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In This Issue:

- Message from the Governor
- Health talk on Acute Medicine at Popular Medical College
- Health talk on Acute Medicine at Chittagong Medical College
- Health talk on Acute Medicine at Shaheed Suhrawardy Medical College
- Internal Medicine Festival by IMIG group of Dhaka Medical College
- Annual Conference of ACP India 2022, At Andhra Pradesh
- Reception of "Women in Medicine" award
- Achievement of "Gold Excellence Chapter" Award
- Launching of ACP Bangladesh Chapter Office
- Reception of Newly Elected Committee of Bangladesh Society of Medicine
- ACP Internal Medicine Meeting 2023
- Meeting Minutes of Advisory Council
- List of members in last Six Months
- List of fellows in last Six Months
- Short Communication: Omicron BF.7-is it a New Soar?
- Conclusion

Message from Governor:



On behalf of ACP members of Bangladesh Chapter I wish you the Health-Happiness-Prosperity in 2023! I would like to express my heart-felt thank for your trust and cooperation throughout last year. 2022 was a prominent and mirthful for us as we have achieved many things. We have passed a very eventful year 2022. We have been working for the development of our very own internists from our inception and we will continue in years to come. The chapter has been awarded the GOLD chapter excellence award this year for the first time of chapter's history through your efforts and dedication.

Your great support, trust and cooperation are the indispensable factors to help us achieve the success and affirm our strong position in Bangladesh as well as International arena, living by the motto "Leading Internal Medicine, Improving Lives'". We are a diverse, global community of internal medicine specialists and subspecialists united by a commitment to excellence. With our utmost respect and gratitude, we look forward to your continuous support, cooperation in this new year of 2023. Wishing you a Happy New Year, bursting with fulfilling and exciting opportunities.

Health talk on Acute Medicine at Popular Medical College

ACP Bangladesh Chapter organizes masterclass series on Acute Medicine for students and clinicians as part of ACP Global Development Program as well as responsibility as an organization in the country. Program was targeted for undergraduate and postgraduate students and physicians from around the country. This series of classes on Acute medicine are being organized by Prof. Rubina Yasmin.

At Popular Medical College, 'Health Talk on Acute Medicine' was organized by ACP-Bangladesh Chapter in person on 30th September 2022. The whole program was divided into two scientific sessions. Each session had two legendary internists of Bangladesh as Keynote Speakers. In first session, Prof. MA Jalil Chowdhury spoke on "Approach to a patient with Acute Severe Asthma" and Dr. Aminur Rahman spoke on "Acute CNS Infection". This session was chaired by Prof. Khan Abul Kalam Azad, MACP and moderated by Dr. Homayra Tahseen Hossain. And in second session, Prof. Rubina Yasmin, FACP talked on "Approach to a patient with Pneumothorax" and Prof. Syed Md. Monowar Ali talked on "Approach to a patient with Acute Arthritis'. This session was chaired by Prof. HAM Nazmul Ahasan, MACP and moderated by Dr. Nawsabah Noor. Later vote of thanks was given by Dr. Sarmistha Biswas, FACP.









Health talk on Acute Medicine at Chittagong Medical College

A Health Talk was organized by ACP-Bangladesh Chapter on 27 October 2022 at Shah Alam Bir Uttam Auditorium, Chittagong Medical College, Chattogram, Bangladesh in collaboration with Bangladesh Society of Medicine, Chattogram Society of Medicine and Department of Medicine, Chittagong Medical College. The whole program was divided into three sessions which includes an inaugural session and two scientific sessions. Professor Khan Abul Kalam Azad, Professor Quazi Tarikul Islam, Professor HAM Nazmul Ahasan, Professor Hafizul Islam, Professor Mohammed Monowar UI Haque and Professor Md. Abdus Sattar were present as guests of the session and the principal of Chittagong Medical College, Professor Shahena Akter was present as chief guest. The session was moderated by Dr. Rafiqul Islam. Later on, Dr. Mahbub Mayukh Rishad highlighted the achievements of ACP-Bangladesh Chapter.

After completion of inaugural session, scientific sessions began. In Scientific session-1, Prof. Md. Abdus Sattar spoke on "Recent Update on Malaria Management" and Prof. Ahmed Hossain spoke on "Management of Household Poisoning". This session was chaired by Prof. Khan Abul Kalam Azad and moderated by Dr. Md. Habibur Rahman. Prof. Asok Kumar Datta, Prof. Sujat Paul, Prof. MA Hassan Chowdhury and Prof. Mohammad Jashim Uddin were present in panel of experts of scientific session-1.

In Scientific Sesson-2, Prof. Aniruddha Ghose talked on "Antivenom and Beyond" and Prof. Md. Ridwanur Rahman talked on "Acute febrile confusional state". This session was chaired by Prof. Quazi Tarikul Islam and Moderated by Prof. Rubina Yasmin. Prof. HAM Nazmul Ahasan, Prof. A K M Aminul Hoque, Prof. Md. Amir Hossain and Prof. Anupam Barua were present in panel of experts of scientific session-2. Later on, vote of thanks was given by Dr. Md. Shakeel Waez.

After completion of main program, Prof. Khan Abul Kalam Azad, Governor, Prof. HAM Nazmul Ahasan, Immediate Past Governor, Prof. Quazi Tarikul Islam, Past Governor, Prof. A K M Aminul Hoque, Treasurer and Dr. Rafiqul Islam, Secretary to Governor conducted meeting with ACP-Members presented on the event. This meeting was moderated by Dr. Mahbub Mayukh Rishad.









Health talk on Acute Medicine at Shaheed Suhrawardy Medical College

You will be pleased to know that as a part of our commitment to the development of our internists, we have conducted a Health Talk at Shaheed Suhrawardy Medical College, Dhaka, Bangladesh on 29th November 2022. The principal of Shaheed Suhrawardy Medical College, Prof. ABM Muksudul Alam was present as chief guest. There, four time-demanded topics were discussed by Prof. Firoz Ahmed Quraishi (Seizure Disorder), Prof. Saki Md. Jakiul Alam (Life Threatening Medical Emergency), Dr. Anzirun Nahar Asma (Dermatological Emergency) and Dr. Sudip Ranjan Deb (Medical Emergency in Pregnancy). The sessions were chaired by Prof. Quazi Tarikul Islam and Prof. HAM Nazmul Ahasan and the sessions were moderated by Dr. Mohammad Rafigul Islam, Dr. Abdur Rahim & Dr. Nawsabah Noor.













Internal Medicine Festival by IMIG group of Dhaka Medical College

Two years after the blazing success of the 1st ever Internal Medicine Festival, Dhaka Medical College Internal Medicine Interest Group (DMC IMIG) brought off the highly anticipated 2nd edition in collaboration with the Bangladesh Chapter of ACP on 4th-5th September 2022. The event was organised at Dhaka Medical College premises.

More than 350 keen undergraduate medical students participated in the festival, which included seminars, career counseling sessions and sessions on mental health conducted by esteemed professors of Internal Medicine and alumni of the institution. It also had a number of exhilarating competitions for the students, which included Doctor's Dilemma, Abstract Presentation where the future physicians presented their original papers and reviews, Academic Topic Presentation and Poster Presentations on Diabetes and Emerging and re-emerging diseases. Professor Dr. Md Titu Miah, the Principal of Dhaka Medical College inaugurated the festival, while Professor Dr. Khan Abul Kalam Azad, former Governor of ACP Bangladesh Chapter, was present as the Chief Guest. Both congratulated DMC IMIG on pulling off the event and expressed their wish that the festival will go a long way to make the medical students more interested and engaged in Internal Medicine from the undergraduate level.

A scientific seminar on "Fluid and Electrolyte Management" was conducted by Professor Dr. Md Asadul Kabir, while another seminar on "Research Methodology" was presided over by Professor Dr. Md Robed Amin. Both the seminars were animated with active participation of the students, who were ecstatic to learn from the prominent internists of the country.

Perhaps the most exciting segment of the entire event was Doctor's Dilemma where six teams, after a rigorous initial selection, battled it out on stage in front of an equally enthusiastic audience. The closing ceremony was presided over by Professor Dr. HAM Nazmul Ahasan, immediate past governor of ACP Bangladesh Chapter, who applauded the agile audience as well as the organizers and concluded by conveying his hope for more such festivals in the future. The students of Dhaka Medical College also expressed their appreciation for having a gateway to learn about internal medicine from a novel angle. Altogether, the festival was a huge success and DMC IMIG plans to continue hosting similar triumphant events in days to come.

















Annual Conference of ACP India 2022, At Andhra Pradesh

ACP India Chapter had organised 7th Annual Conference; IM-ACP India 2022 from 18th to 20th Nov 2022 in Visakhapatnam, Andhra Pradesh. The conference aimed to ideate, analyzed and shared inventive, feasible and implementable ways to encourage and disseminate knowledge, education and research to make high-level of care. This year the theme was "Back to Basics" and they have chosen all the timedemanded topics related to the day-to-day use of the physician.

It is to inform you that ACP Bangladesh chapter had attended ACP-India Chapter meeting at Visakhapatnam, India. Governor of ACP Bangladesh Chapter Prof. Khan Abul Kalam Azad, along with Prof. Quazi Tarikul Islam, Prof. HAM Nazmul Ahasan, and Prof. Md. Mujibur Rahman presented different topics as speakers. Besides, Prof. Khawja Nazim Uddin, Prof. Md. Julhash Uddin, and Prof. Md. Mahabubul Islam Majumder were present as chairpersons in separate sessions.



Reception of "Women in Medicine" award

Promoting gender equity and eliminating the inequities in career advancement is a longstanding goal of ACP. As an organization, ACP committed to address the unique challenges female physicians confront over the course of their careers in order to foster an inclusive environment that promotes growth and development for female physicians. ACP believes that addressing the barriers that women in medicine face is essential for the internal medicine community to benefit from the full potential of women physicians in the workforce. ACP elects "Women in Medicine" to showcase the experiences and accomplishments of female physicians and highlight their contributions. ACP Bangladesh Chapter has awarded Prof. Rubina Yasmin as "Women in Medicine" award for her significant contribution in Medicine field in Bangladesh.



Achievement of "Gold Excellence Chapter" Award

It's a matter of immense pleasure to inform you that ACP-Bangladesh Chapter has won Chapter Excellence award this year and for the sixth time in a row. Our chapter have been winning this award in Bronze category for last five years. But for the first time, we have achieved Gold category award this year. This award has brought great prestige for our chapter, community as well as our country, which became possible through everyone's continued support and devotion to our chapter and active participation in our chapter activities.



Launching of ACP Bangladesh Chapter Office

it's our privilege to inform you that after an extended period, finally, ACP-Bangladesh Chapter has its address. We have succeeded in establishing a well-furnished and facilized own office at Rangs Nasim Square (3rd Floor), House No.: 46, Sheikh Kamal Saroni, Road No.: 16, Dhanmondi R/A, Dhaka 1209, Bangladesh for conducting regular operations. We had organized a grand opening of our new office on 13th December 2022 on our own premises.





Reception of Newly Elected Committee of Bangladesh Society of Medicine

ACP Bangladesh chapter would like to take the opportunity to congratulate the newly elected members of Bangladesh Society of Medicine (BSM) EC election, 2022. Bangladesh Society of Medicine is the largest society of Medicine specialists in our country. BSM was established for ensuring the rights and benefits of Medicine Specialists and teaching graduate and postgraduate students so that they will be able to provide comprehensive healthcare services to the people of Bangladesh. We believe, their enthusiasm, dedication and dynamic leadership will take Bangladesh Society of Medicine towards a newer milestone.

ACP Bangladesh Chapter has given grand reception to the newly elected committee on 13th December. Along with Prof. Md. Titu Miah, President, BSM and Prof. Ahmedul Kabir, Secretary General, BSM, all the executive members of BSM were present there. The session was chaired by Prof. Khan Abul Kalam Azad. Bangladesh Society of Medicine has showed full support from the beginning of "ACP-Bangladesh Chapter" & we also had run and will do all the activities in collaboration with "Bangladesh Society of Medicine and American College of Physician". We are very much hopeful that, collaborating with the newly elected EC committee of BSM, ACP-Bangladesh Chapter will carry through towards newer heights. We will jointly work for the development of the internist of our country.











ACP Internal Medicine Meeting 2023, USA

The upcoming Annual ACP internal medicine meeting will be held from 27-29th April'23 in San Diego, USA. This conference expects to update knowledge and skills, discuss timely topics, share ideas, and exchange information alongside the internal medicine colleagues, globally. Expert faculty will present over 170 scientific and practice-related sessions that invite individuals to discover new ways to improve medicine specialists' techniques and patient care. Few delegates from Bangladesh will be expected to join the meeting. Bangladesh society of medicine is also collaborating with ACP Bangladesh chapter to make the travel safe and smooth for the attendees from Bangladesh for the upcoming ACP Internal Medicine Meeting 2023.

The knowledge you gain by attending Internal Medicine Meeting provides lasting impact. Learn from top peer educators in the highest-quality scientific and practice-related sessions that cover the spectrum of internal medicine and the subspecialties. Explore over 170 educational offerings in a variety of interactive formats that meet your learning needs and match your interests. Formats include: Clinical Pearls, Clinical Triads, Multiple Small Feedings of the Mind, Slide Shows, Clinical Workshops, Meet the Professor, Panels, Updates.



SAN DIEGO, CA
April 27-29, 2023
Pre-courses April 25-26
MASTERING MEDICINE TOGETHER

ACP Internal Medicine Meeting

Meeting Minutes of Advisory Council

An advisory council meeting was held at ACP Bangladesh Chapter office, Rangs Nasim Square (3rd floor), House No. 46, Road No.: 16, Dhanmondi, Dhaka-1209 on 13th December 2022. It was the first meeting held in new office. New office was inaugurated by past governors of ACP, president of Bangladesh Society of Medicine (BSM), current Governor and other dignitaries of BSM and ACP.

Following decisions were taken in the meeting;

- 1. ACP Bangladesh Chapter will increase its activity throughout the country.
- 2. Regular organization of regional and annual conference.
- 3. Increase hands on training activity for members and residents.
- 4. Regular arrangement of CME for students member.
- 5. Increase cooperation with BSM.
- 6. Increase activity to establish "Internal Medicine day" in Bangladesh.

Prof. Khan Abul Kalam Azad congratulated everyone for attending the meeting. Everyone enjoyed lunch in the same venue after the meeting.





List of Fellows in last Six Months

Abu Muhammad Shamsu Uddin, MBBS FACP

BG Md. Abdur Razzak, MBBS FACP

Kazi Shamim Ahamed, MBBS FACP

Md Nazmul Hoque, MD FACP

Mohammad Sarwar Khan, MBBS FACP

Muhammad Mohsin, MD FACP

Muhammad Shah Alam, MBBS FACP

Nitai Chandra Ray, MBBS MD FACP

Shaiful Islam Tipu Chowdhury, MBBS MD FACP

Sk Moazzem Hossain, MBBS FACP

List of Members in last Six Months

A H M Enayetur Rashul, MBBS MD

A H M Hafizur Rahman, MBBS

Abdullah Al Hasan, MBBS

Abdullah Al Maruf, MBBS MD

ABM Kamrul I Sarker, MBBS

Abu H Chowdhury, MD

Alamgir Hossan, MBBS

Ali Hossain, MBBS MRCP

Amit Chatterjee, MBBS

Anupam Kanti Thakur, MBBS MD

Arunava Paul, MBBS

Arunavo Das, MBBS

Atikur Rahman, MD

BIJAN CHANDRA TALUKDER, MBBS

Bivash Kumer Sheel, MBBS

Chitta Ranjan Paul, MBBS MD

COL Karim Mostafil Md, MBBS

Debashish Biswas, MBBS

Dilip Kumar Ghosh, MD

DM Kamrul Hasan, MBBS

Dr A B M Golam Mostofa, MBBS MD

Dr Bhabananda Baroi, MBBS

Dr Md Kawser Hamid, MBBS

Dr Md Shafikul Ahsan, MBBS MD

Dr Mohammad Tariqul Islam, MBBS MD

Dr Rajib Biswas, MBBS MD

Dr. A S M SOHEL BIN SAYEED, MBBS MD

DR. DEBASHIS ROY, MBBS

Dr. Farhana Afrooz, MBBS

Dr. Farhana Faruque, MBBS

Dr. GOLAM KIBRIA, MBBS MD Dr. Md. Atike Mahmud, MBBS

DR. MD. IMRUL ISLAM, MBBS MD

DR. MD. JAFAR ISLAM, MBBS

DR. MD. MAHADE HASSAN, MBBS

Dr. Md. Selim Uddin, MBBS

Dr. Md. Shafayat Habib, MBBS

Dr. Md. Tamjid Ali, MBBS MD

Dr. Md. Zainal Abedin, MBBS MD

Dr. Mohaiminul Abedin, MBBS

Dr. Most Laila Akter, MBBS

Dr. Muhammad Zubaer Hussain, MBBS

Dr. Najmun Nahar, MBBS

Dr. ROKHSANA ALAM RIPA, MBBS MD

Dr. Sudin Chandra Das, MBBS MD

| Faria Mahbuba, MBBS |
|------------------------------|
| FARZANA ISLAM, MBBS |
| IQBAL MAHMUD, MBBS MD |
| Israt Zerin Eva, MBBS |
| Kazi Nazma Begum, MBBS |
| Khondaker Abul Bashar, MBBS |
| Khondoker Monirul Alam, MBBS |
| KOUSHIK BHOWMICK, MBBS |
| M F Abiduzzaman, MBBS |
| MAJ Arafat Jamil, MBBS |
| Md Abdul Awal, MBBS |
| Md Abu Taher, MBBS MD |
| Md Abu Tarek Iqbal, MBBS MD |
| MD ABUL KHAIR YOUSUF, MBBS |
| MD AHOSAN HABIB, APN |
| Md Ashrafujjaman, MBBS MD |
| Md Azharul Islam, MBBS |
| MD FAYZUR RAHMAN, MBBS |
| Md Forhad Hossain Hera, MBBS |
| Md Hamid Uddin, MBBS |
| MD HASAN ZAMAN, MBBS |
| Md Heru Al Amin, MBBS |
| Md Imran Hossain, MBBS MD |
| Md Jaber Abedin, MD |
| |

| Md Kamrul Hasan, MBBS MD |
|-----------------------------------|
| Md Kutub Uddin, MBBS |
| Md Mahfuzur Rahman, MBBS |
| Md Masudur Rahman, MBBS |
| MD MEHEDI HASSAN, MBBS |
| Md Mokhlesur Rahman, MBBS |
| Md Moshiur Rahman Mia, MBBS MD |
| MD ROMANUR RAHMAN, MBBS |
| MD SALMAN HOSSAIN, MBBS |
| Md Shahun Islam, MBBS |
| Md Sharif Hasan, MD |
| MD SHARIFUL ISLAM, MBBS |
| Md Tanvir Rahman, MBBS |
| Md. Ataul Huq, MBBS |
| Md. Habibur Rahman, MBBS |
| Md. Imran Hossain, MD |
| Md. Jonaed Hossain, MBBS |
| Md. Joynal Abedin |
| MD. KHAIRUL BASHAR, MBBS |
| Md. Mahmudun Naby, MBBS |
| Md. Motiur Rahaman Sumon, MBBS MD |
| Md. Rofiqul Islam, MBBS MD |
| |
| Muhammad Ahdul Momen Khan MRRS MD |

Md Kabir Hossain, MBBS MD

| Md. Shahadat Hossain, MBBS |
|---------------------------------------|
| Md. Shahriar Siddiki, MBBS |
| MD. TUHIN AKHTER, MBBS |
| Md. Zahidul Haque, MBBS |
| MITHUN DEBNATH, MBBS |
| Mohammad Abdur Rahim, MD |
| Mohammad Ezazul Karim, MBBS MD |
| Mohammad Imam Hossain, MBBS |
| Mohammad Kaisar Hasan Khan, MBBS |
| Mohammad Kamal Hossain Patwary, MBBS |
| Mohammad Kamal Uddin, MBBS |
| Mohammad Moharam Ali, MBBS |
| Mohammad Moharam Ali, MBBS |
| Mohammad Mominul Islam Fakir, MBBS MD |
| Mohammad Monirul Islam, MBBS |
| Mohammad Refatul Islam, MBBS |
| MOHAMMAD SAIDUR RAHMAN, MBBS |
| Mohammad Zannatul Rayhan, MBBS MD |
| Mohammed Emdadul Haque, MBBS |
| Monish Saha Roy, MBBS MD |
| Mostafa Arif, MBBS |
| Mostofa Monwar Kowshik, MBBS |
| |

Muhammad Abdul Momen Khan, MBBS MD Muhammad Arifur Rahman, MBBS Murad Mohammed Faisal Hero, MBBS Mushfiq Newaz Ahmed, MBBS Nighat Islam, MBBS MD Prodip Kumer, MBBS Rabiul Alam Md Erafin Uddin, MBBS Rafiqul Hasan, MBBS MD Ramkrishna Saha, MBBS Rezwana Siddique, MBBS MD S M N ALAM, MBBS MD S M ZAVED MAHMUD, MBBS Sayeedur Rahman Khan, MBBS Shireen Sultana Shovon Rahut, MBBS Siam Moazzem, MBBS SOUMITRA SARKER, MBBS SREEKANTA CHAKRABORTY, MBBS Sreepati Bhattacharjee, MBBS Sultana Ashrafi Ahmed, MBBS Syed Fazlul Islam, MBBS Tazin Afrose Shah, MBBS Tofayel Uddin Ahmed, MBBS

Omicron BF.7-is it a New Soar?

Dr. Ranajit Sen Chowdhury

For the last couple of weeks, we might get worried about a new Omicron subvariant BF.7, which was basically reported for the late 2022 wave in China (Yanti, Shaoguan). However, it was marked rounds in the US and some European countries like Belgium, Germany, France, and Denmark. In the US, the percentage of infection is holding steady at around 5.7% now (December 22). However, the situation is different in China. They got an Omicron surge. China has been suffering from a rush of cases after moving away from its 'zero Covid' approach, which mandated strict lockdown, quarantining, and closed borders. ¹

In the last week of December 22, four Chinese visitors who arrived in Dhaka, Bangladesh, were found to be infected with Omicron BF.7 despite all being negative in the preflight Covid test. They were positive for rapid Antigen Teat and later were confirmed by Gene sequence. ²

The news may lead to sprawling around of misconception and several queries, like-

- Will there be a new Covid outbreak in the country?
- Does this new variant lead to severe Covid?
- What measures do we need further?
- Should we impose new Covid rules now?

SARS-CoV-2 Omicron BF.7 is a subvariant known as BA.5.2.1.7. WHO has listed it as VOC (Variant *Of Concern*), which means its association with one or more of the following changes at a global health significance:

- Increase in virulence or change in clinical disease presentation Or
- Increase transmissibility or detrimental changes in Covid epidemiology Or
- Decrease in the effectiveness of public health and social measures or available diagnostic, vaccination, or therapeutic measures.

Notably, according to SIG (SIRS-CoV-2 Interagency Group), SARS-CoV-2 variants are classified as - VBM (*Variants Being Monitored*): VOI(*Variants OF Interest*): VOC(*Variant Of Concern*): VOHC(*Variant Of High Consequences*).

What is Omicron?

Omicron (B.1.1.529) is a variant of SARS-CoV-2, reported to WHO by the network of Genomic Surveillance in South Africa on November 24, 2021. Following the original variants, several subvariants emerge; BA.1, BA.2, BA.3, BA.4, BA.5. Omicron BF.7, a subvariant of Omicron BA.5. There is a mutation in the viral spike protein of SRAS-CoV-2 called R346T. This mutation is also observed in parent variant BA.5 and is known to be linked with augmentation to escape neutralizing antibodies made by vaccination or past infection. Another mutation called N460K is the most crucial factor behind the higher neutralization resistance of BF.7 also.³

What is special about Omicron BF.7?

- It is quicker to transmit than other variants for its higher R0 (*Basic Reproductive Number*) 10-18.6 in contrast to R0 5.08 for other variants.
- Having a shorter incubation period (3-5 days).
- A greater capacity to infect people who have had previous Covid infection or have been vaccinated.

Nevertheless, BF.7 is more contagious but less virulent.

Infected persons present with almost the same features as other Covid variant infections.⁴

The primary tool to fight against it remains the same, like wearing masks, hand hygiene, testing for suspected persons, and vaccination. However, some additional precautions, like mandatory preflight Covid testing for travelers from suspected countries and isolation promptly after detection, and extra precaution for health care providers, can halt its penetrance, as there is still no evidence of surge emergence in India and Bangladesh after the first detection.

However, with Omicron BF.7, we have another concern to consider. It is subvariant XBB.1.5. A new recombinant strain of BA.2.75 and BA.2.10.1, which is more immune evasive and better at infecting. Nevertheless, still, no evidence to cause severe disease.⁵

Regardless of whether the surge arrives, our increased concern, watchful observation, and maintaining ongoing Covid protection tools are still our strategies to handle.

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Conclusion



It is a matter of great pleasure for us that the number of active members and fellows are significantly increasing with time. And a good number of members receive fellowship every month after fulfilling the criteria. Internists with a greater contribution to the field of medicine can directly apply for fellowship after completing certain procedures. We are always there for any kind of assistance.

Winter is hitting hard at our door. May you shine like sparkling dews in the rays of the morning sun. We are wishing you all of the hope, wonder, and Joy that the Season can bring!