

California South RII Governor's Newsletter

July - Sept 2021 Edition



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Governor's Message

Dear Friends,

I hope that you are all safe and well. I hope that everyone had time to relax with family and friends this summer. As Southern California emerges from the 4th Surge, I think that there is hope for life getting back to closer to normal.

Our Chapter has been busy this summer with the 23rd Annual ACP California Internal Medicine Review and Update, so special thanks to Dr. Roman and all the excellent lecturers. We are working hard for the great October 9, 2021 ACP So California Meeting at Annenberg Health Sciences Building at Eisenhower Health, in Rancho Mirage. We hope to see you there or virtually.

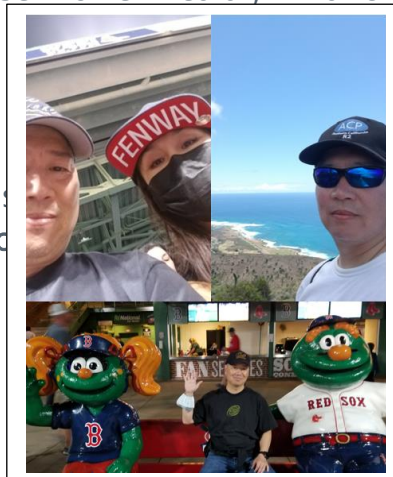
As we head into year's end, hopefully we will get a little time with family and friends.

Continue to do amazing things!

A handwritten signature in blue ink that reads "DK".

Daniel I. Kim, MD, MBA, FACP
ACP Governor R2 (OC and IE)

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ACP Southern California Regional Meeting 2021– “Inspire, Challenge, and Learn” - October 9, 2021

The annual Southern California Scientific Meeting will be held LIVE with a Zoom Broadcast of the main sessions on Saturday, October 9, 2021. The location will be at beautiful Eisenhower Medical Centers – Annenberg Center in Rancho Mirage.

The planning committee presents a wonderful meeting which will feature medical updates, point of care ultrasound sessions (By Dr. Ulrich’s Group) and SEP Modules for MOC among other valuable topics. We will have our annual scientific poster session finalists for medical students, residents and early career physicians present live at the meeting. We had over 350 poster submissions. Special thanks to the poster committee lead by Dr. Alina Popa and Gus Chavez and all the volunteer judges. The Residency Competition, Doctor’s Dilemma®, will be virtual and promises to be an exciting event. I hope we crown a Region 2 winner. 🤫 (Don’t tell Region 1 or 3)

There is still time to register for the Conference! More meeting info [HERE](#)

Member Spotlight – Michael Ulrich, MD Early Career Physician

Michael was nominated for his work with point of care ultrasound (POCUS) and research efforts at Riverside University Health System. In addition to his day job as a hospitalist, Michael has channeled his passion for POCUS to create a formal training program for attendings at RUHS to foster adoption of this technology for the benefit of trainees and patients in our internal medicine community. He is leading outcomes-based research on the impact of using POCUS in patients with acute decompensated heart failure.

Michael also serves as the co-chair of Region 2’s Advocacy Committee.



Michael with Family!!!

New Ideas and Opinions Article Suggests Ways to Support the Well-Being of the Physician Workforce in the COVID-19 Environment



Annals of Internal Medicine published a new Ideas and Opinions article "[Getting Through COVID-19: Keeping Clinicians in the Workforce](#)," authored by ACP leaders Darilyn V. Moyer, MD, FACP, FRCP, FIDSA; Eileen Barrett, MD, MPH; Susan Thompson Hingle, MD; and Cynthia D. Smith, MD. The authors are sending a direct message to employers at health systems, hospitals, and clinical practices to create strategies to support the well-being of the physician workforce during this pandemic. It is important for physicians to feel they work in an environment where they can safely care for patients while simultaneously supporting one another. The article recommends a variety of different methods and practices for employers to put in place that prioritize the physical and mental health of physicians and clinicians and go beyond the typical suggestions of yoga and meditation.

Volunteerism Committee - Opportunity

If you have a passion and interest in Volunteerism, then we may have an something for you. ACP So Cal Region 2 is planning to start a Volunteerism Committee in the next few month. If you interested please contact either Teresa or Me.

MEDICAL STUDENTS and RESIDENTS SESSIONS

October 9, 2021

We will be having special sessions for Students and Residents:

- Resident Interview Skills
- Program Director Panels for advice applying to Internal Medicine Residencies
- CV Workshop – Optimize your CV and get hands on advice

Additionally, you can participate in all the excellent plenaries and lectures including Ultrasound Sessions!

R2 Awards – Teaser Alert!!!

We will be announcing our newest Awardees at our Meeting on August 9..We will be announcing our newest Master to Region 2 as well as our Laureate Award Winner. We will also be announcing our Awardees for Excellence in Teaching and our ACP Residents of the Year. Come to the meeting to learn more or keep an eye out for the announcements in October!!!

FINAL NOTES

- If you are interested in becoming a Fellow (FACP) then please [APPLY HERE](#). You can also view the [Webinar on Fellowship](#)

- If you are interested in being more involved with ACP R2 – contact Teresa Roth, Executive Director, ACP Southern California Region II - Email: ACPSoCal2@gmail.com