



**THE CARIBBEAN INSTITUTE OF NEPHROLOGY IN
JOINT MEETING WITH
THE CARIBBEAN CHAPTER OF THE AMERICAN
COLLEGE OF PHYSICIANS IN COLLABORATION WITH
THE UNIVERSITY OF THE WEST INDIES AND
THE INTERNATIONAL SOCIETY OF NEPHROLOGY**

**PRESENTS THE
18TH ANNUAL CARIBBEAN INTERNATIONAL
CONFERENCE
ON
NEPHROLOGY AND HYPERTENSION
AND THE ANNUAL INTERNAL MEDICINE MEETING OF
THE ACP CARIBBEAN CHAPTER
FEBRUARY 28, 2026
AT THE
JAMAICA PEGASUS HOTEL, KINGSTON.**

**AN ISN/CME MEETING.
*Bridging Nephrology and Internal Medicine***

MEDICAL COUNCIL OF JAMAICA - 6 CME CREDITS (INCLUDING 1 CREDIT FOR MENTAL HEALTH)

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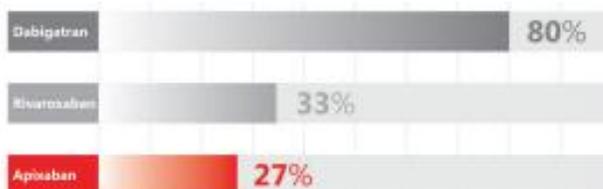
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Protects from the start

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Telmisartan + Amlodipine 40 mg/10 mg, 80 mg/5 mg, 80mg/10 mg

For more information regarding each product's prescribing information, scan their respective QR code:



CKD - Chronic Kidney Disease, **1.** Perry CM, Posker GL. Sevelamer carbonate: a review in hyperphosphataemia in adults with chronic kidney disease. *Drugs*. 2014 May;74(7):771-92. **2.** Aerns HG, Braun J, Krause R, Brunckhorst R, Holzer H, Schulz W et al. Two year comparison of sevelamer and calcium carbonate effects on cardiovascular calcification and bone density. *Nephrol Dial Transplant*. 2005 Aug;20(8):1853-61. **3.** Diener HC et al. *Eur Heart J*. 2017;38(12):852-859.

For more information contact Dr. Reddy's Laboratories Jamaica Ltd, 2 St. Lucia Avenue, Kingston 5, Jamaica.

SATURDAY FEBRUARY 28, 2026

7:00 - 8:30 AM

REGISTRATION

MODERATOR

A. Soyibo/K. Hoe/J. James

8:30 - 8:50 am

Opening Address and Greetings from ACP
Caribbean Chapter - **E. N. Barton**

8:50 - 9:00 am

Greetings from Dean, Faculty of Medical Sciences,
Mona - **J. Plummer**

9:00 - 9:10 am

Opening remarks by Chair of the North American
and Caribbean Board of the ISN - **L. Fisher**

9:10 - 9:40 am

Precision Medicine in Nephrology - **J. Perl**

9:40 - 10:00 am

Non-Communicable Diseases in the Caribbean -
How far have we gone in reaching the sustainable
developmental goals - **T. Ferguson**

10:00 - 10:30 am

APOL1 Kidney Risk Variants: from Genetic
Epidemiology to Therapeutic Strategies- **A. Ojo**

Questions and answers

10:30 - 10:50 am

The Metabolic Syndrome and Its Renal
Complications - **M. Boyne**

10:50 - 11:10 am

Cardio-Renal Syndrome: A Nephrologists
Perspective - **I. Thomas**

11:10 - 11:30 am

Key Recommendations from the 2024 Guideline
for the clinical Management of Hypertension
- **T. Ferguson**

Questions and answers

11:35 am - 12:00 pm

MODERATOR

**VIEWING OF EXHIBITS/REFRESHMENT
BREAK**

R. Smith/R. Lowe-Jones/K. Cenac

12:00 - 12:20 pm

An Overview of Heart Diseases in the Caribbean -
V. Elliott

12:20 - 12:40 pm

Noninvasive central hemodynamic monitoring in
the primary care setting: Improving Prevention &
Management of Cardiovascular Diseases in Jamaica
- **F. Nunura**

12:40 - 1:00 pm

Dialysis in pregnant patients - **R. Mitchell**

Questions and Answers

1:10 - 1:30 pm

The Endocrinologist Shakes hands with the Internal
Medicine Physician- **K. Phillips**

1:30 - 1:50 pm

The Endocrinologist Shakes hands with the
Nephrologist - **P. Francis-Emmanuel**

1:50 - 2:10 pm

Factors Associated with End Stage Kidney Disease
in Type 2 Diabetes - **K. Hoe**

Questions and Answers

2:15 - 2:45pm

An Approach to the Patient with CKD by the
Internal Medicine Physician-**L. Fisher**

2:15 - 2:45 pm

LUNCH BREAK/VIEWING EXHIBITS

MODERATOR

**L. Johnson-Whittaker/B. Babolal/D. Dewar/K.
Galloway-Blake**

2:45 - 3:05 pm

Kidney Disease Disparities among Latino
Individuals: Challenges and Community Based
Interventions - **K. Rizzolo**

3:05 - 3:25 pm

Immunosuppression in Kidney Transplant -
M. Salifu

3:25 - 3:45 pm

Pulmonary Haemorrhage. Any pointers to Kidney Disease - **A. Aquart-Stewart**

3:45 pm - 4:05 pm

Chronic HIV and What Internal Medicine Physicians Should Look For - **A. Soyibo**

4:05 pm - 4:25 pm

Psychiatry and Internal Medicine: Decision Making Capacity and Informed Consent - **K. Barton**

4:25 pm - 4:30 pm

Question and Answer

CLOSING REMARKS

-END -

ABOUT THE CARIBBEAN INSTITUTE OF NEPHROLOGY

The Caribbean Institute of Nephrology (CIN) founded in 2003, seeks to create a specialized and advanced academic environment for the study and science of Nephrology. The Institute has developed postgraduate training and updates in the form of symposia, seminars, and conferences in Nephrology. It has facilitated the Caribbean Renal Registry and assisted in the operation and maintenance of these registry, in collaboration with the Ministries of Health of the region and other stakeholders. CIN is active in public education and awareness of kidney diseases and charitable work related to such diseases.

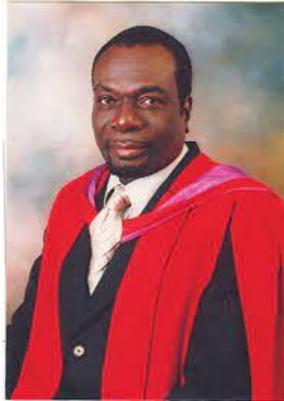
In the treatment of renal disease and the prevention of such, CIN seeks to share up-to- date knowledge to the medical fraternity, working closely with transplant teams and various associations such as the Caribbean Association of Nephrologist and Urologist to create this advanced academic environment. This Nephrology and Hypertension conference is one of the activities through which CIN seeks to bring together scientists and healthcare providers to advance the science of kidney disease and patient care.

The Nephrology and Hypertension conferences over the past 14 years have been successful, spanning three days (in the first instance) with insightful presentations on kidney diseases and Hypertension. Attendants ranged from medical professionals, students (medical, nursing and pharmacy), pharmaceutical representatives, and pharmacist to nurses, but not only from Jamaica but also from North America, Europe, and the Caribbean.

This year's conference will continue to focus on educating both academia and civil society about kidney disease; with the added focus of long COVID and its impact on patients with AKI. Further, the scene is set for the clinicians to discuss treatment options that are currently being used for treating persons presenting with comorbidities. In this way the CIN strives to continue its mission to prevent or slow the progression of CKI.

Treatment strategies, such as screening the at-risk population for kidney diseases, discourse on healthy lifestyle to reduce the prevalence of the disease will be highlighted.

OUR CHAIRMAN



Everard N. Barton

Professor Everard N. Barton is the Emeritus Professor of Medicine and Nephrology at The University of the West Indies, Mona. He is the Governor of the American College of Physicians, Caribbean Chapter and Director of the Centre for HIV AIDS Research, Social Services and Education (CHARES). He is Founder and Chairman of the Caribbean Institute of Nephrology which he started Eighteen (18) years ago and he initiated the Jamaica Renal Registry and the Caribbean Renal Registry. Prof. Barton also started the Voluntary Outreach Renal project for patients outside of Kingston and this continues 25 years later and he still goes out to supervise these Clinics.

He is a former Head of the Department of Medicine, Faculty of Medical Science, The University of the West Indies, Mona, Chief of Nephrology, The University Hospital of the West Indies (UHWI) and Editor in Chief of the West Indian Medical Journal, (WIMJ). More recently, Professor Barton has received the International Society of Nephrology (ISN) 2025 Pioneer Award for Nephrology. From the Government of Jamaica, he was awarded The Order of Distinction at the National Honors & Awards, for his work in the field of Medicine. Further, he was bestowed The Governor General Award of Excellence as a Physician by the Governor General and has also received The Sir John Golding Award for Research. Professor Barton has published over 200 papers in peer reviewed Journals and book chapters as well as other educational materials.



Message from the CEO, CHASE Fund

The CHASE Fund is pleased to once again support the Annual Caribbean International Nephrology and Hypertension Conference, hosted by the Caribbean Institute of Nephrology (CIN).

For many years, the CHASE Fund has been a consistent sponsor of this important regional conference, as it aligns with the Fund's mandate under its Health portfolio to strengthen healthcare systems, support capacity building, and improve health outcomes for the people of Jamaica.

Kidney disease and hypertension continue to pose significant public health challenges, and initiatives such as this conference play a critical role in education, advancing prevention, early detection, and evidence-based clinical care.

We commend CIN for sustaining seventeen years of excellence and for convening local, regional, and international experts in nephrology and allied disciplines. The conference provides an invaluable academic platform for physicians, nurses, dieticians, physiotherapists, pharmacists, students, and other healthcare professionals to exchange knowledge, earn continuing medical education credits, and remain at the forefront of emerging research and clinical practice. Of particular significance is the renewed global focus on kidney health following the recent World Health Assembly resolution elevating kidney disease within the global non-communicable diseases agenda – an alignment that underscores the relevance and timeliness of this year's conference.

The CHASE Fund also recognizes the critical contribution of CIN's renal registry, which provides valuable statistical data to the Ministry of Health and Wellness and other stakeholders in Jamaica and across the Caribbean. Reliable data is essential to informed policy development, strategic planning, and resource allocation, and we are proud to support initiatives that strengthen the evidence base for improved patient care.

Additionally, the conference's blended format enhances accessibility and regional participation, ensuring broader engagement while maintaining the high standard of academic exchange for which it is known. The opportunities afforded to medical students and other healthcare professionals to learn from distinguished international speakers further support the development of a highly skilled health workforce.

The CHASE Fund remains committed to partnering with organizations such as CIN to advance kidney health education, research, and collaboration across the Caribbean. We extend our best wishes for a successful and impactful conference and look forward to its continued contribution towards improved kidney health outcomes throughout the region.

W. Billy Heaven, OD, JP

Chief Executive Officer

CHASE Fund

ABOUT OUR PRESENTERS



Michael Boyne

Michael Boyne is a Professor of Endocrinology & Metabolism, Department of Medicine, The university of the West Indies and an Honorary Consultant at the University Hospital of the West Indies. He received a BSc (Hons) in Biochemistry and his medical degree (MBBS) from The University of the West Indies. After his residency in Internal Medicine at the University of Virginia (Roanoke/Salem Program), he completed a clinical/research fellowship in Endocrinology, Diabetes & Metabolism at the Johns Hopkins University School of Medicine.

He is a Fellow of the Royal Colleges of Physicians of Canada, Edinburgh, and London, as well as the American College of Physicians. His research interests include the roles of hormonal and nutritional factors in early life in the development of the metabolic syndrome. He is a member of several associations including the Endocrine Society, Developmental Origins of Health and Disease, Caribbean Endocrine Society, and the Association of Consultant Physicians of Jamaica.



Karimah Barton

Dr. Karimah Barton is a Psychiatrist at the Bellevue Hospital. She has over 7 years of experience in the field of Psychiatry. Dr. Barton earned both her Bachelor of Medicine and Bachelor of Surgery (MBBS) degree as well as her Doctor of Medicine (DM) in Psychiatry degree from the University of the West Indies, Mona.

In 2024, she was invited by the Ministry of Health and Wellness to do an oral presentation of her research entitled 'Examining recent trends in fatal suicide attempts in Jamaica' at their National Health Research Conference. Dr. Barton is dedicated to providing personalized and compassionate care while also providing a safe and non-judgmental space with the goal of achieving long-term mental wellness for her patients. She believes a balanced life is the foundation of mental well-being.



Victor Elliott

Dr. Victor Elliott is a graduate of Wolmer's High School for Boys. He obtained an initial degree in Chemistry and Applied Chemistry at the University of the West Indies before entering the Faculty of Medicine. He obtained an MBBS in 1996 from the University of the West Indies, and a Doctor of Medicine (DM) in Internal Medicine in 2004. He continued further studies in Cardiology at the University of Toronto in 2002-2004 and a specialization in Interventional Cardiology 2005-2006.

On his return to Jamaica, Dr. Elliott was the sole interventional cardiologist in the public system from 2006 -2014. He is currently a Cardiologist and Interventional Cardiologist at the University Hospital of the West Indies and at Partners Heart and Health where he is the chief director, a private interventional center located at Medical Associates Hospital in Kingston. He is a current member of the managing council of the Caribbean Cardiac Society.

His other roles include:

- Consultant of Internal Medicine and Cardiology, UHWI;
- Associate lecturer Faculty of Medicine, UWI since August 2007;
- Council member of the Caribbean Cardiac Society since 2009;
- Director of the cardiology catheterization and interventional program, UHWI 2007- 2018
- Member of the European Society of Cardiology.



Trevor Ferguson

Trevor Ferguson is Professor of Epidemiology & Internal Medicine and Director of the Epidemiology Research Unit (ERU), Caribbean Institute for Health Research (CAIHR), University of the West Indies (UWI). He is also Honorary Consultant in General Internal Medicine at the University Hospital of the West Indies.

He holds an undergraduate medical degree, a Doctor of Medicine (DM) degree in Internal Medicine, and Doctor of Philosophy (PhD) in Epidemiology from UWI. He also holds a Master of Science (MSc) degree in Epidemiology from the University of London. He is a Fellow of the American College of Physicians and the Royal College of Physicians of Edinburgh, and a Bernard Lown Scholar in Cardiovascular Health at the Harvard T.H. Chan School of Public Health. He currently serves as Chair of Jamaica's National Committee on Non-Communicable Diseases.

Prof Ferguson is an investigator on several research projects and has authored or co-authored over 100 publications in peer-reviewed journals.



Lori-Ann Fisher

Dr. Lori-Ann Fisher is an exceptional internist and nephrologist with expertise in the management of chronic kidney disease, end-stage kidney disease, dialysis, hypertension, lupus, diabetes mellitus, sickle cell disease, congestive heart failure, and other chronic medical conditions. She is a board-certified doctor in nephrology and hypertension, as well as internal medicine, having completed training at Johns Hopkins Hospital in nephrology.

With over five years of experience as a Consultant Nephrologist and Intensivist at the University Hospital of the West Indies, Mona Jamaica, Dr. Fisher has established herself as a leading authority in the field of nephrology. She is an honorary Lecturer in the Epidemiology Research Unit of Caribbean Institute of Health and an Associate Lecturer in the Department of Medicine at the University of the West Indies, Mona.

Dr. Fisher's passion for improving the quality of care for people living with kidney disease in the Caribbean and raising awareness of kidney disease in the region is evident in her work. She has engaged with local advocacy groups to improve knowledge and awareness of kidney disease through social media campaigns, engagement in local and regional conferences, and media appearances. Her research interests include the epidemiology of kidney disease and its risk factors in the Caribbean, as well as sickle cell nephropathy, and she has published on Acute Kidney Injury and Chronic Kidney Disease in Jamaica.

Dr. Fisher's commitment to excellence in patient care is reflected in her extensive experience as a Consultant Internist, Consultant Nephrologist, and Consultant Intensivist. Her dedication to improving patient outcomes and advancing medical knowledge makes her an outstanding professional in her field.



Patrice Francis-Emmanuel

Dr. Patrice Francis-Emmanuel is an Internist and Endocrinologist at the UHWI and an associate lecturer at the UWI Mona. Currently, she serves as the second VP of the Association of Consultant Physicians of Jamaica (ACPJ). She is also a member of several local and international Endocrinology and Diabetes Associations.

Dr. Francis-Emmanuel has a strong interest in research, particularly on the chronic complications of diabetes, and has supervised several postgraduate research papers in these and other areas in endocrinology. She strongly believes in the role Internists play in shaping the future of health care delivery locally and regionally, and she has invested significant time mentoring future Internists.



Akinlolu O. Ojo

Dr. Akinlolu (“Ojo”) Ojo has served as the Executive Dean at the University of Kansas (KU) School of Medicine since 2019. He was the Associate Vice President for Clinical Research at the University of Arizona (UA), Tucson. He also previously served as the inaugural Florence E. Bingham Research Professor and Professor of Medicine and Epidemiology at the University of Michigan, Ann Arbor, where he was on faculty for 23 years.

Dr. Ojo received his medical education at the University of Lagos in Nigeria and an MPH in global health from the University of Alabama in Birmingham. He continued his graduate medical education as an internal medicine resident and chief resident at the University of Kentucky Medical Center. He went to the University of Michigan for his clinical and research fellowship in nephrology where he also earned a Ph.D. in epidemiology and an executive MBA.

Dr. Ojo’s clinical and research interests are varied and include racial health disparities, chronic kidney disease, kidney transplantation, precision medicine and global health. He has received more than \$230 million as principal investigator/program director in National Institutes of Health (NIH) and other federal grant funding. His most impactful NIH-funded research grants include the African American Study of Kidney Disease and Hypertension (AASK), the *All of Us* Research Program in both Arizona and Kansas, and the historic Human Heredity and Health in Africa (H3Africa) Kidney Disease Research Network. As the dean and chief academic officer of the only public medical school in Kansas, he oversees a 3-campus school with an enrollment of 865 M.D. and M.D./Ph.D. students and 450 doctoral and Master’s degree trainees. In his clinical practice, Dr. Ojo has been named to the “Best Doctors in America” multiple times and served as the co-Chair of the Management Board of the Banner University Medicine – an

academic medical center partnership between Banner Health and the University of Arizona.

Dr. Ojo has over 220 peer-reviewed publications and serves on editorial boards, Data Safety Monitoring Boards, FDA Advisory Committee and numerous NIH study sections including recently as the Chair of NIAID Allergy, Immunology and Transplantation (AITC) study section. He has been elected to a number of honorific societies, including the National Academy of Medicine (NAM), the American Clinical and Climatological Association (ACCA), the American Society of Clinical Investigation (ASCI) and the Association of American Physicians (AAP).



Karen Phillips

Dr. Karen Phillips is a Consultant Physician Endocrinologist and weight management specialist. She holds a MRCP in Diabetes and Endocrinology and completed a Master's Degree in Obesity and Weight Management in 2022. She is a Fellow of the Royal College of Physicians, Edinburgh. Dr. Phillips is a former Head of Department of Medicine at the Kingston Public Hospital, a Honorary Consultant UHWI and an Associate Lecturer at the UWI. She is the Director of Revamp Rehabilitation Centre and Revamp Training Institute in Kingston Jamaica. She is an avid reader and enjoys practicing yoga meditation in her spare time



Jeffrey Perl

Dr. Jeffrey Perl is a staff Nephrologist at St. Michael's Hospital in Toronto and a Professor of Medicine at the University of Toronto. He has recently been awarded The J. Michael Lazarus distinguished award from the US National Kidney Foundation, a Mid-Career Leadership Award from the American Society of Nephrology and the John Maher Young Investigator Award from the International Society for Peritoneal Dialysis, along with several teaching and mentorship awards at both the University of Toronto and St. Michael's Hospital.

Dr. Perl's primary research interests, clinical practice, and teaching focus on enhancing universal access to and improving clinical outcomes in home dialysis. He serves as the editor-in-chief of *Peritoneal Dialysis International* and recently co-chaired the KDIGO Home Dialysis Controversies Conference. He has delivered numerous invited lectures and authored multiple peer-reviewed publications and book chapters.

As the principal investigator for the International Peritoneal Dialysis Outcomes and Practice Patterns Study (PDOPPS), Dr. Perl also co-led the Optimizing the Prevention of Peritoneal Dialysis-Associated Peritonitis in the United States (OPPUS) study. He is co-principal investigator on the LIFE PD Trial, a PCORI-funded, multicenter randomized controlled trial evaluating the impact of 7 vs. 5-6 days of peritoneal dialysis on patient-centered outcomes. He is a faculty member at Home Dialysis University and co-supervises the Home Dialysis Fellowship at St. Michael's Hospital. Additionally, he co-chairs the American Society of Nephrology's home dialysis steering committee.



Katherine Rizzolo

Dr. Rizzolo is an assistant professor at Boston University's Section of Nephrology. She received her medical degree from Tufts University in Boston, Massachusetts, and her residency and chief residency in internal medicine at Maine Medical Center in Portland, Maine.

She completed a clinical and research and chief fellowship in nephrology at the University of Colorado in 2023, and a fellowship in Implementation Science through BU's Evans Center for Implementation and Improvement Sciences in 2025. Her research interests center on utilizing implementation science methodologies to improve access to kidney care, especially improving patient education, for underserved communities disproportionately impacted by kidney disease.



Moro Salifu

Professor Moro O. Salifu, MD, MPH, MBA, is a distinguished Nephrologist and researcher serving as the Chair of the Department of Medicine at SUNY Downstate Health Sciences University. He is an expert in transplant and interventional nephrology, leading initiatives in CKD progression, vascular biology, and transplantation. He is also a Master of the American College of Physicians (ACP).

Recently Professor Salifu was elected Governor-Elect designee of the regional American College of Physicians (ACP). He will assume his new role as Governor in April, 2026.

Key Bio Data and Professional Information:

- **Current Role:** Chair of the Department of Medicine, Director of the Transplant Program, and Chief of Nephrology at SUNY Downstate Health Sciences University.
- **Research & Clinical Interests:** Chronic Kidney Disease (CKD) progression, vascular biology (discovery of F11R gene), and kidney transplant outcomes.
- **Awards & Recognition:**
 - Master of the American College of Physicians (2018).
- **Distinctions:** Recognized as a key leader in restructuring dialysis and transplant programs at Downstate



Adedamola Soyibo

Dr. Adedamola Soyibo is a graduate of the University of the West Indies, MBBS and DM program, His professional experience includes working as Chief Resident at the University Hospital of the West Indies in 2009. Currently, he serves as a senior Lecturer and Consultant Nephrologist with the University of the West Indies, Faculty of Medical Sciences, Department of Medicine.

Currently, Dr. Soyibo heads the Renal Transplant Unit in the Hemodialysis Unit of the University Hospital of the West Indies (UHWI). He has published extensively in peer review journals and has presented at a number of Seminars, Conferences and Symposiums. He also oversees the Renal Registry in Jamaica and is the Technical coordinator for the Caribbean Institute of Nephrology and coordinator of Renal Week activities at the UHWI yearly.



Althea Aquart-Stewart

Dr. Althea Aquart-Stewart is a Consultant Pulmonologist/ Internist at the University Hospital of the West Indies (UHWI). She is also an Associate Lecturer in the Department of Medicine, Faculty of Medical Science, University of the West Indies (UWI), Mona Campus. She is a proud graduate of the UWI, DM (Internal Medicine) program.

Dr. Aquart-Stewart has also pursued a Pulmonology Fellowship at the University of Toronto.

At the UWI she has played an active role in research, teaching, administration and mentorship. She is passionate about teaching, and a passionate advocate for quality patient care, despite limited resources.

Dr. Aquart has had many leadership roles, Currently, she is a member of the executive of the American College of Physicians (ACP), Caribbean chapter, and a member of the Medical Council of Jamaica.

Her hobbies include travelling, and gardening. She has a loves for orchids.



Roy-Ann Mitchell

Dr. Roy-Ann Mitchell is a Medical House Officer at the Sangre Grande Hospital Campus, currently working within the Nephrology Department. She earned her medical degree from the University of the West Indies, Mona Campus, and is dedicated to providing patient-centered care while advancing her clinical expertise in renal medicine and acute hospital management. In her spare time, she enjoys gardening, hiking and baking sweet treats which she shares amongst her friends.



Kyaw Kyaw Hoe MB B, DMS

Dr. Hoe graduate from the Institute of Medicine 1, Yangon, Myanmar, Institute of Medicine 2, Yangon, Myanmar and the University of the West Indies, Department of Medicine, Mona, Jamaica. He achieved his MBBS degree, diploma in medical sciences (General Medicine) and his DM (Internal Medicine). He later perused a Fellowship in clinical Nephrology in Mexico.

Currently, he works as a consultant Nephrologist at the University Hospital of the West Indies and as a Lecturer in Nephrology with The University of the West Indies, Faculty of Medical Science, Department of Medicine. Dr. Hoe is the Assistant Technical Co-coordinator of the Caribbean Institute of Nephrology.

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