



**Connecticut
Chapter**

Connecticut Chapter SCIENTIFIC MEETING 2025

**October 10, 2025
7:30 AM–4:30 PM
Aqua Turf Club
Plantsville, CT**

REGISTER ONLINE TODAY!

This live activity has been
designated for 6.5 CME and MOC credits.

MEETING HIGHLIGHTS

Dear Colleagues:

On behalf of the Connecticut Chapter of the American College of Physicians, I am thrilled to invite you to the 2025 Annual Scientific Meeting, scheduled for Friday, October 10th at the Aqua Turf Club in Plantsville, CT.



This meeting is designed for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students and will provide high quality educational content, CME and Maintenance of Certification credits, as well as time for networking with colleagues. You'll engage with people who know your challenges and can share in finding solutions.

This year, we are also honored to be hosting our national ACP President, Dr. Jason Goldman, who will participate in a special lunchtime discussion with ACP Board of Regents Chair, Dr. Rebecca Andrews. Together, they will consider ACP's role when public health, research, and evidence-based care are under threat, as they are now.

Don't miss this important and educational meeting, [register today](#).

I look forward to seeing you on October 10th!

Sincerely,

Dan Tobin, MD, FACP, Governor, Connecticut Chapter

PROGRAM COMMITTEE



Dr. Diana Sewell, MD, FACP
Committee Chair



Naseema Merchant, MBBS, FACP
Committee Co-Chair

Lisa Winkler
Tricia Dinneen Priebe
Dan Federman, MD
Mariam Farhan, MD
Rizwan Ishtiaq, MD, FACP
Marilyn Katz, MD, FACP
Robert McLean, MD, MACP

Dave Miner, MD, FACP
Jacqueline Savage, MD, FACP
Akash Shah, MD, FACP
Gail Sullivan, MD
Dan Tobin, MD, FACP
Ruth Weissberger, MD, FACP

FACULTY

Rebecca Andrews, MS, MD, MACP
Chair, Board of Regents, American College of Physicians, Professor of Medicine, UConn Health, UConn School of Medicine

Mariam Farhan, MD
Assistant Professor of Medicine
Frank H Netter School of Medicine
St. Vincent Medical Center

Robert Nardino, MD, MACP
Associate Professor of Medicine, UConn Health, UConn School of Medicine

Parul U. Gandhi, MD
Assistant Professor of Medicine (Cardiovascular), VA Connecticut Healthcare System, Yale School of Medicine

Jason M. Goldman, MD, MACP
National President and Past Governor (Florida), American College of Physicians, Internal Medicine

Naseema Merchant, MBBS, FACP
Associate Professor of Medicine, VA Connecticut Healthcare System, Yale School of Medicine

David Ozimek, MD, FACP
Assistant Professor of Medicine, UConn Health, UConn School of Medicine

Vincent Quagliarello, MD, FACP
Professor of Medicine (Infectious Diseases), Yale School of Medicine

Daniel G. Tobin, MD, FACP
Governor (Connecticut), American College of Physicians, Associate Professor of Medicine, Yale School of Medicine

Jacqueline Savage, MD, FACP
Assistant Professor of Medicine, Yale School of Medicine

Diana Sewell, MD, FACP
Assistant Professor of Medicine, UConn Health, UConn School of Medicine

Akash Shah, MD, MBA, MS, FACP
Internal Medicine, Nuvance Health Medical Practice

Nathan Wood, MD, MHS
Chef, DipABLM, DABOM, Assistant Professor of Medicine, Yale School of Medicine

Barry Wu, MD, MACP
Professor of Medicine, Yale School of Medicine

SCHEDULE AT A GLANCE

Friday, October 10, 2025 — Aqua Turf Club

COLOR CODE GUIDE FOR INDIVIDUAL SESSIONS:

- TRACK ONE SESSIONS
- TRACK TWO SESSIONS
- ALL OTHER SESSIONS

6:30 AM

- **Poster Set up and Registration**

7:30 AM – 10:00 AM

- **Abstract Competition**
Dr. Jacqueline Savage
Dr. Mariam Farhan

9:00 AM – 10:00 AM

- **Women in Medicine
Networking Breakfast**
Dr. Rebecca Andrews
Dr. Naseema Merchant

9:00 AM – 10:00 AM

- **Oral Presentations**
Dr. Mariam Farhan

10:00 AM – 10:45 AM
(Concurrent Sessions)

- **Update in General Medicine**
Dr. David Ozimek
Dr. Diana Sewell
- **Artificial Intelligence in Clinical Practice**
Dr. Akash Shah

10:45 AM – 11:00 AM

- **Break — Visit Vendors**

11:00 AM – 11:45 AM

(Concurrent Sessions)

- **Defining "Healthy": Evidence-Based
Nutrition for Chronic Disease Prevention**
Dr. Nathan Wood
- **Publishing a Narrative Story Related to
the Practice of Medicine**
Dr. Vincent Quagliarello

11:45 AM – 12:45 PM

- **Doctor's Dilemma**
Dr. Jacqueline Savage
Dr. Mariam Farhan

12:45 PM – 2:00 PM

- **Meeting, Chapter Awards,
Lunch & Keynote**
Dr. Dan Tobin
Dr. Rebecca Andrews
Dr. Jason Goldman

2:00 PM – 2:15 PM

- **Break — Visit Vendors**

2:00 PM – 3:00 PM

- **Meet a Mentor**
Dr. Naseema Merchant
(Space is limited.)

2:15 PM – 3:00 PM

- **Update in Cardiology**
Dr. Parul Gandhi

3:00 PM – 4:30 PM

- **MKSAP & Happy Hour**
Dr. Robert Nardino
Dr. Barry Wu

Schedule is subject to change.

Total CME: 6.5 credits

MEETING INFORMATION

Resident and Medical Student Events

These events have been planned with medical students and residents in mind.

Residents and Students Abstract Competition

Residents and medical students across the state present scientific posters at the annual meeting. Awards are given for the most outstanding abstracts in two categories: Clinical Vignettes and Research. Winners will be eligible for entrance into the national competition held at the national Internal Medicine Meeting in 2025.

Oral presentations.

Residents and students with posters in the QI/research category can now also opt to be considered to present their poster in a special oral presentation session.

Doctor's Dilemma

In this session, teams of residents from programs across the state compete against each other in a test of their medical knowledge in a Jeopardy-style competition.

Chapter Awards

Join your CTACP colleagues in celebrating the accomplishments of our members at the Awards Lunch. During this event, the chapter will present awards recognizing outstanding member contributions in a variety of categories. The winners of the abstract and oral poster competitions will also be announced.

Women in Medicine Networking Breakfast

Meet and network with fellow women colleagues from academic, community and private practice settings. Hear their perspectives and exchange ideas in an informal gathering. In this session, we will hear from women physicians in CTACP who bring viewpoints from diverse backgrounds, and explore ways to address many common interests and concerns. This session is open to all women including trainees and attending physicians. Please register for this great networking opportunity.



MEETING INFORMATION

Learning Objectives

At the conclusion of this activity the learner should be able to:

1. Provide critical and relevant updates in cardiology from the last year.
2. Identify the health-promoting components common among evidence-based dietary patterns, including the Mediterranean diet, DASH diet, USDA's MyPlate, Harvard Healthy Eating Plate, and whole food, plant-based diet.
3. Attendees will understand the basic elements of crafting a narrative story for publication in a medical journal.
4. Identify important findings and lessons learned from clinical or academic projects that others could learn from.
5. Review general medicine topics utilizing multiple choice questions.
6. Explain how AI technologies are transforming healthcare operations through automation of clinical documentation, predictive resource allocation, and diagnostic support to improve efficiency, accuracy, and patient outcomes.
7. Evaluate the ethical and clinical implications of integrating AI in healthcare, including its role in clinical decision support, physician autonomy, bias mitigation, and maintaining transparency and the human element in care delivery.
8. Practice board type multiple choice questions.
9. Incorporate practice changing or affirming evidence from the past year into diagnostic and therapeutic decision making.
10. Describe the American College of Physicians' current advocacy priorities, identify key resources and support available to members, and explain how national leadership is addressing workforce, policy, and economic challenges facing internists.

CME Credits and MOC Points

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of *AMA PRA Category 1 Credit(s)*[™] listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Connecticut Chapter Scientific Meeting for a maximum of 6.5 *AMA PRA Category 1 Credit(s)*[™].

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program and additional MOC Points. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

Meeting Location

The meeting will be held at the Aqua Turf Club, 56 Mulberry St., Plantsville, CT 06479. For directions visit the Aqua Turf's website <https://aquaturfclub.com/page/directions>.

Parking

Free parking is available onsite.



MEETING INFORMATION

Meals

Vegetarian meals are a standard menu option. If you require a Kosher, Vegan, or other specific meal, please contact Lisa Winkler at least two weeks prior to the meeting. Lisa can be reached at lisa@grassrootsct.com.

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Registration Information

You may register online by [clicking here](#) or by mailing the form in this brochure. Please note that the full schedule is not included online. Only sessions requiring selection are listed. For registration information, contact ACP Member and Product Support at 800-ACP-1915 or direct at 215-351-2600 (M–F, 9AM – 5PM ET).

Late Registration & Onsite Fees

All registrations must be received by September 30, 2025 or a late registration fee of \$40.00 will be added. **This includes on-site registrations.** Save money by registering now!

Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or email). Cancellations will not be accepted by telephone. A processing fee of \$40 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

Questions

If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Lisa Winkler at 860-614-6102 or lisa@grassrootsct.com.

Payment Methods



Internet

Visit us on the Web to pay with a credit card, go to:

[**THIS LINK**](#)



Mail

Send us your registration to pay by check or credit card and make check/money order payable to ACP and send to:

American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

CONNECTICUT CHAPTER REGISTRATION FORM

CMB

Plantsville, CT • October 10, 2025

RM: 2625

REGISTRATION FEES

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Register by Sept 18 th , 2025	After Sept 18 th , 2025
<input type="checkbox"/> ACP Member	\$115	\$145
<input type="checkbox"/> ACP Resident Member	No Fee	No Fee
<input type="checkbox"/> ACP Medical Student Member	No Fee	No Fee
<input type="checkbox"/> Affiliate Member/Allied Health Professional	\$115	\$145
<input type="checkbox"/> Judge	\$105	\$135
<input type="checkbox"/> Non-Member Physician	\$145	\$175
<input type="checkbox"/> Non-Member Resident*	\$45	\$75
<input type="checkbox"/> Non-Member Student*	\$45	\$75
<input type="checkbox"/> Non-Member Allied Health Professional	\$135	\$165
<input type="checkbox"/> Other (guest/spouse) — if applicable	\$115	\$145

*Non-member residents, students, and Allied Health Professionals must call to register: 800-ACP-1915 (M–F, 9AM – 5PM ET). in order to get the correct registration rate.



CONNECTICUT CHAPTER REGISTRATION FORM

CMB

ACP # _____

RM: 2625

Name _____ ☐ MD ☐ DO ☐ OTHER

Institution _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____ Fax _____ Email _____

- ☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
- ☐ Please exclude me from receiving mailing from the meeting exhibitors.
- ☐ Check here if you are disabled and require assistance. Please notify the Chapter in writing before you course. We'll be glad to help.

PLEASE INDICATE YOUR ATTENDANCE AT THE FOLLOWING:

Meals (*required fields)

- ☐ BR1 Abstract Competition • 7:30 AM
- ☐ BR2 Women in Medicine Networking Breakfast / Oral Presentations • 9:00 AM* (Qty. _____)
- ☐ LUN Meeting, Chapter Awards, Lunch & Keynote • 12:45 PM* (Qty. _____)

Sessions

- ☐ S01 Concurrent Session: Update in General Medicine • 10:00 AM
- ☐ S02 Concurrent Session-Artificial Intelligence in Clinical Practice • 10:00 AM
- ☐ S03 Concurrent Session-Defining "Healthy": Evidence-Based Nutrition for Chronic Disease Prevention • 11:00 AM
- ☐ S04 Concurrent Session-Publishing a Narrative Story Related to the Practice of Medicine • 11:00 AM
- ☐ S05 Doctor's Dilemma • 11:45 AM
- ☐ S06 Meet a Mentor (*Space is limited.*) • 2:00 PM
- ☐ S07 Update in Cardiology • 2:15 PM
- ☐ S08 MKSAP & Happy Hour • 3:00 PM

Registration (from previous page) \$ _____

Payment Options

- ☐ Check enclosed. (Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐ VISA ☐ MasterCard ☐ AMERICAN EXPRESS ☐ DISCOVER

Card # _____

Exp. Date _____ Security Code _____
MM/YY (3- or 4-digit number found on front or back of card)

Signature _____

Please check if you are willing to be a Judge

- ☐ I will be a Judge.

Mail this form to:

American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572