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In the September 2017 edition of *HJM&PH*, we feature a study that examines risk factors impacting sedentary behaviors among Chuukese with diabetes living in Chuuk and Hawai'i; and a case report of left atrial mass. In the *Medical School Hotline*, relive two speeches delivered to John A. Burns School of Medicine (JABSOM) students and alumni in 2017. The *Insights in Public Health* column discusses efforts to improve reproductive life planning in Hawai'i, and the *Scripts* column discusses pharmacogenomics. Finally, we end this month's issue with a short essay on humanist medicine by the late Dr. Ryder Onopa.

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Formative Evaluation to Inform Interventions to Decrease Sedentary Behaviors and Increase Physical Activities among Chuukese Living in Chuuk and Hawai'i Nia Aitaoto PhD; Shelly L. Campo PhD; Linda G. Snetselaar PhD; Kathleen F. Janz EdD; Edith Parker DrPh; Tayna Belyeu-Camacho BS; and Father Ryan P. Jimenez

#### MDiv

# A Case Report of a Left Atrial Mass: The Importance of a Detailed Physical Exam

Corey J. Lum DO; Thuan V. Nguyen MD; and Zia Khan MD

#### MEDICAL SCHOOL HOTLINE

# Connecting with Patients through Humanism and Humility

Kamal Masaki MD and William L.T. Fong MD

#### INSIGHTS IN PUBLIC HEALTH

# Improving Reproductive Life Planning in Hawai'i: One Key Question®

Sarah Hipp; Alyssa Carlson MPH; and Elizabeth McFarlane PhD, MPH

### THE DANIEL K. INOUYE COLLEGE OF PHARMACY SCRIPTS

Precision Medicine Through the Use of Pharmacogenomics: Current Status and Barriers to Implementation

Anita E. Ciarleglio PhD

# Gold Humanism Honor Society Application Essay - On Humanist Medicine

Ryder Onopa MD

## The Weathervane

Russell T. Stodd MD

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CONTEST re issue. We inv c health, medica ools or program inal works relat ıblic health, wit COMING AUGUS WWW.HJMPH.ORG/

the Hawaiian Islands or Pacific Rim region Undergraduates, masters- and doctoral-le post-doctoral fellows, and residents may a Deadline: 12/29/17. (click to learn more)



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