

Alabama Chapter

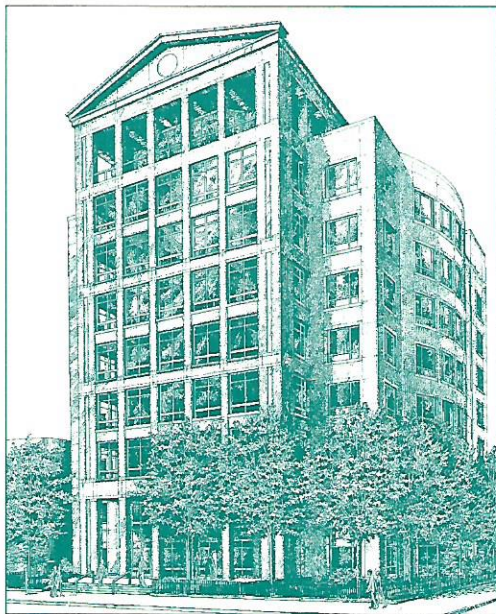
American College of Physicians

Alabama Laureate Award

June 7, 1996

Perdido Beach Resort

Orange Beach, Alabama



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Alabama Chapter Laureate Award American College of Physicians

The Laureate Award honors those Fellows or Masters of the American College of Physicians who have demonstrated by their example and conduct an abiding commitment to excellence in medical care, education, or research, and in service to their community, their chapter, and the American College of Physicians.

Recipients of this award shall bear the title Laureate of the Alabama Chapter.

Awards shall be made at the Annual Scientific Meeting. The awardee should accept the recognition in person, unless excused by the Governor. The awardee is to be nominated by a process that may originate from the Awards Committee or from any member of the chapter. The nomination must document the attributes and accomplishments of the nominee.

Awardees shall be senior physicians and Fellows or Masters of long-standing, with acknowledged excellence and peer approval in the field of internal medicine. In addition, awardees should have served their chapter with distinction. Exceptional circumstances may modify these requirements.

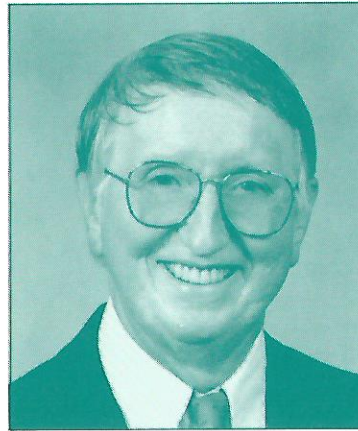
It is with distinct pleasure that the Alabama Chapter honors Fellows and Masters of the American College of Physicians. These physicians are long-standing and loyal supporters of the College, have rendered distinguished service to their chapter, and have upheld the high ideals and professional standards for which the American College of Physicians is known.

We salute and honor them on this occasion and we wish them well in the future.

John B. Bass Jr., MD, FACP
ACP Governor, Alabama Chapter

In honor of their service to internal medicine, the 1996 Alabama Laureate Award is presented to:

Robert Henry Lokey, MD, FACP
Alan M. Siegal, MD, FACP



ROBERT HENRY LOKEY, MD, FACP

Dr. Lokey was born in Gadsden, Alabama, February 17, 1928. He grew up in Dothan and graduated from the Dothan High School in 1946. His undergraduate education was completed at the University of Alabama with a bachelor of science degree in 1950 followed by a year of graduate school in chemistry. He entered the University of Alabama at Birmingham (UAB) School of Medicine in 1951.

Upon graduation from medical school in 1955 he did a rotating internship at University Hospital and began a residency in internal medicine under Dr. Tinsely Harrison. After an interruption of 2 years to serve as medical officer at the USAF hospital at Eglin Air Force Base, he resumed his residency at the University of Birmingham under Dr. Walter Frommeyer, who had succeeded Dr. Harrison as chairman. He remained an additional year to serve as Dr. Frommeyer's chief resident.

In 1961 Dr. Lokey entered private practice in Anniston and remained there for the next 32 years. During these years his practice grew into a 16-physician multispecialty clinic, The Anniston Medical Clinic. During this time he served 5 years as member of the Admissions Committee of the UAB School of Medicine, as council member for the ACP Alabama Chapter under three separate Governors, a term as president of the Alabama Society of Internal Medicine, and as member of the Interspecialty Council of Medical Association of the State of Alabama. He also served as assistant medical examiner for the state of Alabama.

Dr. Lokey completed a 4-year program in theological education by extension, School of Theology, The University of the South; served on the advisory committee to the School of Education and The Houston Cole Library, Jacksonville State University; and served 3 years as a judge of the annual Playwright Contest sponsored by the Southern Studies Program at Jacksonville State University. In the mid-'70s he codirected a study grant from Health Care to Underserved Rural Areas to look into the feasibility of staffing rural clinics with nurse practitioners under the mentorship of physicians. Tennis, reading, and photography filled the spaces. After over 300 hours a Cessna-182 was put to rest.

His academic appointments included instructor in medicine; visiting instructor, School of Nursing; assistant professor of medicine, department of family practice; and clinical associate professor of medicine, department of medicine—all at UAB.

Since his retirement in 1993, Dr. Lokey's time has been given over to the writing of short fiction, op-ed pieces, essays, and book reviews. He has written six short stories (one story and one poem published), and his articles have appeared in *ACP Observer*, *JAMA*, *The Journal of General Internal Medicine*, *Alabama Medicine*, and *Grand Rounds in Literature*. He is also committed to a study of the layers of meaning in the works of Walker Percy.

Dr. Lokey and Louise have been married 45 years. Their son Robert practices internal medicine in Mobile and their daughter Carrie teaches preschool in the Children's Center, Sewanee, Tennessee.



ALAN M. SIEGAL, MD, FACP

Dr. Siegal was born in Gadsden in 1938 and grew up in Tuscaloosa. During his formative years he spent a great deal of time involved with the Boy Scouts of America, attaining the rank of Eagle Scout with induction into The Order of the Arrow, and serving on the staff of two Boy Scout camps. He attended the University of Alabama at Birmingham (UAB) from 1956 to 1960, where he was elected to Phi Beta Kappa, Omicron Delta Kappa, Alpha Epsilon Delta (president), and the Druid's Society. He was president of his social fraternity, Alpha Epsilon Pi, and served on the Student Court of the university.

Dr. Siegal attended the UAB School of Medicine from 1960 to 1964, and he was elected vice-president of the Senior Class and to membership in Alpha Omega Alpha. Following graduation, his training in internal medicine was accomplished at the Beth Israel Hospital in Boston, Massachusetts (1964-1966) and the University of Alabama Hospital (1968-1969). Training in endocrinology and metabolism was gained under the mentorship of Dr. Robert A. Kreisberg at the University of Alabama (1969-1971). His military service was accomplished as a research internist at the U.S. Air Force School of Aerospace Medicine (1966-1968).

Dr. Siegal served as assistant dean and director of undergraduate medical education at UAB from 1971 to 1973. In 1973 he moved with Dr. Kreisberg to the University of South Alabama School of

Medicine as associate professor. His duties included the development and direction of the courses Physical Diagnosis and Introduction to Clinical Medicine, the Junior Medicine clerkship program, and the Endocrine Consult Service.

In 1987 Dr. Siegal returned to UAB as professor of medicine and director of the division of gerontology and geriatric medicine (1987-1990). He served on numerous committees and was active in clinical endocrinology. He developed the Pituitary Disorders Clinic along with Dr. Richard Morawetz at the Kirklin Clinic. He retired from UAB December 1, 1995, to join the faculty of medical education at the Baptist Health System in Birmingham.

Dr. Siegal is certified by the American Board of Internal Medicine in endocrinology and metabolism and geriatric medicine. He is most proud of his service in medical education. He was voted Best Clinical Professor in 1976, 1982, 1983, and he received the dedication of the yearbook in 1980 and 1987 at the University of South Alabama. He was elected Best Teaching Clinical Professor by the UAB Class of 1990 and received the Tinsley Harrison Award from the medicine housestaff at UAB (1988-1989). He received the Excellence in Clinical Teaching—Lifetime Award from the UAB department of medicine in 1995, and he received the Alabama Golden Eagle Physicians Award from the Alabama Senior Citizens Hall of Fame in 1991.

Dr. Siegal was elected to Fellowship in the American College of Physicians in 1973 and served as Alabama's Governor-elect (1990-1991) and Governor (1991-1995). On a national level, he was a member of the ACP Governors' Executive Committee (1991-1992) and the Chapter's subcommittee. He helped develop the ACP-sponsored Board Review Course held annually in Birmingham beginning in 1994, and he initiated, with Dr. Robert Lokey, the Alabama ACP-sponsored Literature and Medicine Annual Retreat.

Dr. Siegal has been married to Isabel Gerson Siegal for 35 years, and they have two children: Bradley, an attorney (wife, Kim; children, Jacob and Emily) and Stuart, a resident physician in radiology (wife, Cindy).

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