



California Southern III Region

June 2020

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Charles J. Hamori, MD, FACP, ACP Governor

Greetings to all of you in the So. California Region III Chapter. I hope this newsletter finds you, your family and your staff healthy and safe during this challenging time.

Needless to say, chapter activities have been placed on hold these past several months. Our council -- like all of you -- have been learning and practicing the "new normal" for patient treatment as well as navigating the changes in their home life with quarantines, homeschooling children, and re-populating their once empty nest with children or parents needing a safe place to anchor during the pandemic.

Unfortunately COVID-19 precautions and increased care are here to stay for the foreseeable future. It is imperative that as healthcare providers on the frontline providing extended and critical care for our patients, we are mindful of the essential care we need to provide to ourselves. The stress that this virus has placed on all first responders is intense and it is necessary to incorporate self-care strategies to ease the emotional and physical stress we are enduring. I hope that each of you have found methods to cope with the mental stress (yoga, meditation, running, etc.) and are incorporating a healthy lifestyle to counter the long hours spent caring for your patients.

The ACP is here for you and I hope you have visited the national ACP website which has extremely useful [COVID-19 advocacy and clinical practice information](#). We have been pushing our California legislators to provide support for those physicians whose practices have been devastated over the past several months and to help support the training of physicians who are going into the field of primary care in this challenging environment.

We are planning our next Southern California ACP regional meeting to be virtual this fall, and we hope this will allow so many more of you to participate without leaving your homes or offices. More information and an exact agenda for this meeting will be sent to you very soon.

Wishing each of you safety and good health,

Charlie

Charles Hamori, MD, FACP

So. California Annual Regional Scientific Meeting October 10, 2020

The annual Southern California Regional Scientific Meeting will be held virtually on Saturday, October 10, 2020. The planning committee is hard at work designing a wonderful meeting with updates on both hospital medicine and general internal medicine among other valuable topics. We will have our annual medical student and resident poster competition, and the ever-popular residency program Doctor's Dilemma® competition. You will be receiving more information about this meeting soon.

Our Chapter's Financial Report

The financial statement through June 28, 2020 shows that the chapter is financially healthy. The impact of the COVID-19 pandemic has meant some of our budgeted expenses supporting chapter activities at our national meetings (reception, student and resident meeting support) and leadership day in Washington D.C. could not be used this year. This left us with a budgetary surplus. Total revenue for the fiscal year was \$29,042 - mostly related to membership dues. Total expenses were down at \$20,091 against a budget of \$27,165 again due to the event/meeting cancellations related to COVID-19. We expect these expenses will return in the future once social gatherings can resume post pandemic. We are starting our new fiscal year with a little over \$48,000 in the bank and are projecting a balance of approximately \$66,000 by the end of September. While still maintaining at least a one-year reserve in an investment account, we hope that we will be able to use our funds to support member activities this upcoming fiscal year. A detailed statement for the full financial year will be available by the end of July 2020 by contacting our Chapter Executive Director, Natalie Kaczur at socalregion3@gmail.com

Register Now: 22nd Annual Internal Medicine Review and Update Course

Need to fine-tune your knowledge in Internal Medicine in preparation for Board certifying or recertifying exams? Or maybe you are a medical student interested in a focused review of Internal Medicine? If so, plan on attending the **22nd Annual ACP California Internal Medicine Review and Update virtual live course**. This two-day course is set for Saturday and Sunday, July 25th and 26th and features sessions taught by physicians who are experts in their respective fields of medicine. You can earn 20 *AMA PRA Category 1 Credits*[™] and 20 Maintenance of Certification (MOC) points—all from the comfort of your home or office. No travel plans or hotel reservations necessary!

The cost of this course is \$200 (includes both days) for attending physicians, residents/fellows and allied health professionals. To view the agenda and register (see page 4 of the brochure), please click on the following link which will take you to our ACP California website. [Register here](#)

If you are an ACP Medical Student Member, there is no cost for you to attend. Click on the following link which will allow you to register for free for the entire session. [Medical Student Registration](#)

Course materials in .pdf format will be available to attendees prior to the sessions.

Questions? Please contact Ms. Natalie Kaczur at socalregion3@gmail.com.

ACP Envisioning a Better US Health Care System

Many of you may have already reviewed this landmark paper from ACP which reflects a new vision for the future of health care policy. For those of you who have not had a chance to take a look at this thoughtful view at how we should plan for the future of health care in the United States, please click on [this link](#) and check it out.

We're Here for YOU!

This is YOUR chapter and our council is committed to providing you with excellent “value” for your membership. If you have suggestions on how we can better serve you, our members, please let us know. Maybe you'd like some local gatherings focused on specific topics of interest to you, or you would like to explore becoming a Fellow in the college by attending a fellowship mentoring event. Whatever it is, give us a shout-out by contacting our Executive Director, Ms. Natalie Kaczur, at socalregion3@gmail.com. We look forward to hearing from you!