

ACP Illinois Northern Council and Committees

Gaurava Agarwal, MD, Chair ILN Well-Being and Professional Development Committee

Gaurava Agarwal, MD, is an Assistant Professor in both the Departments of Medical Education, and Psychiatry and Behavioral Sciences at Northwestern's Feinberg School of Medicine. He serves as the Director of Physician Well-Being for Northwestern Medical Group and Director of Medical Student Education in Psychiatry at Northwestern's Feinberg School of Medicine. Dr. Agarwal earned his medical degree from Baylor College of Medicine and completed his residency in psychiatry at McGaw Medical Center of Northwestern University. He is board-certified by the American Board of Psychiatry and Neurology. Dr. Agarwal is a nationally recognized educator who has won the prestigious Association for Academic Psychiatry Junior Faculty Award, Devneil Vaidya Junior Faculty Teaching Award, White Coat Investor Financial Educator of the Year Award, Illinois Psychiatric Society Educator of the Year, and is the first psychiatrist to win the George H. Joost Award for outstanding clinical teacher from Northwestern's Feinberg School of Medicine. Dr. Agarwal specializes in occupational and organizational psychiatry with an emphasis on workplace mental health. He currently serves as the chair of the Behavioral Health Section of the American College of Occupational and Environmental Medicine, Vice-President of the Academy of Organizational and Occupational Psychiatry, and is on the Advisory Council of the Center for Workplace Mental Health. He also created the Scholars of Wellness (SOW), a 2019 Illinois Psychiatric Society Innovation in Physician Wellness Award winning program designed to help address the organizational drivers of physician burnout.



Josune Natalia Iglesias, MD, FACP, Co-Chair ILN Diversity, Equity and Inclusion (DEI) Committee

Dr. Josune Iglesias is a Clinical Assistant Professor for the Department of Medicine, at Rush University Medical Center. She is a practicing internist of Adult Outpatient Medicine at Rush

University Internists, in Chicago, IL. Dr. Iglesias has a passion for medical education and scholarly work serving as core faculty for the IM residency program and teaching several courses at Rush Medical College. She was recently selected to join the American Board of Internal Medicine (ABIM) IM writing committee and the ACP advisory council for the northern chapter. She has made her primary goal to improve adult immunizations in resident clinic and is a member of the American College of Physicians (ACP) National Immunization Technical Advisory Committee (ITAC) for the past 3 years. Dr. Iglesias has been a Quality Improvement champion award in Immunizations at the ACP national meeting and ACP quality champion for adult immunizations for several years. She has participated as a member of the ACP National Advisory Group to the CDC-funded program: Making Adult Immunization Standard in Internal Medicine, A National Practice Transformation Initiative. Dr. Iglesias has been a moderator for the Illinois chapter's nationally recognized MKSAP study hall webinar lecture series. She has participated as a member of the chapter's Speaker's panel and has presented at ACP meetings.



Jaqueline Ivey-Brown, MD FACP Co-Chair ILN Diversity, Equity and Inclusion (DEI) Committee

Dr. Ivey-Brown is an Associate Program Director and Clinical Assistant Professor within the University of Illinois at Chicago College of Medicine/Advocate Christ Medical Center Internal Medicine Program. Dr. Ivey-Brown attended medical school at Loyola Stritch School of Medicine in Maywood, Illinois. She completed her residency at McGaw Medical Center of Northwestern University at their Evanston, IL campus of what was previously known as Evanston Northwestern Hospital. She was a Chief Resident at NorthShore University HealthSystem and has extensive experience within the realm of medical education having served as an Associate Program Director for the past eight years at Advocate Christ Medical Center's Internal Medicine Residency Program. She also is the Medical Director for an Advocate Medical Group multi-specialty clinic. She serves on the Advocate Medical Group's governing council where she shapes and guides the strategic direction of the medical group. She was also recently appointed as the Primary Care Service Line Leader for Internal Medicine in Illinois for Advocate Medical Group. Dr. Ivey-Brown

enjoys an active clinic practice as a primary care physician with a special interest in women's health and preventive medicine in Oak Lawn, Illinois. She serves as an active member of ACP on the Education Committee for the Illinois Chapter, a moderator for ACP's MKSAP study hall, as well an elected member to the Illinois Northern Region's Governor's Council. She is also the recent recipient of ACP's Northern Illinois Laureate Award 2019.



Dr. Samina B. Martin, Co-Chair ACP ILN Medical Student Committee

Dr. Samina B. Martin was born in Monrovia Liberia. She relocated to the United States with her family over 21 years ago due to the 14-year civil unrest caused by an internal political conflict that took place in Liberia from 1989-1997. Her family later settled in Sharon Hill, PA. As a first-generation college attendee, she chose to stay close to home and attended Widener University in Chester, PA where she graduated with a B.S. in biology with a focus in pre-medical studies. She later obtained her medical degree at Caribbean Medical University in Curaçao. Dr. Martin is a recent medical graduate with an interest in global health. Her desire to pursue a medical education started at a very young age when she observed others around her suffer and die from illnesses that could have been preventable or curable with appropriate care. Liberia's depleted healthcare system, which inadequately addresses common illnesses leads her to pursue a career in medicine. Dr. Martin became a member of the ACP during the summer of 2018 and shortly after she became the chairwoman of the medical student committee. As chairwoman, she introduced the idea of creating a WhatsApp group for the medical student's division and in less than 4 months there were over 100 members. She has hosted/mediated the "medical students program directors panel" for 2 consecutive years during the residents and medical students day held every October and has also volunteered at chapter meetings. She will be participating in the MATCH this year and hopes later to pursue a fellowship in the field of Hematology and oncology.



Brent Nathan, MD, Chair ACP ILN Early Career Physicians Committee

Dr. Brent Nathan is currently a general internist and an Assistant Professor in the Department of Internal Medicine at Rush University Medical Center. His academic interests include Patient Safety and Quality Improvement and he has participated in several projects investigating the primary care providers role in hospitalized patients and post-hospital care. Clinically, he enjoys managing acute and chronic conditions and developing long standing relationships with patients. He has been a member of the Council of Early Career Physicians and this year took over as chairperson for the group.

Nikita Saladi, Co-Chair ACP ILN Medical Student Committee

Nikita Saladi is a MS4 at Northwestern University Feinberg School of Medicine. She is from the Chicago area, and graduated from Wellesley College with a BA in neuroscience and women's and gender studies. Prior to starting medical school, she learned that health outcomes are unequal between a variety of groups, whether differing on the basis of race, sex, income, sexuality and gender identity, immigration status and many other axes. She decided to apply to medical school because she believes that health care providers can be instrumental to making health more equitable through their direct provision of care and by advocating to address social determinants of health and other upstream factors including racism at the root cause of disparities. Prior to starting medical school, she worked as a Field Organizer for Hillary Clinton's presidential campaign and as a Legislative Correspondent for Congressman Brad Schneider. She is interested in preventative medicine and plans to combine her interests in health and public policy after medical school. She is committed to practicing and providing care in vulnerable communities. Nikita is a new member of the ACP and is working alongside a group of other ACP leaders to help organize the ACP ILN Racism in Medicine web series.