

Dear ACP Downstate IL Members-

Here we are in the midst of fall in Illinois, with turning leaves, cooler weather, football season, the World Series, and, as we all know.flu shots! If anyone hears of a vaccine for the common cold, please let me know. In the meantime, remember to get your flu shot, and thank you for recommending flu shots to your patients. Here are some October updates from your Downstate Illinois Chapter:

ACP Illinois Statewide Meeting 2016

Our annual statewide <u>ACP Illinois 2016</u> meeting is quickly approaching, scheduled for Friday and Saturday November 18th and 19th in Champaign at the I-Hotel (Friday, 11/18) and Champaign Country Club (Saturday, 11/19). Special guests include **Joseph Li, MD, FACP, FSHM**, Member, Board of Regents (and former President of the Society of Hospital Medicine) and **Susan Hingle, MD, FACP**, Chair-elect of the ACP Board of Regents. **Suja Mathew, MD, FACP**, Governor, Illinois Northern Region, **James Graumlich, MD, FACP**, Program Chair and Governor-elect Southern Region, and myself, look forward to welcoming you. We have something for everyone, including exciting educational sessions, maintenance of certification modules, opportunities to connect with colleagues, and more! Bring a friend! Please register here.

Downstate IL Students and Residents Poster Competition

The poster competition for Downstate IL students and residents is scheduled for Thursday evening,

November 17, at the I-Hotel in Champaign. Come and support our Downstate students and residents by attending this educational and inspiring event. Special thanks goes to Downstate IL ACP member **Emily Hovrath, MD**, who is working hard behind the scenes to get everything ready, and also to our Downstate IL resident and student volunteers. Everyone is welcome!

Early Career MD, Residents and Students Mentoring Breakfast

On Saturday morning, November 19, our Downstate IL Chapter will be hosting a mentoring breakfast for Early Career MDs, medical residents and medical students in Champaign at the Champaign Country Club, in conjunction with our ACP Illinois meeting. This will provide a great opportunity for learning and growth-if you are an Early Career MD, medical resident or a medical student, hope to see you there! Thanks to Downstate Illinois Student Council members **Adrienne Barry, PhD, Hanna Erickson**, and **T Newsome** who are spearheading this event! Please register here.

ACP Downstate IL Webinars

We have some terrific webinars planned for this year including the *Art of Networking, Practice Transformation, Intern Survival*, and more. The next upcoming webinar is scheduled for Monday, November 28, 5:30 PM, *Advancing to ACP Fellowship*, given by **James Graumlich, MD, FACP**, Governor-elect Downstate Region Illinois Chapter. This will be followed by *Physician Wellness* on Wednesday, December 7, 6:30 PM, given by **Susan Hingle, MD, FACP**, Chair-elect ACP Board of Regents, and **Eileen Barrett, MD, FACP**, ACP Board of Regents. Watch for the registration links. All Downstate IL webinars are free and open to all, as a benefit of your ACP membership.

ACP Travel Grant Program for Early Career MDs

This fall the ACP is offering a Travel Grant Program to provide a limited number of \$2000 travel grants to Early Career Physician Members and Fellows who apply to attend the annual meeting, Internal Medicine
2017 in San Diego. Special consideration will be given to first-time attendees, physicians who serve rural or under-served populations, physicians of diverse backgrounds, and those without a significant source for CME funding. To be eligible, you must be a current domestic ACP Member or Fellow who is 16 or fewer years out of medical school and have already paid your membership dues for this year. To apply, complete an online application, write a 500-word essay on how attending the meeting will benefit you and the patients you serve, and attach an updated curriculum vitae. All materials are due November 14. Do apply, and good luck!

Recruit-a-Colleague

Recommend ACP membership to your colleagues and earn a significant discount on your membership dues or even free membership through ACP's Recruit-a-Colleague Program. Now you have the opportunity to provide your colleagues with the same clinical support and educational resources that you have enjoyed as an ACP member.

ACP Supports Joint Statement on Antibiotic Stewardship

ACP is one of 12 national health organizations partnering with the Centers for Disease Control and Prevention (CDC) and the Pew Charitable Trusts in a <u>joint statement</u> on the importance of outpatient antibiotic stewardship. In the U.S. alone, at least two million Americans acquire a serious antibiotic-resistant infection each year, with an estimated 23,000 deaths as a direct result. ACP is committed to working in partnership with our members to expand current antibiotic stewardship efforts and helping our members use antibiotics appropriately in outpatient settings.

Save the Dates!

Every Tuesday, 8:00 PM, MKSAP Live Online Study Hall, for re-certifying Illinois ACP members, and 'elite' residency programs (that is, programs with more than 90% of residents registered as ACP members). See https://example.com/here-certifying-lillinois ACP members, and 'elite' residency programs (that is, programs with more than 90% of residents registered as ACP members). See https://example.com/here-certifying-lillinois ACP members, and 'elite' residency programs (that is, programs with more than 90% of residents registered as ACP members). See <a href="https://example.com/here-certifying-lillinois-new-certifying-new-certifying-new-certifying-new-certifying-new-certifying-new-certifying-new-certify

ACP Downstate Illinois Upcoming Webinars

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Watch for more, and registration links!

ACP Downstate Illinois Student and Residents Poster Competition, November 17, Champaign.

ACP Illinois Statewide Meeting, November 18-19, Champaign. Register here!

ACP Internal Medicine 2017, in San Diego, March 30-April 1. Register here!

Remember your flu shot, enjoy the World Series, and looking forward to seeing you next month in Champaign at our Chapter meeting.

Kind regards,

Janet

Janet A. Jokela, MD, MPH, FACP Governor, Downstate Region Illinois Chapter American College of Physicians