



Connecticut
Chapter

Connecticut Chapter **SCIENTIFIC MEETING** **2026**



October 23, 2026
7:30 AM–5:00 PM
Aqua Turf Club
Plantsville, CT

REGISTER ONLINE TODAY!

This live activity has been
designated for 6.5 CME and MOC credits.

MEETING HIGHLIGHTS

Dear Colleagues:

On behalf of the Connecticut Chapter of the American College of Physicians, I am thrilled to invite you to the 2026 Annual Scientific Meeting, scheduled for Friday, October 23rd at the Aqua Turf Club in Plantsville, CT.

This meeting is designed for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students and will provide high quality educational content, CME and Maintenance of Certification credits, as well as time for networking with colleagues. You'll engage with people who know your challenges and can share in finding solutions.

This year, we are honored to welcome Connecticut Department of Public Health Commissioner Manisha Juthani, MD as our keynote speaker. Dr. Juthani will share her insights on protecting public health through strong vaccine policy and the critical role of evidence-based decision-making in safeguarding the health of our communities. In addition to this timely keynote address, attendees will enjoy an outstanding lineup of engaging educational sessions featuring expert speakers from across Connecticut and beyond. Together, these presentations will explore a wide range of clinically relevant and thought-provoking topics, offering valuable perspectives, practical knowledge, and opportunities for meaningful discussion among colleagues.

Don't miss this important and educational meeting, [register today](#).

I look forward to seeing you on October 23rd!

Sincerely,

Dan Tobin, MD, FACP, Governor, Connecticut Chapter



FACULTY

Anthony Breu, MD

Hospitalist; VA Boston Healthcare System

Jason Carrese, DO

Assistant Professor of Medicine, Hospital Medicine; UConn Health / John Dempsey Hospital

Christina D'Agostino, MD, MSc, MSCP

Assistant Professor of Medicine; UConn School of Medicine

Mariam Farhan, MD

St. Vincent's Medical Center; Hartford HealthCare

Shaili Gupta, MBBS, MHS

Associate Professor of Medicine; Yale School of Medicine

Erica Heiman, MD, MS, FACP

Assistant Professor; Yale School of Medicine

Manisha Juthani, MD

Commissioner; Connecticut Department of Public Health

Benjamin Mba, MBBS, MRCP (UK), CHCQM, FACP

Professor of Medicine, Yale School of Medicine

Naseema Merchant, MBBS, FACP

Associate Professor of Medicine; VA Connecticut Healthcare System; Yale School of Medicine

Robert Nardino, MD, MACP

Associate Professor of Medicine; UConn Health, UConn School of Medicine

Jacqueline Savage, MD, FACP

Assistant Professor of Medicine; Yale School of Medicine

Jaideep Talwalkar, MD

Professor of Internal Medicine and Pediatrics; Yale School of Medicine

Barry Wu, MD, MACP

Professor of Medicine; Yale School of Medicine

PROGRAM COMMITTEE



Dr. Diana Sewell, MD, FACP
Committee Chair



Naseema Merchant, MBBS, FACP
Committee Co-Chair



Varun Jain, MD, FACP
Committee Co-Chair

Dan Federman, MD, FACP
Nicholas Fiebach, MD, FACP
Mariam Farhan, MD
Marilyn Katz, MD, FACP
Narinder Maheshwari, MD
Dave Miner, MD, FACP
Monika Mishra, MBBS, FACP
Rahul Pottabathini, MD

Jacqueline Savage, MD, FACP
Akash Shah, MD, FACP
Gail Sullivan, MD, FACP
Ashley Suh
Dan Tobin, MD, FACP
Lisa Winkler
Tricia Dinneen Priebe

SCHEDULE AT A GLANCE

Friday, October 23, 2026 — Aqua Turf Club

COLOR CODE GUIDE FOR INDIVIDUAL SESSIONS:

- TRACK ONE SESSIONS
- TRACK TWO SESSIONS
- ALL OTHER SESSIONS

6:30 AM

- Poster Set up and Registration

7:30 AM – 10:00 AM

- Abstract Competition
Dr. Jacqueline Savage & Dr. Mariam Farhan

9:00 AM – 10:00 AM

- Women in Medicine Networking Breakfast: Professional Advocacy at Work
Dr. Naseema Merchant and Dr. Diana Sewell

9:00 AM – 10:00 AM

- Oral Presentations
Dr. Mariam Farhan

10:05 AM – 10:50 AM • Session I
(Concurrent Sessions)

- From Capability to Trustworthiness: AI, Patient Safety and the Governance Gap in Healthcare
Dr. Shaili Gupta & Dr. Jaideep Talwalkar
- Navigating Perimenopause: Evidence-Based Care for Midlife Women
Dr. Christine D'Agostino

10:50 AM – 11:00 AM

- Break — Visit Vendors

11:05 AM – 11:50 AM • Session II
(Concurrent Sessions)

- Things We STILL Do for No Reason
Dr. Anthony Breu
- Update in General Internal Medicine
Dr. Erica Heiman & Dr. Jason Carrese

Schedule is subject to change. Please note that the educational content of the meeting is not determined by or influenced in any way by commercial support.

Total CME: 6.5 credits

11:50 AM – 12:50 PM • Session III (Concurrent Sessions)

- Doctor's Dilemma
Dr. Jacqueline Savage & Dr. Mariam Farhan

- Small Group Coaching Session — Catalyzing Transformation: Paving the Path to Your Future. Transform Obstacles into Opportunities.
Dr. Varun Jain - Identify the changes you need to make and the actions to take that will help you achieve your desired professional and/or personal goals. During this one (1) session, 6 people total will work with an ACP Physician Peer Coach.
Cost: \$50 [Select this on your Registration Form >](#)

12:50 PM – 2:00 PM • Session III

- Lunch, Business Meeting, and Keynote - Protecting Public Health: Vaccine Policy in an Era of Misinformation
Commissioner Manisha Juthani, MD

2:00 PM – 2:15 PM

- Break — Visit Vendors

2:15 PM – 3:15 PM • Session IV

- Practicing, Role Modeling and Teaching Diagnostic Reasoning in Everyday Practice
Dr. Benjamin Mba

2:15 PM – 3:15 PM

- Medical Student Event: "Career and Residency Match Speed Dating: Internal Medicine Edition"
Dr. Naseema Merchant & Dr. Varun Jain
(Space is limited.)

3:20 PM – 4:20 PM • Session V

- MKSAP
Dr. Rob Nardino & Dr. Barry Wu

4:20 PM – 5:00 PM

- Awards & Reception

MEETING INFORMATION

Resident and Medical Student Events

These events have been planned with medical students and residents in mind.

Residents and Students Abstract Competition

Residents and medical students across the state present scientific posters at the annual meeting. Awards are given for the most outstanding abstracts in two categories: Clinical Vignettes and Research. Winners will be eligible for entrance into the national competition held at the national Internal Medicine Meeting in 2026.

Oral Presentations

Residents and students with posters in the QI/research category can now also opt to be considered to present their poster in a special oral presentation session.

Doctor's Dilemma

In this session, teams of residents from programs across the state compete against each other in a test of their medical knowledge in a Jeopardy-style competition.

Chapter Awards

Join your CTACP colleagues in celebrating the accomplishments of our members at the Awards Ceremony at the end of the day. During this event, the chapter will present awards recognizing outstanding member contributions in a variety of categories. The winners of the abstract and oral poster competitions will also be announced.

Women in Medicine Networking

Breakfast: Professional Advocacy at Work

Meet and network with fellow women colleagues from academic, community and private practice settings. Hear their perspectives and exchange ideas in an informal gathering. This year, we will feature a diverse range of physician panelists who will share their perspectives regarding the various forms of professional advocacy and what women physicians can do to advocate for themselves and for others at work. The small group breakout during the session will allow women physicians in CTACP to share their voices, bring viewpoints from diverse backgrounds, and explore ways to address many common interests and concerns. This session is open to all women including trainees and attending physicians. Please register for this great networking opportunity.

Career and Residency Match Speed Dating: Internal Medicine Edition

This event is open to all current medical students and any recent graduates looking for information on residency match and careers in internal medicine. Participants will meet specialists representing various careers and specialists in internal medicine as well as faculty leaders from the residency program in the state. The faculty would provide a valuable opportunity for medical students to face time and ask questions.



MEETING INFORMATION

Learning Objectives

At the conclusion of this activity the learner should be able to:

1. Review the role of public health policy in supporting immunization efforts and examine the impact of misinformation on vaccine acceptance and community health outcomes
2. Identify important findings and lessons learned from clinical or academic projects that others could learn from
3. Review general medicine topics utilizing multiple choice questions
4. Practice board type multiple choice questions
5. Describe the dual-process systems used in clinical reasoning
6. Identify common pitfalls in clinical reasoning
7. Implement real-time strategies to prevent pitfalls in clinical reasoning
8. Incorporate fundamental diagnostic numeracy concepts into clinical reasoning
9. Incorporate EBM principles into clinical reasoning
10. Review the AI models and platforms in healthcare, current and in pipeline: their challenges and advantages
11. Develop an understanding of the landscape of how and where patients usually interact with AI deliberately or inadvertently
12. Visualize the ethical risks and trustworthiness of AI in the digitalized healthcare models
13. Recognize common symptoms and clinical features of perimenopause
14. Apply evidence-based hormonal and nonhormonal treatment strategies for management of perimenopausal symptoms
15. Understand new data and recommendations of greatest importance to their outpatient general medicine practices
16. Reflect on cases of hypertensive emergency and assess whether treatment was warranted
17. Generate explanations for the use of transfusion thresholds and assess their validity
18. Commit to describing anti-platelet medications in some patients on anticoagulation for both coronary artery disease and atrial fibrillation
19. Apply recent evidence-based updates in hospital medicine to optimize diagnostic efficiency, risk stratification, and inpatient management decisions for common clinical conditions

CME Credits and MOC Points

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of AMA *PRA Category 1 Credit(s)*[™] listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Connecticut Chapter Scientific Meeting for a maximum of 6.5 AMA *PRA Category 1 Credit(s)*[™].



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program and additional MOC Points. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine



Meeting Location

The meeting will be held at the Aqua Turf Club, 56 Mulberry St., Plantsville, CT 06479. For directions visit the Aqua Turf's website <https://aquaturfclub.com/page/directions>.

Parking

Free parking is available onsite.

MEETING INFORMATION

Meals

Vegetarian meals are a standard menu option. If you require a Kosher, Vegan, or other specific meal, please contact Lisa Winkler at least two weeks prior to the meeting. Lisa can be reached at lisa@grassrootsct.com.

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Registration Information

You may register online by [clicking here](#) or by mailing the form in this brochure. Please note that the full schedule is not included online. Only sessions requiring selection are listed. For registration information, contact ACP Member and Product Support at 800-ACP-1915 or direct at 215-351-2600 (M–F, 9AM – 5PM ET).

Americans with Disabilities Act

The CTACP is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any

characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please email lisa@grassrootsct.com no later than ten business days before the date of the activity.

Late Registration & Onsite Fees

All registrations must be received by September 30, 2026 or a late registration fee of \$40.00 will be added. **This includes on-site registrations.** Save money by registering now!

Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or email). Cancellations will not be accepted by telephone. A processing fee of \$40 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

Questions

If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Lisa Winkler at 860-614-6102 or lisa@grassrootsct.com.

Payment Methods



Internet

Visit us on the Web to pay with a credit card, go to:
[THIS LINK](#)



Mail

Send us your registration to pay by check or credit card and make check/money order payable to ACP and send to:
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

CONNECTICUT CHAPTER REGISTRATION FORM

CMB

Plantsville, CT • October 23, 2026

RM: 2725

REGISTRATION FEES

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Register by Sept 18 th , 2026	After Sept 18 th , 2026
☐ ACP Member	\$120	\$150
☐ ACP Resident Member	No Fee	No Fee
☐ ACP Medical Student Member	No Fee	No Fee
☐ Affiliate Member/Allied Health Professional	\$120	\$150
☐ Judge	\$110	\$140
☐ Non-Member Physician	\$150	\$180
☐ Non-Member Resident*	\$50	\$80
☐ Non-Member Student*	\$50	\$80
☐ Non-Member Allied Health Professional	\$140	\$170
☐ Other (guest/spouse) — if applicable	\$120	\$150

*Non-member residents, students, and Allied Health Professionals must call to register: 800-ACP-1915 (M–F, 9AM – 5PM ET). in order to get the correct registration rate.



CONNECTICUT CHAPTER REGISTRATION FORM

CMB

ACP # _____

RM: 2725

Name _____ ☐ MD ☐ DO ☐ OTHER

Institution _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____ Fax _____ Email _____

- ☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
- ☐ Please exclude me from receiving mailing from the meeting exhibitors.
- ☐ Check here if you are disabled and require assistance. Please notify the Chapter in writing before you course. We'll be glad to help.

PLEASE INDICATE YOUR ATTENDANCE AT THE FOLLOWING:

Meals (*required fields)

- ☐ BR1 Abstract Competition • 7:30 AM
- ☐ BR2 Women in Medicine Networking Breakfast / Oral Presentations • 9:00 AM* (Qty. _____)
- ☐ LUN Meeting, Lunch & Keynote • 12:50 PM* (Qty. _____)

Sessions

- ☐ **S01 Concurrent Session:** From Capability to Trustworthiness: AI, Patient Safety and the Governance Gap in Healthcare • 10:05 AM
- ☐ **S02 Concurrent Session:** Navigating Perimenopause: Evidence-Based Care for Midlife Women • 10:05 AM
- ☐ **S03 Concurrent Session:** Things We STILL Do for No Reason • 11:05 AM
- ☐ **S04 Concurrent Session:** Update in General Internal Medicine • 11:05 AM
- ☐ **S05 Doctor's Dilemma** • 11:50 AM
- ☐ **S06 Small Group Coaching Session** (You must select this to attend. Additional fee will apply.) • 11:50 AM
- ☐ **S07 Practicing, Role Modeling and Teaching Diagnostic Reasoning in Everyday Practice** • 2:15 PM
- ☐ **S08 Medical Student Event (Space is limited.)** • 2:15 PM
- ☐ **S09 MKSAP** • 3:20 PM
- ☐ **S10 Awards & Reception** • 4:20 PM

Registration (from previous page) \$ _____

Payment Options

- ☐ Check enclosed. (Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐ VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS ☐ DISCOVER

Card # _____

Exp. Date _____ Security Code _____
MM/YY (3- or 4-digit number found on front or back of card)

Signature _____

Please check if you are willing to be a Judge

- ☐ I will be a Judge.

Mail this form to:
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572