

Summer 2022

E- Newsletter

Governor's Message

Hello Louisiana ACP Chapter colleagues,



Now that the heat of June in Louisiana has officially arrived, I strive to find a way to stay energized, rather than fall victim to the lazy days of summer. As part of an academic practice, summer also brings a sense of renewal as we usher in a new group of Internal Medicine interns beginning their training July 1st. Newly minted fellowship grads and IM residency grads are also beginning the next chapters in their medicine career journeys. My hope is to find a sense of renewal in our ACP membership as well! There was much activity this Spring (read on in the newsletter to see what's been happening!) and many exciting things are still to come.

We will soon begin our election process for the new chapter Governor, who will spend a year as Governor-Elect, then assume leadership of the chapter in April 2024. We are revitalizing new committee activities and hoping to grow programming for our students, residents and Early Career members across the state. We are in the early planning stages for next Spring's Annual Scientific Meeting. Thank you for the wonderful feedback from this past March, I know we will have something professionally and personally fulfilling for you all! This Fall we will hold a Strategic Planning session. The chapter leadership will set goals for the chapter moving forward to help members find continued and new value in ACP membership.

Join me in renewing our commitment to our patients, our colleagues, our professional fulfilment, and our own wellness. Join me in renewing our hope for a better future in healthcare and our society as a whole. Join me in finding all of the ways the ACP can help make these things happen!

2022 Annual Scientific Meeting



The Annual Scientific Meeting was held as a hybrid meeting on March 11-12 at the Louisiana Cancer Research Center in New Orleans with a live feed on Zoom. It was fantastic to be back in person, catch up with colleagues and learn from the many fantastic regional and national speakers who joined us. On Friday, the meeting kicked off with the latest in the management and medical treatment of obesity and NASH. The attendees heard from a well versed panel about long haul Covid management and learned about updates in addiction medicine and inhaled pharmacotherapy for COPD. Dr. Eileen Barrett, Chair-elect of the Board of Regents, shared a great wellness presentation that was applicable to physicians and non-physicians in the workplace and outside. The day was capped off with an exciting Jeopardy contest from which the LSU - Shreveport residents walked away victorious! They will be eligible to represent Louisiana in San Diego at IM2023.

A windy, cold front moving through New Orleans could not put a damper on the interesting updates waiting for the attendees on Saturday. The meeting faculty brought the group up to speed on the toxicities of cancer immunotherapies, demonstrated the how formulary construction leads to higher prices, and presented updates on management of cognitive decline and dementia. The meeting was closed out with a lunch and learn session by Shari Erickson giving the attendees a national view of physician advocacy.





Governor's Advisory Council

The Annual Business Meeting was held on Friday, March 11 during the lunch hour of the Annual Scientific Meeting. The new Council members were presented by the Nominations Committee and the slate was accepted. Congratulations to Lauren Barfield and Ralph Schapira who were elected to a second term. Congratulations and Welcome to Blaine Broussard, Wartelle Castille, Janice Ford and Marlon Joseph who were elected to a first term on the Governor's Advisory Council.





<u>Doctor's Dilemma</u>

The annual Jeopardy contest was held on Friday, March 11 during the Annual Scientific Meeting. Six teams, representing Baton Rouge General, Chabert, LSU Baton Rouge, LSU Lafayette, LSU New Orleans and LSU Shreveport, entered the competition.

Congratulations to our Jeopardy winners, LSU - Shreveport!

Sukhmani Boparai, Atlee Baker and Anuj Thakre, pictured with Governor Angie Johnson, represented Shreveport in a great competition. The team is eligible to represent the Louisiana Chapter in the National Doctor's Dilemma Competition at IM 2023.



2022 Resident and Student Meeting

The 2022 Resident and Student Meeting was held on January 22, 2022. Though the meeting highlights were covered in the Winter Newsletter, there have been some exciting developments to share!

The Mystery Case winners, Jacob Dubuc (2021) and Graham Unis (2022) were both able to travel to Chicago to represent the Louisiana Chapter in the National Poster Competition. The Chapter provided monetary support to these young physicians to help offset the cost of their trips.

The abstract booklets for the Resident (<u>Part 1</u> and <u>Part 2</u>) and the <u>Student</u> submissions have been added to the Chapter website and are available for viewing. The Louisiana State Medical Society has also published the Resident and Student abstract submissions on the LSMS website!

Excellence in Internal Medicine Awards

Each year the Louisiana Chapter recognizes an outstanding student at each medical school that chooses to participate. These students were chosen and recognized by their institution. Each winner is presented with a certificate and \$500 check from the Louisiana ACP Chapter. The Chapter wishes each of you the very best in the next steps of your career.

Congratulations to the 2022 winners of the Excellence in Internal Medicine Award!

LeAnn Rebekah Daggett – LSU Shreveport Faisal Kirdar – Tulane Brett Montelaro – LSU New Orleans



The National Meeting in Chicago was another great step towards resuming prepandemic life. Though this meeting was also offered as a hybrid, there was robust in person attendance and participation. The Louisiana Chapter had 83 Chapter members register to attend, 68 of those in person!

Three of our Chapter leaders taught during the Rapid Board Review, which was part of the pre-course offerings. Chayan Chakraborti provided the General IM review, Fred Lopez presented an Infectious Disease review and William Davis taught the Rheumatology review.

Two of our members spoke during the main IM Meeting as well. Fred Lopez and Victoria Burke presented an ID update, and Dr. Lopez shared his Clinical Pearls.

Convocation is a special ceremony each year. With a two year backlog, there were many fellows from across all of ACP who were eligible to participate this year. The Louisiana Chapter had 66 fellows who were eligible to be recognized and pinned during the 2022 Convocation Ceremony.



Congratulations to the new Fellows who were able to attend the ceremony this year:

Celeste M Newby, MD FACP
Himmat S Grewal, MD FACP
John O Nnadi, MBBS FACP
Keith L Winfrey, MD FACP
Marlon F Joseph, MD FACP
Murthy Muthuswamy, MD FACP
Wartelle J Castille Jr, MD FACP

Spring 2022 Resolutions



The Board of Governors discussed the spring slate of Resolutions during the meeting. A <u>summary</u> of Board of Regents (BOR) actions on resolutions debated at the Spring 2022 Board of Governors (BOG) meeting is now available. The member comments added to the Resolutions survey is greatly appreciated. The feedback provided by you, the members, allows the Governor to speak on behalf of the Chapter and reflect the thoughts and opinions of the membership.

If you have an idea you'd like to suggest to ACP, consider submitting a resolution to Angie Johnson or the Louisiana ACP chapter. The ACP has a call for Resolutions twice each year for the Fall Board of Governors Meeting and the Spring Board of Governors Meeting. The Board of Governors (BOG) Resolutions Process was instituted in 1985 as a means for the ACP membership to have formal input to the Board of Regents (BOR), the policymaking body of the College. A resolution reflects grassroots voice of ACP. A resolution is a proposal that asks the ACP to take a position and/or an action. Any ACP member can submit a resolution to his or her ACP Governor for consideration by the local chapter council. A resolution consists of at least one directive ("Resolved clause") accompanied by supporting statements ("Whereas clauses"). If you have a proposal, please review the Resolutions Guide and bring it to the Governor. The deadlines to submit a Resolution for consideration are typically in May for the Fall BOG meeting and December for the Spring BOG meeting.

Congratulations to Yichi Zhang!

Yichi is a student member at Tulane University School of Medicine in New Orleans. He participated in the **National Abstract Competition** in Chicago and won podium status in the High Value Care category with the abstract, "Addressing Disruptions in Care: A Study of Chronic Disease Exacerbation in an Underserved Community Following Hurricane Ida".



<u>Advocacy</u>





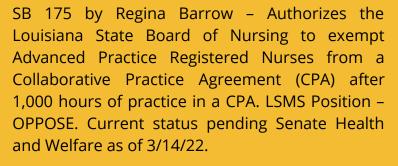
Dr. Newby and Dr. Ingolia represented the Chapter at White Coat Wednesday on March 30. This yearly event is held in conjunction with the LSMS and Physician's Coalition of Louisiana as an opportunity for physicians to meet with local legislators to discuss proposed bills relevant to the care of our patients and the profession of Medicine.

This year was unique in that there was a historic legislative session held in regards to redistricting of the state, which was ultimately vetoed by the Governor. There were a number of scope of practice bills, insurance/prior authorization bills, non-compete clause bills, and vaccine related issues which are still being debated. Included on the following page are the scope of practice bills with the LSMS position for each and the current status as of 5/26/22. You are encouraged to visit the Louisiana State Legislature website to continue to follow the progress on each of the bills (hyperlink below).

The LSMS is very active in advocating for physicians and the profession. If interested, you are encouraged to consider membership with LSMS and both the ACP PAC and LAMPAC (political advocacy committees).

Contact Dr. Newby or Dr. Ingolia with any questions or if you are interested in joining the chapter's Advocacy committee. Please don't hesitate to reach out to your local representatives to voice your opinion.

Louisiana Scope of Practice Bills



SB 158 by Jay Luneau – Modifies the requirement of direct supervision of a Physician Assistant to a collaborative relationship. LSMS Position – OPPOSE. Subject to call at Senate final passage. Scheduled for 5/26/22

SB 296 by Regina Barrow – Authorizes "pharmacist clinical services" within the medical assistance program to achieve outcomes related to the cure, prevention, or management of a disease or medical condition. LSMS Position – OPPOSE. Pending Senate Finance. Considered 5/24/22.

SB 329 by Fred Mills – Allows pharmacists to order diagnostic tests, interpret results, write prescriptions, and fill medications for certain health conditions. LSMS Position – OPPOSE. Pending Senate Health and Welfare. Considered 4/27/22

HB 543 by Joe Stagni – Authorizes the Louisiana State Board of Nursing to exempt Advanced Practice Registered Nurses from a Collaborative Practice Agreement (CPA) after 2,080 hours of practice in a CPA. LSMS Position – OPPOSE. Pending House Health and Welfare as of 3/14/22.







2022 ACP Leadership Day

The Louisiana Chapter had an excellent delegation of medical students, residents and practicing physicians who participated in ACP Leadership Day this year. The cohort had connections to every district in our state, providing knowledge and experience of healthcare in both urban and rural settings. The delegation had productive meetings with members of the Louisiana Senators and Representative Offices, and advocated for ACPs National healthcare priorities, including:

- -Physician Workforce Issues including expanding GME slots for resident training
- -Expanding support for primary care
- -Funding and increasing support for telemedicine -Transparency for and reduction of prescription drug pricing





Louisiana Chapter members in attendance were Connor Bennett, David Borne, Hayden Guidry, Ashley Ingolia, Erica Mascaernhas and Celeste Newby.

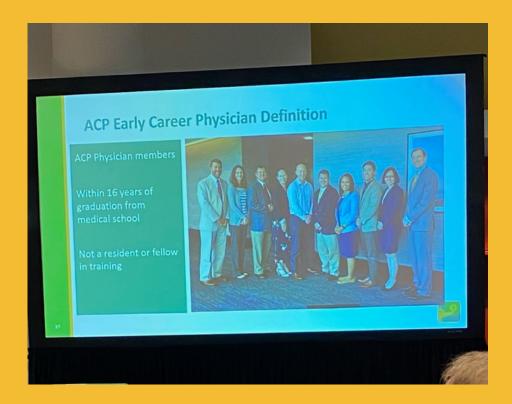
Early Career Physicians Committee

Calling all Early Career Physicians!

The Louisiana Chapter is seeking to expand programming for Early Career Physicians, which is defined by National ACP as any physician who is within 16 years of graduating residency. This is a large time frame and may encompass several stages of the early career, which is why the Chapter would like to hear from you! Potential programming to include information on advancement to ACP fellowship, work/life balance (managing your inbox, burnout, communications after hours), Tips for teaching Trainees, Billing and Coding, and happy hour journal clubs.

Please share your ideas about useful program topics and the most convenient way content can be delivered. A needs assessment survey was sent out in early May, but if you missed it, it can be found <u>here</u>.

If you are interested in developing programming for Early Career Physicians, please reach out via email at laacp2015@outlook.com.



Governor - Elect

The Chapter is in the Governor Election process. As you will recall, a call for nominations was sent by the National office in March. The Chapter's Local Nominations Committee met and reviewed the candidate nominations received from the membership. The committee has submitted the candidate names to National. In July, all voting members will receive a Notice of Election from National. Ballots will be sent to the voting members in October. Ballots will be due in November. Please be watching your inbox for these important communications!

Well-Being Champions

What is a Well-Being Champion? ACP launched the Physician Well-being and Professional Fulfillment initiative in January 2018. Part of that initiative includes training up to 2 Well-being Champions per chapter who will promote the rationale for investing in clinician well-being, share key evidence-based strategies to improve clinician well-being and professional fulfillment, and foster the development of chapter-based communities that support well-being and professional fulfillment.

The Louisiana Chapter currently has one trained Champion, Anne Carrere, who would love to have a few more Champions join her! In the fall there will be a call for Well-Being Champions. If you would like to know more, please review the job description. If you are interested in becoming a Louisiana Well-Being Champion, please send your name to Sarah Wardrop at laacp2015@outlook.com.

Strategic Planning

To best serve the membership, the Chapter will be developing an updated Strategic Plan to drive the activities of the Chapter. How might you help? Be watching your email this summer for a Strategic Planning Survey, which will be sent to the entire membership. The responses to this survey will shape the goals and program planning of the Chapter.

HOT TOPICS

U.S. Surgeon General's Advisory Addresses Health Worker Burnout

A new Surgeon General's Advisory highlights the critical need to address the issue of health worker burnout issue across the country and recommend steps health care orgs, policymakers, insurers, and others can take to address health worker well-being and strengthen our communities. ACP provided input to the report and stands with the Surgeon General on his mission to address societal, cultural, structural, and organizational factors that promote health worker well-being and ensure that health workers can thrive. Learn more at https://surgeongeneral.gov/burnout

ABIM Article: Combating Medical Misinformation

The American Board of Internal Medicine (ABIM)'s President and CEO Richard Baron, MD and Board Chair Yul Ejnes, MD (Chair emeritus, ACP's Board of Regents), published an article in The New England Journal of Medicine titled, "Physicians Spreading Misinformation on Social Media – Do Right and Wrong Answers Still Exist in Medicine?," that explains how ABIM is addressing the challenge of misinformation in the medical community.

ACP Announces New Coding Resources: Code Smarter, Save Time and Optimize Payments

ACP has launched new Coding for Clinicians resources to help physicians expand knowledge of clinical codes, correctly identify billable services, and accurately bill for time and expertise. The new resources include ACP member-exclusive content and the ACP Coding for Clinicians subscription series: a comprehensive, self-paced training series of 13 interactive modules eligible for CME/MOC that help physicians code smarter, document more efficiently, succeed in value-based payment systems, and optimize payments. Video recordings of ACP physician coding lectures and webinars are also available. Visit ACP's <u>Coding for Clinicians</u> page for more information and subscription details.

Get Involved

Committees

Looking for ways to get involved? There are many places that your time and talents can be used in the Chapter! The **Membership**, **Early Career Physician**, **Awards and Nominations Committees**, to name a few, are looking for new members to join. If you have a particular interest, contact Sarah Wardrop and get plugged into the Chapter!

Upcoming Dates

Resident - Student Meeting January 2023

Louisiana Chapter Meeting March 2023 New Orleans, LA

> IM 2023 April 27-29, 2023 San Diego, CA

Stay Connected

Sarah Wardrop
Executive Director

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Links to ACP resources:

Well-being

Physician Well-being and Professional Fulfillment

I.M. Emotional Support Hub

Residents and Students

Resident Well-being Learning Hub
Resident Career Counseling, Guidance and Tips
Medical Student Career Path