In 1959, Dr. Winternitz received a fellowship from the U.S. Public Health Service. He spent a year in England at the University College Hospital Medical School with Dr. Rosenheim, chairman. The following year, he returned to the United States and accepted the position of associate professor of internal medicine in endocrinology at the new medical school under construction at the University of Kentucky in Lexington. Here he was under the guidance of the tireless and visionary Dean William R. Willard. At the University of Kentucky, he was promoted to full-professor with tenure, head of endocrinology, and was the first director of the clinical research center.

In 1977, he was hired by Dr. Willard to be professor of medicine and chairman of the division of internal medicine at the University of Alabama School of Medicine (UASOM) Tuscaloosa program. This division had recently been established as a clinical campus of the UASOM. He maintained this responsibility until September, 1992, and now continues as part of the full-time faculty with minor administrative duties and additional time for teaching and scholarly activities.

Dr. Winternitz received the 1992 Patrick McCue Award, given by the senior class of the medical school in Tuscaloosa, that recognizes outstanding faculty contributions to undergraduate medical education. Then, in 1989, the University of Alabama National Alumni Association presented him with the "Outstanding Commitment to Teaching" award, a campus wide faculty honor. He also received the 1990 Golden Stethoscope Award from the CCHS medical residents, honoring his outstanding contribution to their education.

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Dr. Winternitz's research has concentrated on carbohydrate metabolism and the adrenal glands, clinical endocrinology, medical education, and the metabolic effects of cigarette smoke.

## American College of Physicians

## Laureate Award

Friday, June 4, 1993 Callaway Gardens Pine Mountain, Georgia





The Alabama Chapter is pleased to honor two Fellows of the American College of Physicians who have been long-standing and loyal supporters, have rendered distinguished service to the Chapter, and have upheld the high ideals and professional standards for which the American College of Physicians is known.

We salute them on this occasion and wish them well in the future.

Alan M. Siegal, MD, FACP ACP Governor, Alabama Chapter

The 1993 recipients of the Laureate Award are:

Samuel Eichold, II, MD, FACP William W. Winternitz, MD, FACP

## The Laureate Award American College of Physicians

The Laureate Award honors those Fellows of the American College of Physicians who have demonstrated by their example and conduct an abiding commitment to excellence in medical care, education, research, and service to their community, their Chapter, and the American College of Physicians.

Awards shall be made at the annual regional meeting. The awardee should accept this recognition in person, unless excused by the Governor. The awardee is to be nominated by a process that may originate from the Awards Committee or any member of the Chapter. The nomination must document the personal attributes and accomplishments of the nominee.

It is expected that the awardees will be senior physicians and Fellows for at least 15 to 20 years, with a long history of excellence and peer approval in the specialty of internal medicine. It is also expected that they will have served their chapter with distinction or in some clearly definable manner. Exceptional circumstances may modify these requirements.



SAMUEL EICHOLD, II, MD, FACP

Dr. Eichold was born in Mobile, Alabama, on May 27, 1916. In 1937 he graduated from Tulane University with a bachelor of science, and in 1940 he received his medical degree from the Tulane University School of Medicine. Following an internship at Touro Infirmary in New Orleans, he served as a medical resident at the City Hospital of Mobile. After serving in the U.S. Navy from 1941 to 1946, he entered private practice in Mobile, Alabama, until 1972, when he joined the newly formed Department of Medicine at the University of South Alabama College of Medicine.

Dr. Eichold's career is distinguished by service to his community and his profession. One of his most notable contributions has been the establishment of Camp Seale Harris, a camp for diabetic children that has operated yearly since 1947 with the support of his wife, Charlotte. In 1981 he received the American Diabetes Association Becton Dickinson Award for Outstanding Contribution to Diabetes and Camping. More recently, he was presented with the Samuel Buford Word Award of the State Medical Association. Dr. Eichold has been active in civic and cultural organizations too numerous to list completely. Examples include Trustee of Spring Hill College Board, Mobile Historic Preservation, Navy Leagues, Mobile Tree Commission, Mobile Opera Association, Mobile Symphony, Mobile Chamber Music Society, Chamber of Commerce, Department of Corrections of the State of Alabama, and many more. In 1990 Dr. Eichold was honored as Mobilian of the Year, and in 1992, the Tulane University Outstanding Alumni Award. Dr. Eichold has served the University of South Alabama College of Medicine in many capacities. He is Professor Emeritus and was active in administration and teaching, particularly involving medical students. He established a traveling preceptorship for students in Guatemala City. His entire professional career has involved the care of patients with diabetes and support of the Alabama Affiliate of the American Diabetes Association. He was awarded Fellowship in the American College of Physicians in 1981 and has been very active and supportive of the Alabama Chapter activities.

Dr. Eichold is married to Charlotte Hartsig Eichold and they have three children.



WILLIAM W. WINTERNITZ, MD

Dr. Winternitz was born June 21, 1920, in New Haven, Connecticut, the youngest of five children of M.C. Winternitz and Helen Watson Winternitz. M.C. Winternitz was chairman of Pathology at Yale and dean of Yale Medical School. His mother, Helen, was one of the first female graduates of Johns Hopkins Medical School. Dr. Winternitz graduated from Dartsmouth College with a bachelor of arts in 1942, and earned his medical degree from Johns Hopkins Medical School in 1945. He completed an internship in internal medicine at Johns Hopkins Hospital from 1945 to 1946. He then completed his residency at Johns Hopkins Hospital in 1948 to 1950, after serving on active duty with the U.S. Army from 1946 to 1948.

In 1949, during his residency, he married Mary Prymak. They had three children, William, Jr., Helen Watson, and Paul. His wife passed away in 1966.

Following residency training, Dr. Winternitz was awarded a fellowship in physiological chemistry at Yale Medical School under the guidance of Dr. C.N.H. Long, chairman of the department. He joined the faculty of Yale Medical School as an assistant professor of physiology and medicine. Form 1952 to 1959, he taught physiology to first year students, attended on medical wards, and worked in the outpatient endocrine clinic.

In 1959, Dr. Winternitz received a fellowship from the U.S. Public Health Service. He spent a year in England at the University College Hospital Medical School with Dr. Rosenheim, chairman. The following year, he returned to the United States and accepted the position of associate professor of internal medicine in endocrinology at the new medical school under construction at the University of Kentucky in Lexington. Here he was under the guidance of the tireless and visionary Dean William R. Willard. At the University of Kentucky, he was promoted to full-professor with tenure, head of endocrinology, and was the first director of the clinical research center.

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