

The Lantern

August 2023

SPRING 2023 RESOLUTION RESULTS, UPCOMING FALL 2023 RESOLUTIONS & CALL FOR SPRING 2024 RESOLUTIONS

A summary of Board of Regents actions on Board of Governors (BOG) resolutions debated at the April 29, 2023, ACP Board of Regents (BOR) Organizational Meeting is available below:

Adopted and referred for implementation:

- 7-S22. Addressing Incidental Findings for Optimal Utilization of Radiology Services
- 2-S23. Developing Programs to Educate Internal Medicine Physicians in Medication Abortion
- 5-S23. Expanding ACP's Existing Climate Change and Health Toolkit to Aid Transitioning to Sustainable Healthcare
- 12-S23. Updating ACP Policy to Eliminate the Ban against Blood Donation from Men Who Have Sex with Men
- 13-S23. Acknowledging Healthcare-sponsored Voter Engagement as a Health Equity Strategy
- 14-S23. Improving Access to Vaccines in Internal Medicine Physicians' Offices and Other Ambulatory Arenas

Referred for Study:

- 3-S23. Developing Educational Resources to Train Physicians about the Evolving Threats of Climate Change on Human Health
- 6-S23. Promoting Research on the Public Health Impact of Extreme Risk Protection Orders (ERPOs) in Reducing Firearm Death and Injury
- 9-S23. Updating ACP's Action Plan for Advocating for Universal Insurance Coverage of Obesity Treatment
- 10-S23. Advocating Against Restrictive Clauses in Physician Employment Contracts
- 11-S23. Advancing Transparency in Compensation to Achieve Parity Regardless of Gender and Other Personal Characteristic

Please follow the link here to the Spring 2023 resolutions.

Fall 2023 Resolutions

Members of the Governor's Advisory Council have reviewed the 8 proposed resolutions for the Fall BOG meeting and provided feedback to the Governor. Please review the resolutions and provide your feedback on the 7 of the 8 resolutions (Res 3-F23 was accepted as a reaffirmation of ACP Policy) by going to the [Fall 2023 Resolutions website](#) before

August 30, 2023. You will have to sign-in to leave your opinions.

Spring 2024 Resolutions

Are you concerned about a practice or clinical issue or have an idea you'd like to suggest? If so, you might consider submitting a resolution to your Governor or chapter council.



Initiating a resolution provides ACP members an opportunity to focus attention at the ACP national level on a particular issue or topic that concerns them. Participating in the Board of Governors resolutions process provides the ACP grassroots member a voice and allows you to shape College policy that impacts the practice of internal medicine.

Not sure how to begin drafting a resolution? Researching the College's position on an issue can give you a start. The recently released *ACP Board of Governors Resolutions Guide for ACP Members* is now available to download and will help, too. *The Guide* was created to provide members a short overview of the resolutions process essentials and highlights critical ACP online resources you must use.

Once drafted, members must submit resolutions to their Governor and/or chapter council. Chapter council approval to move resolutions forward to ACP national is required. A resolution becomes a resolution of the chapter once the chapter council approves forwarding it to ACP national. If effecting change interests you, the deadline for submitting new resolutions to be heard at the Spring 2024 Board of Governors Meeting is **October 16, 2023**.

Share your good ideas with us. Draft a resolution or if you would like to discuss it with me, send me an email at amarkus@acpazchapter.org

[REGISTER NOW OCTOBER 27-28 ACP-ARIZONA ANNUAL SCIENTIFIC MEETING AT MIDWESTERN UNIVERSITY IN GLENDALE AZ](#)

EDUCATIONAL AND OTHER ACP OPPORTUNITIES YOU DO NOT WANT TO MISS

1. SUBSTANCE USE DISORDER (SUD) EDUCATION: NEW DEA REQUIREMENT

Beginning on June 27, 2023, the DEA will require one-time attestation of training on management of substance use disorders (SUDs) prior to renewal of a DEA registration.

The DEA has released guidance on the new one-time requirement for completion of eight hours of training on the treatment and management of patients with opioid or other SUDs.

As an ACCME-accredited CME provider with Commendation, ACP offers a wide variety of recommended activities that count toward meeting the new DEA attestation requirement.

Choose from the curated list at this ACP link: (<https://www.acponline.org/clinical-information/clinical-resources-products/substance-use-disorder-sud-education-new-dea-requirement>) to satisfy the completion of a minimum eight hours of substance use disorder CME.

I am also recommending checking the FAQ's on this page to get more information on meeting this requirement.



2. FREE ACCESS TO DYNAMEDEX- A COMBINATION OF DYNAMED AND MICROMEDEX

<https://www.acponline.org/clinical-information/clinical-resources-products/dynamedex-a-benefit-of-acp-membership>

3. NEW!! FREE PHYSICIAN COMPENSATION TOOLS AND DISCOUNTS ON ATTORNEYS TO HELP WITH CONTRACT REVIEW AND NEGOTIATION THROUGH RESOLVE

<https://www.acponline.org/membership/additional-membership-benefits/physician-compensation-tools>

ACP-Arizona Representatives Meet Legislators and Governor at Leadership Day in AZ and DC



This past year, our ACP Advocacy Committee participated in both Leadership Days in AZ and in DC. They met with state legislators and our federal representatives while learning about how to advocate for our patients and our professions. Governor Katie Hobbs also came and welcomed our ACP-Arizona group. The following members attended leadership day representing our chapter Ahsan Kamal, MD, Amany Elshaer, MD, Eiad Habib, MD, Shakaib Rehman, MD, MACP (Chair), Shireen Jindani, MD, FACP (Vice-Chair), Shradha Gupta, MD, FACP, Srekar Ravi, MD, Tushar Menon, MD, Eladio Pereria, MD, FACP, Priya Radhakrishnan, MD, FACP, and Timothy Fagan, MD, FACP. To read more about one member's perspective on the experience of attending the Leadership Days see page 3.



Leadership Day: Finding Your Voice as a Physician Advocate

Dr. Shradha Gupta, FACP

Leadership Day is the annual advocacy event at Capitol Hill. American College of Physicians members across the country get together and discuss our issues with U.S. lawmakers. Every year the college prioritizes issues for internal medicine physicians and discusses them with U.S. lawmakers to influence policy making.

In my clinical practice, I realized the need to stand up for my patients. Advocacy starts in the examination room when I am advocating and fighting for my patients. I soon realized the “Power of One”. I felt compelled to raise my voice and concerns for my patients. It starts with that one conversation with my patient or my colleague.

It really starts when we notice the need for a change. It could be unequal reimbursements, physician shortage, pre-authorization and many more. I realized something needed to change and I made sure my voice was heard.

The discussion felt very similar to having a sincere conversation with one of my patients. I made sure I was listening and finding ways so that they would trust me. Then making some space for conversations to start. Making small but steady progress. Finally taking small wins and working towards big ones. It then occurred to me that Advocacy is a long journey, and we will need directions and mentorship along the way.

This year we advocated for increasing residency spots and making some progress towards decreasing physician shortage. We also discussed the REDI Act (Resident Education Deferred Interest), which allows residents to defer their student loans during training. Prior authorization causes patient care delays and is also very time-consuming. We discussed exceptions to the Safe Step Act so we can focus our resources wisely. Some other issues were kids’ access to primary care and strengthening Medicaid reimbursements. It was a great way to learn leadership skills and interact with physician leaders from across the country.

If you would like to join our advocacy committee and get more involved with leadership days, please reach out to our [Chair Dr. Shakaib Rehman](#) or Vice Chair Dr. Shireen Jindani

THANK YOU FOR YOUR SUPPORT OF OUR CHAPTER!!!

ACP-Arizona is thankful to our members who provide donations that support our Early Career Physicians, Residents and Students with educational programs like LEAD-IM and so many others. Here are your fellow members who have made a voluntary contribution with their dues this past year (please let me know if we missed your name for the next newsletter):

Thank you!

Andrzej P Kudelka, MD FACP
Suresh B Katakhar, MD FACP
David J Gullen, MD MACP
Bernadette J Arnecke, MD FACP
Allan L Markus, MD FACP
Pina P Shah, MD FACP
Cheryl W O'Malley, MD MACP
Michael A Markowitz, MD
Kama S White, MD
Ipuole Ogar, MD FACP
James R Smith, MD
Vikeen Patel, MD
James B McAuley, MD FACP
James F Keane, DO FACP
William Gordon Elliott, DO FACP
Divesh R Anireddy, MD

Karen E Parker, MD PhD
Adnan Asif Parvez Ghias, MD
Jay S Friedman, MD FACP
Anita C Murcko, MD MACP
Carl F Diener, MD FACP
Charles B Giffin, MD FACP
Gonzalo M Celis, MD FACP
David P Sklar, MD
Rene J Beckham, MD FACP
Constantia A Abarikwu, MD FACP
Charles H Johnson, MD FACP
Nora N Siegrist, MD
Trinh T Doan, MD
Paru S David, MD FACP
Brian A Mayernick, MD
Lisa F Soltani, MD FACP

Mayur A
Rathod, MD
Vasanta P Weiss, MD
Dat D Nguyen, MD
Vijay Hari Chandiramani, MD FACP
Benjamin K Sarsah, MBChB FACP
Mohammad Zargarian, MD
Monica E Viteri-Giordano, DO
LaTrecia Herring, MD
Fernando P Gonzalez-Ibarra, MD
Erik C Bakken, MD
Mehrnoosh Zarkoob, MD
Lakshmi Vilasitha Kocherlakota, MD
Nabin Khatiwada, MD
Nathanael Adjei-Kyeremeh, MD
Govinda Adhikari
Diana Maria Silva Cantillo, MD
Ijeoma Uche MD FACP



To make a tax-deductible donation to the ACP-AZ Chapter
Please use the QR code or click on the link below

[**DONATION LINK**](#)

ACP-AZ GOVERNOR'S MESSAGE

I always find this time of year to be the most exciting time of the year for many in medicine. It is the time we “graduate” our senior residents who are going on to hopefully be our colleagues or future specialty fellows. We hope for many this will be the next step in their ACP journey as either Early Career Physicians or specialty fellows. For those who have recently graduated from one of our residency programs and those who are still within 8 years of medical school graduation, [there are significant discounts available to stay active in ACP](#). In addition, for those who want to do some professional development while at the same time earning the title of Fellow of the ACP, there is a special ACP Guided Fellowship Program. If you are interested, [you can learn more here about the program](#) there is also a video at this link.

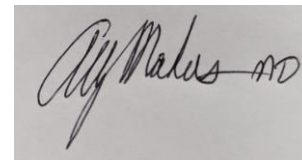
The other thing I love about this time of year is the new residents and students who are coming to our residency programs and medical schools in our state. These new residents bring us enthusiasm, idealism, and many times fresh perspectives on practicing medicine. This year we also had 2 new Internal Medicine programs receive accreditation with announced plans for more coming to our state. In addition, we have new IM Program Directors at Mayo Clinic and Creighton University School of Medicine.

Our Governor’s Advisory Council has approved updates to our Chapter Bylaws and they have been approved by the ACP National staff and Board of Regents. With these new bylaws, the chapter will be reinstating our processes of elections for your chapter leadership and advisory council, creating more positions of vice-chairs for committees, and continuing to move forward with

programs and advocacy for our membership. We will keep you all informed as we move forward through the transition.

I am very excited about the upcoming Fall Scientific meeting Oct 27 & 28 at Midwestern University in Glendale AZ that has been planned by our Education Committee and subcommittees. Led by chair, Dr. Umesh Sharma from Mayo Clinic Arizona and vice-chair Dr. Indu Partha from Banner University Tucson this meeting which will focus on Physician Sustainability will feature a POCUS pre-course, 12.75 hours of CME, our keynote speaker the Chair of the ACP Board of Regents, and many opportunities to network with your fellow ACP colleagues. Medical students and residents will have activities designed just for their education and always include the very popular Oral Vignettes, Poster competitions and of course Doctor’s Dilemma. We thank our partners at Midwestern University including Dean Lori Kemper DO MS FACOFP and Dr. Charles Finch for helping support the meeting location and teaching POCUS for our members.

[Sign Up for both the meeting and the special POCUS session today by clicking here.](#)



ACP Governor’s Council Approves Executive Committee Appointments & GAC News

At the August 16, 2023 meeting of the Governor’s Advisory Council (GAC), Governor Allan L Markus nominated Dr. Mark Zubriski for the position of Lieutenant Governor and Dr. Umesh Sharma for the position of Secretary for ACP-Arizona. The GAC approved these positions. Dr. Markus charged Dr. Zubriski with leading the transition team to bring the chapter into compliance with our newly approved bylaws. Dr. Fagan and the finance committee presented the annual budget and each of the ACP-AZ chairs presented their reports to the GAC.