

California Council of Student Members

The American College of Physicians California Council of Student Members is the liaison between the internal medicine interest groups and the state chapter of the American College of Physicians. Founded in 2016, it serves as a robust resource for medical students interested in internal medicine as well as a valuable student voice for the ACP state and national organization.

The goals of our organization are:

- To build an inter-school network of students interested in internal medicine
- To create continuity of ACP involvement throughout medical school
- To create a resource that IMIG clubs can refer to for membership advice, event ideas and information about ACP events
- To represent the interests and needs of California medical students
- To encourage scholarly work
- To network with residents and provide residency advice to medical students

The council remains active throughout the year with various initiatives to promote these goals throughout California. Current council projects include coordinating networking events for students at regional and national meetings, launching projects that promote physician wellness, and developing a curriculum to help students advocate health policy at the state and national level.

For more information or if you are interested in being part of CCSM, please email acpccsm@gmail.com.

CCSM Initiatives

Wellness

The wellness subcommittee is working to better understanding the current wellness resources available to California medical students. We also intend to survey medical students to understand what is working and what can be improved in the wellness space. We are committed to breaking down stigma and creating a space where students can speak candidly about physical, mental, and emotional well-being.

Advocacy

The CCSM Advocacy Subgroup is comprised of medical students from across the state working together to improve and empower peers in advocacy. Offerings are geared to prepare students for engagement in such events as the annual Leadership Days in Sacramento and Washington, D.C. Current projects include a chalk talk-style video series on health policy basics (ex. Public and private insurance, payment models, etc.) to increase student literacy in the underpinnings of our health care system and a one-pager "quick start" guide to advocating for patients (both pre-clinically and while on the wards), with much more planned!.

Women in Medicine

This newly-formed group seeks to address the topic of how gender dynamics in the medical workplace affects the daily lives of physicians, patient care, and the medical system more broadly. The initial goal of this group is to connect medical students in small in-person group settings with faculty who have experience and interest in this topic.

Member Spotlight

Isaure Hostetter



Isaure Hostetter is a fourth-year medical student at the University of California, Irvine School of Medicine and is a part of their Program in Medical Education for the Latino Community which seeks to train bilingual physician advocates for California's underserved communities. She believes that an understanding of the structures behind our health care system allows for physicians to be the best advocates possible and so she completed an MPH in Health Policy at the Harvard School of Public Health. She is matching this spring and is very excited to be the ACP Health Policy Intern in D.C. this summer before starting her residency!

Council Leadership

President

Sarah Takimoto

UC San Francisco School of Medicine



Sarah is a fourth-year medical student at UC San Francisco interested in general internal medicine. Her research interests include using health technology to improve transitions of care for vulnerable populations. She is passionate about teaching and medical education, serving on Curricular Governance Committees for UCSF School of Medicine's novel Bridges Curriculum. Sarah joined CCSM when it was founded in 2015. During her time on the council, she served as vice president and advocacy lead until her election as president in 2019. Sarah is passionate about empowering students as they pursue careers in internal medicine and work to improve the health care system for their patients.

Vice President

Annica Stull-Lane

UC Davis School of Medicine



Annica is a rising third-year graduate student in Integrative Pathobiology conducting her studies in the Medical Microbiology and Immunology department at UC Davis. As an MD/PhD student, she is interested in translating her research to improve human health outcomes. Her research interests host-microbe interaction and global health, working to elucidate molecular mechanisms and investigate better treatments for multidrug-resistant microbes. With interests in internal medicine, Annica joined ACP in 2015 as a student representative and has worked to facilitate mentoring opportunities for trainees in medicine at regional conferences. Driven to improve health for underserved populations, Annica has enjoyed participating in advocacy efforts through ACP. She is excited to continue to work with ACP through the CCSM to continue efforts on advocacy, wellness initiatives and mentoring.

Secretary

Ashley Ott

UC San Diego School of Medicine



Ashley Ott is currently a fourth-year medical student at the UC San Diego School of Medicine. She was born in Sunnyvale, California and obtained a Bachelor of Science in Cellular Biology from UC Davis with minors in Art Studio and Chicano Studies. During her time at UC San Diego, Ashley found her passion in refugee health and human rights and is currently developing the first elective and clinical rotation in migrant and border medicine at UCSD. As a member of the Choctaw Nation, Ashley has remained involved with the recruitment, retention and mentorship of those who are underrepresented in medicine through her work with the Association of Native American Medical Students, Student National Medical Association and Latino Medical Student Association. Though her involvement with ACP, Ashley works in advocating for patient rights at the state and national level and, in her spare time, continues to utilize her art degree as the editor-in-chief of The UC San Diego School of Medicine Human Condition arts and literary magazine.

Resident Advisors

Pooja Jaeel, MD

Brendan Kim, MD

Faculty Advisor

Tammy Lin, MD FACP MPH

California Council Student Members

2019 - 2020

California Northstate	Alana Freifeld Cindy Ma Andrew Chow Maneval
Stanford University	Dylan Joseph Peterson Maya Ramachandran Jonathan Guan-Lun You
UC Davis	Annica Stull-Lane
UC Irvine	Isaure Hostetter Axana Rodriguez-Torres Ava Runge
UC Riverside	Jasmine Jafari
UC San Diego	Ashley Ott Megan Musilli Alex Maloof
UC San Francisco	Sarah Takimoto Emily Siegel Jan Grandi
University of Southern CA	James Lee Edison Xu
Western University	Pengyi (Sharon) Zhu