



**PLEASE READ THE FOLLOWING EMAIL and ATTACHMENT FROM DR. SARAH PARK REGARDING THE MUMPS OUTBREAK. FEEL FREE TO CONTACT HER OFFICE WITH ANY QUESTIONS.**

The mumps outbreak continues at a steady pace (the epi curve is neither peaking nor decreasing- it just continues at a relatively stable level). We have seen very minimal uptake of the MMR vaccine despite the outbreak dose recommendation. We're also hearing that some are getting confused by the stratification by number of doses previously received and interval since last dose. Some clinicians are apparently also requiring a titer before they'll provide the prescription for the vaccination (despite the fact we've advised against that on our website).

I'm planning to send another medical advisory in advance of the coming holiday season, summarizing the outbreak activity and re-emphasizing the outbreak dose recommendation. Given the increasing cases we're now seeing in the regular community (i.e., no obvious risks for exposure), we will no longer specifically target persons living/working in crowded settings and instead recommend *all* to receive the outbreak MMR dose. I am wondering whether we should continue to provide the 5- and 10-year parameters or whether we should just recommend an outbreak MMR dose now (but no more than 3 doses total)?-would it help alleviate the apparent confusion among some providers or would more feel they need those specific guidelines? Would appreciate your thoughts on this. FYI, we ran the numbers again now that we have even more cases, and the median points remain the same. Finally, I'll also be reminding providers to *not* obtain titers as they are not helpful in determining immunity.

Thanks.

Sarah

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An ounce of prevention is worth a pound of cure. - Benjamin Franklin

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**Attachments:**

**NOTE:** The links below will direct your browser to the location where the documents attached to this email have been posted.

[Med Advisory MMR Outbreak Dose\\_111317](#)