



## A Letter from the Governor

Dear friends and colleagues,

As we enjoy the vibrant colours of autumn and approach the year's end, I want to share some updates, reflections, and invitations with everyone. It has been a busy and successful season, and your membership and participation continue to shape the chapter.

### **Observing National Internal Medicine Day — October 28**

Each year on October 28, we join the broader community of the American College of Physicians (ACP) in celebrating National Internal Medicine Day. As the ACP notes, this day “recognizes internal medicine specialists and subspecialists who are united by a commitment to excellence and who make a difference in the lives of their patients every day.”

I want to take a moment to celebrate our profession and thank you, along with all internal medicine physicians in Ontario, for your dedication. Your work in preventing, diagnosing, and treating a broad range of health issues, as well as your ongoing care, is truly valued. #IMProud

### **2025 Award Winners & Chapter Success**

I would like to extend heartfelt congratulations to all the 2025 award winners listed below. Your contributions enrich the Chapter and elevate our collective profile.

I'm also pleased to share that in 2025, our Chapter has again earned the Silver Level status for the Chapter Excellence Award. This recognises our strong performance and engagement as an ACP chapter. I would like to extend a special thanks to those chapter members who helped us in all the efforts that led to this recognition! For their hard work and dedication, we received this award.

### **Funding Educational Activities and Meetings**

As always, we aim to offer a diverse mix of virtual and in-person events so you can choose what fits your schedule and learning style. From webinars to local meet-ups, there is something for everyone, whether you are an early-career professional, a seasoned expert, an academic, or a community-based professional. See the list of upcoming activities in this newsletter. I invite you to consider attending these events, which provide not only CME opportunities but also chances to connect with your peers across Ontario.

We also provide funding for learning activities for members in all categories, including residents and students, to organise local small-scale activities. If you have any questions or are interested in organising an activity, please contact Alyssa, our Executive Director, at [acpcanadianchapters@outlook.com](mailto:acpcanadianchapters@outlook.com)

### **Reach Out Anytime**

As always, I am here for you. If you have questions, suggestions, ideas for sessions, or simply want to connect, please don't hesitate to reach out. Your contributions are valued, and the Chapter's strength relies on your active engagement and collaboration.

Thank you once again for all that you do for your patients and the internal medicine community in Ontario. Wishing you a beautiful and restful fall season ahead, and I look forward to seeing many of you in 2026.

Warm regards,

Khalid M. Azzam, MBBS, CPE, MSc, FRCPC, FACP  
Governor, Ontario Chapter  
azzamacp@gmail.com

## Doctor's Dilemma Competition



ACP Ontario Chapter is excited to announce our upcoming Virtual Doctor's Dilemma Competition! Information for the Doctor's Dilemma competition, should your program choose to have a team, can be found below.

### Competition Details

#### Team Submission

- Teams must be signed up by **Thursday, November 20th, 2025**. No late entries will be accepted.
- Doctor's Dilemma team members must be ACP members
- [\*\*Submission form can be found here\*\*](#)

#### Competition Schedule:

- November 20th | Teams Due to Chapter
- December 4th, 5:00PM - 6:30PM | Virtual Competition – Zoom Link to Follow
- April 16th - 18th, 2025 | Doctor's Dilemma National Competition at the IMM Meeting in San Francisco, CA!

#### Virtual Day-of-Competition Needs for Each Team:

- At least one computer with internet connectivity, internet browser (any), Zoom, webcam and microphone
- One Smartphone to be utilized as a buzzer
- One room for three teammates and one proctor

#### What's in it for you?

- For the winning team - bragging rights and a travel grant of \$1,500 for each of the three participants (team members) who advance to the national competition.
- The second place team will receive \$150 gift card for each team member,
- Our third place team will receive \$100 gift card for each team member

[\*\*Doctor's Dilemma Sign-Up\*\*](#)

## ACP Canada Cross-Collaboration Webinar Series

Join us for the final two sessions of 2025!

November 12, 2025 - Hosted by ACP Ontario

Register for our **November 12th webinar**, “**Transforming Community Hospitals with Artificial Intelligence**,” and discover how AI is reshaping healthcare delivery, improving patient outcomes, and streamlining operations in community hospitals across the nation.

[Register Today](#)

December 3, 2025 - Hosted by ACP Quebec

Register for our **December 3rd webinar**, “**Updates on Hepatitis B**,” and join us for a quick update on what's new, what matters, and what's changing with this topic!

[Register today](#)

## Be Sure to Vote in Our Ontario Election

Elections Now Open!

It's time to vote for our next Chapter Governor! The Governor serves as the official representative of the College for the chapter, providing a link between members at the local level and leadership at the national level. This year we have two superb candidates running for Governor-elect. I want to acknowledge and thank them both for their enthusiastic and dedicated work on behalf of our Chapter. Learn more about their background and experience by reviewing their biographies and candidate statements on our [Chapter's Website](#). The election will take place between September 26th, 2025 and November 7th, 2025. [Members can vote online](#). The ballot includes your ACP Member Number and unique Election Passcode that is required to cast a vote.

Please note the following to ensure a smooth voting process:

- Eligible voters are MACPs, FACP's, Members, and Resident/Fellow Members with an election date of September 1st, 2023 or earlier.
- ACP partners with Survey & Ballot Systems (SBS) to conduct the election.
- You may need to check their spam/junk folder for your ballot materials
- The subject of the ballot email will be “Vote Now! ACP 2025 Governor-elect Election Voting Information.”
- The sender will be Julie Sinkoff, Coordinator BOG Relations

For replacement ballots, print ballot requests, and election customer service, e-mail [support@directvote.net](mailto:support@directvote.net) or call 866-909-3549, Monday - Friday, 9:00am - 6:00pm ET. For general election information, contact [Julie Sinkoff](#), Coordinator, BOG Relations, by email or call 215-351-2699.

## Other Educational Opportunities

**Financial Wellness Educational Program  
for Physicians by Physicians**

The HHS and McMaster Departments of Medicine in collaboration with ACP Ontario Chapter are launching a new Financial Wellness Educational Program for physicians by physicians. These educational sessions will be delivered by Drs. Jane and Paul Healey. Events will be hybrid in-person and virtual, occur quarterly, light refreshments will be served. Jane and Paul have been instrumental in my own personal financial wellness, providing me the skills and confidence to manage my financial plan in accordance with my values.

**Date:** December 8th

**Time:** 5:00PM - 7:00PM

**Location:** Virtual and In-Person  
Hamilton General Hospital  
7N Large Conference Room

**[Register For The Meeting By Clicking Here](#)**

- After registering, you will receive a confirmation email containing information about joining the meeting.

**Advancement To Fellowship Informational Session**

**Save the Date!**

ACP Ontario will be hosting an upcoming informational session on Advancement to Fellowship.

Becoming an FACP ® is a distinction earned from colleagues who recognize your accomplishments and achievements in medicine. Know a Chapter Member deserving of advancement to Fellowship or Mastership? Nominate them!

Date: January 7th

Time: 5:30-6:30PM

Location: Via Zoom

**[Register Today!](#)**

## 2025 Annual Conference Highlights

### **McMaster Annual Conference in Hospital Medicine 2025: McMaster Annual Conference in Hospital Medicine 2025 – A Resounding Success!**

In conjunction with the ACP Ontario Chapter held May 30th – 31st at the Delta Hotel Airport and Conference Centre in Toronto, the McMaster Annual Conference in Hospital Medicine 2025 brought together clinicians, educators, and thought leaders for two days of dynamic learning and collaboration. Participants explored the evolving role of artificial intelligence and emerging technologies in inpatient care, engaged with evidence-based strategies for managing common hospital conditions, and discussed pathways to sustainable, high-quality hospital medicine across Canada.

Thank you to all who attended and contributed to the success of this year's conference! Save the Date for next year's conference: June 5th - 6th, 2026!

**Congratulations to our Award Recipients from this years annual meeting!**

- Vipin Nikore, MD, MBA, FACP - Laureate Award
- Eric S. Leith, MD - Long Service Award
- Suni Johnson, MBBA, FACP - Woman Physician of the Year
- Lori Israelian - Resident of the Year

**Save the date!**

Our 2026 conference will be held June 5-6th, 2026 at the Delta Hotel Toronto Airport and Conference Centre. More details can be found [here](#).

## MACP Award Recipient



A huge congratulations to Akbar A. Panju who has been chosen to receive Mastership from the American College of Physicians.

## Other Chapter Resources

- ACP Journal Club – a summary of the best new evidence for internal medicine from over 120 clinical journals.
- ACP Clinical Guidelines – providing recommendations based on the best available evidence; to inform when there is no evidence; and finally, to help clinicians deliver the best health care possible.
- DynaMedex® - ACP members have free access to the most current, evidence-based clinical decision support tool.
- MKSAP – Pre-order ACP MKSAP. New feature will include a Earn-As-You-Go CME feature. Whether you prefer to submit after you complete an entire subspecialty content area or only a couple of questions, it's easy and seamless to submit for CME and MOC with the Earn-As-You-Go feature!

## Connect with ACP Canada

### Canadian Chapters - American College of Physicians

ACP British Columbia, ACP Ontario, ACP Prairie Provinces, ACP Atlantic, ACP Quebec

1-512-285-8953

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