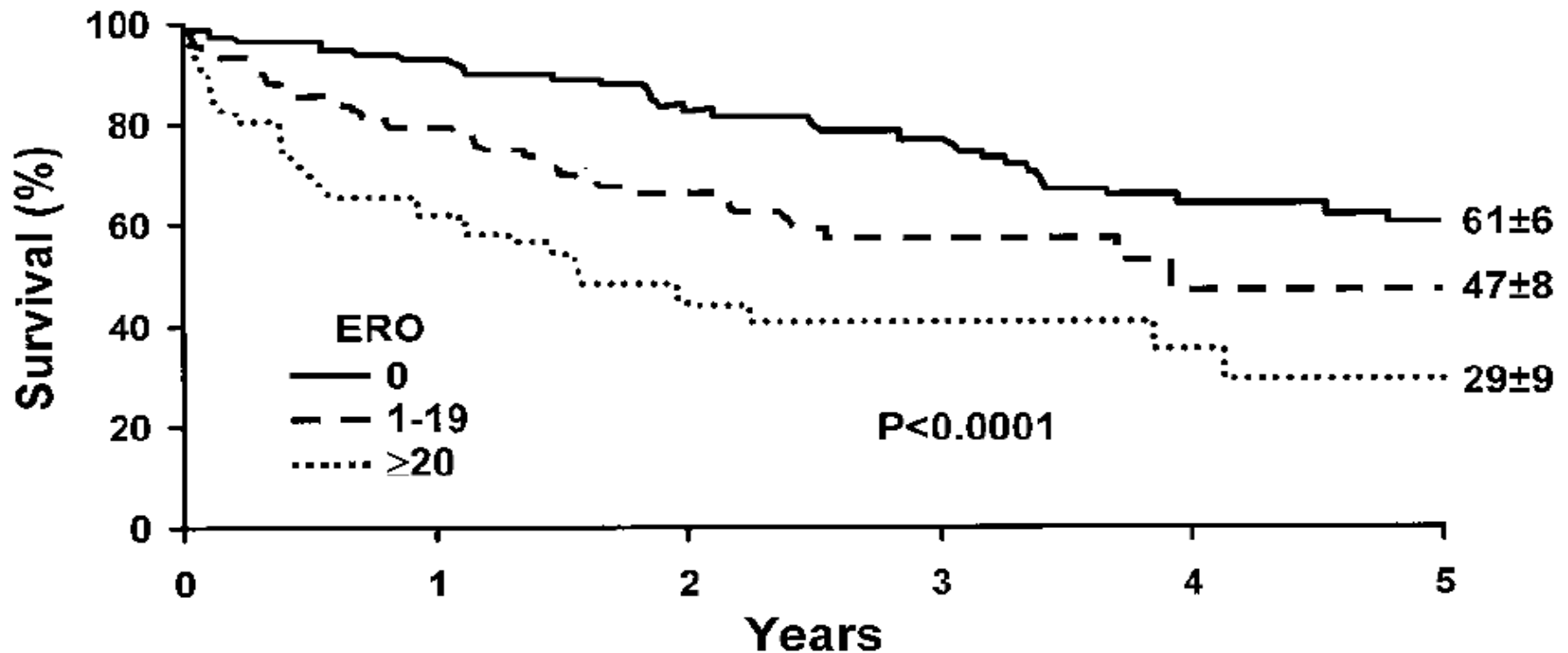


Nkomo VT et. Al. Burden of valvular heart diseases: a population-based study. Lancet. 2006;368 (9540):1005-1011.

SRB March 2020



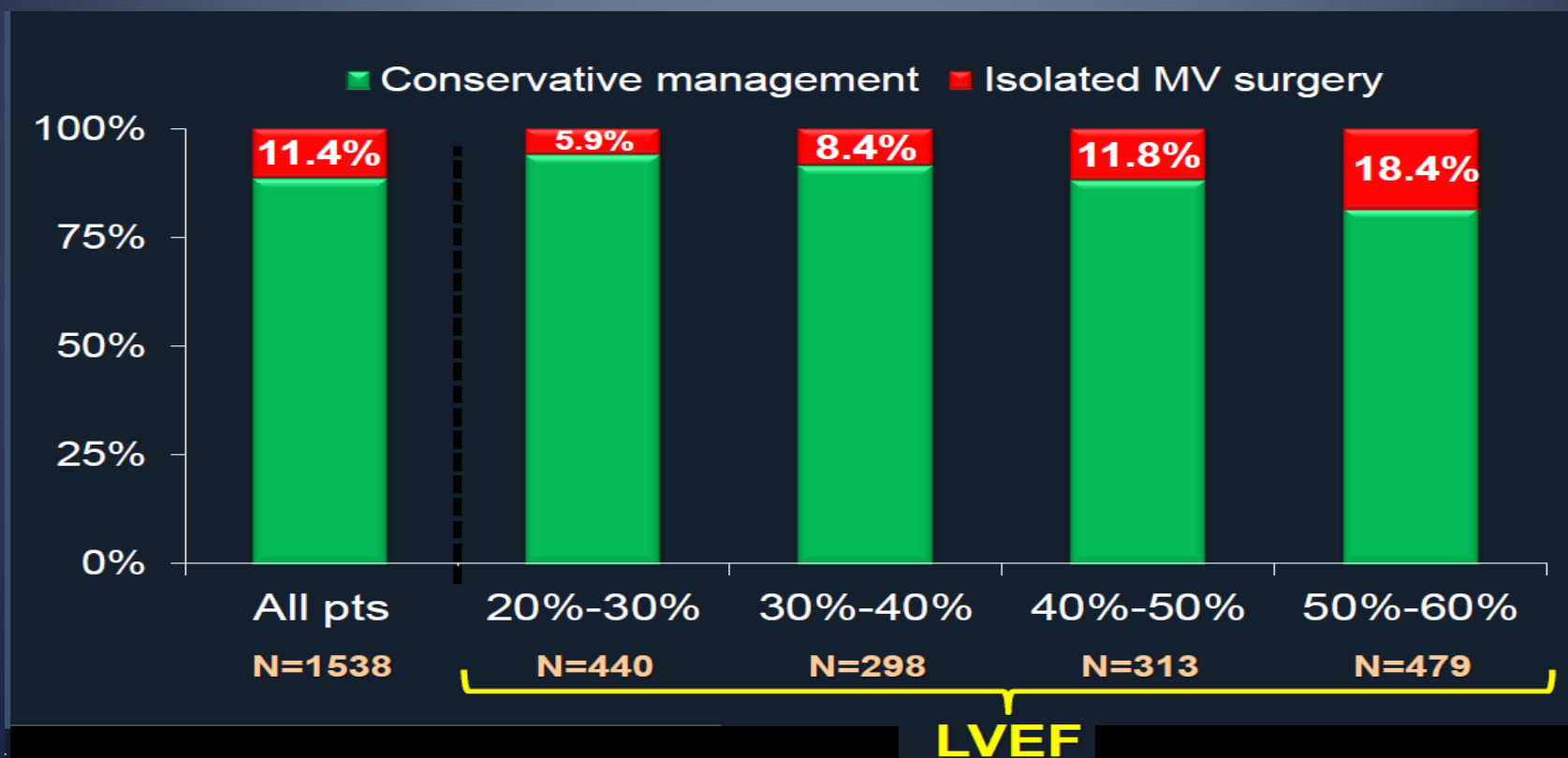
# Relationship between MR Severity and Mortality in Secondary MR



(Grigioni ,Circulation 2001;103:1759-63)

# How Are Patients with Isolated FMR Treated ?

Duke Databank: 1,538 pts not undergoing CABG with echocardiographic 3+ to 4+ FMR and LVEF  $\geq 20\%$  between 2000 and 2010



# A Largely Unmet Need in a Large Patient Population

## Mitral Regurgitation 2009 U.S. Prevalence

Total MR Patients<sup>1,2</sup>

**4,100,000**

Eligible for Treatment<sup>3,4</sup>  
(MR Grade  $\geq 3+$ )

**1,670,000**

Untreated Large  
and Growing Clinical  
Unmet Need

Annual Incidence<sup>3</sup>  
(MR Grade  $\geq 3+$ )

14% Newly Diagnosed  
Each Year

Annual MV Surgery<sup>5</sup>

**30,000**

**Only 2% Treated  
Surgically**

1. US Census Bureau. Statistical Abstract of the US: 2006, Table 12.

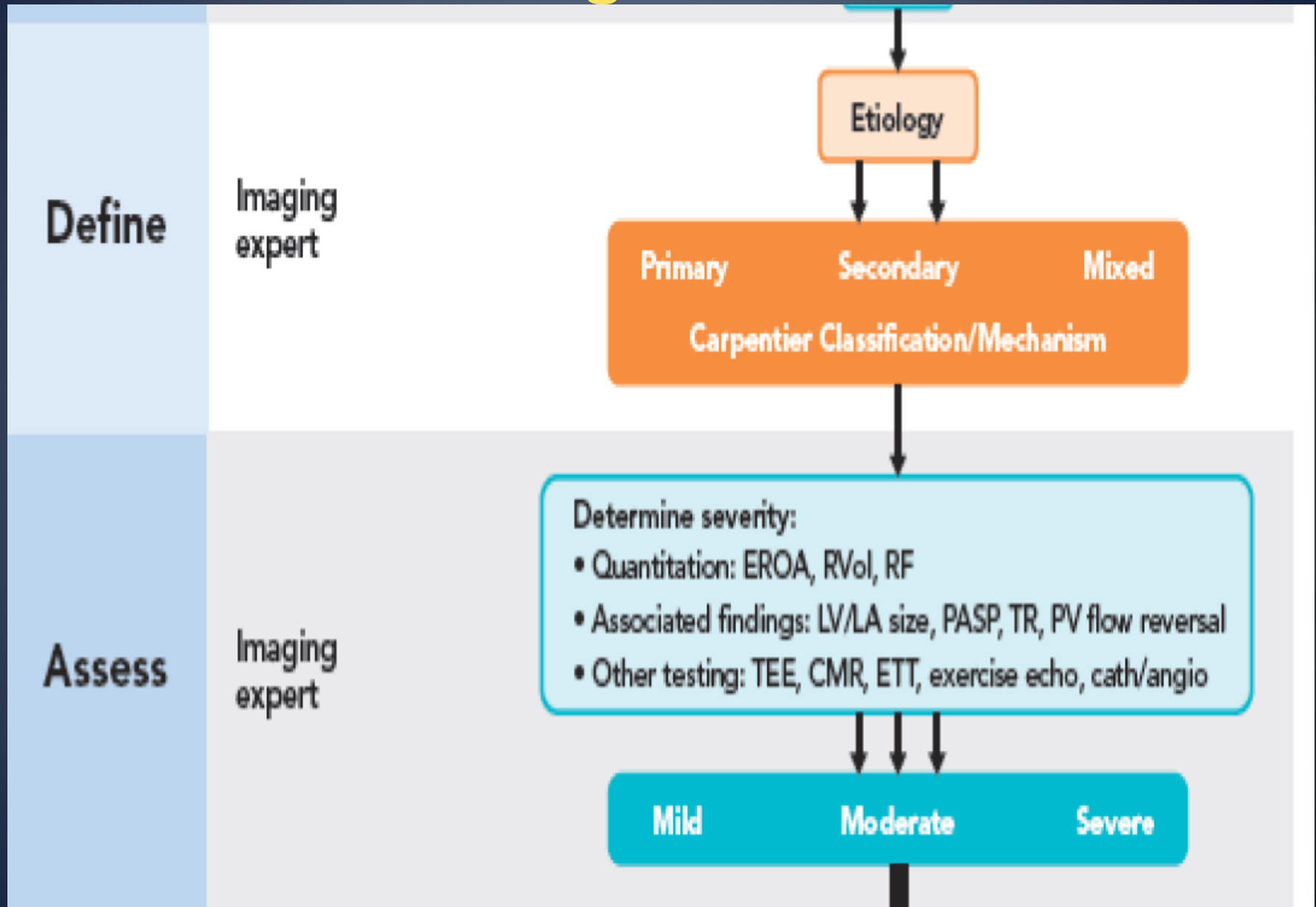
2. Nkomo et al. Burden of Valvular Heart Diseases: A Population-based Study, Lancet, 2006; 368: 1005-11.

3. Patel et al. Mitral Regurgitation in Patients with Advanced Systolic Heart Failure, J of Cardiac Failure, 2004.

4. ACC/AHA 2008 Guidelines for the Management of Patients with Valvular Heart Disease, Circulation: 2008

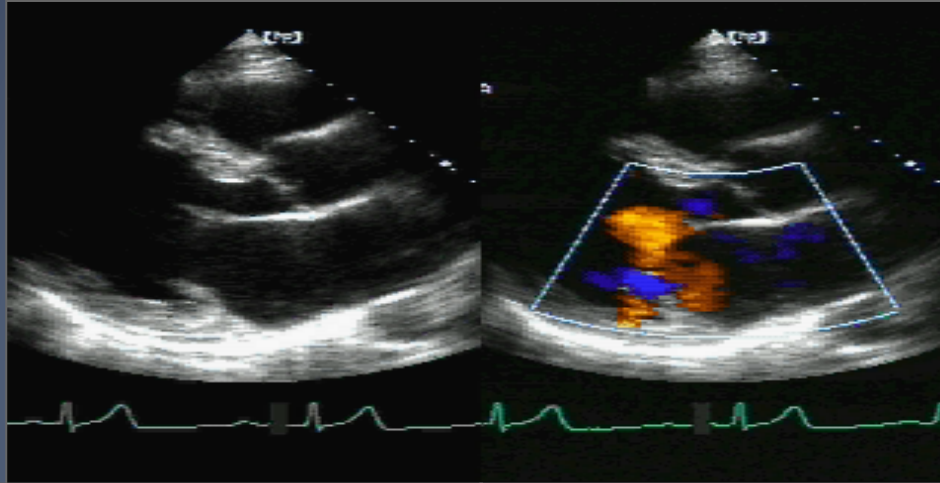
5. Gammie, J et al, Trends in Mitral Valve Surgery in the United States: Results from the STS Adult Cardiac Database, Annals of Thoracic Surgery 2010.

# 2020 Management of MR

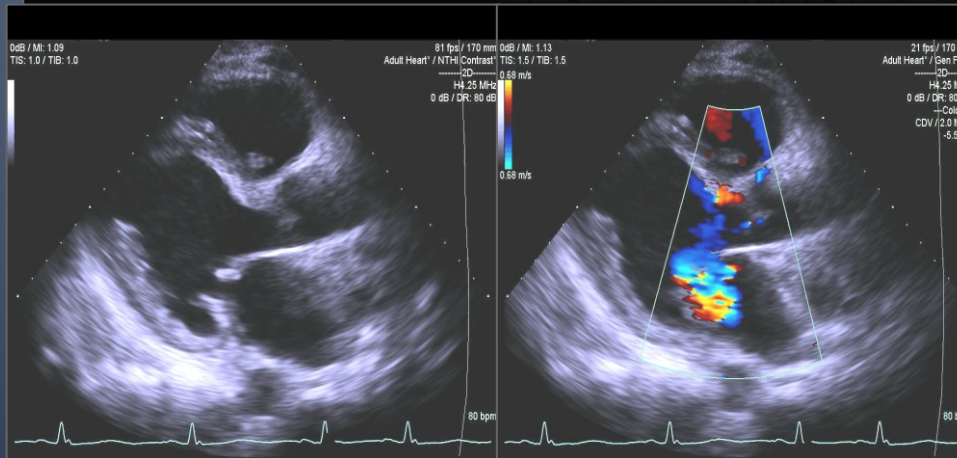




# Defining the Etiology Valve Structure & MR Jet Characteristics



Primary



Secondary


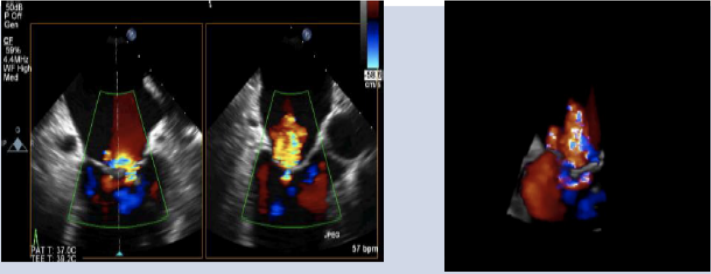



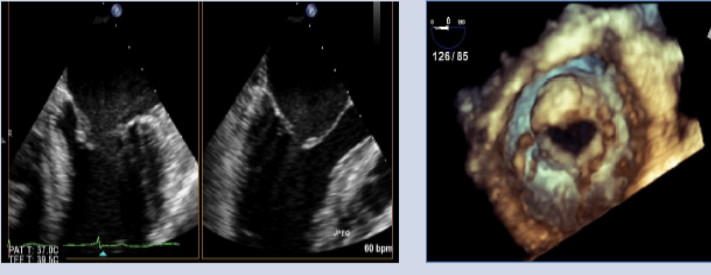

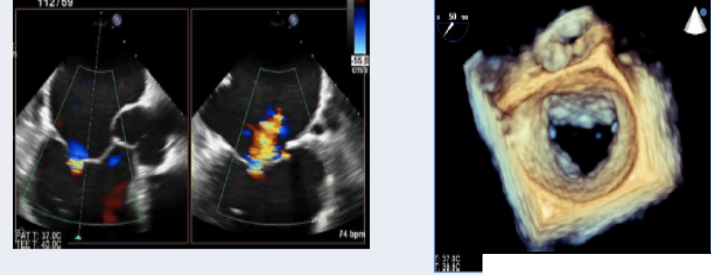
# Echo Assessment of MR

**TABLE 1** Suggested Qualitative and Quantitative Parameters for Standardized Echo Reporting

MITRAL REGURGITATION ASSESSMENT Suggested Qualitative and Quantitative Parameters for Standardized Echo Reporting*		
<b>HEMODYNAMIC AND RHYTHM PARAMETERS</b> <ul style="list-style-type: none"> <li>Blood Pressure</li> <li>Heart Rate</li> <li>Rhythm</li> </ul>	<b>QUALITATIVE PARAMETERS (CONT.)</b> <p><b>Mitral stenosis</b></p> <ul style="list-style-type: none"> <li>Rheumatic</li> <li>Degenerative</li> <li>Other</li> </ul> <p><b>Carpentier Classification</b></p> <ul style="list-style-type: none"> <li>Normal leaflet motion (Type I) may be seen in primary MR due to endocarditis, perforation, or clefts, or in secondary MR due to pure annular dilation.</li> <li>Excessive leaflet motion (Type II) is most commonly seen with mitral valve prolapse or flail leaflet.</li> <li>Restricted leaflet motion (Type III) subclassified into: <ul style="list-style-type: none"> <li>III A: restriction during both systole and diastole</li> <li>III B: restricted during systole only (e.g., ischemic etiology)</li> </ul> </li> </ul> <p><b>Submitral morphology:</b></p> <ul style="list-style-type: none"> <li>Thickening</li> <li>Calcification</li> <li>Retraction</li> <li>Tumor</li> <li>Vegetation</li> </ul> <p><b>MR Mechanism:</b></p> <ul style="list-style-type: none"> <li>Primary</li> <li>Secondary <ul style="list-style-type: none"> <li>Dilated Cardiomyopathy</li> <li>Ischemic Cardiomyopathy</li> <li>Other</li> </ul> </li> <li>Mixed</li> </ul> <p><b>MR Jet Duration (CW Doppler and frame-by-frame analysis of color flow Doppler):</b></p> <ul style="list-style-type: none"> <li>Holosystolic</li> <li>Early systolic</li> <li>Mid-systolic</li> <li>Late systolic</li> <li>Bimodal</li> <li>CW Doppler density</li> </ul> <p><b>MR Jets:</b></p> <ul style="list-style-type: none"> <li>Single</li> <li>Multiple</li> </ul> <p><b>MR Jet Direction:</b></p> <ul style="list-style-type: none"> <li>Centrally directed</li> <li>Eccentric <ul style="list-style-type: none"> <li>Posteriorly directed</li> <li>Posterolaterally directed</li> <li>Laterally directed</li> <li>Anteriorly directed</li> <li>Anteromedially directed</li> <li>Medially directed</li> </ul> </li> </ul> <p><b>Pulmonary Vain Flow Profile:</b></p> <ul style="list-style-type: none"> <li>Normal</li> <li>Systolic flow blunting</li> <li>Systolic flow reversal</li> <li>Number of veins exhibiting systolic reversal</li> </ul>	<b>QUALITATIVE PARAMETERS (CONT.)</b> <p><b>Mitral Inflow Profile:</b></p> <ul style="list-style-type: none"> <li>E dominant pattern</li> <li>A dominant pattern (incompatible with severe MR)</li> </ul> <p><b>QUANTITATIVE PARAMETERS</b></p> <p><b>Vena Contracta:</b></p> <ul style="list-style-type: none"> <li>Vena contracta width: mm</li> <li>Vena contracta area (cm<sup>2</sup>)</li> </ul> <p><b>Threshold values specific for severe MR</b></p> <ul style="list-style-type: none"> <li>EROA &gt;0.4cm<sup>2</sup></li> <li>Regurgitant volume &gt;60 mL/beat</li> <li>Regurgitant fraction &gt;50%</li> </ul> <p><b>Left Atrial Size:</b></p> <ul style="list-style-type: none"> <li>Left atrial dilation</li> <li>Left atrial volume index: mL/m<sup>2</sup></li> </ul> <p><b>Mitral Valve Area: cm<sup>2</sup></b> <i>(for patients with coexisting rheumatic or degenerative mitral stenosis or for planning edge-to-edge clip)</i></p> <ul style="list-style-type: none"> <li>2D planimetry (biplane)</li> <li>3D planimetry (multiplanar reconstruction)</li> <li>Pressure half-time</li> <li>Continuity equation</li> <li>PISA</li> </ul> <p><b>Mean transmitral Doppler gradient:</b> mm Hg @ heart rate (input HR concurrently recorded during CW Doppler acquisition)</p> <p><b>Left Ventricular Function:</b></p> <ul style="list-style-type: none"> <li>Ejection fraction (normal &gt;60%)</li> <li>Global LV dysfunction</li> <li>Regional LV dysfunction (detail wall motion)</li> </ul> <p><b>Left Ventricular Size:</b></p> <ul style="list-style-type: none"> <li>End diastolic LV dimension</li> <li>End systolic LV dimension and/or</li> <li>End diastolic volume/volume index</li> <li>End systolic volume/volume index</li> </ul> <p><b>Right Ventricular Size</b> <i>(tricuspid annular and midventricular measurements)</i></p> <ul style="list-style-type: none"> <li>Normal</li> <li>Dilated</li> </ul> <p><b>Right Ventricular Systolic Function:</b></p> <ul style="list-style-type: none"> <li>Normal</li> <li>Impaired</li> </ul> <p><b>Tricuspid Annulus:</b></p> <ul style="list-style-type: none"> <li>Normal</li> <li>Dilated</li> </ul> <p><b>Tricuspid Valve Regurgitation:</b></p> <ul style="list-style-type: none"> <li>Mild</li> <li>Moderate</li> <li>Severe</li> </ul> <p><b>PA Systolic Pressure: mm Hg</b></p> <p><b>Estimated RA pressure: mm Hg</b></p>
<b>QUALITATIVE PARAMETERS</b> <p><b>Leaflet Morphology:</b></p> <ul style="list-style-type: none"> <li>Structurally normal</li> <li>Nonspecific thickening</li> <li>Focal calcific or nodular thickening</li> <li>Diffusely calcified</li> <li>Myxomatous</li> <li>Vegetations</li> <li>Tumor</li> <li>Clefts</li> <li>Perforation</li> </ul> <p><b>Chordal Morphology:</b></p> <ul style="list-style-type: none"> <li>Ruptured chordae: <ul style="list-style-type: none"> <li>AML</li> <li>PML</li> </ul> </li> <li>Redundant chordae: <ul style="list-style-type: none"> <li>AML</li> <li>PML</li> </ul> </li> </ul> <p><b>Annulus Size and Morphology</b> <i>(commissure-commissure and anterior-posterior measurements)</i></p> <ul style="list-style-type: none"> <li>Normal</li> <li>Dilated</li> <li>Calcified (location and extent)</li> </ul> <p><b>Leaflet Mobility:</b></p> <ul style="list-style-type: none"> <li>Normal</li> <li>Redundant, no prolapse</li> <li>Systolic anterior motion (SAM) <ul style="list-style-type: none"> <li>AML</li> <li>PML</li> </ul> </li> <li>Flail <ul style="list-style-type: none"> <li>Anatomic localization: <ul style="list-style-type: none"> <li>A1</li> <li>A2</li> <li>A3</li> <li>P1</li> <li>P2</li> <li>P3</li> </ul> </li> <li>Posteromedial commissure</li> <li>Anterolateral commissure</li> </ul> </li> <li>Widely <ul style="list-style-type: none"> <li>Anatomic localization: <ul style="list-style-type: none"> <li>A1</li> <li>A2</li> <li>A3</li> <li>P1</li> <li>P2</li> <li>P3</li> </ul> </li> <li>Posteromedial commissure</li> <li>Anterolateral commissure</li> </ul> </li> </ul> <p><b>Restricted or Tethered Leaflets</b></p> <ul style="list-style-type: none"> <li>AML</li> <li>PML</li> <li>Both</li> </ul>		

\*Above criteria applicable for native mitral valve disease only and not for assessing MR post mitral valve repair (surgical or transcatheter).

Abbreviations: AML = anterior mitral leaflet; CW = continuous wave; EROA = effective regurgitant orifice area; ERO = effective regurgitant orifice; LV = left ventricular; MR = mitral regurgitation; PA = pulmonary artery; PISA = proximal isovelocity surface area; PML = posterior mitral leaflet; RA = right atrial; RF = regurgitant fraction; SAM = systolic anterior motion

Carpentier	Definition	Echocardiographic Examples
 <p>Type I</p>	<p><b>normal leaflet motion</b> with isolated annular dilation, leading to poor leaflet coaptation</p>	
 <p>Type II</p>	<p><b>excess motion of the margin of a leaflet</b> segment above the annular plane</p>	
 <p>Type IIIa</p>	<p><b>restricted leaflet motion</b> during diastole and systole</p>	
 <p>Type IIIb</p>	<p><b>restricted leaflet motion</b> predominantly during systole</p>	

- Endocarditis
- Dilated Annulus
  - A Fibrillation
  - Restrictive CM

- MVP
- Papillary Rupture
- Trauma

- Rheumatic
- Collagen Vascular
- Radiation
- Drugs
- MAC

- Ischemic Heart DZ
- Dilated CM

Carpentier A. J Thorac Cardiovasc Surg 1983 September;86(3):323-37



# Case Presentation

## Functional Mitral Regurgitation

- 68 year old male with a three year history of progressive dyspnea on exertion with two hospitalizations in the last 2 months for poorly controlled congestive heart failure
- 4V CABG (SVG with LIMA) eight years ago with LVEF 40% and patent grafts by cath at OSH 3 months ago.
- On maximal tolerated doses of ACE, Carvedilol and diuretics



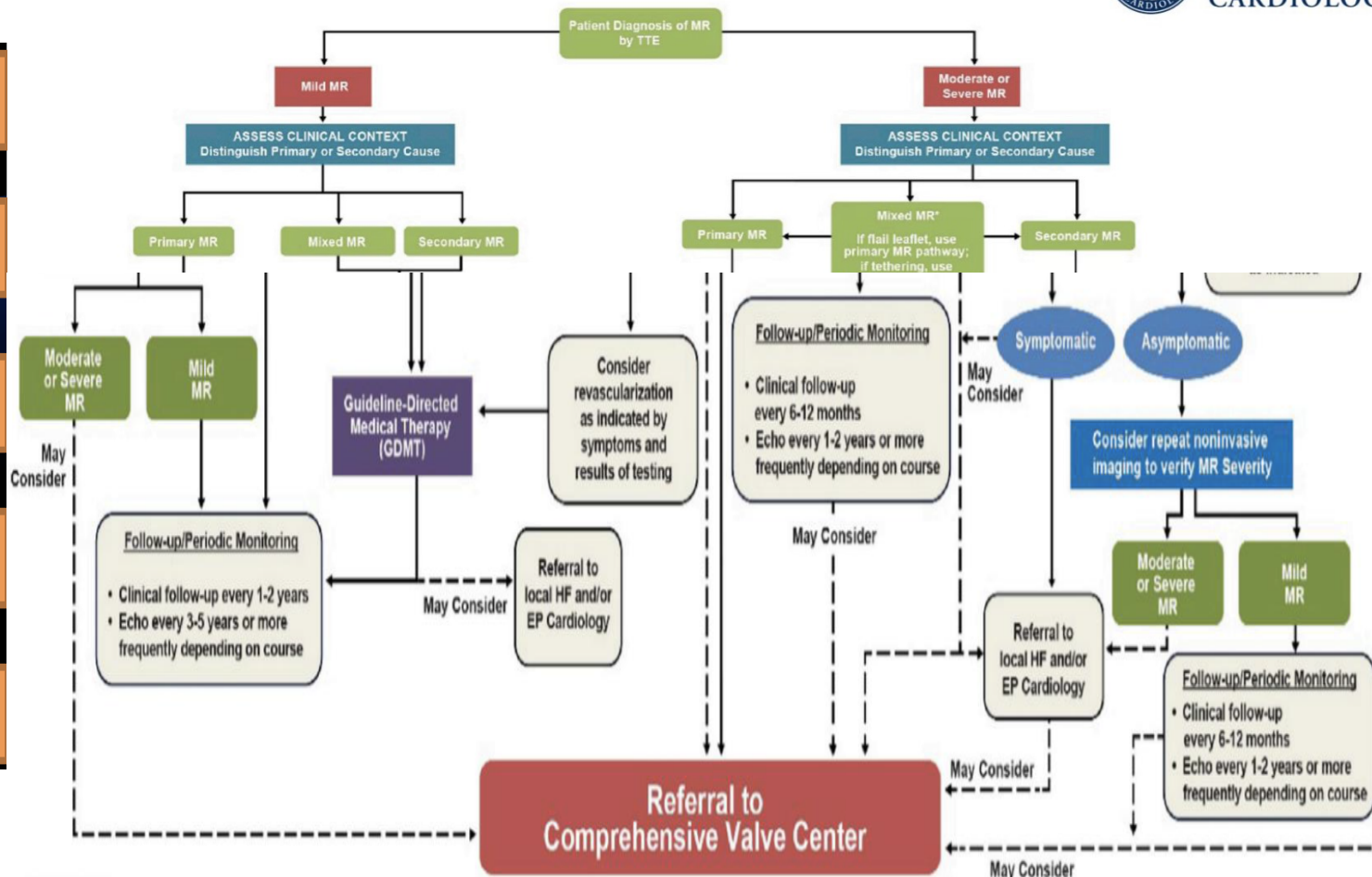


# MITRAL REGURGITATION REFERRAL TOOLKIT



AMERICAN  
COLLEGE of  
CARDIOLOGY

## REFERRAL ALGORITHM



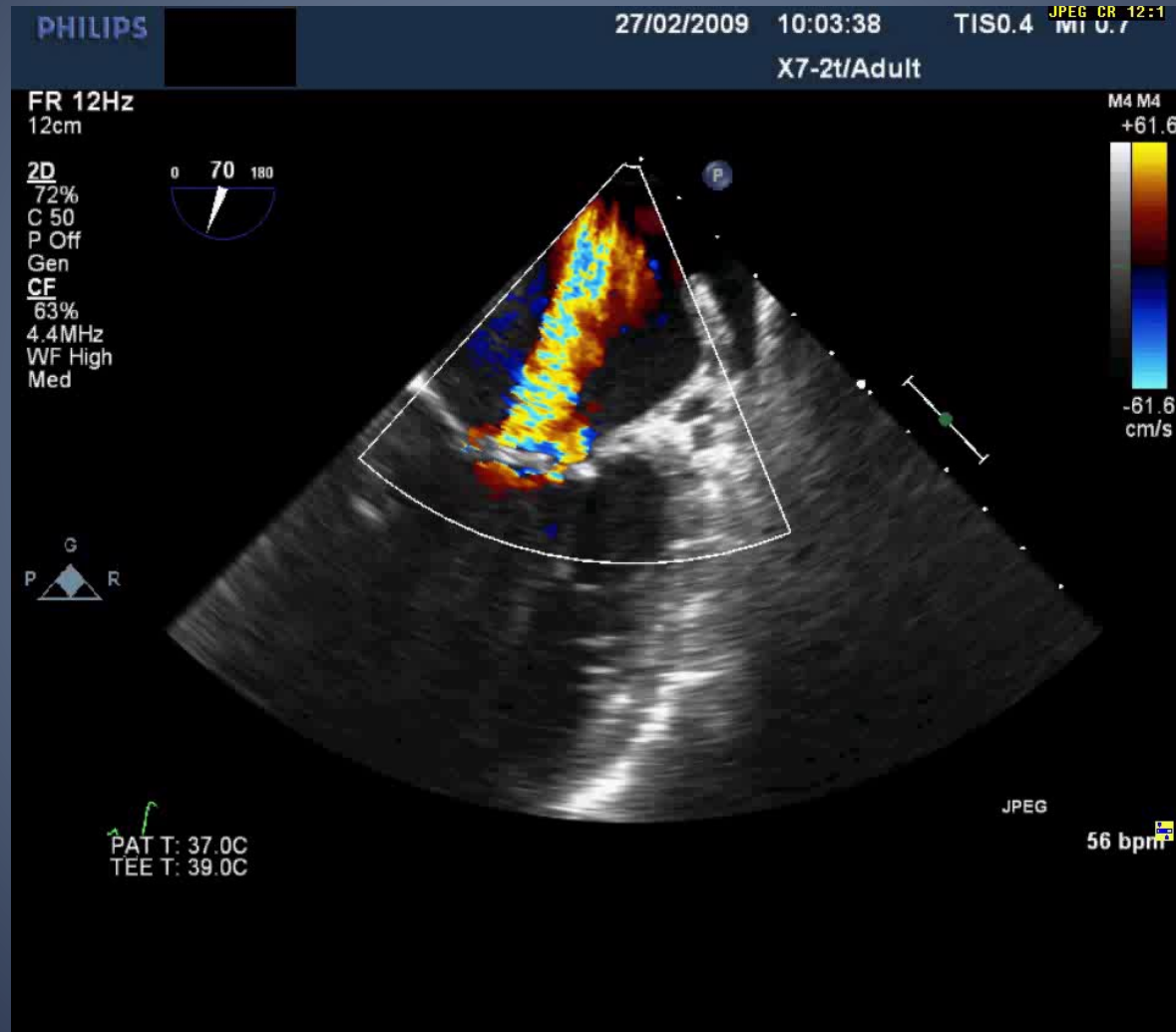
### ABBREVIATIONS

AF = atrial fibrillation; CAD = coronary artery disease; EF = ejection fraction; EP = electrophysiology; GDMT = guideline-directed medical therapy; HF = heart failure; HF-REF = heart failure with preserved ejection fraction; ICD = implantable cardioverter-defibrillator; JVD = jugular vein distention; LV = left ventricular; LVESD = left ventricular end-systolic diameter; MI = myocardial infarction; MR = mitral regurgitation; MRA = magnetic resonance angiogram; NYHA = New York Heart Association; PA = pulmonary artery; PASP = pulmonary artery systolic pressure; TEE = transesophageal echocardiogram; TTE = transthoracic echocardiogram

Consideration of local HF and/or EP cardiology is predicated on the potential for advanced therapies including tiered medical treatment, device intervention or arrhythmia management.

\* Refer to the 2017 AHA/ACC Focused Update of the 2014 AHA/ACC Guideline for the Management of Patients With Valvular Heart Disease

# Mitral Regurgitation Brief Case Presentation



# TEE of the Mitral Valve

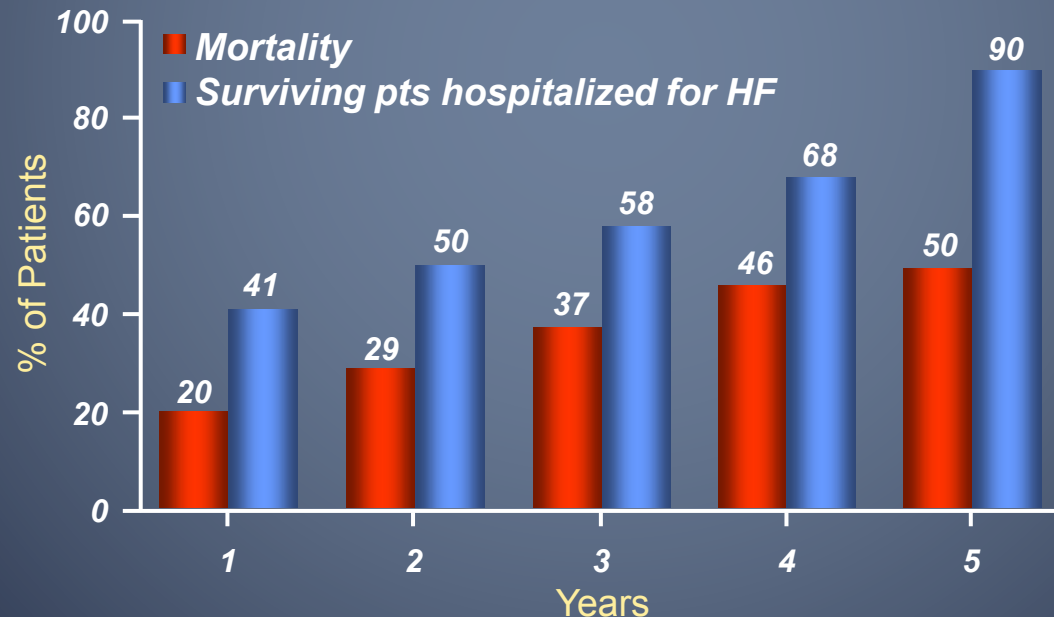


Perk G et al. *J Am Soc Echocardiogr.* 2009;22:865

**SRB March 2020**

# Management of Severe MR in patients with HF (CCF)

1,095 pts\* with 3+/4+ MR and HF between 2000 and 2008  
(74% FMR, 21% DMR)

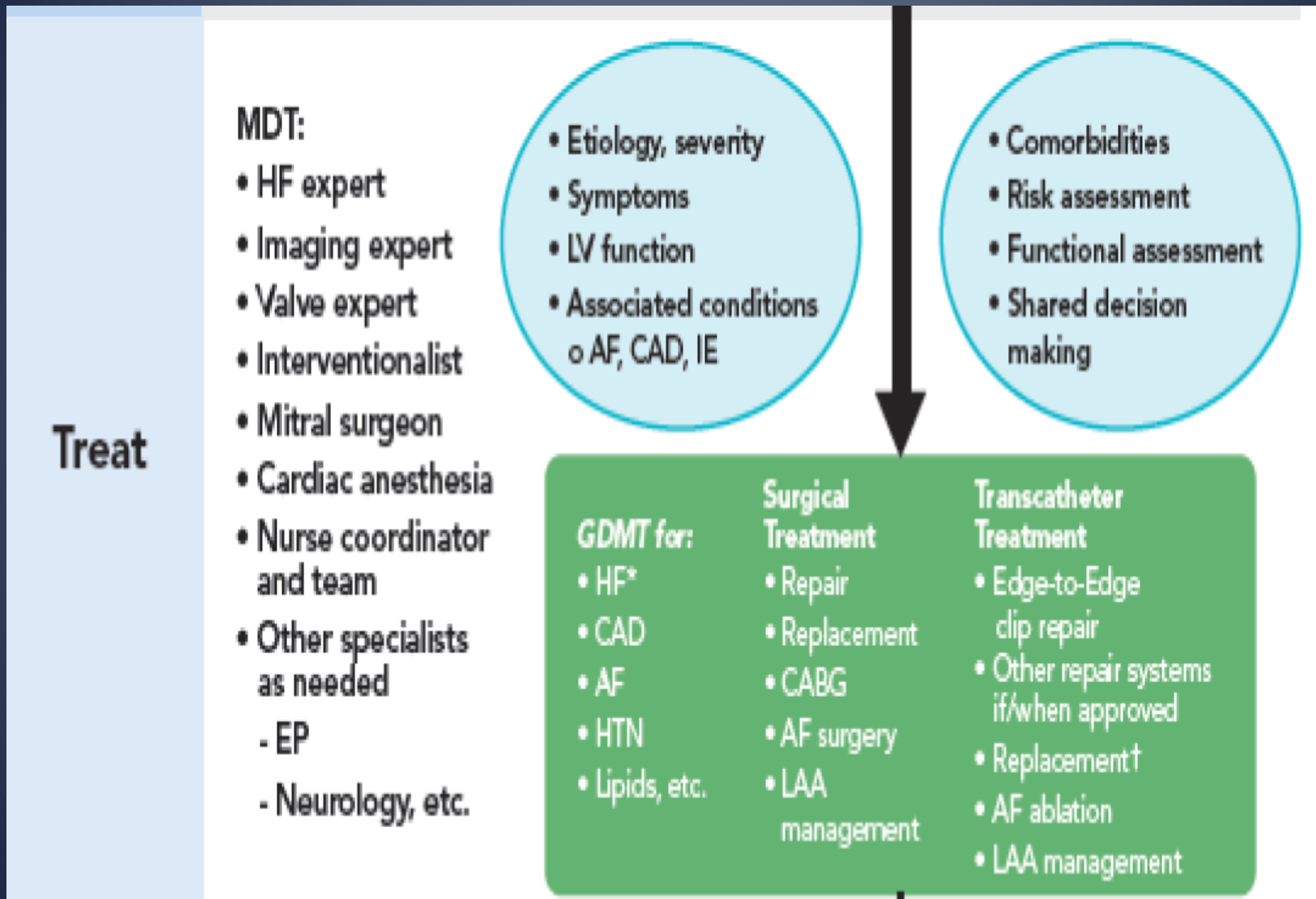


171 of 474 (36%)  
un-operated pts  
with FMR and good  
echos would have been  
eligible for MitraClip  
based on published  
criteria

\* Excluded MVA  $\leq 2$  cm<sup>2</sup>, AR  $\geq 2+$ , aortic peak velocity  $\geq 2.5$  m/s, HCM, endocarditis, concomitant AV, Ao or pericardial surgeries, LVAD or OHT.



# 2020 Management of MR



# Follow Up of Chronic MR

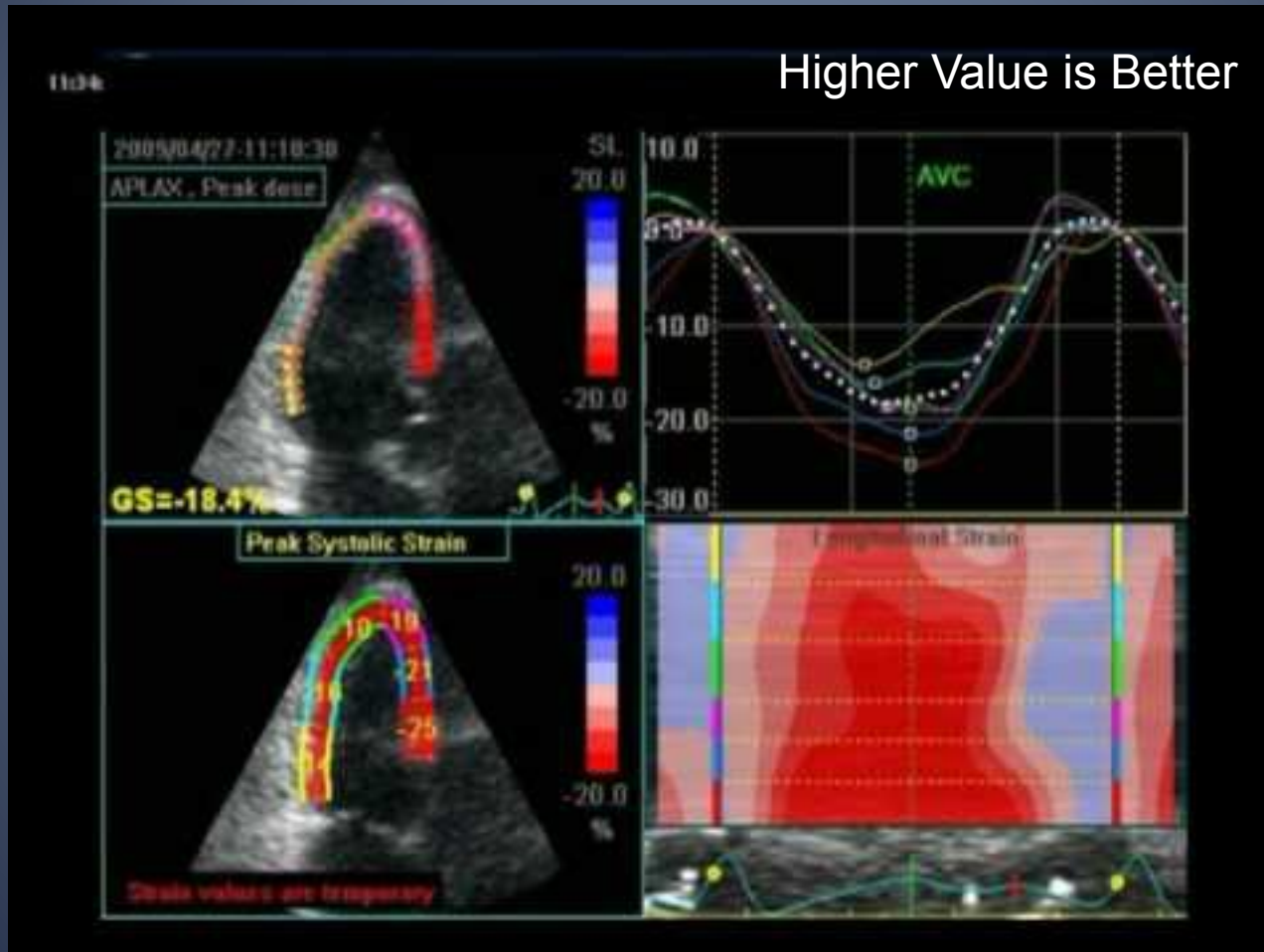
- **Clinical Evaluation**
  - Functional Status/ETT
- **Laboratory Evaluation**
  - BNP level
- **Echo Follow-up**
  - LV Function
  - Global Longitudinal Strain

# Frequency of Echocardiograms in Asymptomatic Patients With VHD and Normal Left Ventricular Function

Stage	Valve Lesion			
Stage	Aortic Stenosis	Aortic Regurgitation	Mitral Stenosis	Mitral Regurgitation
Progressive (stage B)	Every 3–5 y (mild severity $V_{\max}$ 2.0–2.9 m/s) Every 1–2 y (moderate severity $V_{\max}$ 3.0–3.9 m/s)	Every 3–5 y (mild severity) Every 1–2 y (moderate severity)	Every 3–5 y (MVA >1.5 cm <sup>2</sup> )	Every 3–5 y (mild severity) Every 1–2 y (moderate severity)
Severe (stage C)	Every 1 y ( $V_{\max}$ ≥4 m/s)	Every 1 y Dilating LV—more frequent	Every 1–2 y (MVA 1.0–1.5 cm <sup>2</sup> ) Every 1 y (MVA <1 cm <sup>2</sup> )	Every 6 months to 1 y Dilating LV—more frequent

# Global Longitudinal Strain

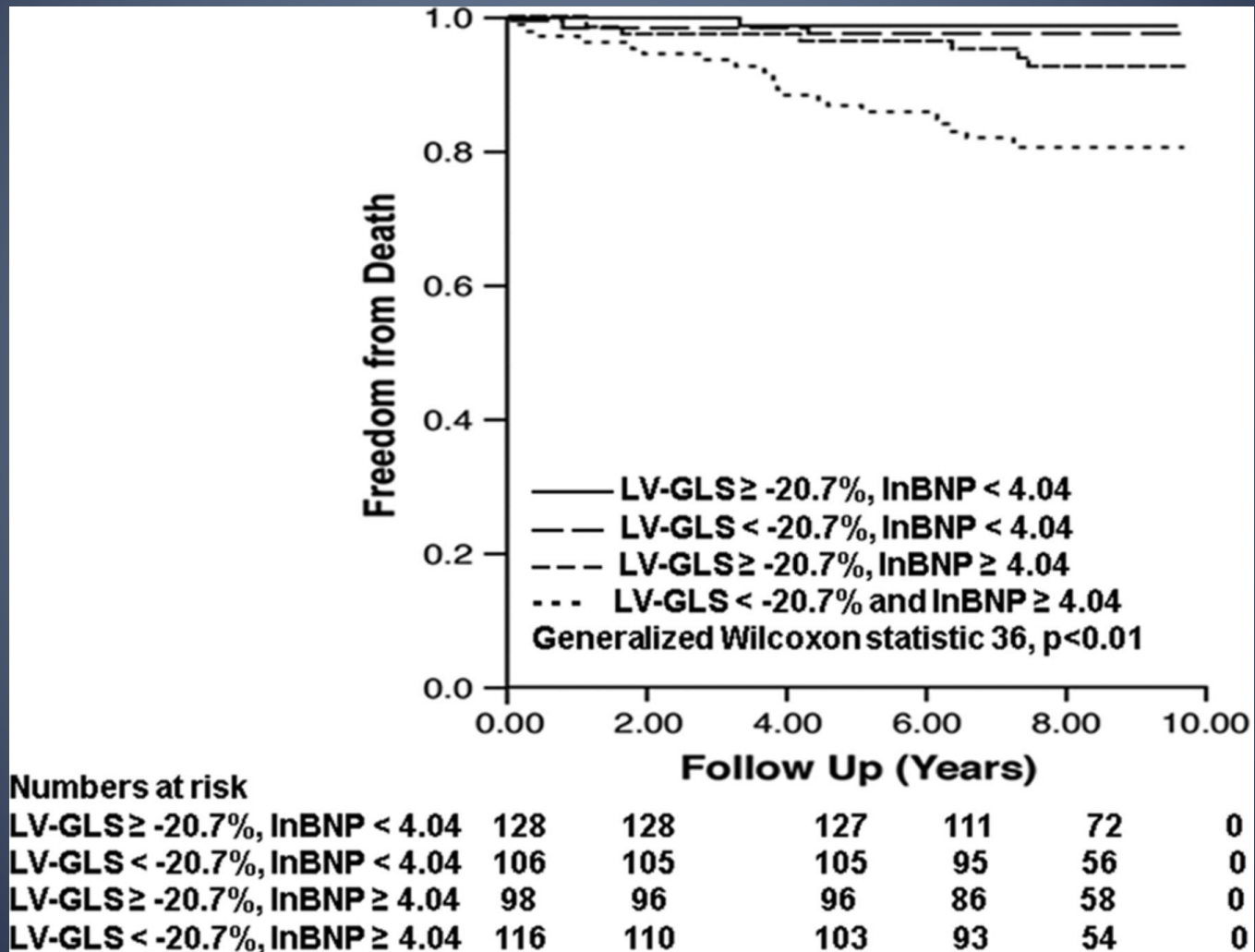
## Evaluation of Regional Myocardial Function



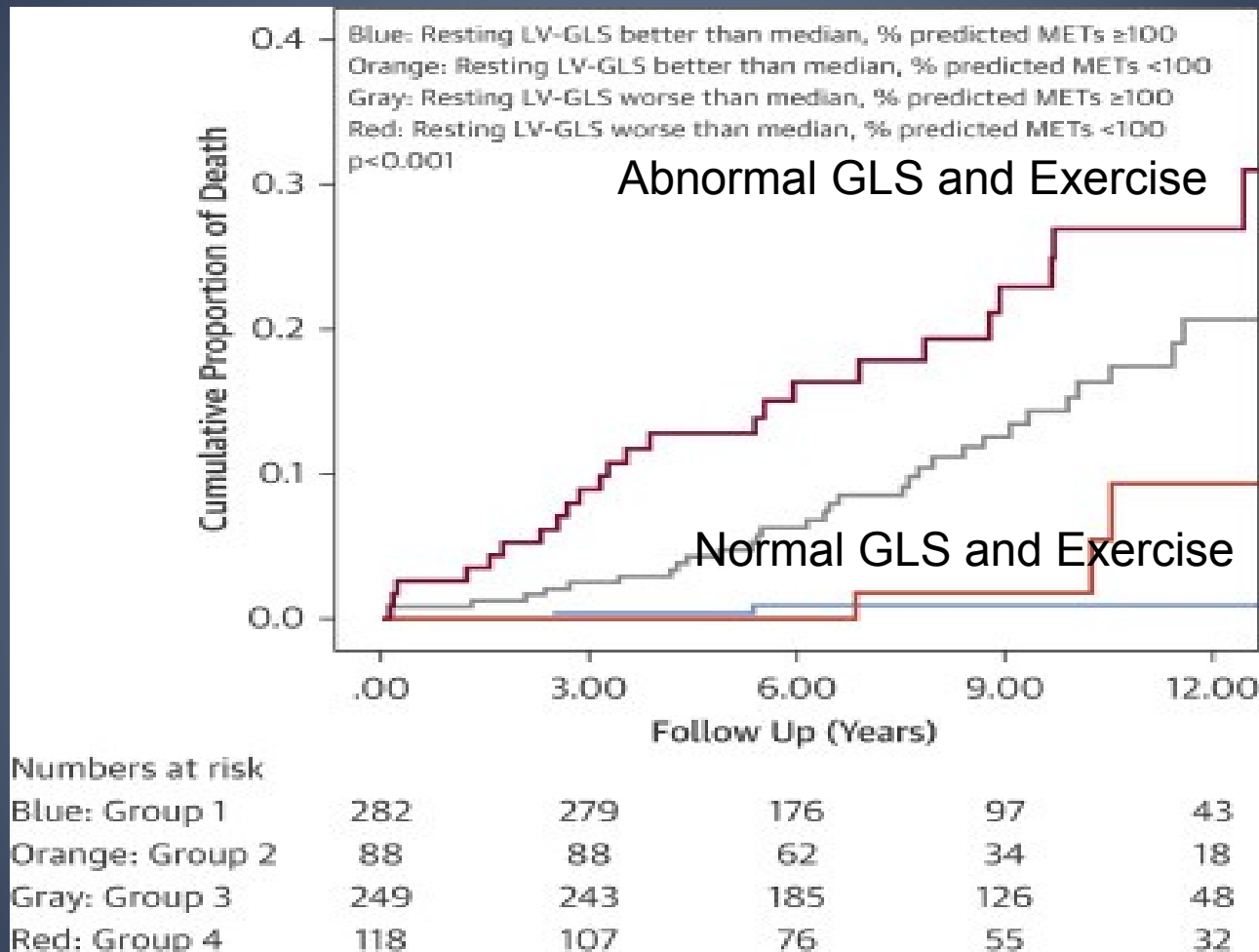


# Kaplan–Meier survival curves

## BNP Combined with GLS in MR

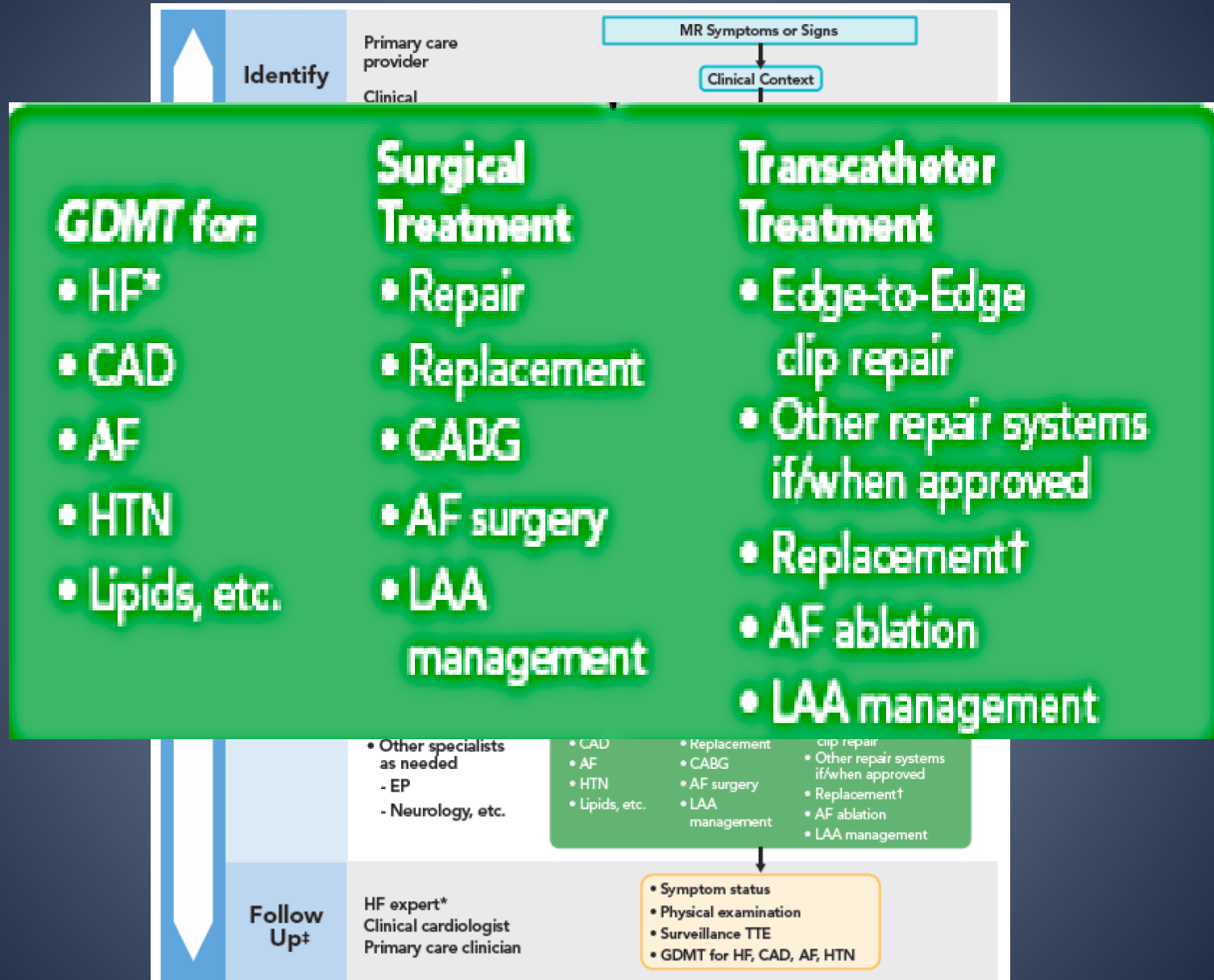


# Exercise and Global Strain



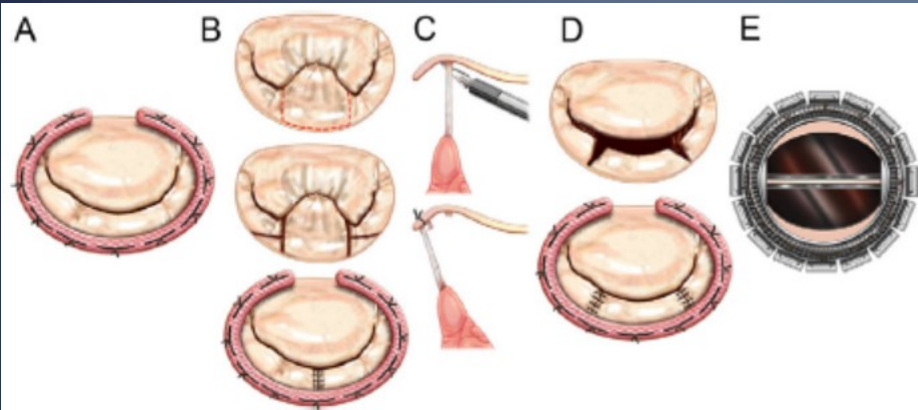
Mentias et al J AM Coll Cardiol 2016;69:1974-86

# 2020 Management of MR



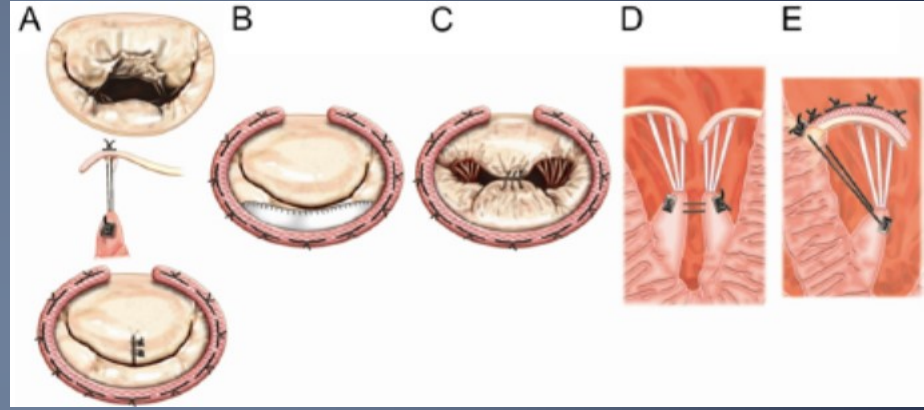
# Surgical Techniques and Outcomes for DMR

## Established techniques



- (A) Ring annuloplasty
- (B) Quadrangular resection and sliding leaflet plasty
- (C) Chordal transfer
- (D) Cleft closure
- (E) Mitral replacement

## Newer techniques



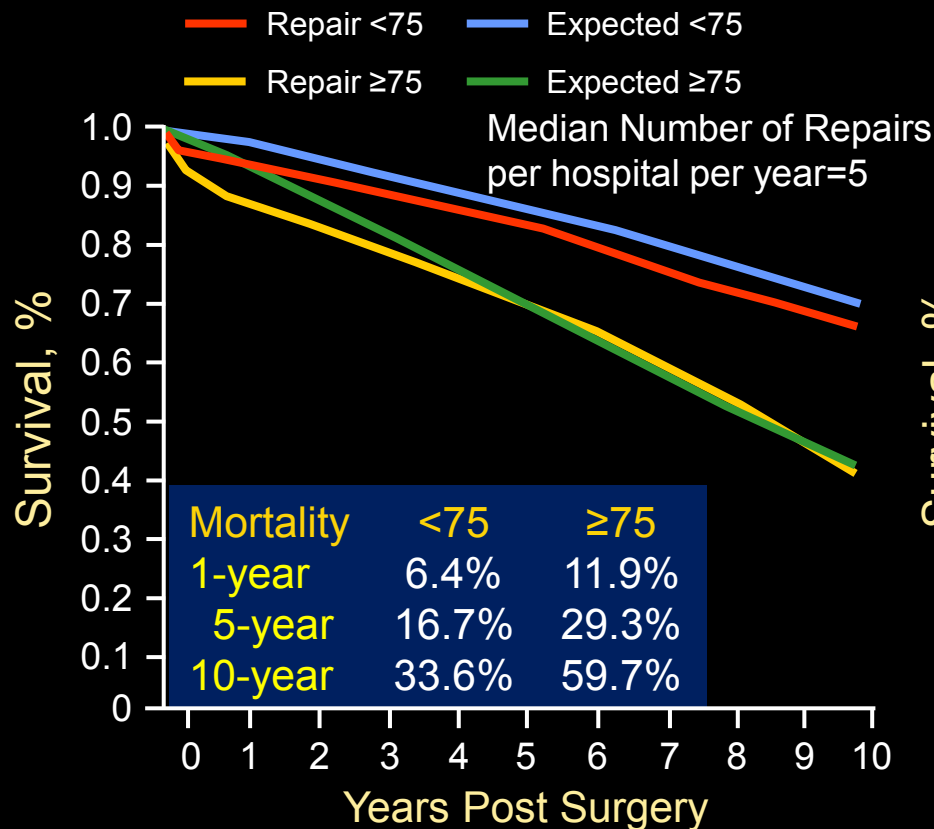
- (A) Chordal replacement (PTFE)
- (B) Posterior leaflet augmentation
- (C) Edge-to-edge Alfieri stitch
- (D) Papillary muscle approximation
- (E) Posterior wall reduction



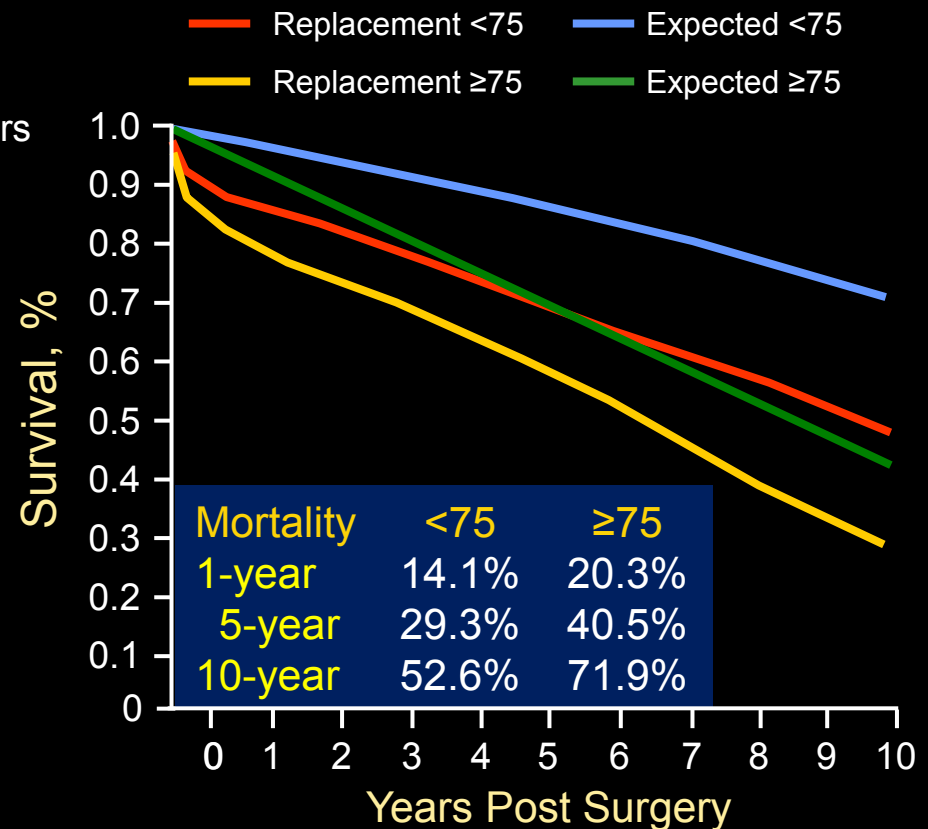
# Long-term Outcomes after Isolated MV Repair vs. Replacement

Median age 75 yrs; 36.7% MV repair, 63.3% MV replacement

## MV repair by age

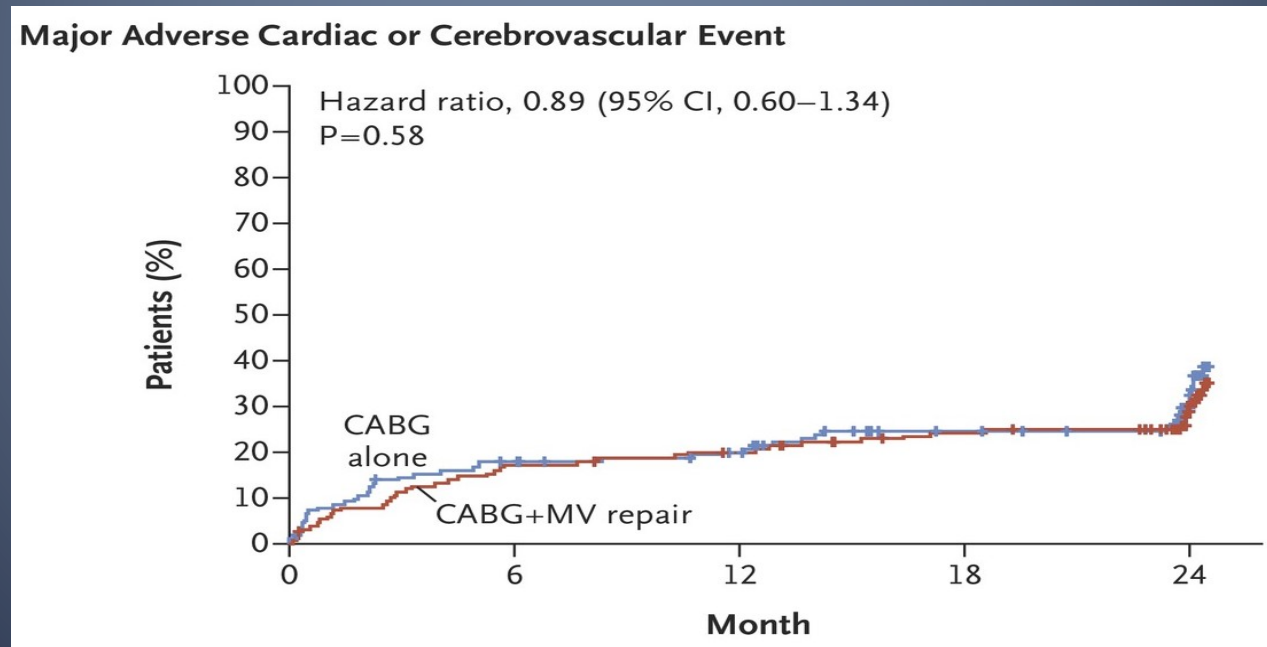


## MV replacement by age



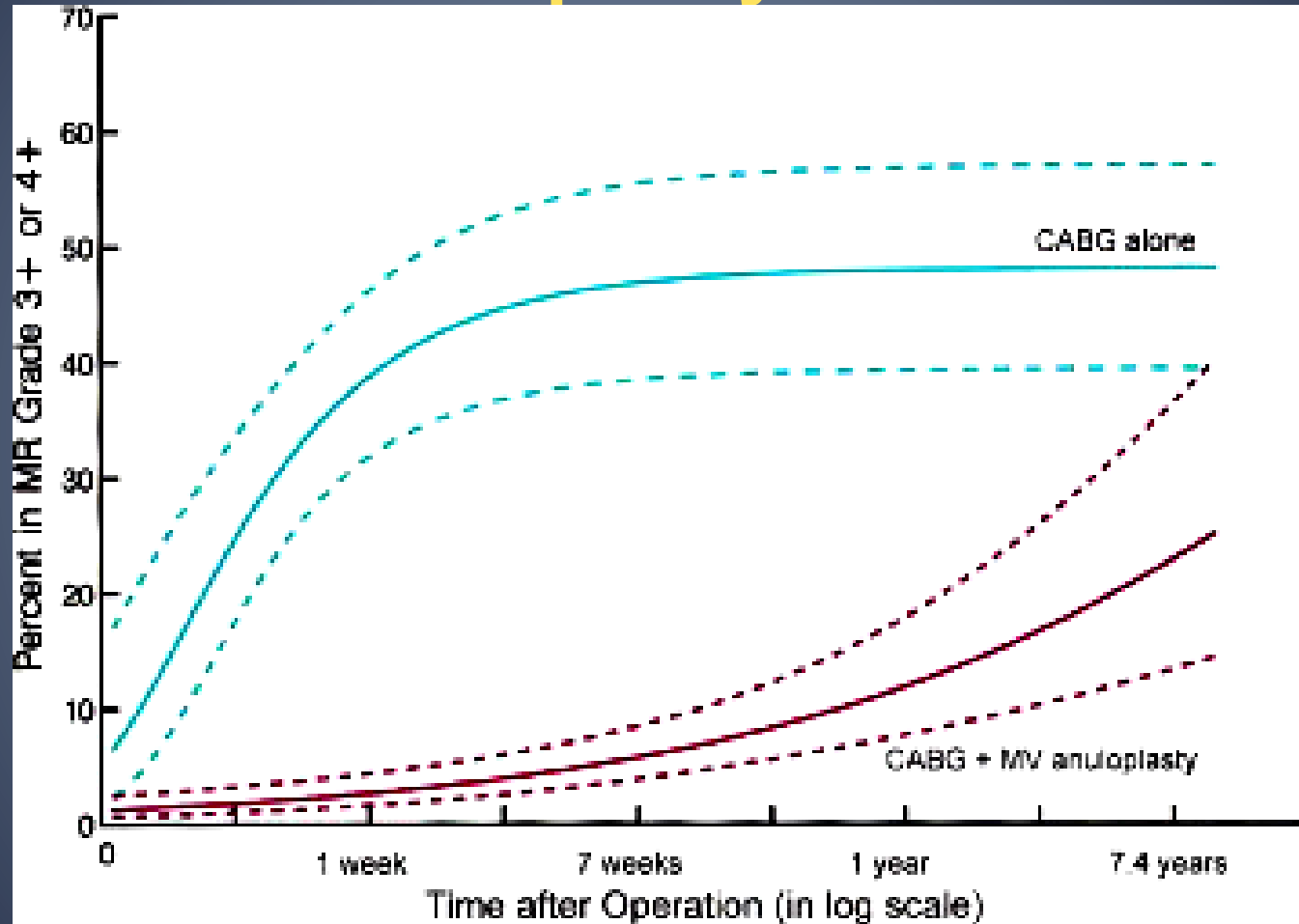
# Usefulness of Valve Surgery during CABG in Secondary MR

- 301 pts with multivessel CAD and ischaemic MR (ERO 0.2 to 0.4 cm<sup>2</sup>, vena contracta 3 to 7 mm)
- Randomized to CABG + valve repair vs. CABG
- Primary End point :LVESVI at 1 yr: 49.6 ± 31.5 ml vs.46.1 ± 22.4 ml/m<sup>2</sup> (NS)



(Michler . N Engl J Med 2016;374:1932-41) *SRB March 2020*

# Recurrence of Severe MR After CABG +/-Annuloplasty in Ischemic MR



- Recurrent severe MR lower with annuloplasty, but still 20% at 5 years

# Current Mitral Regurgitation related Devices

## ***Leaflet/Chordal Solutions***

- ***MitraClip, PASCAL***
- ***Neochord, Harpoon***
- ***Cardiosolutions, Middle Peak Medical***

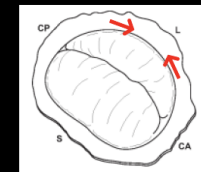
## ***Leaflet Repair***



## ***Direct Annular Shape Change***

- ***Millipede IRIS***
- ***Edwards/Valtech Cardioband***
- ***ValCare Amend***

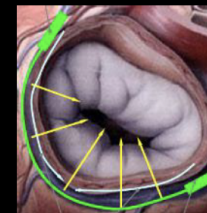
## ***Direct Annular Reshaping***



## ***Indirect Annuloplasty***

- ***Ancora Accucinch***
- ***Carillon, MVRx ARTO***
- ***Mitral Valve Cerclage***

## ***Indirect/CS Annuloplasty***



## ***Mitral Valve Replacement***

- ***Tendyne***
- ***Intrepid***
- ***HighLife, Cephea, Caisson***

## ***TMV Replacement***

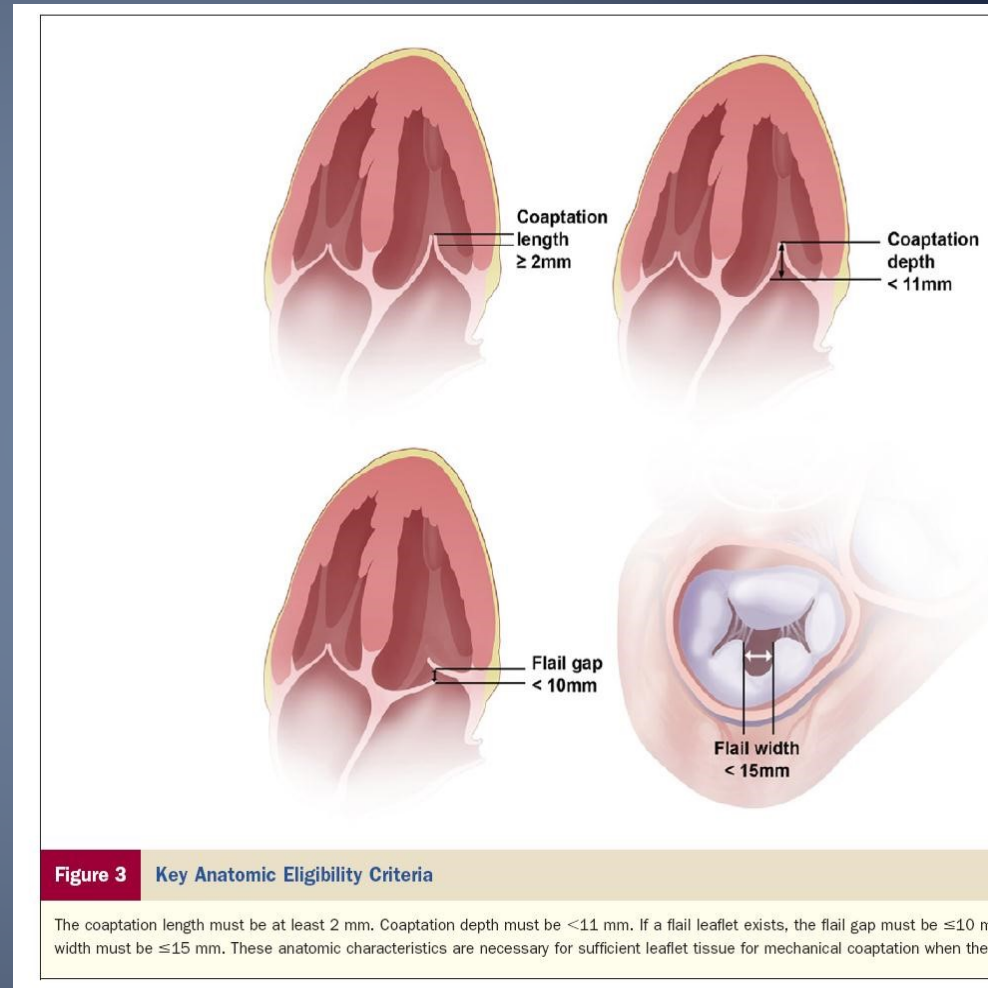




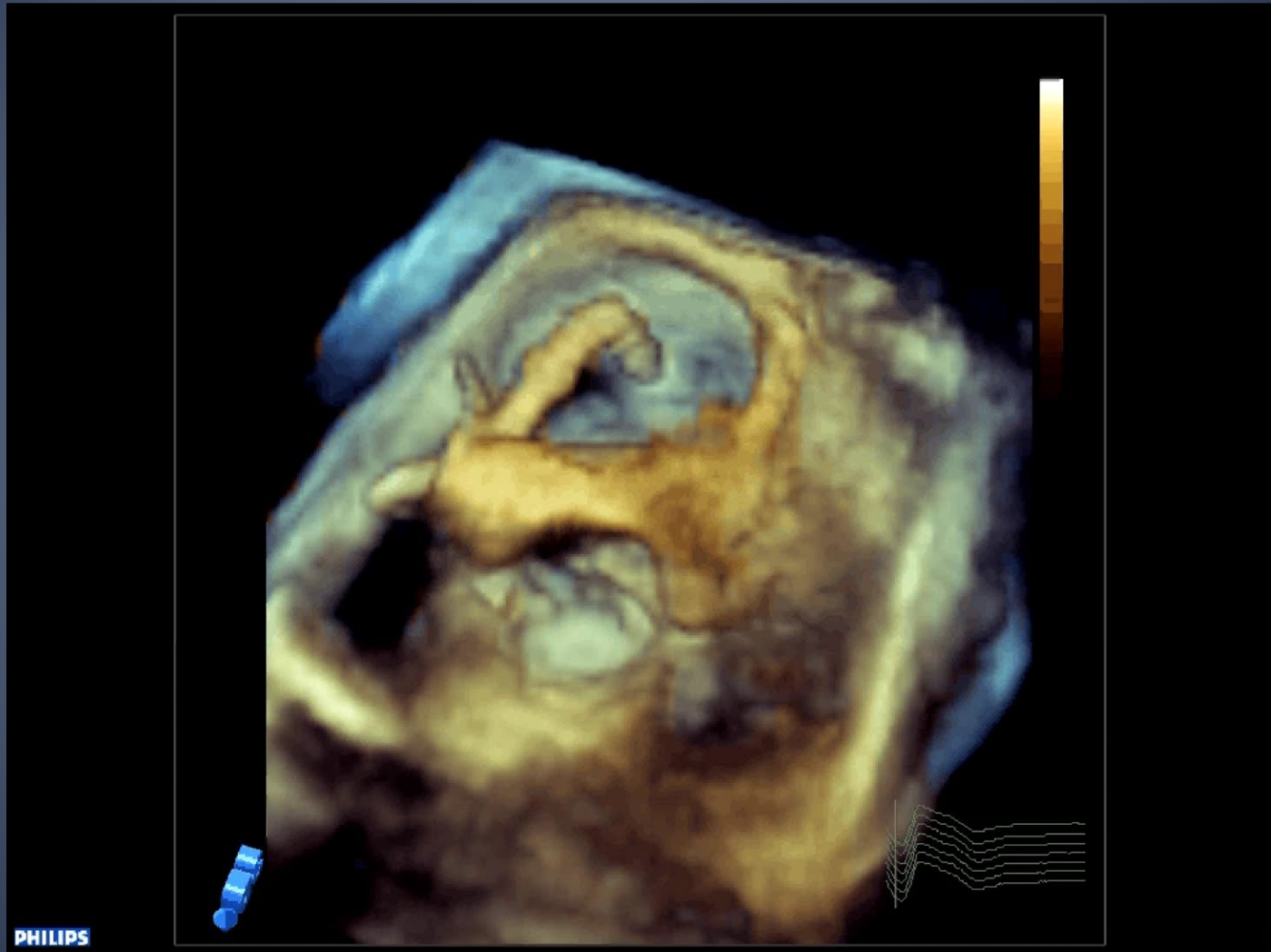
# MitraClip anatomical patient selection considerations

## Recommended criteria<sup>1</sup>

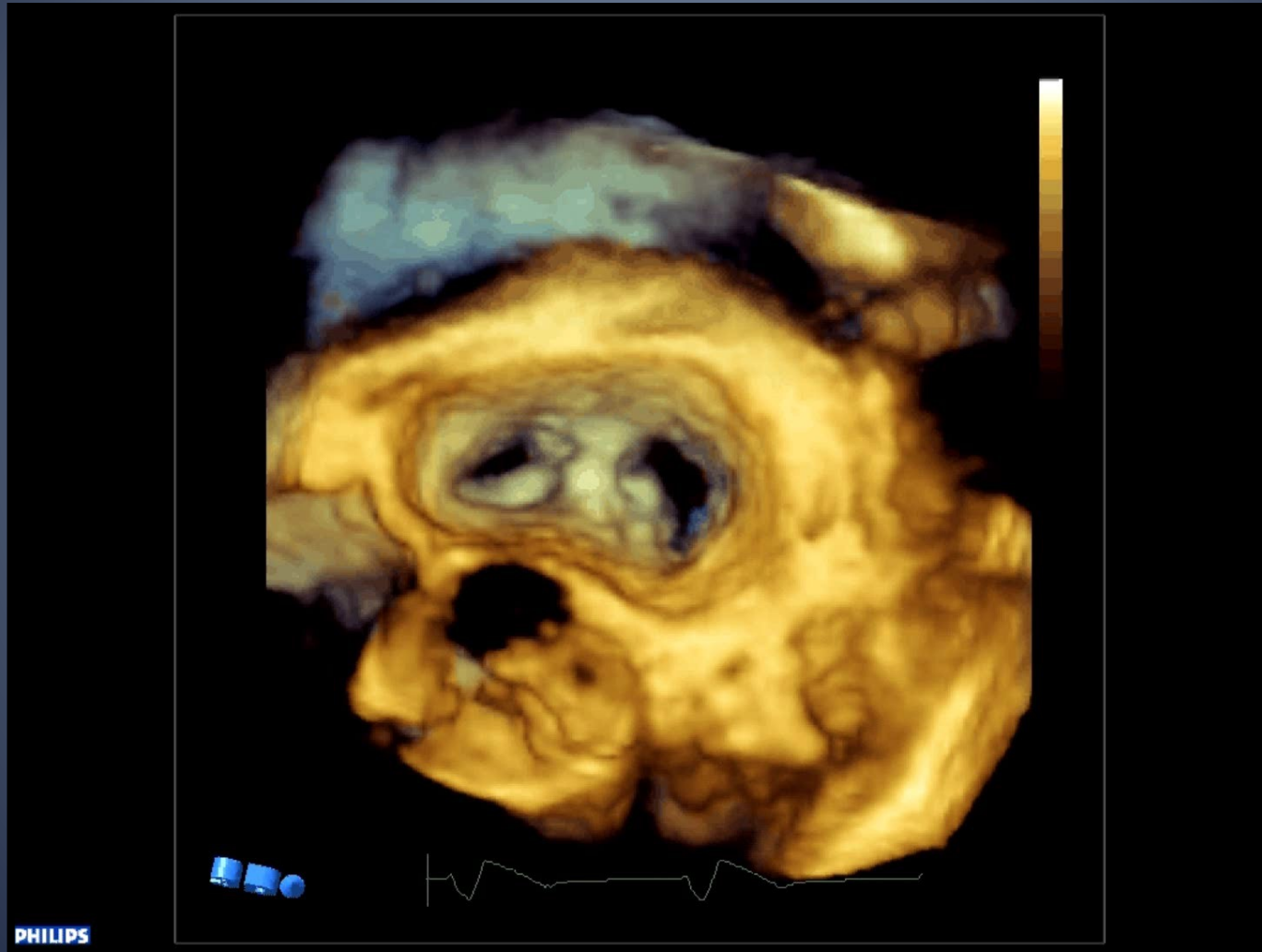
- Pathology in A2-P2 area
- Coaptation length  $> 2$  mm  
(depending on leaflet mobility)
- Coaptation depth  $< 11$  mm
- Flail gap  $< 10$  mm
- Flail width  $< 15$  mm
- Mitral valve orifice area  $> 4\text{cm}^2$   
(depending on leaflet mobility)
- Mobile leaflet length  $> 1$  cm



# Delivery System



# Post Clip Placement Figure of Eight



# The COAPT Trial

Cardiovascular Outcomes Assessment of the MitraClip Percutaneous Therapy for Heart Failure Patients with Functional Mitral Regurgitation

A parallel-controlled, open-label, multicenter trial in 614 patients with heart failure and moderate-to-severe (3+) or severe (4+) secondary MR who remained symptomatic despite maximally-tolerated GDMT



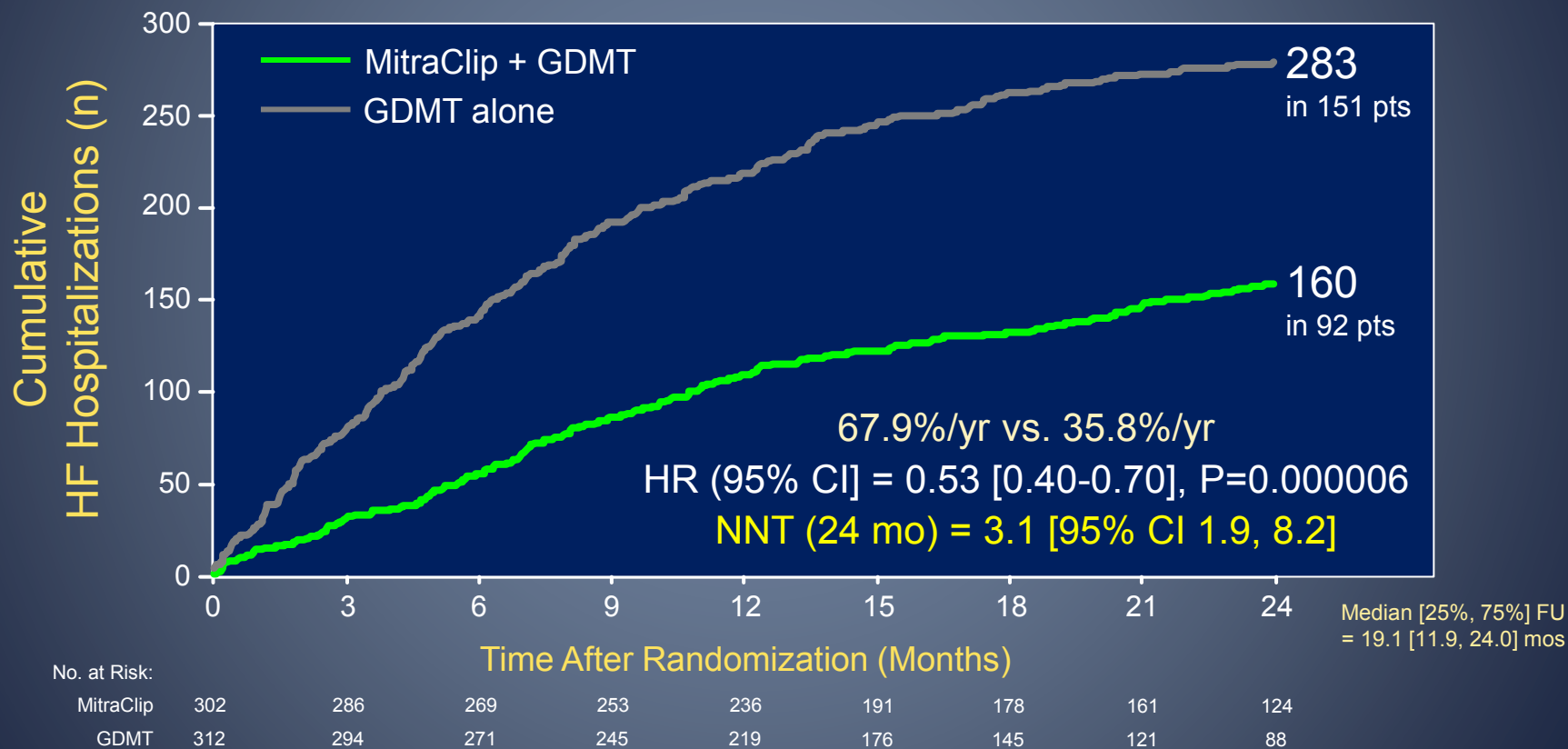
\*Stratified by cardiomyopathy etiology (ischemic vs. non-ischemic) and site

Stone GW et al. N Engl J Med. 2018;379:2307-18

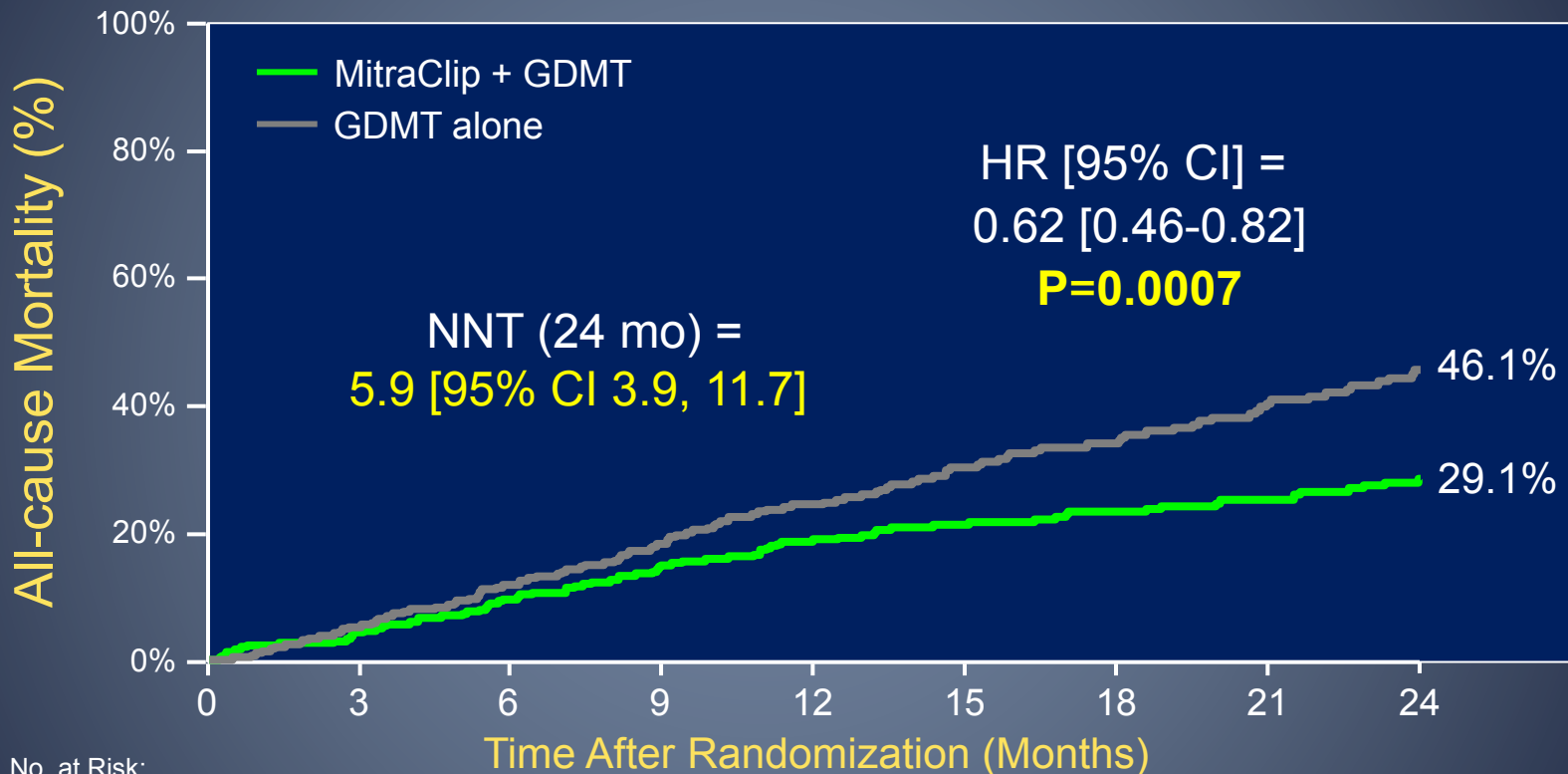


# Primary Effectiveness Endpoint

## All Hospitalizations for HF within 24 months



# All-Cause Mortality

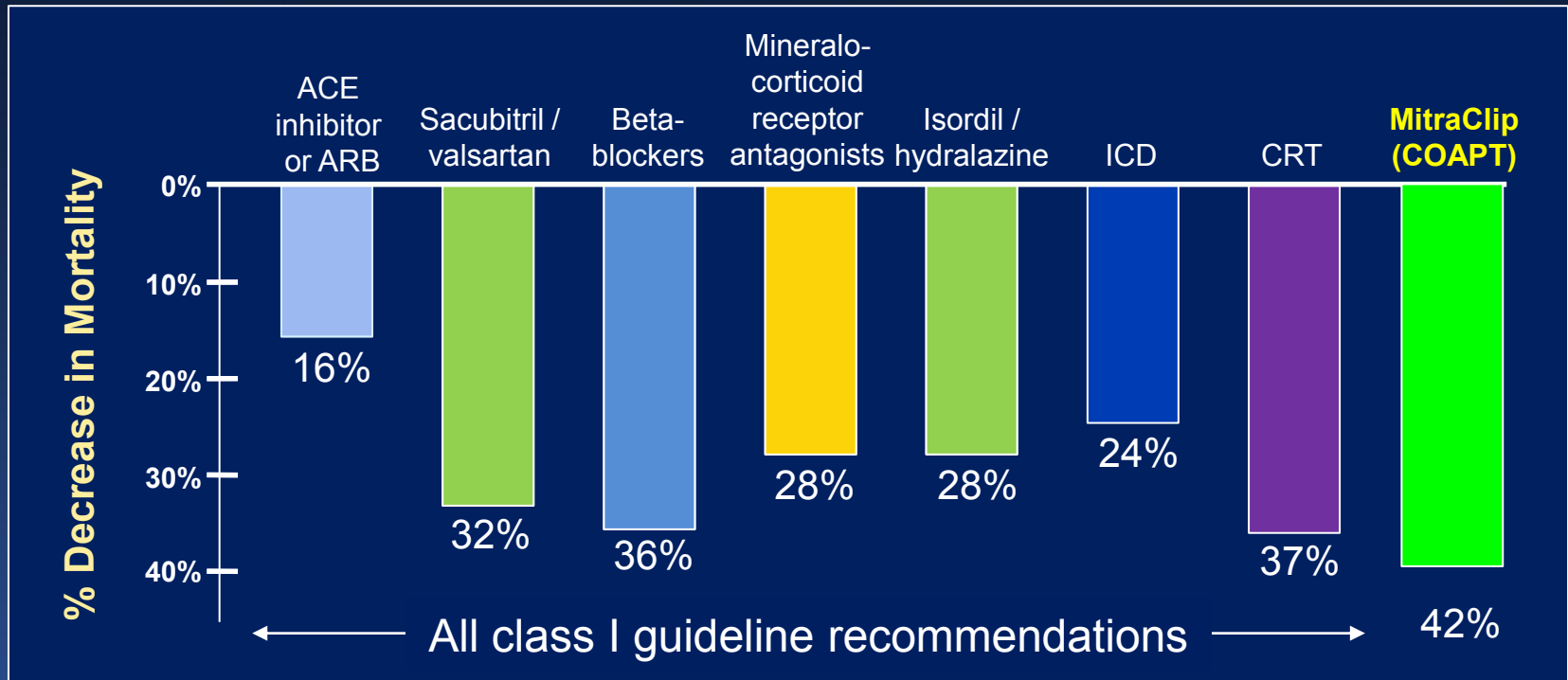


No. at Risk:

MitraClip + GDMT	302	286	269	253	236	191	178	161	124
GDMT alone	312	294	271	245	219	176	145	121	88

Stone GW et al. N Engl J Med. 2018;379:2307-18

# The Mortality Benefit of Therapies for HFrEF



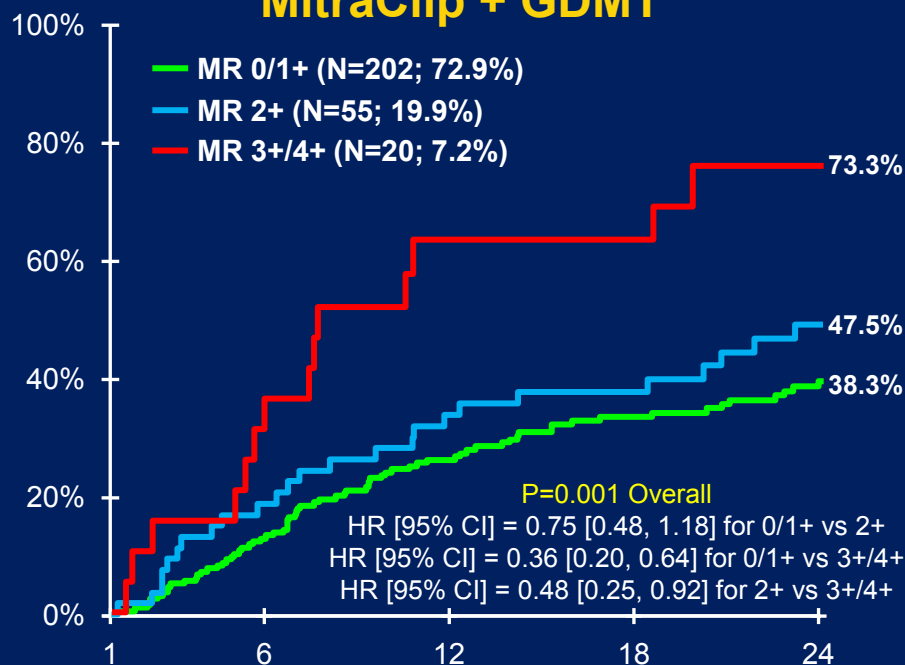
c/o J Lindenfeld

# Time to Death or First HF Hosp

Randomization groups stratified by 30-day residual MR

$P_{int}=0.93$

## MitraClip + GDMT

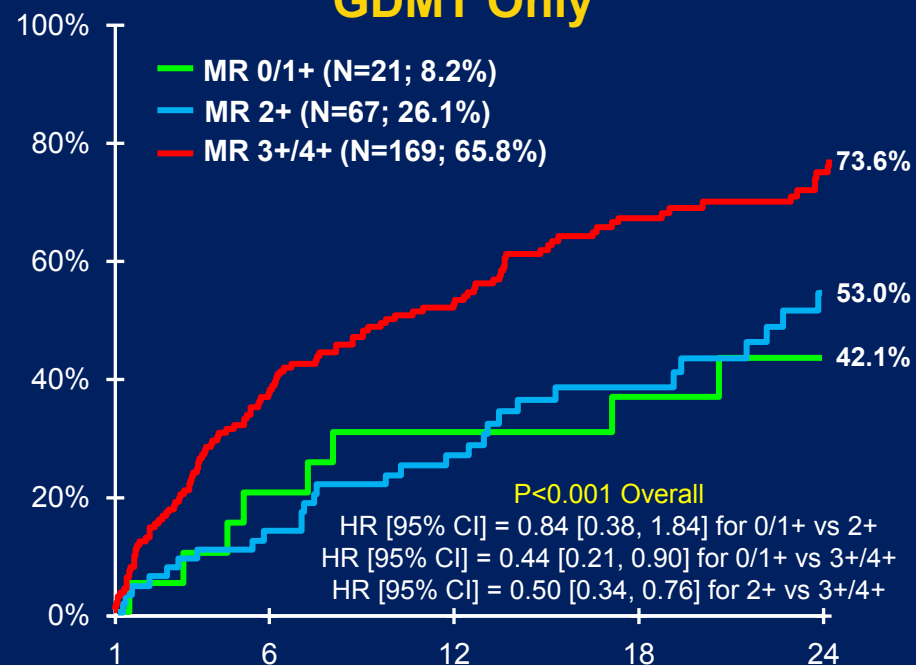


Follow-up Duration (Months)

# At Risk

MR 0/1+	202	176	139	106	66
MR 2+	55	45	37	31	21
MR 3+/4+	20	13	7	7	4

## GDMT Only



Follow-up Duration (Months)

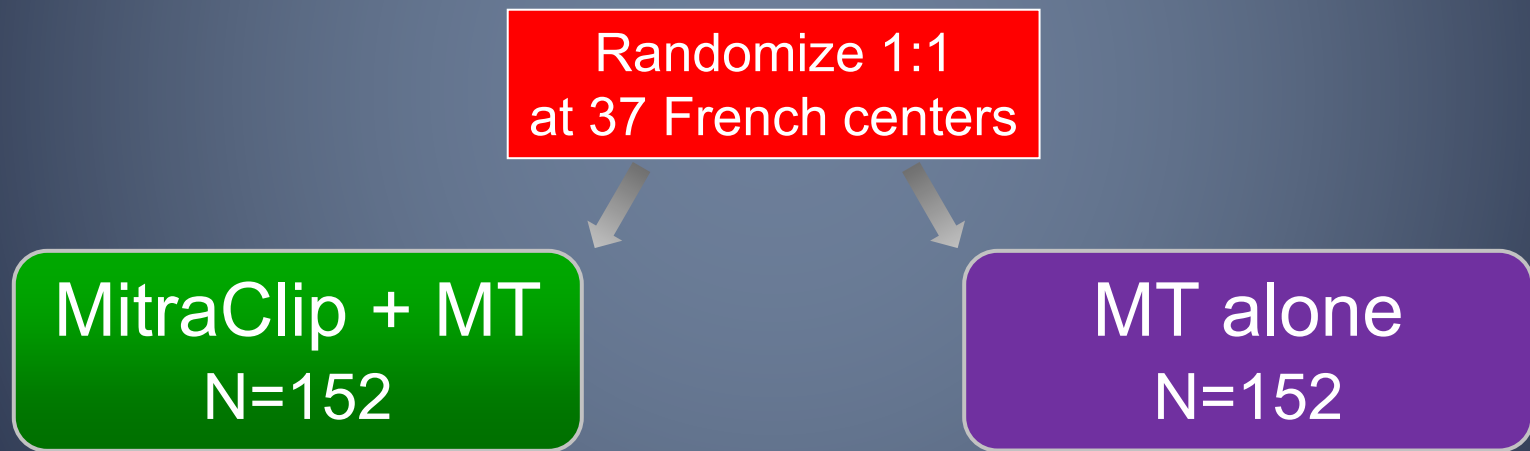
# At Risk

MR 0/1+	21	16	13	11	7
MR 2+	67	56	44	26	15
MR 3+/4+	169	107	76	44	26



# The MITRA-FR Trial

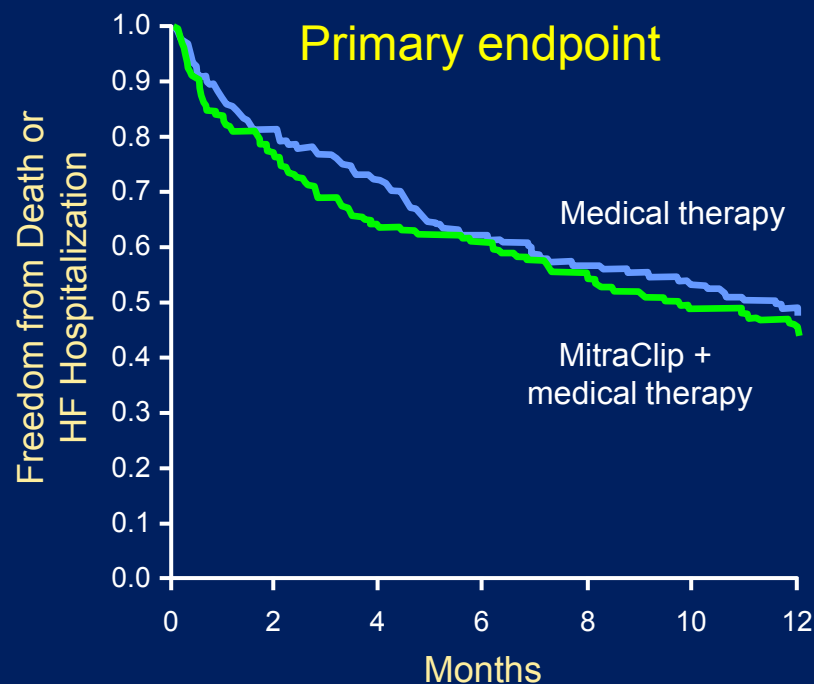
**304** pts with SMR due to LV dysfunction with LVEF 15-40%, NYHA II-IVa, hospitalization for HF within the previous 12 mos, not eligible for mitral surgery  
MR defined by EU “severe” criteria as EROA  $>20 \text{ mm}^2$  or RVol  $>30 \text{ mL/beat}$   
Both groups with “real-world” HF meds (not maximally-tolerated GDMT)



**Primary endpoint:** Freedom from death or HF hospitalizations through 12 months

Obadia JF et al. N Engl J Med. 2018;379:2297-306

# MITRA-FR: 12-Month Outcomes



No. at Risk:

Control Group	152	123	109	94	86	80	73
Intervention Group	151	114	95	91	81	73	67

	MitraClip + MT	MT alone	OR [95% CI] or HR [95% CI]*	P value
<b>1° EP:</b>				
Death or HF hosp	54.6%	51.3%	1.16 [0.73–1.84]	0.53
Death	24.3%	22.4%	1.11 [0.69–1.77]*	0.65
CV death	21.7%	20.4%	1.09 [0.67–1.78]*	0.74
HF hosp	48.7%	47.4%	1.13 [0.81–1.56]*	0.59
MACE*	56.6%	51.3%	1.22 [0.89–1.66]*	—

Obadia JF et al. N Engl J Med. 2018;379:2297-306

\* MACE = Death, MI, CVA, HF hosp

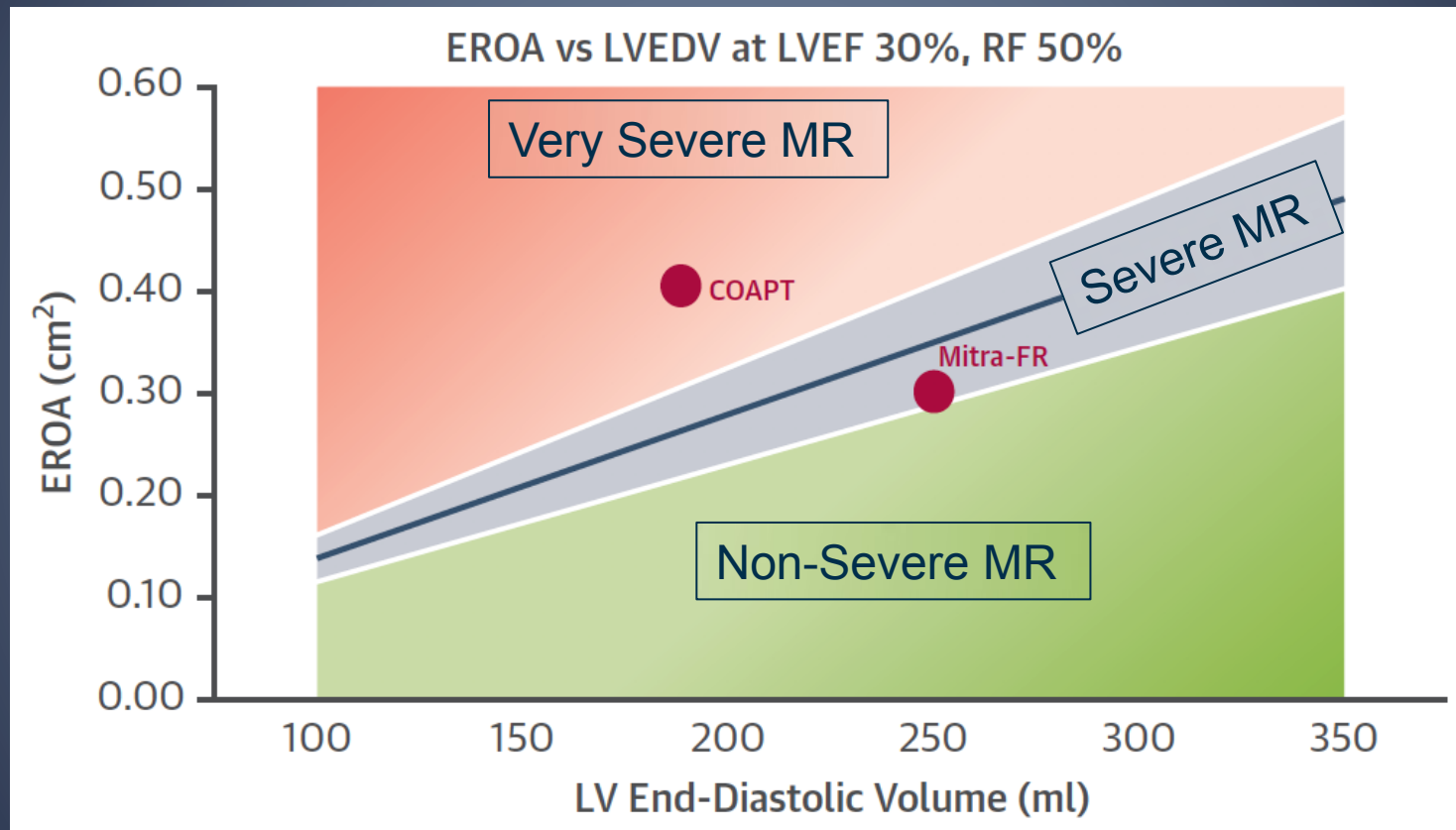
# Why are the COAPT Results so Different from MITRA-FR?

## Possible Reasons

	MITRA-FR (n=304)	COAPT (n=614)
Severe MR entry criteria	Severe FMR by EU guidelines: EROA >20 mm <sup>2</sup> or RV >30 mL/beat	Severe FMR by US guidelines: EROA >30 mm <sup>2</sup> or RV >45 mL/beat or PSVFR or other
EROA (mean ± SD)	31 ± 10 mm <sup>2</sup>	41 ± 15 mm <sup>2</sup>
LVEDV (mean ± SD)	135 ± 35 mL/m <sup>2</sup>	101 ± 34 mL/m <sup>2</sup>

\*MITRA-FR defn: device implant failure, transf or vasc compl req surg, ASD, card shock, cardiac embolism/stroke, tamponade, urg card surg

# Proportionate vs. Disproportionate MR



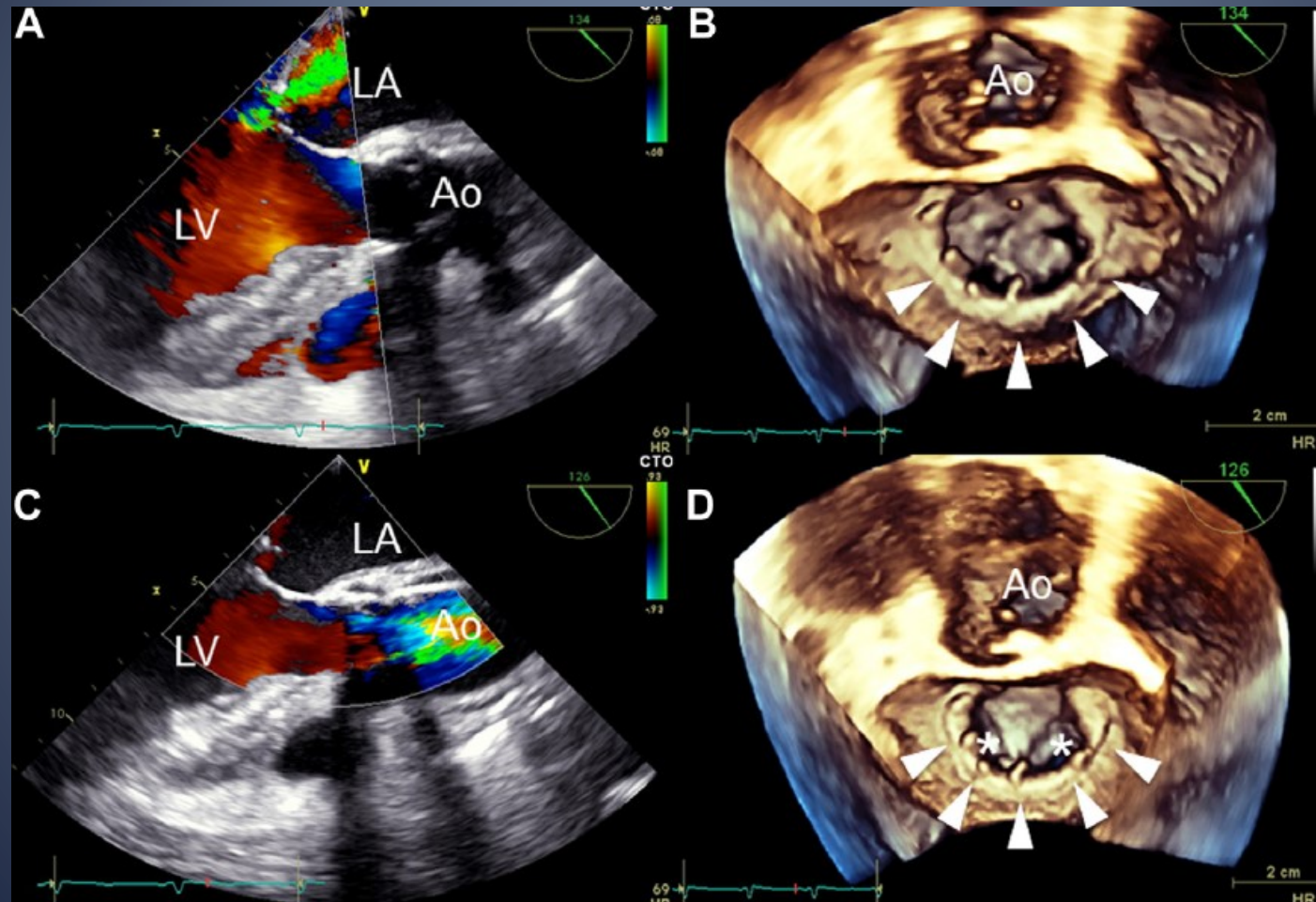
Grayburn PA et al. JACC CV Im 2019;12:353–62



# MitraClip for Severe MR Recurrence after Surgical Rings

6/6 successful cases ( $\leq 2+$  MR) without procedural complications  
days - 12 years post surgery (1 clip in all cases due to smaller MVOA)

7



*Pre  
4+*

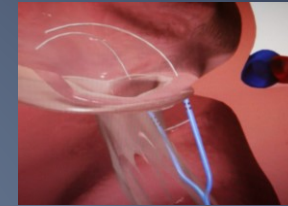
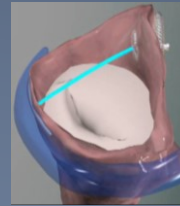
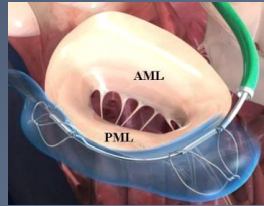
Cosgrove-  
Edwards  
ring

*Post  
trace*

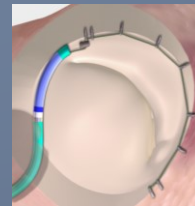
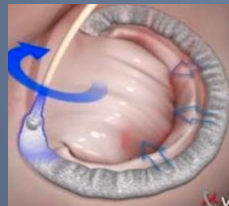
Double  
orifice

# A Sampling of Mitral Annuloplasty Devices

\* CE mark



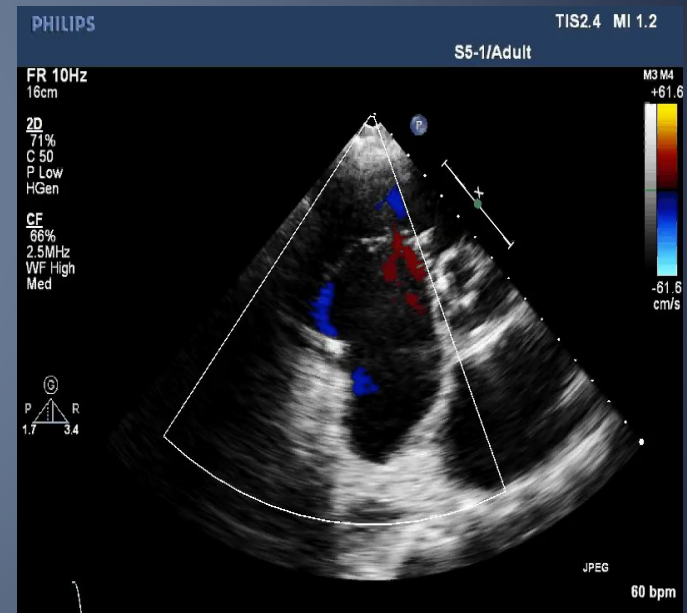
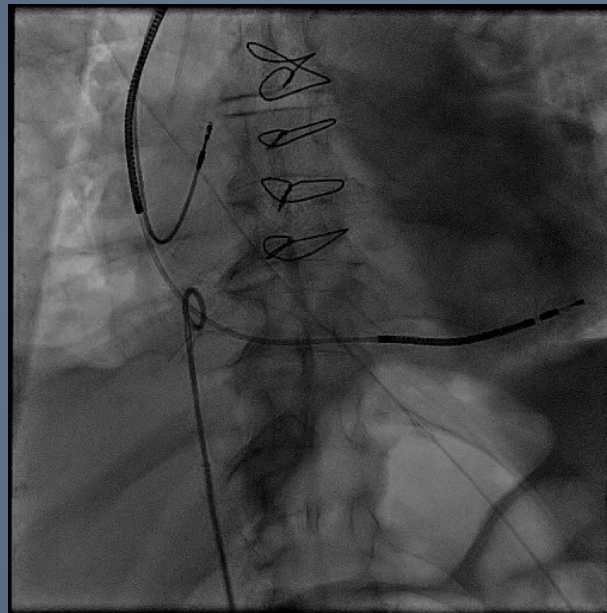
	Cardiac Dimensions Carillon *	MVRx ARTO	Mitralign TAMR *
Mechanism	Coronary sinus mediated posterior annulus cinching	A-P shortening via coronary sinus - LA band	Retrograde aortic pledget-mediated annular plication
N pts treated	~600 (113 in studies)	45	71 (51 with 2 <sup>nd</sup> gen)



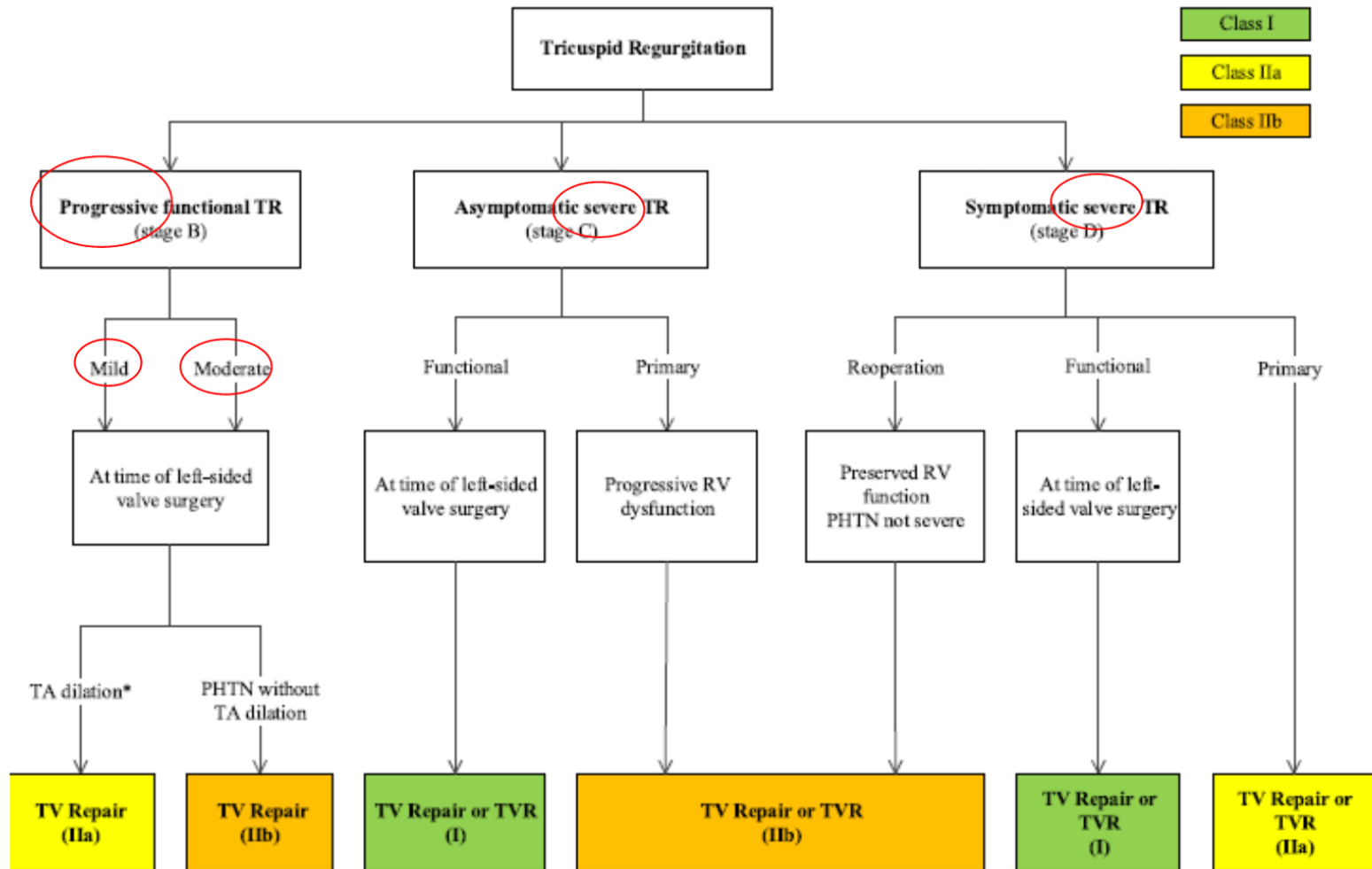
	Edwards Cardioband *	Ancora Heart Accucinch	Millipede IRIS
Mechanism	LA semi-rigid posterior partial annuloplasty band with anchor cinching	LV postero-basal annuloventriculoplasty via anchor cinching	Complete circumferential semi-rigid direct annuloplasty ring
N pts treated	~100	39 (6 versions)	11



# Clinical Presentation of TR



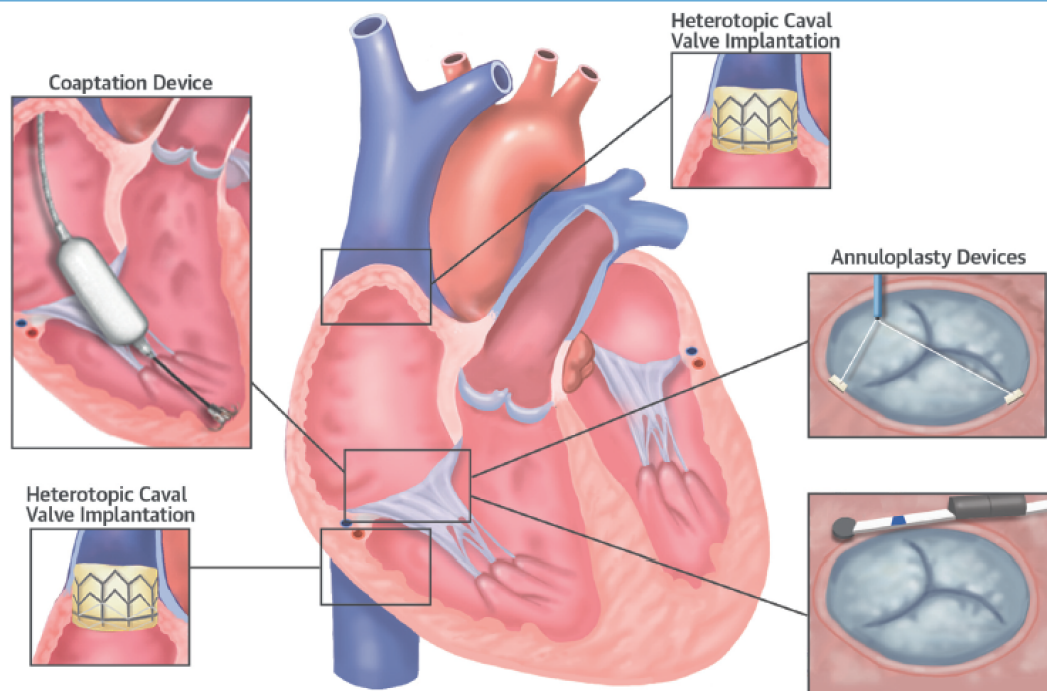
# Mild TR; Consider Repair if L-sided Surgery or Clip





**CENTRAL ILLUSTRATION** Transcatheter Therapies for TR

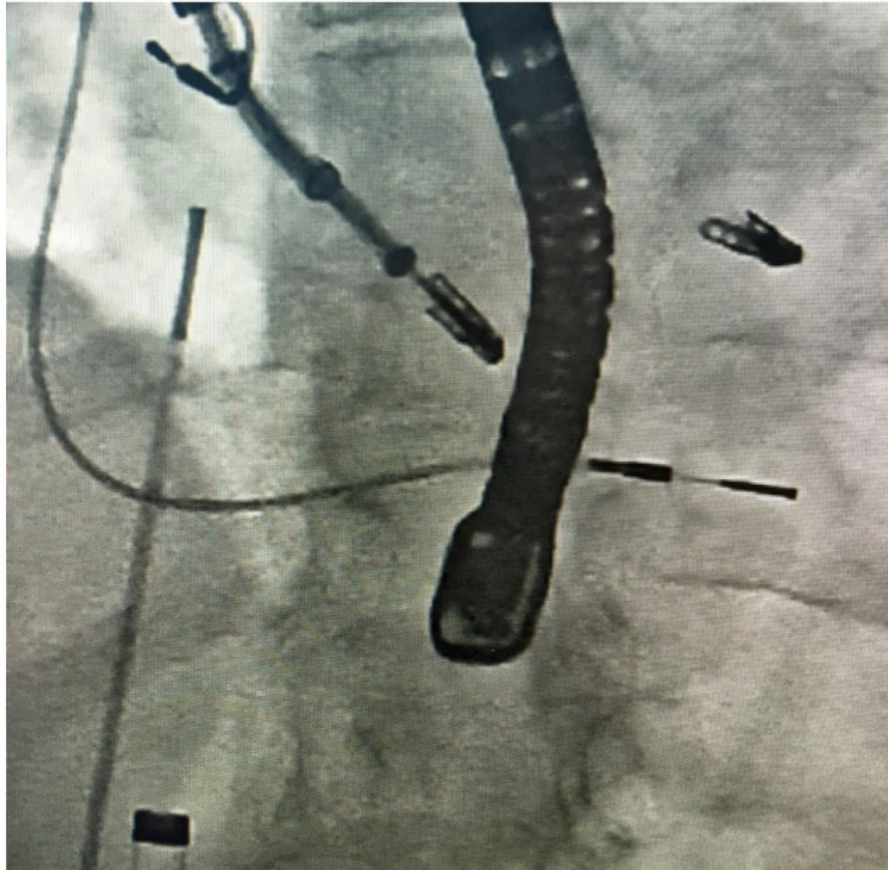
### Transcatheter Therapies for Tricuspid Regurgitation



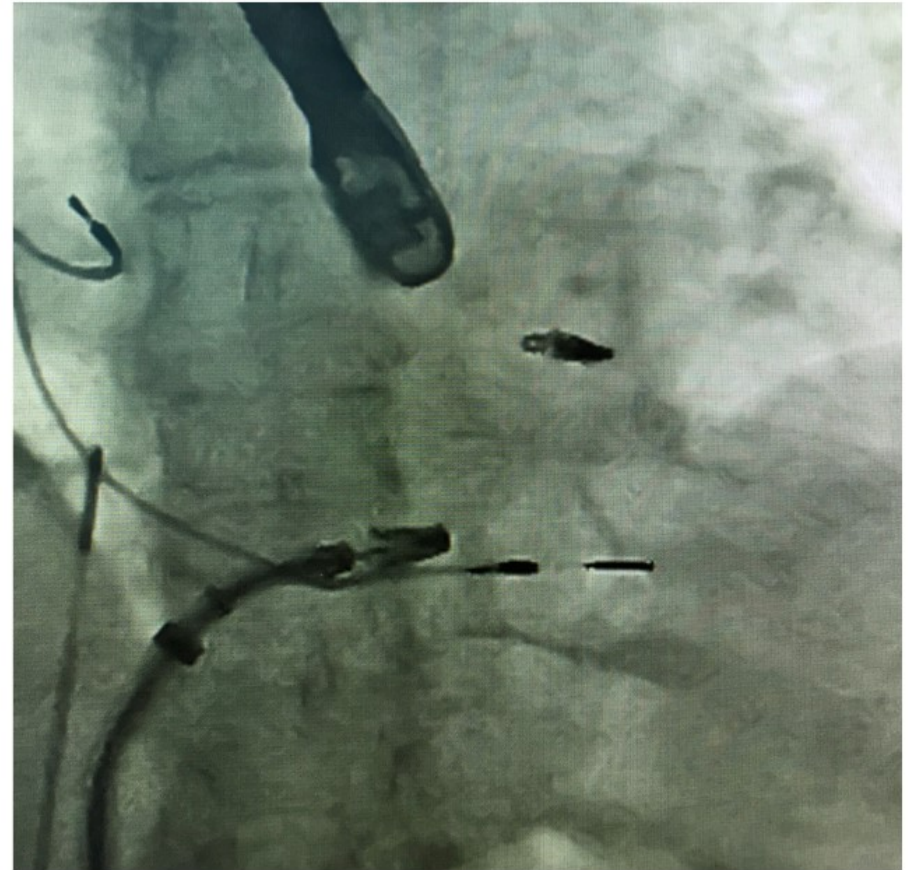
### Challenges of Transcatheter Therapies for Tricuspid Regurgitation

- Large tricuspid annulus dimensions
- Nonplanar and elliptical annulus shape
- Absence of calcium
- Right ventricular morphology
- Proximity of other structures (coronary sinus, AV node and His bundle, vena cava, right coronary artery)

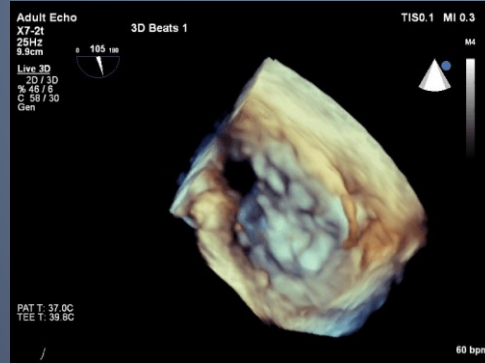
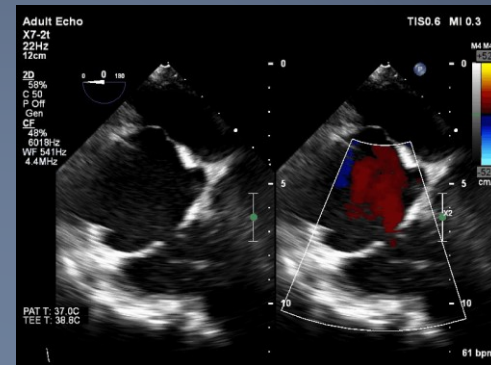
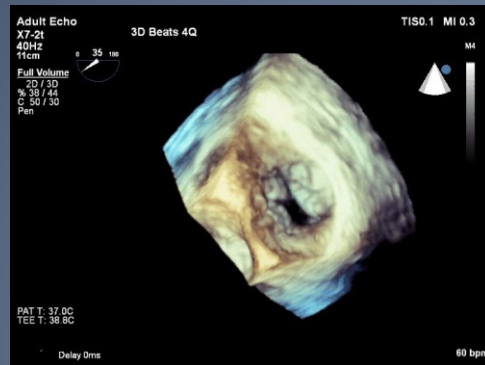
## Internal Jugular Approach



## Common Femoral Approach

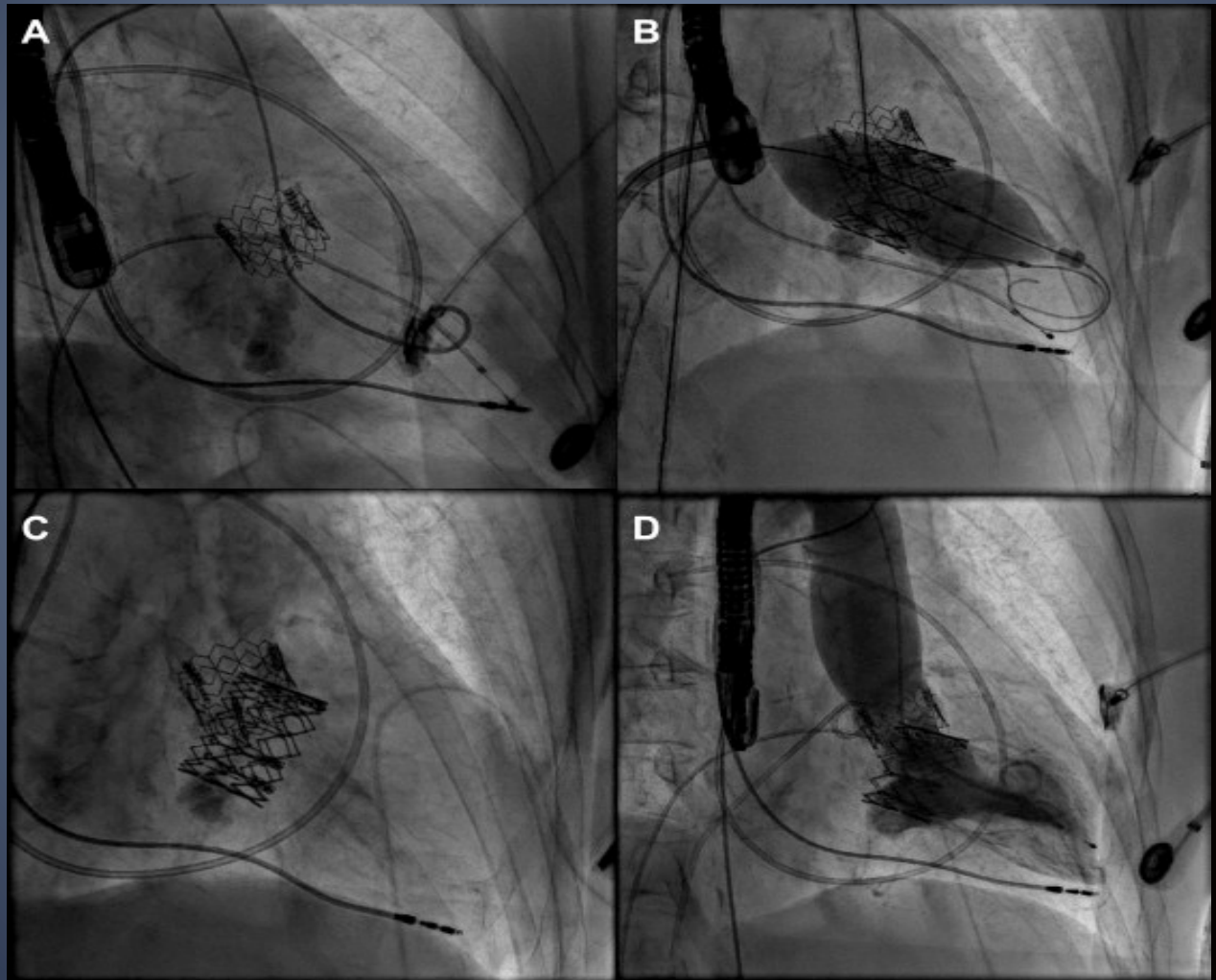


# TEE: Pre and Post MitraClip



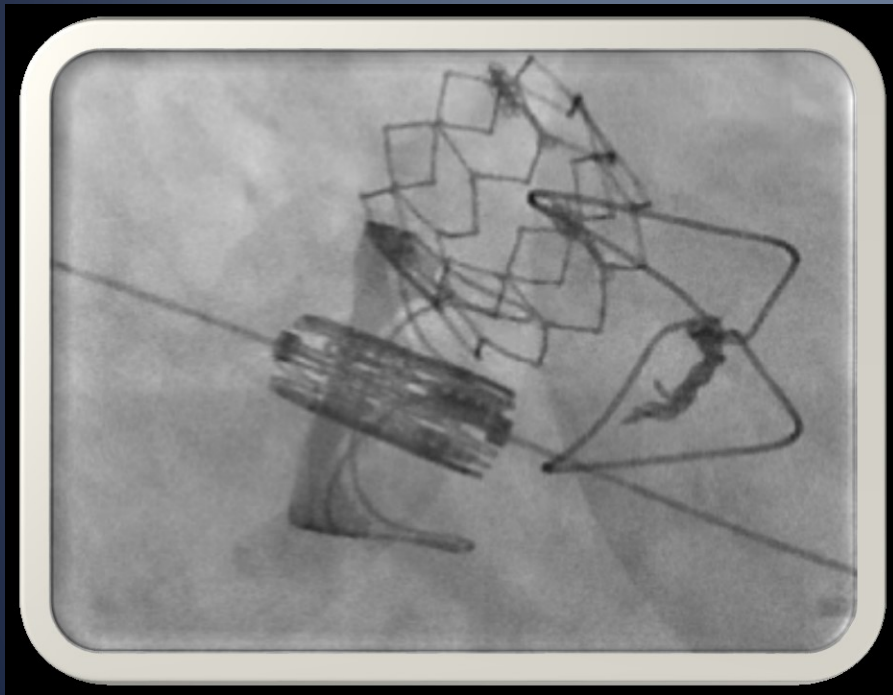


# Percutaneous Mitral Valve Replacement for MAC





# Mitral Valve-in-Valve / Valve-in-Ring



# TMVR Landscape 2019



**Braile  
Biomedica**



**Braile  
Biomedica**



**CardiAQ  
1<sup>st</sup> G**



**CardiAQ  
Edwards**



**Cephea**



**Direct Flow  
Medical**



**Twelve  
Medtronic**



**M-Valve**



**Edwards  
Fortis**



**HighLife**



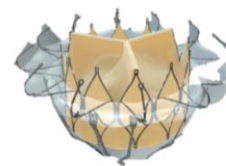
**Navigate**



**Neovasc  
Tiara**



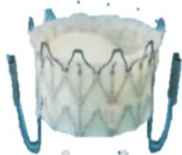
**PermaValve  
MID**



**Sinomed**



**Tendyne  
Abbott**



**SATURN  
TMVR**



**Mitraltech**



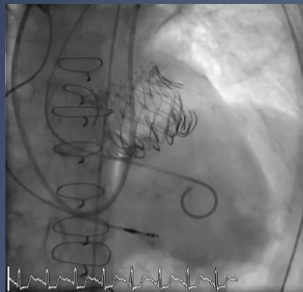
**Caisson**



**Sapien M3  
Edwards**

**AND Many  
Others...**

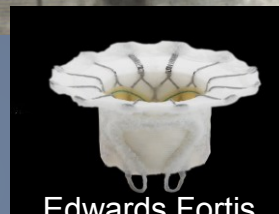
# Transcatheter MVR with Human Use



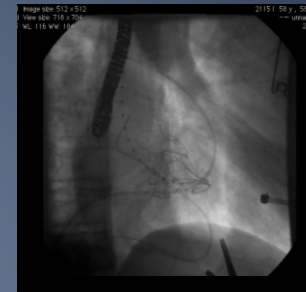
CardiAQ Edwards



Neovasc Tiara



Edwards Fortis



Abbott Tendyne



HighLife



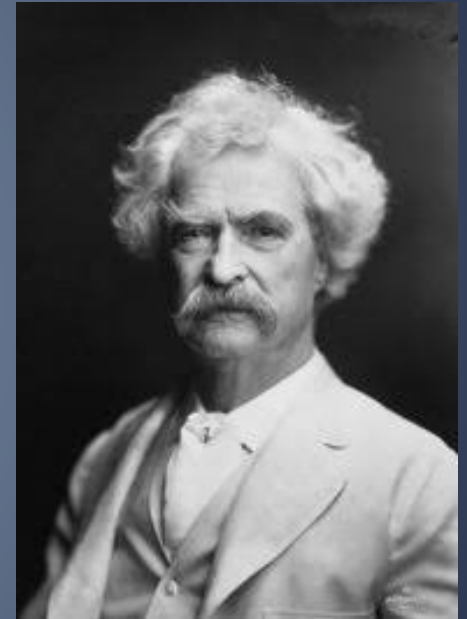
Medtronic Intrepid



Caisson

From Greg Stone

*“It’s Difficult to Make Predictions,  
Especially About the Future”*



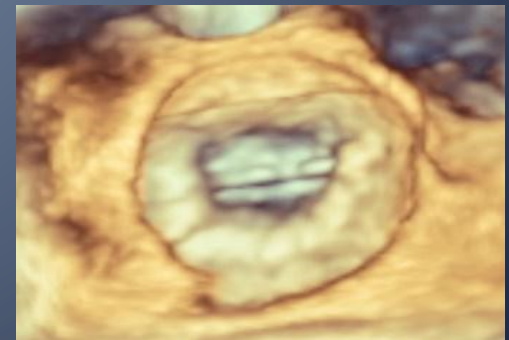
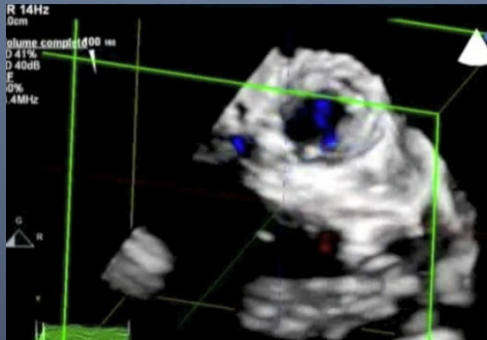
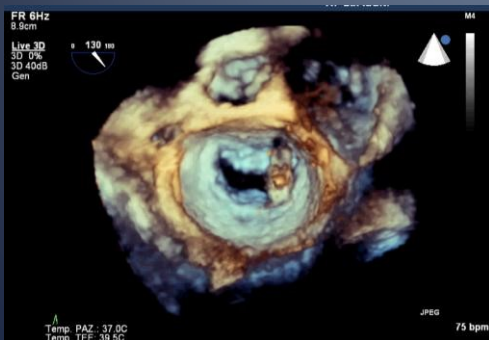
**Mark Twain**

(November 30, 1835 – April 21, 1910)



# MR and Percutaneous Device Therapy

- The presence of MR predicts increasing mortality and health care expenses in patients, especially those with Heart Failure
- Requires a multidisciplinary team to provide optimal care
- Less invasive treatments of MR are emerging as a viable and effective method to improve survival and contain costs
- MitraClip is the most common therapy today, but more options will become available in the next future including “surgical like” percutaneous annuloplasty and replacement





# Any Questions?



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