



April 18, 2016

Dear ACP Downstate IL Members-

Greetings! Spring is finally here-I hope you've been enjoying some spring flowers and getting your garden ready (or, perhaps admiring others' gardens!). Thinking about nurturing growth, and growing and thriving, here are some ACP news updates for us, our practices and our patients.

### **Resolutions**

If you have not already, please review the attached list of resolutions for the Spring 2016 Board of Governors meeting. One of my responsibilities is to represent you at the Board of Governors of meeting- we will discuss, debate, and vote on each of these resolutions. This is your last chance before the meeting: please share your opinions and questions with me! The resolution process is an opportunity for you to have input on national ACP policy that affects you, your patients, and Internal Medicine. Thank you for your involvement!

### **Internal Medicine 2016**

[Internal Medicine 2016](#), May 5-7 in Washington DC, will offer more than 200 scientific sessions on clinical topics and related areas designed to expand your medical knowledge, improve your clinical skills, and keep you abreast of the most recent advances in patient care. Attendees benefit from: nationally recognized faculty, hands-on clinical skills instruction, CME credit and MOC points, a variety of learning formats, and networking opportunities and more! Register [here](#). Also, *remember to attend the ACP Illinois Chapter Reception, scheduled for Thursday evening May 5 after convocation, at the Acadiana Restaurant, 901 New York Avenue NW!* All are welcome-hope to see you there!

### **ACP Downstate IL Webinars**

We have hosted two robust webinar series this year, [After Hours IL ACP](#) and [Leadership for Early Career MDs](#); if you missed any, do visit our [vimeo site](#) for the recordings. Special thanks to **Christine Laine, MD, FACP**, Editor-in-Chief of *Annals of Internal Medicine*, who recently provided a superb update during her webinar on new innovations at our flagship journal, and **Janak Koirala, MD, FACP**, who delivered a timely and important update on "Hepatitis C: State of the Art" (and thanks also to **Vidya Sundareshan, MD, FACP** and **M. Omer Toor, MD**, Early Career Physicians who served as hosts for these webinars!). Our next Downstate Illinois webinar will be given on May 16 by **Andrew Varney, MD, FACP**, and **Janet Jokela, MD, MPH, FACP**, "Applying for Subspecialty Fellowships"-register [here](#). For anyone considering subspecialty training, this webinar is for you! Hope you can join us!

### **ACP Policy Paper Addresses Stemming Rising Drug Costs**

To address the complex factors at play, [ACP's paper](#) offers a series of recommendations aimed at addressing and slowing down the rate of price increase for prescription drugs. Because the research, development, regulatory, and payment systems for prescription medication are deeply intertwined, addressing the issue will take the combined efforts of many different stakeholders. Unlike other markets, competition alone may not be effective in encouraging innovation or controlling costs, especially without the price transparency required for true price competition.

### **Instructional Diabetes DVDs for Patients**

ACP's highly praised FREE instructional Diabetes DVDs are back in stock! These videos cover a variety of diabetes self-management topics including: Foot Exams, Hypoglycemia, How to Use an Insulin Pen, How to Give Yourself Insulin, How to Prepare for Your Diabetes Doctor Visit, How to Take Your Own Blood Pressure. These patient-tested resources were developed in partnership with patients and physicians, using credible, evidence-based research. They are designed to help patients build self-management skills through demonstration, and are appropriate for all health literacy levels. [Order online](#) or contact Member and Customer Service at [800-523-1546 ext. 2600](tel:800-523-1546). Your patients will thank you!

### **ACP Illinois Statewide Meeting 2016**

Mark your calendars now for our statewide ACP Illinois Fall meeting, scheduled for Friday and Saturday November 18th and 19th in Champaign at the I-Hotel. The meeting's theme is the Quadruple Aim: better population health, better care for patients, lower cost through improvement, and improved physician satisfaction. Some terrific sessions are planned, and there will be something for everyone. We will also welcome **Joseph Li, MD, FACP, FSHM** as our College Guest, together with **Susan Hingle, MD, FACP**, Chair-elect of the ACP Board of Regents. Thank you to **James Graumlich, MD, FACP**, our Governor-elect Downstate Region Illinois Chapter and Program Chair for our fall meeting.

### **Downstate IL Students and Residents Poster Competition**

The poster competition for Downstate IL students and residents will be Thursday evening, November 17, at the I-Hotel in Champaign. This is a great opportunity for all students and residents: start making your plans now. Watch for the call for abstracts, and save the date!

### **Save the Dates!**

**Every Tuesday, 8:00 pm, MKSAP Live Online Study Hall**, for recertifying Illinois ACP members, and 'elite' residency programs (that is, programs with more than 90% of residents registered as ACP members). See [here](#) for more information.

**Webinar, May 16, 5:30 PM CDT, *Applying for Subspecialty Fellowships*, Andrew Varney, MD, FACP, Janet Jokela, MD, FACP.** Register [here](#).

**Webinar, June 6, 5:30 PM CDT, TOPIC CHANGE: Christine Laine, MD, FACP**, Editor-in-Chief of *Annals of Internal Medicine*, returns for an important topic: "*How to Get Published*"--watch for more details.

[Leadership Day 2016](#), May 3-4, Washington DC

[Internal Medicine 2016](#), May 5-7, Washington DC

**ACP Downstate Illinois Student and Residents Poster Competition**, November 17, Champaign, save the date!

**ACP Illinois Statewide Meeting**, November 18-19, Champaign, save the date!

Best wishes to everyone, and happy spring.

Sincerely yours,

Janet

Janet A. Jokela, MD, MPH, FACP  
Governor, Downstate Region Illinois Chapter  
American College of Physicians

*ACP mission:*

*"To enhance the quality and effectiveness of health care  
by fostering excellence and professionalism in the practice of medicine."*

**Attachments:**

**NOTE:** The links below will direct your browser to the location where the documents attached to this email have been posted.

[Spring 2016 BOG Resolutions](#)