



## Governor's Update

The chapter has had a busy few months! We hosted two successful billing and coding webinars given by our own Dr. Yvette Cua this past summer. Our medical student council offered a virtual abstract writing workshop for students and residents leading up to our annual scientific meeting in Louisville this past September. We had a fantastic turnout at the meeting where we learned about the latest advancements in cardiovascular medicine. More information about the meeting may be found within this newsletter.



For the first time ever, our chapter was designated a Gold Chapter of Excellence by ACP. This is a huge accomplishment and represents the hard work of many.

We plan to expand our offerings over the coming several months - be on the look out for announcements about future webinars and volunteer events in various parts of the state.

As I near the end of my term as governor, I am grateful to the support of the Council and all of you. We have accomplished a lot in the past 4 years, but there is much work still to be done to support our patients and internal medicine physicians in Kentucky. I look forward to supporting incoming governor Dr. Meagan Schaeffner as she leads us through the challenges ahead.

I wish you a very happy and healthy rest of 2025!

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Governor, Kentucky Chapter of ACP  
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## SAVE THE DATE - ACP IM 2026 MEETING



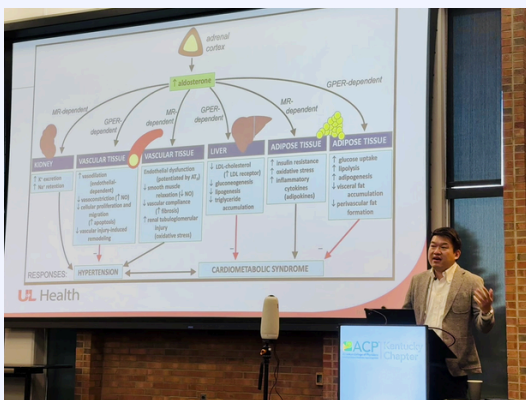
# Congratulations!

**Congratulations to Dr. Mary Duke for being chosen to receive Mastership from the American College of Physicians. She is recognized for her extraordinary service to the College and for being an outstanding internal medicine physician and educator. This is a well deserved accomplishment!**



## Annual Chapter Meeting Recap

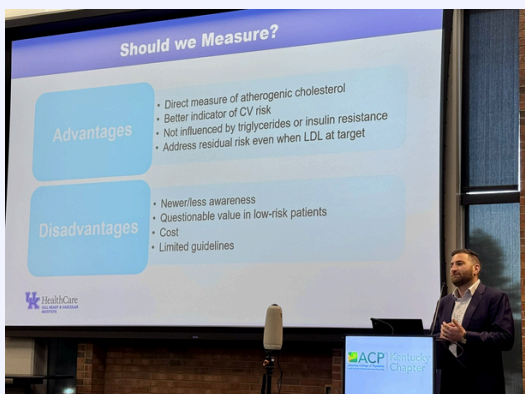
The KY ACP Scientific Meeting was held on September 12, 2025 in Louisville. Our theme this year was *“The Heart of the Matter - Practice Changing Updates in Cardiology for Internal Medicine Physicians.”* We had a great group of speakers who taught us about for use of mineralocorticoid receptor antagonists in the management of refractory hypertension, appropriate use of coronary calcium scoring for workup of cardiovascular disease, advances in lipid management, and the role of GLP-1 RAs in treatment of cardiovascular disease.



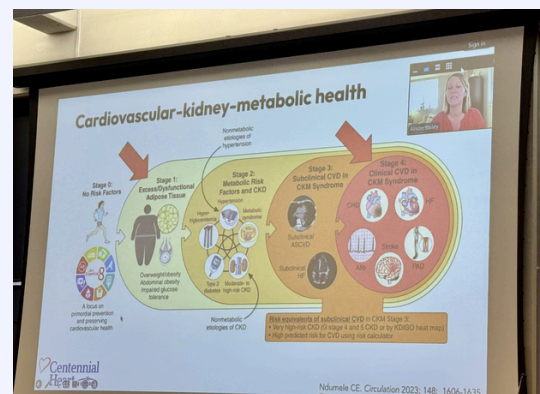
**Dr. Sheng Fu presenting on MRAs and hypertension**



**Dr. Talal Alnabelsi discussing coronary calcium scoring**



**Dr. Marc Paranzino reviewing updates in lipid management**



**Dr. Alison Bailey reviews the use of GLP1s in heart disease**

## **Annual Meeting Recap continued**

**We had some wonderful poster contributions from students and residents across the state.**

**Thank you to everyone for participating. Special thanks to our judges who selected the following winners. The first place finisher for each category will represent our chapter at the IM 2026 meeting in San Francisco in April:**

### **Medical Student Research:**

**1st Place- Maribeth Stafford (UK). Supratherapeutic Dose Combinations of Opioids and Cannabis: Abuse Potential, Physiologic Effects and Safety Profile in Humans.**

**2nd Place- Adam Strong (UK). Social Drivers of Psychological Distress in Cancer Patients: The Impact of Financial Well-Being, Education, Health Literacy, and Cancer Team Communication.**

**3rd Place- Edward Lee Majors (UK). Empowering Regional Medical Students: Preliminary Findings from a Pilot Peer-to-Peer Workshop on Research Engagement and Preparedness.**

### **Resident Research**

**1st Place- Kush Patel (UofL) Intravascular Ultrasound Utilization in Atherectomy: A Retrospective Analysis.**

**2nd Place-Katherine Walka (UofL). Missing lethality: Determining Aortic Stenosis Severity in HFpEF.**

**3rd Place-Chandra Kakarala (UK) . Inpatient Anemia Investigation: An Occult Opportunity.**

### **Medical Student Clinical Vignette**

**1st Place-Kara Bradley (UofL) Rare Cause of Reversible Encephalopathy: SREAT in a Critically Ill Pt.**

**2nd Place-Mahima Tyagi (UofL). Ventricular Septal Rupture and Right Ventricular Pseudoaneurysm: A Rare Case of Blunt Chest Trauma.**

**3rd Place- Mason McGhee (UK). Lactobacillus Bacteremia in the Setting of High Yogurt Consumption with a Disrupted Mucosal Barrier.**

### **Resident Clinical Vignette**

**1st Place-Mathew Barber (UofL). Severe Vitamin B12 Deficiency Mimicking Acute Myeloid Leukemia in a Young Adult.**

**2nd Place-Joseph Beckman (UK BG). Kratom Katastrophe: Unmasking the Medical and Socioeconomic Impact of Recreational Kratom Use in KY.**

**3rd Place- Milad Mafi (Lake Cumberland). Uprooted: A Case of Bicuspid Valve Endocarditis.**

## **Annual Meeting Recap continued**

**Teams from 5 residency programs in Kentucky competed for bragging rights in the Doctor's Dilemma Competition. Congratulations to the University of Kentucky team who won and will represent our chapter in April in San Francisco.**

**Team members:**

**Mo Hindi**

**Rachel Crasta**

**Chandra Kakarala**

**Robin Faulkner**

**Congratulations to our other award winners**

**Lake Cumberland Regional Medical Center**

**Faculty of the Year: Dr. Muhammed Alvi**

**Resident of the Year: Dr. Zachary Fortenberry**

**Medical Student of the Year: Shannon Ripley**

**University of Kentucky**

**Faculty of the Year: Dr. Kate Shrake**

**Resident of the Year: Dr. Alyssa Crawford**

**Medical Student of the Year: Riley Crawford**

**University of Kentucky Bowling Green Campus**

**Faculty of the Year: Dr. Grace Essandoh**

**Resident of the Year: Dr. Claire Sanford**

**Medical Student of the Year: Reagan Grider**

**University of Louisville**

**Faculty of the Year: Dr. Rodrigo Cavallazzi**

**Resident of the Year: Dr. Heba Boustany**

**Medical Student of the Year: Nicholas Stone**

**ARH**

**Resident of the Year: Dr. Brian "Clay" Nickles**



**Special Thanks to our meeting planning committee:**

**Dr. Peter Sawaya**

**Dr. Rohit Kumar**

**Dr. Angie Webb**

**and Megan Dunagan, chapter administrator**



# Treasurer's Report

The following is a brief summary of our financial expenditures for the last fiscal year (July 2024-June 2025). In all, our expenses totaled about \$31,000 and our revenue totaled about \$41,000. We had a positive balance of about \$10,000.

Our major expense was our annual state meeting, which we spent just shy of \$13,000 on, including venue, rentals, food, and awards.

We also spent about \$6,000 on sending our student and resident winners to represent Kentucky at the 2025 National ACP Meeting in New Orleans. We sent one person to Leadership Day 2025 in Washington, DC, at a cost of about \$1,000.

Salaries for our administrative assistant, accountant, and fees totaled about \$10,500.

Our two sources of revenue are membership dues and vendor payments from our state meeting. These brought in just over \$41,000.



ACP remains hard at work advocating for policy changes that will make a difference in your daily work, professional development, and your patients' health.

Specifically, ACP is engaged in efforts to stop the implementation of H-1B Visa fees, protecting evidence-based vaccine recommendations, protections for physician reimbursement and supporting access to medical care/health insurance.

If you are not yet a member of the Advocates of Internal Medicine Network (AIMn), I encourage you to join. They will send valuable updates and offer ways to take action. You can find more information and sign up at <https://www.acponline.org/advocacy/get-involved-advocacy-in-action/legislative-action-center>