

**The following programs won a 2024 John Tooker Evergreen Award. Below is a brief description of their program.**

### **Alabama - Laureate Society Fellowship Program**

Themes: Medical Students and Residents/Fellows and Physician Well-being and Professional Satisfaction

*It's hoped that this endeavor will generate a new pool of future ACP leaders, infuse the College with new ideas and procedures, and jumpstart new programs at the state and national level.*

The Alabama Chapter Laureate Society Fellowship is a two-year, fully funded program for residents and ACP members. Nominations are solicited from all internal medicine residency program directors in Alabama for outstanding PGY-1 or PGY-2 candidates who possess unusual leadership qualities and interest in the activities of organized medicine at the local, state, and national levels. The purpose of the Chapter Laureate Society Fellowship Award is to promote an early and deep integration of promising resident physicians into ACP, introduce them to ACP chapter leaders, ACP national leaders, policymakers, mentors, and to encourage and promote their paths to advocacy and leadership at the state and national levels in the College. Two individuals were invited to participate in the first year of programming.

If you'd like to know more about the Chapter, visit [here](#).



### **Alberta - Point-of-Care Ultrasound Webinar Series**

Themes: Early Career Physicians, Education, International Medical Students and Residents/Fellows, Membership

*We feel this program was innovative as it fills an important educational need (POCUS is a highly cited learning needs in our audience, in both learners and faculty), allows our members an opportunity for meaningful engagement, and provides those who serve on the Council an opportunity to serve in leadership roles.*

The point-of-care ultrasound (POCUS) webinar series was created to increase the availability of quality, desired, educational offerings for our Chapter. A POCUS Education Council was appointed to guide this work, which in-turn provided unique leadership opportunities for diverse early career physicians and trainees. The webinars occurred monthly to address diverse aspects of POCUS and bring in internationally known speakers to the forum. It has also helped the province unite in preparation for our merger with Manitoba and Saskatchewan, at which time, POCUS and educational experts in those provinces will be invited to join in this work.

If you'd like to know more about the Chapter, visit [here](#).



## Brazil - Faculty Development Program

Themes: Education

*The discussion of DEI was productive, highlighting shared challenges between Brazil and the United States, by addressing racial inequality and disparity. Continuing on the topic of inclusion, the organizing committee decided to offer complimentary registration to allow professionals from other states the opportunity to attend the program without incurring additional expenses.*



In 2023, ACP National encouraged chapters to lead the organization of a Faculty Development Program (FDP). Our chapter took on the challenge of strengthening our role as a leading provider of high-quality medical education programs in the country. The three-day event included eight 25-minute medical education sessions where participants engaged in group discussion followed by debriefing sessions at the end of each day. The event attracted 250 participants from 13 different states in Brazil, which is half of the total number of states in the country. We believe that our low-cost model, based on alliances with local centers and volunteers, can be implemented in other international and national chapters.

If you'd like to know more about the Chapter, visit [here](#).

## California Southern I, II, III - Narrative Medicine Collaboration

Themes: Collaboration, Early Career Physicians, Medical Students and Residents/Fellows, Physician Well-being and Professional Satisfaction

*Incorporation of Well-being Champions as faculty members, judges, and mentors also elevated the benefits of narrative medicine to reduce burnout, improve empathy and communication, re-energize connections and purpose within medicine, and to enhance healing for patients as well as self-care for clinicians.*



New narrative medicine programming and scholarly activities have generated excitement and engagement from all membership classes across Southern California Chapters. We capitalized on this to create a supportive and welcoming community for those that enjoy the power of stories, reflections, and creativity through a narrative medicine competition in conjunction with the 2022 Southern California Chapters' Annual Meeting. The Chapter has threaded narrative medicine events throughout the year to incorporate distinguished faculty and well-being champions as judges, mentors, and collaborators. Unique partnerships and collaborations with published authors and faculty have opened up wonderful opportunities for mentorship, publication, workshops, and discussion for competitors (particularly for MS, RFM, and ECP members) within Southern California and beyond it.

If you'd like to know more about the Chapter, visit [here](#).

## California Southern III & North Carolina - Live Your Best Life Program

Themes: Collaboration, Communication, Diversity, Equity, and Inclusion, Early Career Physicians, Medical Students and Residents/Fellows, Physician Well-being and Professional Satisfaction

*100% respondents to our survey would recommend The Live Your Best Life program to a colleague and 100% agreed or strongly agreed that it provided an opportunity to reflect on professional development and improved their understanding of how to use personal strengths and values to design a fulfilling career.*



The Live Your Best Life (LYBL) Program utilized sessions and created a platform to promote leadership development, communication skills, professionalism, mentorship (including peer mentorship), networking opportunities, and promotion of well-being for nearly 60 invited Resident/Fellow and Early Career Physician members from across 23 Chapters. Educational content and mentorship were provided through nine separate sessions by a group of expert physician coaches, Well-being Champions, national, and local ACP leaders. This program focused on building skill sets, tools, and resources to help RFM and ECP members navigate transitions and significant decisions within their professional and personal lives. In addition, we were able to build a safe and supportive space to foster belonging, connection, and a sense of community among all participants through virtual and in-person meetings. 100% respondents to our survey would recommend The Live Your Best Life program to a colleague and 100% agreed or strongly agreed that it provided an opportunity to reflect on professional development and improved their understanding of how to use personal strengths and values to design a fulfilling career. Future plans include continuing development of the program and expansion of the LYBL community to include those at different career stages and intentional inclusion of additional membership groups.

If you'd like to know more about the Chapter, visit [cachapter.acponline.org](http://cachapter.acponline.org) and [ncchapter.acponline.org](http://ncchapter.acponline.org)

## Central America - Increasing Membership and Pride of Being an Internal Medicine Specialist in Central America and Latin America

Themes: Collaboration, Diversity, Equity, and Inclusion, Early Career Physicians, International Medical Students and Residents/Fellows, Membership

*Resident/Fellow membership grew by 22% in 2022 -23. We can assume this is due to the newly created Resident Committee in El Salvador who promoted Doctor's Dilemma.*

The Central America Chapter strived to increase membership and pride in being an internal medicine specialist through a local Doctor's Dilemma competition in their own Chapter and across other Latin countries.

Doctor's Dilemma is not new to the Chapter but traditionally, just three teams compete locally with participants from Panama, Costa Rica, and Guatemala. With this project and ECP leadership, we were able to include six teams from different Panamanian medical schools, develop a new team from El Salvador, Guatemala, and Costa Rica, and hold the final round of Doctor's Dilemma at the Panamanian Society of Internal Medicine (SPMI). Champions of the Chapter promoted Doctor's Dilemma at the Panamanian Society of Intensive Care, who later developed enacted the concept, and to



the Mexico and Chile Chapters. The Chapter plans to increase local participation from other Latin countries to increase the visibility of ACP and their chapter.

If you'd like to know more about the Chapter, visit [here](#).

### **Maryland - CRAB Soccer Tournament - Invited Resubmission**

Themes: Collaboration, Diversity, Equity, and Inclusion, Medical Students and Residents/Fellows, Physician Well-being and Professional Satisfaction

*Since the Soccer Tournament is the first activity for residents, many more residents are interested in continuing to volunteer to participate in our Resident and committee activities.*

In 2014, our Chief Residents Association of Baltimore (CRAB) proposed a soccer tournament with teams from each residency program in Maryland. The goals were to promote well-being through physical activity, foster camaraderie among residents from different programs, and with the Maryland ACP Chapter. The tournament has grown each year and is now one of the most important events our chapter hosts. We encourage non-soccer players to come and enjoy dinner, cheer on others, and post on social media. By 2023, 100 residents and family members were in attendance with 7 teams.

If you'd like to know more about the Chapter, visit [here](#).



### **Michigan - Engagement Among Resident Members and Medical Student Members**

Themes: Medical Students and Residents/Fellows, Membership

*Students and residents will be paired on common interests and ideally hold virtual or in-person meetings every 1-2 months. The mentorship will focus on succeeding in clinical rotations, VSLO/away rotations, ERAS, interviews, rank lists, networking, and career development.*

The creation of Michigan's Resident and Medical Student Committee increased engagement of Internal Medicine Interest Groups (IMIGs) across all seven medical schools in the state. The intent was to create a forum for engagement and community among residents and medical students of MI-ACP beyond the Annual Scientific Meeting and Resident and Medical Student Day. In 2023, four programs were held virtually with 126 registered.

If you'd like to know more about the Chapter, visit [here](#).



## New York - Physician Spotlight Podcast Collection

Themes: Advocacy, Education, Medical Students and Residents/Fellows, Membership, Physician Well-being and Professional Satisfaction

*The physician spotlight podcast collection is published on the Chapter website, apple podcasts, and Spotify where there have been over 1,800 downloads.*

The NYACP Physician Spotlight Podcast Collection was created by the Medical Student Committee as an alternative method to engage and educate medical students on a career path in internal medicine. Since its inception in 2020, the podcast has produced 23 episodes hosted by medical students and/or Chapter Staff ACP members serving as invited guests. The podcast topics have evolved to include advocacy experiences and successes, wellbeing topics, COVID-19 vaccination information, and tips for residency. NYACP staff have utilized podcasts as enduring material for other initiatives such as awareness days, tips for residency, membership recruitment and retention, social media content, and webpage content.

If you'd like to know more about the Chapter, visit [here](#).



## Wisconsin - New Multigenerational Scientific Program Session - Bridging the Gap for Student and Senior Chapter Members

Themes: Diversity, Equity, and Inclusion, Education, Medical Students and Residents/Fellows, Membership

*We also found that this program created a very important role for our senior members and made each of them feel much more comfortable at the meeting. For those who are approaching retirement, the fear that they might not know anyone keeps a lot of people away from professional meetings.*

The Bridging the Gap Program was launched at Wisconsin's September 2023 Chapter Scientific Meeting to create an opportunity that would engage senior chapter members and medical students in mentorship. Finding ways to re-engage our senior members, many of whom have retired, but continue to pay dues, has been a priority for our Chapter. Bridging the Gap also resulted in the creation of a medical student poster session at Wisconsin's annual meeting. In the past, students listened to the scientific program sessions and often displayed a poster but did not have programming that targeted them. Some students felt they did not get to interact with senior physicians because the judges were overwhelmed with many leaving immediately after the session. The chapter increased non-student, non-resident members attending by 10%+. We had 86 members in attendance in 2023 and 64 in 2022.

If you'd like to know more about the Chapter, visit [here](#).

