

# PULSE

## *ACP Illinois Chapter, Downstate Region*

### IM 2013: San Francisco

The Illinois Chapter Downstate Region was well represented at IM 2013 in San Francisco! Several residents and medical students participated in the poster competition, as well as Jaini Sutaria, Trushil Shah, and Heena Birbal from Peoria competing in Doctor's Dilemma.

Save the date now for IM 2014 in Orlando, Florida, April 10—12, 2014.

UIUC made a fantabulous representation at the national ACP meeting. We had 1 research poster presented by **Dr. Affan Irfan** and 10 associate posters presented by **Dr. Snigdha Kola, Dr. Indrajeet Mahata, Dr. Kalyani Chandra, Dr. Maryam Gul, Dr. Suneel Kumar, Dr. Bonnie Wang, Dr. Roel Jamis, Dr. Jae Cho, and Dr. Omer Toor.** **Dr. Wang**, who had won the IL Downstate poster competition last fall, also was a winner

at the national ACP associates' poster competition. This was just terrific!

Illinois chapter reception was a wonderful venue where colleagues from upstate and downstate cherished the moments together.



Janet Jokela, Incoming Downstate Governor, Sheldon Jacobson, and Tiffany Leung

See Page 4 for photo gallery of poster presenters at IM 2014 in San Francisco.

#### *Inside this issue:*

Match Results	2
Gaurav Jain Report	3
Photo Gallery	4
Digital Impact	5
Leadership Day	6



Susan Hingle, outgoing Downstate Governor, and incoming Chair of the Board of Governors

## UIUC MATCH RESULTS

The University of Illinois Urbana program was very pleased with its match results. We matched three preliminary and 14 categorical positions:

### Preliminary 1-year:

1. Rosario Carrasco
2. Chizoba Ezepue
3. Vikas Patel

### Categorical Internal Medicine

#### Class of 2016:

Vinodkumar Chandrasekaran  
Farheen Jaffari  
Janet Jang  
Krishan Kataria  
Hafiz Khalid  
Vinod Kumar  
Shakuntala Patil  
Furqan Rajput  
Karthikeyan Ranganathan

Nadia Rizvi  
Sanna  
Simarjit Singh  
Anand Trivedi  
Sabeen Zeb

### Fellowship match results 2013

PGY3 **Dr. Puneet Agarwal** matched at Georgetown University Hospital, Washington, DC in Pulmonary Critical Care, and will start in July 2013—congratulations Dr. Agarwal!

## SIU MATCH RESULTS

Congratulations and a warm welcome to our new SIU Internal Medicine Residents 2013.

### Internal Medicine

*Anota Akofu:*  
University of Benin

*Cinderella Aquino:*  
University of Medicine and Health Sciences, St. Kitts

*Jonathan Balagna:*  
SIU School of Medicine

*Antonino Cavataio:*  
SIU School of Medicine

*Ehab Dababneh:*  
University of Jordan

*Manjusha Das:*  
American University Of Antigua  
College of Medicine

*Nathalie Foray:*  
Arizona College of Osteopathic  
Medicine of Midwestern University

*Ray Hinton:*

SIU School of Medicine

*Veena Kesireddy:*

Kasturi Medical College, Guntur

*Haseeb Nawaz:*

Rawalpindi Medical College

*Onyekachi Obi:*

Xavier Univ School of Medicine

*Chitralekha Pasupuleti:*

University of Notre Dame

*Javeryah Safi:*

King Edward Medical College

*Puja Sitwala:*

SSR Medical College

### Internal Medicine-Psychiatry

#### Residency program

*Nicholas Ahn:*

Michigan State University College  
of Human Medicine

*Kristin Lee:*

Kansas City University of Medicine

and Biosciences College of  
Osteopathic Medicine

### Fellowship Matches

*Gaurav Jain MD*, Pain Medicine,  
*University of Pittsburgh Medical  
Center.*

*Pratima Chalasani MD*,  
Hematology and Medical  
Oncology, Gundersen Lutheran  
Medical Center, Wisconsin.

*Suraj Aurora MD*, Pulmonary  
Medicine, Medical College of  
Wisconsin, Wisconsin.

*Lokesh Shahani MD*, Infectious  
Diseases, Baylor College of  
Medicine, Texas.

## Report from Gaurav Jain: Representative to the National ACP Council of Resident/Fellow Members

Hi everyone, I am your representative to the national ACP Council of Resident/Fellow Members. This council is comprised of 12 to 14 members. In addition to functioning as liaison between my region and the CRFM, I work to promote ACP's mission. The council focuses and works on various areas of importance to the resident/fellow members.

The following are few areas of priority on which the council is working: Due to uncontrolled and unsustainable cost of medical health care, there is an urgent need for High Value and Cost Conscious Care (HVCCC or HVC). In the near future we may expect to see increasing emphasis

on HVC in our residency curriculum, new competition in the national conference based on above concept, TED-talk by the experienced physicians and many more interesting things related to this topic. We encourage residents in every program to identify a team of HVC champions (comprising of residents and faculty) to promote the HVC practice and teaching. Here are few important links to websites which have useful information on HVC:

<http://hvc.acponline.org/>

<http://www.costsofcare.org/>

Another area of emphasis by the council is about ways to control the cost of medical education. We have also successfully organized

couple of interesting webinars on health care advocacy and surviving peer review process for publication by the leaders in these fields. They were well received by all participants and we look forward to bring together many more in future.

We are interested in developing an online resource on the systems of care for our members which will provide quick and easy insight into the basics of health systems. Please feel free to contact me if you have any questions or suggestions.

Thanks! ~ Gaurav Jain

## SIU Match Results, cont'd

Congratulations and best wishes to our SIU Medical Students who have matched at IM residency programs.

### Internal Medicine

*Bryan McConomy*

University of Iowa Hospitals and Clinics

*Amanda Velazquez*

Indiana University  
School of Medicine

*Mateusz Serafin*  
Indiana University  
School of Medicine

*Jennifer Reed*  
Indiana University  
School of Medicine

*Jonathan Balagna*

Southern Illinois University

*Antonino Cavataio*

Southern Illinois University

*Michael Guignon*

St. Louis University School of  
Medicine

*Cody Williams*

Ochsner Clinic Foundation

### Internal Medicine and

Primary Care

*Natasha Kyte*

Danbury Hospital

### IM / Pediatrics Combined Residency program

*Sarah Wells*

Greenville Health Systems/ University of South Carolina

*Rebekah Hovland*

Greenville Health Systems/  
University of South Carolina

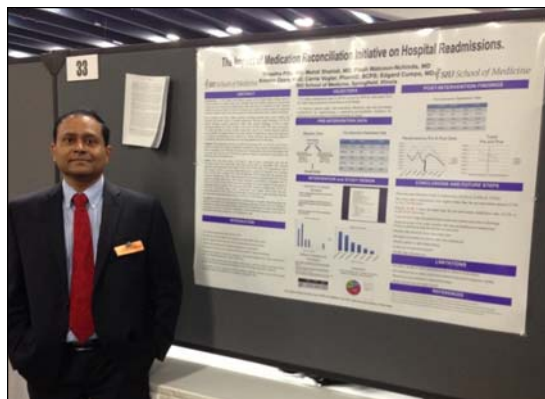
*Shalini Bhattacharya*

Rush University Medical Center

*Mara Horwitz*

University of Missouri-Kansas  
City

## IM 2013 Photo Gallery



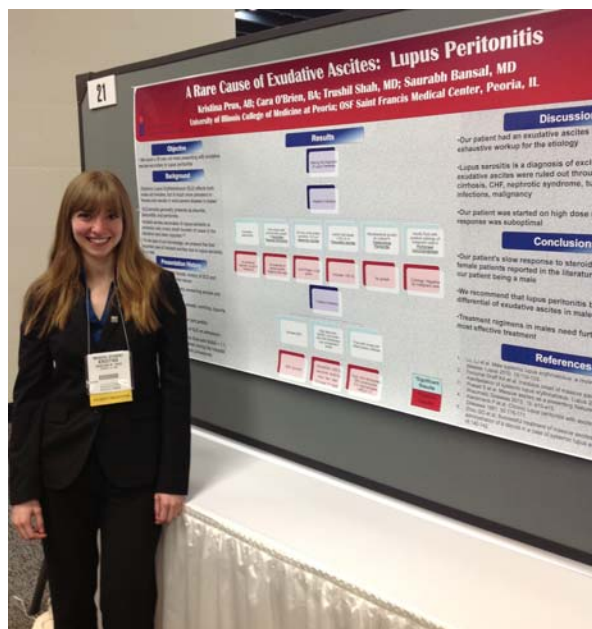
**Trinadha Pilla, MD, SIU**, presented in the Research/QI & Patient Safety Category: *"The Impact of Medication Reconciliation Initiative on Hospital Readmissions."*



**Amardeep Shrestha, MD, SIU**, Research Abstract Competition: *"Reducing Stress Ulcer Prophylaxis During ICU Transfer."* Anar-deep was selected as one of the 10 winners of ACP Associate Research Abstract Competition.



**Idelle Fraser MD, SIU**, Clinical Vignette Poster Finalist. *"An Unusual Case of Low Output Heart Failure as the Initial Presentation of Hyperthyroidism".*



**Kristina Prus, MS** at UICOMP presented: *"A Rare Cause of Exudative Ascites: Lupus Peritonitis"*



**Naseem Ghazanfari MD, SIU**, Clinical Vignette Poster Finalist *"Severe Cobalamin Deficiency: A Case Illustrating the Diagnostic Pitfalls".*



## Scholarly Activities from SIU

*Congratulations to all the residents for their scholarly activities*

**Jain. G.**, Jabeen.S, Vallurupalli.S. Efforts to Reduce Stress Ulcer Prophylaxis Use in Non Critically Ill Hospitalized Patients by Internal Medicine Residents: A Single-Institution Experience *Journal of Clinical Outcomes Management*.

2013 Jan; 20(1):13-19.

**Pilla.T**, Jain.G, Chumpa.E, Varney.A. Impact of an Electronic Health Record Reminder on Abdominal Aortic Aneurysm Screening in a General Internal Medicine Clinic. *Journal of Clinical Outcomes Management*. 2013 February; 20(2):71-75.

**Trinadha Pilla** received a Certificate of 2nd Place for Original Re-

search at the Annual Trainee Research Symposium, SIU, in April.

He also received a Certificate of 1st Place for Original Research at the Annual Symposium on Teaching and Learning, at SIU.

## Digital Impact at SIU

As of June 2011, a Southern Illinois University (SIU) associated hospital has required that SIU residents enter electronic patient orders as well as electronic daily progress notes. Prior to the go-live of CPOE/ProDoc, the residents received classroom training and one-on-one training. Additional staff was hired to ensure a smooth transition from paper to electronic documentation and order entry. SIU Residents are supported from 7am-5pm by five members of the Medical Informatics Team; additional afterhours call support is available until 10pm and on weekends. As of August 15<sup>th</sup>, 2012 all Providers are required to input electronic notes and orders into the system.

The planning stage prior to the go-live of CPOE/ProDoc was many years in the making. SIU worked with Cerner to create and implement the new aspects of the current power chart platform. Prior to June 2011, physicians used power chart to view information, for example labs, vital signs, radiology reports, and dictated notes. The written orders were taken by a unit secretary, nurse, or pharmacist and entered into the Cerner system. Paper

documents were taken from the paper chart post-discharge and scanned into the Cerner system. One of the benefits of CPOE/ProDoc is that orders are input by the person ordering so there is less room for error when trying to determine handwriting, less phone calls to ask for clarification and immediate action on important orders. Nurses are devoting more time to patient care rather than spending time receiving orders from physicians by phone. Orders for labs and medications are being processed faster.

While many physicians did not initially recognize the advantages, many have expressed the ease of use as well as increased efficiency. Many ancillary services have been impressed with the ability to quickly obtain and read notes. Electronic documentation allows clinicians to view notes immediately after they have been signed. The legible notes can include detailed lab results, vital signs and I&O data.

A major advantage of CPOE/ProDoc is the limited use of paper charts. Previously, physicians struggled to find the

chart, or specific information contained in the chart. Now all treating physicians can view the same information at the same time, as well as update charts. Instead of updating charts in the chart room, physicians can update charts from their office. Some even utilize tablet computers to review details and simultaneously place orders at the bed side.

There are some challenges using electronic documentation. There is always a need for more workstations to allow for immediate documentation. Computers have been installed in all patient rooms as well as the hallways to address this issue. In addition, notes are only as good as the clinician makes them. Sometimes the notes are too detailed and important information may be hard to find.

Going forward, SIU will require all physicians to use CPOE/ProDoc.

# Leadership Day 2013



From left, Janet Jokela, Kris Verdick, Kristina Prus, Susan Hingle, Tiffany Leung, Josiah Zubairu

Our Downstate Illinois Chapter was well represented on ACP's Leadership Day in Washington DC on May 21 & 22 by **Susan Hingle, L. Peter Bee, Tiffany Leung, Trinadha Pilla, Kristina Prus, Radha Vegunta, Chris Verdick,** and **Josiah Zubairu**—we traveled to Washington DC on May 21<sup>st</sup> to meet with our senators and representatives, and advocate for internal medicine. Kristina (University of Illinois College of Medicine-Peoria, 4<sup>th</sup> year student) stated it well: "Leadership Day was the perfect way to not only learn about current policy and debates, but then to have the exciting and challenging task of advocating to our representatives in Congress. Participating in Leadership Day made me excited about policy, and motivated me to remain involved in advocacy." Thank you Kristina, and to our Leadership Day team!



**Matt Wynia, Illinois Health & Public Policy Chair, confers with Chris Verdick and Kristina Prus**



From Left, Janet Jokela, Tiffany Leung, Kristina Prus, Dick Durbin, Radha Vegunta, L. Peter Bee, Chris Verdick, Josiah Zubairu, Trinadha Pilla