

# INTERNAL MEDICINE FESTIVAL 2026

*Official Program Highlights & Comprehensive Event Report*  
*Theme: "Inspiring the Future of Internal Medicine"*

|                    |                                                                                   |
|--------------------|-----------------------------------------------------------------------------------|
| Date & Duration    | September 17, 2026   Full-day Event (10:00 AM – 6:30 PM)                          |
| Venue              | Shaheed Dr. Shamsul Alam Khan Milon Auditorium, Dhaka Medical College, Dhaka      |
| Organizing Bodies  | DMC IMIG, ACP Bangladesh Chapter, and Bangladesh Society of Medicine (BSM)        |
| Key Leadership     | Chief Guest: Prof. Dr. F. M. Siddiqui   Chairperson: Prof. Dr. Md. Mujibur Rahman |
| Scientific Partner | Aristopharma Pharmaceuticals Ltd.                                                 |

## 1. Executive Summary

The Dhaka Medical College Internal Medicine Festival 2026 (IMF 2026), held on September 17, 2026, marked an extraordinary milestone for internal medicine education in Bangladesh. Jointly organized by the American College of Physicians (ACP) Bangladesh Chapter, the DMC Internal Medicine Interest Group (DMC IMIG), and the Bangladesh Society of Medicine (BSM), with scientific partnership from Aristopharma Pharmaceuticals Ltd., the festival convened over 500 medical students, interns, clinical trainees, and eminent professors under the theme 'Inspiring the Future of Internal Medicine'.

Designed to foster academic excellence, clinical curiosity, and holistic professional growth, the day featured a distinguished Keynote Address, an innovative AI-proof live Medical Quiz Competition, state-of-the-art Electronic Scientific Poster Presentations, a dedicated Physician Mental Health Session, and an impactful Career Development Panel. The festival successfully demonstrated the vital mission of the ACP Bangladesh Chapter in nurturing the next generation of internists and clinical scholars.

### 1.1 Official Program Schedule

| Time Window         | Program Session / Academic Milestone                                     |
|---------------------|--------------------------------------------------------------------------|
| 10:00 AM – 12:30 PM | Grand Opening Ceremony, Inaugural Addresses & Keynote Speech             |
| 12:30 PM – 02:00 PM | Medical Quiz Competition (Live AI-Proof Prelims & Stage Finals)          |
| 02:00 PM – 02:30 PM | Lunch Break, Professional Networking & Wall of Fame Photo Booth          |
| 02:30 PM – 03:30 PM | Scientific E-Poster Presentation & Faculty Evaluation Rounds             |
| 03:30 PM – 04:15 PM | Mental Health Session: Preserving Wellness in Medical Training           |
| 04:15 PM – 05:15 PM | Career Development Session: Post-MBBS Pathways & Specialist Trajectories |
| 05:15 PM – 06:30 PM | Closing Ceremony, Prize Distribution, Raffle Draw & Grand Finale         |

## 1.2 Distinguished Academic Leadership

**Dignitary Assembly:** The festival was graced by foremost medical educators and leaders in healthcare from across Bangladesh:

|                                         |                                                                                                                                           |
|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Professor Dr. F. M. Siddiqui</b>     | Chief Guest & Keynote Speaker; Vice-Chancellor, Bangladesh Medical University; Chief Patron, BSM                                          |
| <b>Professor Dr. Md. Mujibur Rahman</b> | Chairperson; Governor, American College of Physicians (ACP) Bangladesh Chapter                                                            |
| <b>Professor Dr. Md. Monir-Uz-Zaman</b> | Co-Chairperson; Principal, Sir Salimullah Medical College (SSMC); Convener, BSM                                                           |
| <b>Prof. Dr. Md. Mazharul Shaheen</b>   | Special Guest; Principal, Dhaka Medical College                                                                                           |
| <b>Prof. Dr. Musarrat Sultana</b>       | Special Guest; Vice-Principal, Dhaka Medical College                                                                                      |
| <b>Deans &amp; Heads of Medicine</b>    | Prof. Dr. Ahmed Sami-Al-Hasan, Prof. Dr. Nadim Ahmed, Prof. Dr. A.K.M. Aminul Hoque, Prof. Dr. Ahmed Hossain, Prof. Dr. Md. Shafiqul Bari |
| <b>Organizing Leadership</b>            | Prof. Dr. Mohammad Zakaria Al-Aziz (DMC), Executive Mentors, and DMC IMIG Leaders                                                         |

## 2. Venue Setup, Delegate Reception & Morning Atmosphere

**Venue Architecture:** Preparations for IMF 2026 commenced at dawn at the iconic Shaheed Dr. Shamsul Alam Khan Milon Auditorium at Dhaka Medical College. The venue was outfitted with expansive high-definition stage LED displays, official ACP Bangladesh Chapter and DMC IMIG branding, and dedicated scientific exhibition corridors.

**Delegate Reception:** From 8:30 AM onward, a bustling influx of medical students, intern doctors, and delegates arrived. The registration desks, staffed by passionate student organizers, efficiently processed registrations, distributing conference badges, delegate portfolios, and official conference kits. The enthusiasm and morning anticipation established an energetic tone for the day.



**Figure 1.1: Main Auditorium & Stage Overview:** The illuminated Shaheed Dr. Milon Auditorium featuring the central LED festival backdrop and branded seating prior to the formal inauguration.



**Figure 1.2: Stage Dais & Rostrum:** Elegantly arranged floral rostrum and executive panel seating for presiding dignitaries.



**Figure 1.3: Foyer Red Carpet & E-Poster Stands:** Auditorium foyer corridor equipped with digital electronic poster display terminals.



**Figure 1.4: Registration Hub & Delegate Influx:** High-angle view of the bustling registration concourse as hundreds of delegates collected ID credentials and conference portfolios.

### 3. Grand Inauguration Ceremony & Keynote Address

**Ceremonial Opening:** The formal proceedings commenced promptly at 10:00 AM with a standing observance of the National Anthem, followed by solemn invocations. The auditorium was filled to maximum capacity with over 500 delegates and faculty members.



**Figure 2.1: Stage Dignitaries**



**Figure 2.2: Stage Dignitaries**



**Figure 2.3: Full-House Audience:** Packed assembly of medical students, resident doctors, and faculty in the main hall.



**Figure 2.4: Full-House Audience:** Packed assembly of medical students, resident doctors, and faculty in the main hall.



**Figure 2.5: Full-House Audience:** Packed assembly of medical students, resident doctors, and faculty in the main hall.



**Figure 2.6: Full-House Audience:** Packed assembly of medical students, resident doctors, and faculty in the main hall.



**Figure 2.7: Full-House Audience:** Packed assembly of medical students, resident doctors, and faculty in the main hall.



**Figure 2.8: Full-House Audience:** Packed assembly of medical students, resident doctors, and faculty in the main hall.



**Figure 2.11: Stage Assembly during Plenary Remarks:** Panoramic view of the dais leadership as proceedings transitioned toward the keynote presentation.

### 3.1 Keynote Speech by Chief Guest Prof. Dr. F. M. Siddiqui

**The Keynote Perspective:** The intellectual centerpiece of the morning was the Keynote Address delivered by Chief Guest Professor Dr. F. M. Siddiqui (Vice-Chancellor, Bangladesh Medical University; Chief Patron, BSM). In a masterclass presentation, Prof. Siddiqui charted the evolution, complexities, and future trajectories of internal medicine. He challenged aspiring physicians to develop profound clinical listening skills, embrace interdisciplinary problem-solving, and champion empathy amidst advancing diagnostic technologies.



**Figure 2.12: Keynote Address Delivery:** Chief Guest Prof. Dr. F. M. Siddiqui delivering his keynote address from the floral podium.



**Figure 2.13: Inspiring Future Clinicians:** Prof. Dr. F. M. Siddiqui sharing diagnostic philosophies with the captive audience.



Figure 2.14: ACP Governor Address: Prof. Dr. Md. Mujibur Rahman, Governor of ACP Bangladesh Chapter, addressing the house.



Figure 2.15: ACP Governor Address: Prof. Dr. Md. Mujibur Rahman, Governor of ACP Bangladesh Chapter, addressing the house.



Figure 2.16: Honoring the guest



Figure 2.17: Raffle Draw



Figure 2.18: Raffle Draw



Figure 2.19: Raffle Draw

## 4. Academic Competitions, Wellbeing & Career Mentorship

### 4.1 Scientific E-Poster Presentation & Evaluation

**Digital Innovation in Research:** Departing from conventional paper displays, IMF 2026 introduced high-definition digital Electronic Poster (E-Poster) screens lining the foyer galleries. Young researchers and medical undergraduates presented peer-reviewed case studies, epidemiological investigations, and clinical audits. Notable abstracts featured investigations into

dengue transmission dynamics, deceased organ donation frameworks in Bangladesh, and rare diagnostic journeys including Sheehan's Syndrome and Kallmann Syndrome.



**Figure 3.1: Presenter Defending Abstract:** Student researcher explaining dengue transmission findings to senior clinical faculty.



**Figure 3.2: E-Poster Corridor Overview:** Vibrant interactions and discussions between delegates and evaluators in the exhibition gallery.



**Figure 3.3: Rare Clinical Case Review:** Evaluation of diagnostic nuances in a case of Kallmann Syndrome with olfactory preservation.



**Figure 3.4: Faculty Jury Deliberation:** Senior professors interrogating study methodologies and offering clinical feedback.



**Figure 3.5: Longitudinal Case Discussion:** Presenter discussing long-term hormone non-compliance and metabolic sequelae in Sheehan's Syndrome with assembled doctors and judges.

## 4.2 Live AI-Proof Medical Quiz Competition

**Integrity & Speed:** The Medical Quiz Competition emerged as a sensational centerpiece of intellectual excitement.

Engineered specifically to be foolproof and AI-proof, the competition incorporated rapid countdown timers and nuanced clinical problem scenarios that rendered external search engines or AI assistants completely obsolete.

**Arena Showdown:** In the preliminary round, hundreds of delegates answered live questions simultaneously on their personal smartphones. The hall was charged with adrenaline as leaderboards updated live on the auditorium screen. The top teams advanced to a dramatic on-stage final round, answering complex clinical queries before a cheering audience.



**Figure 3.6: On-Device Quiz Battle:** Delegates intensely focused on answering rapid-fire clinical questions on their smartphones.



**Figure 3.7: Packed Auditorium Engagement:** Hundreds of medical students engaged in the live countdown preliminary quiz round.



Figure 3.8Lunch Break

### 4.3 Mental Health Session: Physician Wellbeing & Resilience

**Nurturing the Healer:** Recognizing that healer wellbeing is a cornerstone of sustainable clinical practice, Dr. S. M. Yasir Arafat (Gold Medalist, MPH, Assistant Professor / Specialist Psychiatrist) delivered a poignant session on physician mental health. He addressed clinical burnout, training-induced anxiety, and practical coping mechanisms for medical undergraduates and residents, urging attendees to build emotional resilience and seek timely psychological support.



**Figure 3.9: Mental Health Session Address:** Esteemed speaker Dr. S. M. Yasir Arafat addressing the delegates on physician wellness, psychological health, and burnout prevention.

#### 4.4 Career Development & Postgraduate Pathways

**Strategic Mentorship:** The afternoon continued with a dynamic Career Guideline Session featuring a panel of successful young specialists: Dr. S. M. Yasir Arafat, Dr. M. Wahid, Dr. Farsabah Noor, Dr. Md. Asif Hossain, and Dr. HM Azraf Nazmi. The speakers demystified postgraduate examinations, residency curricula, research fellowships, and international opportunities, offering transparent, practical roadmaps to enthusiastic undergraduates.



**Figure 3.10: Career Guideline Speaker Panel:** Distinguished panel of clinicians and consultants sharing actionable roadmaps on postgraduate training and clinical specialization.

## 4.5 Closing Ceremony & Grand Finale

**Triumph & Celebration:** The festival culminated in an inspiring Closing Ceremony. Winners of the AI-Proof Medical Quiz and the Scientific Poster Presentations were awarded crystal trophies, stacks of premier medical textbooks, and official certificates. The event concluded with the IMF 2026 Raffle Draw and a memorable all-hands commemorative photograph on stage.



Figure 3.11: The Grand Finale Commemorative Photograph.

## 5. Strategic Impact & Acknowledgments

**Chapter Accomplishments:** The Internal Medicine Festival 2026 accomplished significant organizational objectives for the ACP Bangladesh Chapter:

- **Undergraduate Empowerment:** Demonstrated the efficacy of the DMC Internal Medicine Interest Group (IMIG) as a vibrant bridge between medical students and ACP.
- **Scholarly Innovation:** Pioneered paperless, digital electronic poster presentations, establishing a new standard for student medical conferences in Bangladesh.
- **Fairness in Competition:** Engineered a custom AI-proof quiz architecture that rewarded authentic clinical knowledge and spontaneous medical reasoning.
- **Holistic Education:** Balanced intense academic inquiry with crucial conversations on mental wellness and realistic career planning.

**Acknowledgments:** We express our profound appreciation to our Scientific Partner, Aristopharma Pharmaceuticals Ltd., for their generous sponsorship and steadfast commitment to advancing medical education in Bangladesh. We extend heartfelt gratitude to the Dhaka Medical College Administration, Bangladesh Society of Medicine (BSM), and every participating medical college whose enthusiasm transformed IMF 2026 into a historic celebration of internal medicine.