

Alaska Chapter of the American College of Physicians and Alaska Osteopathic Medical Association

# C M E MEETING 2022

Sheraton Hotel & Spa, Anchorage

# 4/7-4/9





Dear Colleague,

Thank you for your participation in our CME Meeting 2022. The Alaska Chapter of the American College of Physicians (AK ACP) and the Alaska Osteopathic Medical Association (AKOMA) joined together again this year to offer you an outstanding continuing medical education program. Best of all we are so excited to back in PERSON! We would like to thank the entire education planning committee for their hard work planning the program.

Please review the agenda and note that in addition to the CME lectures there are several social functions you are welcome to attend. Thursday evening will feature a Wine and Cheese Social. The dinner banquet Friday evening will include guest speaker Anne Zink, MD on TLessons Learned from the COVID Pandemic. Sometimes the best education we get is from one another, so please take these opportunities to get to know each other.

We have smaller, yet great group of exhibitors. There will be two winners in a prize drawing for a one-night stay at the Sheraton the Saturday before the final lecture. To be eligible, obtain the signature of each exhibitor and return your form to the registration desk. Winner need not be present to win.

We hope you enjoy the meeting and welcome any feedback you have.

Sincerely,

Emily Church, MD, FACP  
AK ACP Governor

Colonel Robert Gear, DO  
AKOMA President

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### **Attachments available on site AKOMA**

CME Attestation of Attendance

Exhibitor Signature Card/Raffle Entry

# Alaska ACP and AKOMA 2022 Agenda

Spring Meeting at the Sheraton Hotel and Spa, Anchorage, AK - April 7-9. All sessions are in Howard Rock Ballroom unless otherwise indicated.

## Thursday, April 7

<b>REGISTRATION BEGINS</b>	12:00 pm
<b>The Art of Alignment: Advancement of Women Physicians Through Individual Actions and Institutional Reform</b> <i>Tammy Lin MD, MPH, FACP, DEI</i>	1:00 - 2:00 pm
<b>Protecting the Dream: Expanding the Pathway for Diverse, Underrepresented, and Marginalized Students into Medicine</b> <i>Tammy Lin MD, MPH, FACP, DEI</i>	2:00 - 3:00 pm
<b>BREAK - Please visit Exhibit Hall</b>	3:00 pm
<b>Contemporary Management of Heart Failure</b> <i>Suneet Purohit MD</i>	3:30 - 4:30 pm
<b>Continued, Contemporary Management of Heart Failure</b> <i>Suneet Purohit MD</i>	4:30 - 5:30 pm
<b>Wine and Cheese Social</b>	5:30 pm

## Friday, April 8

<b>REGISTRATION - Breakfast available until 8:00</b> <b>ACP Fellowship Pathway Table Discussion</b>	7:00 am
<b>Daily Intro</b>	7:55 am
<b>Management of Opioid Withdrawal in Hospitalized Patients with OUD</b> <i>Sarah Spencer DO</i>	8:00 - 9:00 am
<b>Novel Dosing and Usage of Buprenorphine in Patients with OUD or Pain: Microdosing, macrodosing, monthly injections and more.</b> <i>Sarah Spencer DO</i>	9:00 - 10:00 am
<b>BREAK - Please visit Exhibit Hall</b>	10:00 am
<b>Antimicrobial Stewardship in the era of COVID-19</b> <i>Ben Westley MD, FACP</i>	10:30 - 11:30 am
<b>Post-acute Sequelae of SARS - CoV-2, PPASC</b> <i>John Grace MD</i>	11:30 am - 12:30 pm
<b>Concurrent: Buffet Lunch. ACP Town Hall, AKOMA Board and Membership Meeting (Buffet set up same place in atrium)</b>	12:30 pm
<b>Update on Dementia</b> <i>Marianne Parshley MD, FACP</i>	1:30 - 2:30 pm

## Friday, April 8

<b>Deprescribing the Elderly, An Essential Part of Prescribing</b> <i>Marianne Parshley MD, FACP</i>	2:30 - 3:30 pm
<b>BREAK - Please visit Exhibit Hall</b>	3:30 pm
<b>Non-Alcoholic Steatohepatitis</b> <i>Brian McMahon MD, MPH, MACP</i>	4:00 - 5:00 pm
<b>Adjourn</b>	5:00 pm
<b>PAC, HPPC update, Internal Medicine Residency Track Reception</b>	5:00 pm
<b>Banquet Dinner</b>	6:30 pm
<b>Lessons Learned from the COVID Pandemic</b> <i>Anne Zink MD</i>	7:30 pm

## Saturday, April 9

<b>Breakfast available until 8:00 am</b>	7:30 am
<b>New and Underused Pain Management Treatments</b> <i>Ben Ekstrom MD</i>	8:00 - 9:00 am
<b>How To Keep Up With The Literature in Medicine</b> <i>Vinay K Prasad MD</i>	9:00 - 10:00 am
<b>BREAK - Please visit Exhibit Hall</b>	10:00 am
<b>New Drugs for 2022</b> <i>Chris Knight MD, FACP</i>	10:30 - 11:30 am
<b>MD Errors and Success with COVID19 Evidence and Policy</b> <i>Vinay K Prasad MD</i>	11:30 am - 12:30 pm
<b>Box Lunch</b>	12:30 pm
<b>Diabetes Mellitus and Other Case Presentations</b> <i>Pat Nolan MD, F.A.C.E., FACP</i>	1:00 pm - 2:00 pm
<b>Concurrent: ABIM MOC Module: 2022 Update in Hospital Medicine</b> <i>Chris Knight MD, FACP</i>	2:00 - 4:00 pm
<b>Concurrent: AKOMA OMT Session: Somatic Dysfunction in Upper and Lower Respiratory Infections</b> <i>Nick Flickinger DO</i>	2:00 - 4:00 pm

SCAN ME for additional registration information.



NOTE: Program details are subject to change (revised 3/3/2022)

## PRESENTERS *(alphabetical order)*

### **Ben Ekstrom, MD**

Saturday, April 9 - 8:00am

#### **New and Underused Pain Management Treatments**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Describe several emerging treatments for chronic pain
- Describe several known or historical pain management strategies that are currently underutilized in clinical practice

### **Nick Flickinger, DO**

**DR. FLICKINGER** is an ABFM/AOBFP board certified Family Medicine/OMT Physician. He has had the privilege of working as a full spectrum family medicine physician in Bethel, AK, as a Hospitalist, and as a Hospice Medical Director. His passion is medical education. Currently, he is serving as both Director of Osteopathic Education and Associate Program Director of Academic Affairs at the Alaska Family Medicine Residency.

Saturday, April 9 - 2:00pm

#### **OMT Session - Somatic Dysfunction in Upper and Lower Respiratory Infections**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Describe and perform OMT for patients with otitis media.
- Describe and perform OMT for patients with upper respiratory infections.
- Describe and perform OMT for patients with lower respiratory infections.

## PRESENTERS *(alphabetical order)*

### **John Grace, MD**

**DR. GRACE** completed his undergraduate and medical school in Southern California and started a residency in anesthesiology in Cleveland. He realized he wanted better continuity than the OR could provide and pivoted to internal medicine in Pittsburgh after his first year. He matched in to pulmonary/CCM at Michigan Medicine and completed his training there was an emphasis on imaging and asthma. He joined an inpatient-based private practice in Anchorage and has recently teamed up with AAIC to start a pulmonary clinic. He enjoys the full spectrum of practice and contributing to the incredible Alaskan medical community.

Friday, April 8 - 11:30am

#### **Post-acute Sequelae of SARS-CoV2, PPASC**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Understand the most common long-term complications of COVID 19.
- Understand the relationship between disease severity and long-term complications of COVID 19.

### **Chris Knight, MD FACP**

**DR. KNIGHT** is a primary care internist who teaches and sees patients at the University of Washington. His training path took him from his home in Alaska to New York City for an undergraduate degree in history, from which he returned to Seattle for medical school and residency in internal medicine. After serving additional time as Chief Resident for Ambulatory Care, he joined the faculty in 2000. From there he's tried to make a job out of the things he enjoys; teaching medical students and residents, seeing patients, working with community physicians, and translating new medical literature into meaningful recommendations for practice. He is now an Associate Professor of Medicine, Associate Director for both the Internal Medicine Student Clerkship and Residency Program, and Director of WWAMI Regional Teaching Programs for the Department of Medicine.

Saturday, April 9 - 10:30am

#### **New Drugs for 2022**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Choose appropriate uses for new drugs just reaching the US market.
- Discuss important updates on recently released drugs
- Use existing drugs for new indications.

## PRESENTERS *(alphabetical order)*

***Chris Knight, cont.***

Saturday, April 9 - 2:00pm

### **MOC Module**

Learning Objectives: TBD

## **Tammy Lin, MD MPH FACP**

DR. LIN is an internal medicine specialist with strong interests in well-being, mentorship, and strengthening the pathway into medicine for students from diverse backgrounds, particularly those from underrepresented and marginalized groups. She is the Governor of the Southern California Region III Chapter, is an ACP Well-Being Champion, and Chairs the ACP Diversity, Equity, and Inclusion Committee. Dr. Lin is the Executive Director of Med Mindset ([medmindset.weebly.com](http://medmindset.weebly.com)) and the Executive Producer of The DEI Shift Podcast ([www.thedeishift.com](http://www.thedeishift.com), @TheDEIShift). She was an inaugural member of the Wellness through Equity and Leadership (WEL) cohort: a partnership between leading medical organizations fostering the development of female physicians through networking, mentorship, and leadership training. Dr. Lin has been the recipient of several American Medical Women's Association Exceptional Mentor Awards, an American Medical Association Inspiration Award, and was recognized by ACP during Women in Medicine Month 2021 for promoting gender equality in medicine and supporting the career advancement of women in medicine.

Thursday, April 7 - 1:00pm

### **The Art of Alignment: Advancement of Women Physicians through Individual Actions and Institutional Reform.**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Identify challenges and barriers to achieving leadership roles for women physicians.
- Understand different individual and institutional strategies that can promote conducive workplace climates and the advancement of women physicians.

Thursday, April 7 - 2:00pm

### **Protecting the Dream: Expanding the Pathway for Diverse, Underrepresented, and Marginalized Students into Medicine**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Identify 3 barriers diverse, underrepresented, and marginalized students may face in pursuing a medical career.
- Describe the roll of "success coaching" in fostering a sense of belonging and inclusion.
- Discover some best practices from successful mentorship programs designed especially for underrepresented and marginalized pre-med students.

## **Brian McMahon, MD MPH MACP**

**DR. MCMAHAN** is Hepatologist and the Scientific and Medical Director of the Liver Disease and Hepatitis Program at the Alaska Native Medical Center in Anchorage, Alaska. He is a guest researcher at the Arctic Investigations Program of the Centers for Disease Control in Anchorage, Auxiliary Professor at University of Alaska Health Sciences Program and Clinical Professor of Medicine at the University of Washington. He has directed the vaccination programs in Alaska Natives that have reduced the rates of acute hepatitis A and B from the highest in the US to the lowest in the world. He has been active in research in viral hepatitis A, B, and C, as well as other liver diseases among Alaska Natives/American Indians, for over 35 years.

Dr. McMahon is a co-author of the American Association for the Study of Liver Disease (AASLD) US Practice Guideline on Chronic Hepatitis B and co-chair of the WHO Hepatitis B Guidelines Committee.

He was on the Institute of Medicine Committee that published recommendations for Hepatitis and Liver Cancer in 2010. He is the author or co-author of more than 170 peer-reviewed papers, 50 book chapters, review articles, or editorials.

Friday, April 8 - 4:00pm

### **Non-Alcoholic Steatohepatitis**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Understand the difference between Non-Alcoholic Fatty Liver Disease (NAFLD) and Non-Alcoholic Steatohepatitis.
- Understand which persons should be screened for NAFLD.
- Understand how to evaluate persons with NAFLD to detect persons with HASH and liver fibrosis.

## PRESENTERS *(alphabetical order)*

### **Patrick Nolan, MD FACP FACE**

**DR. NOLAN** works in Anchorage, AK and specializes in Endocrinology, Diabetes & Metabolism, and Internal Medicine. Dr. Nolan is affiliated with Alaska Regional Hospital and Providence Alaska Medical Center.

Saturday, April 9 - 1:00pm

#### **Diabetes Mellitus and Other Case Presentations**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Diagnose and manage many common thyroid and adrenal/pituitary problems.
- Learn a time frame when to call upon endocrinologists for assistance in diagnosis and treatment of these patients.

### **Marianne Parshley, MD FACP**

**DR. PARSHLEY** is a general internist in Portland. Her practice is primarily geriatric and patients with chronic complex illness. Many years ago, she graduated from Dartmouth Medical School and the Internal Medicine residency at Providence Portland Medical Center. In 2019, Dr. Parshley completed a University of Washington graduate certificate in Palliative Care and completed VitalTalk faculty training the same year. As part of the Providence Medical Group inter-professional primary palliative care team, she's working to bring primary palliative care to our clinics. She also works with Providence Senior Health and has helped plan a 4-part virtual deprescribing workshop with Oregon ACP, Oregon Geriatric Society and Oregon Post-Acute and Long-term care. Outside the clinic walls, as a Regent of the American College of Physicians and president-elect of the Oregon Medical Association, she works locally and nationally on advocacy to support primary care and to re-imagine and re-create a health care system that is equitable, just, high value, and affordable for all. When not working, she loves to spend time with her husband, her grown daughters, and their partners, and to be outside traveling, especially by foot and by bike.

Friday, April 8 - 1:30pm

#### **Update on Dementia**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Diagnose cognitive impairment and dementia.
- Distinguish between types of dementia and prognosis.
- Choose appropriate treatment, both pharmacologic and non-pharmacologic.

## PRESENTERS *(alphabetical order)*

### ***Marianne Parshley, cont.***

Friday, April 8 - 2:30pm

#### **Deprescribing the Elderly, an Essential Part of Prescribing**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Identify which medications should be considered for deprescribing and how to prioritize.
- Identify barriers to deprescribing.
- Develop a patient goal concordant plan for deprescribing with family and colleagues.

### **Vinay K. Prasad, MD**

**DR. PRASAD** is a hematologist-oncologist and Associate Professor in the Department of Epidemiology and Biostatistics at the University of California San Francisco. He runs the VKPrasad lab at UCSF, which studies cancer drugs, health policy, clinical trials and better decision making. He is author of over 300 academic articles, and the books *Ending Medical Reversal* (2015), and *Malignant* (2020). He hosts the oncology podcast Plenary Session, and runs a YouTube Channel VinayPrasadMDMPH. He tweets @VPrasadMDMPH.

Saturday, April 9 - 9:00am (pre-recorded)

#### **How to Keep up with the Literature in Medicine**

Learning Objectives: TBD

Saturday, April 9 - 11:30am

#### **Errors and Success with COVID-19 Evidence and Policy**

Learning Objectives: TBD

## PRESENTERS *(alphabetical order)*

### Suneet Purohit, MD FACC

**DR. PUROHIT** specializes in Adult Transthoracic Echocardiography, Advanced Heart Failure, LVAD and Cardiac Transplant, and Cardiovascular Disease.

Thursday, April 7 - 3:30pm (pre-recorded)

#### **Contemporary Management of Heart Failure**

Learning Objectives: At the conclusion of this presentation, learners will be able to:

- Understand how to diagnose heart failure.
- Understand risk stratification of heart failure.
- Understand pharmacotherapies to improve heart failure outcomes.

### Sarah Spencer, DO

**DR. SPENCER** is board certified in family and addiction medicine and has been providing treatment for opioid use disorder in rural Alaska for over a decade. She works with Project HOPE to provide opioid overdose response training and naloxone distribution and is a founding member and volunteer medical director of Alaska's only rural syringe access program in Homer. She is currently an employee of the Ninilchik Traditional Council and provides family medicine and addiction treatment services at their tribal clinic, including telemedicine to remote native villages. She teaches on addiction issues across the state of Alaska, including buprenorphine waiver certification courses. She is a co-author of the state's medication assisted treatment guide and is the state's senior physician consultant for the SAHMSA funded Opioid Response Network non-profit consulting program.

Friday, April 8 - 8:00am

#### **Management of Opioid Withdrawal in Hospitalized Patients with OUD**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Identify and treat opioid withdrawal in patients with opioid use disorder.
- Choose the appropriate medication (buprenorphine vs. methadone vs. other agonist) to treat withdrawal based on patient comorbidities, geography and future goals.
- Plan for discharge for patients needing transfer to MAT care and those needing acute pain management.

## PRESENTERS *(alphabetical order)*

### ***Sarah Spencer, cont.***

Friday, April 8 - 9:00am

#### **Novel Dosing and Usage of Buprenorphine in Patients with OUD or Pain: Microdosing, Macro dosing, Monthly Injections, and more.**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Identify patients with chronic pain that could benefit from switching from chronic full opioid agonist therapy to Buprenorphine.
- Review protocols and indications for microdosing and macrodosing Buprenorphine induction in patients with OUD.
- Understand the use of monthly injectable Buprenorphine including ordering, patient selection, pharmacology, administration and common off-label usage.

### **Ben Westley, MD**

**DR. WESTLEY** was raised in Anchorage and attended the WWAMI program, followed by combined internal medicine/pediatrics residency at UCSD and ID fellowship at Brown University. He returned to Anchorage in 2011 and cares for adults and children with infectious diseases in private practice and at Alaska Native Medical Center. When not working, he enjoys spending time outdoors in South-Central Alaska with his wife and two daughters.

Friday, April 8 - 10:30am

#### **Antimicrobial Stewardship in the era of COVID-19**

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- Define Antimicrobial Stewardship.
- Identify at least one common condition associated with antimicrobial over-prescribing
- Summarize the impact the COVID-10 pandemic has had on widespread antimicrobial use.

### **Anne Zink, MD**

Friday, April 8 - 7:30pm

#### **Lessons Learned from the COVID Pandemic**

Learning Objectives: TBD

# GENERAL CONFERENCE INFORMATION

## 2022 CME MEETING General Conference Information

### **Conference Co-Sponsors and Leadership**

The 2022 CME Meeting is co-sponsored by the Alaska Osteopathic Medical Association (AKOMA) and the Alaska Chapter of the American College of Physicians (AK ACP). Please see the ACP Disclosure Form on page 3 for a complete listing of Education Committee members and staff.

### **Meeting Space and Meeting Materials**

Presentations will take place in the following rooms: Howard Rock Ballroom ABC, Kuskokwim East, Kuskokwim West and Yukon. Please be sure to stop by the registration desk located in the Howard Rock Lobby daily to sign in. Presentation handouts received on-site will be posted after the meeting, pending speaker direction. If there are updated slides they will be posted to website and email notification sent to attendees.

### **Parking**

There are parking lots located to the east, north and west of the hotel as well as a parking garage. There is a new parking system at the Sheraton. Please use your smartphone to scan the QR code on any of the parking lot signs, at the front desk, or text "D2 to (206) 279-1093 to register your vehicle. Choose length of parking (day vs entire conference) and pay using your phone. There are 40 complimentary parking passes using the attached parking code available on a first come first served basis, once those are gone the other code is used (attached) at \$12 a day or paid at the hotel registration desk.

### **Wi-Fi Availability**

WIFI will be available. The WIFI password is ACP-AKOMA2022

### **Exhibit Hall**

The Education Committee and staff have worked hard to provide a mix of pharmaceutical and medical device representatives with a variety of service providers in our Exhibit Hall. Please remember that their financial support is very important to keeping our conference rates level moderate.

### **Raffle Prize Drawing**

A form for exhibitors to sign is in your registration packet. This completed form will serve as your raffle ticket, so please be sure to turn it in to the registration desk before the start of the last lecture on Saturday afternoon. There will be 2 winners drawn for a one night stay at the Sheraton. Winner need not be present to win.

### **Evaluation Forms**

Those claiming CME through ACP will automatically be directed to an online evaluation form when clicking "claim CME" on the meeting hub. Those claiming CME through AOA will need to complete the evaluation form in their folder and turn into the registration desk. Responses will be shared with both groups.

### **Meals and Coffee**

A light breakfast will be provided at 7:30 am on Friday and Saturday, available until 8:00. A buffet lunch for **registered attendees** will be provided on Friday and a box lunch will be provided on Saturday. Friday's lunch will be

## GENERAL CONFERENCE INFORMATION

a working lunch with an ACP Town Hall Meeting in the Howard Rock and a concurrent AKOMA Board AND Membership Meeting. Fruit and granola bars will be available during the morning break, and crudité and light dessert during the afternoon breaks. Coffee, tea and water will be refreshed and available throughout the conference.

### Conference Social Opportunities

- **Thursday 5:30 - 7 pm Social in the Atrium –light appetizers**
- **Friday 5:00 - 6:30 pm in the Susitna Room– PAC, Health and Public Policy discussion and Internal Medicine Residency Track with Bob Bundtzen, MD MACP, Kristin Mitchell, MD FACP and Gail Pokorney, MD FACP with light appetizers and wine.**
- **Friday 6:30 pm in the Howard Rock Ballroom– Banquet Dinner, Anne Zink MD Lessons Learned from the Covid Pandemic (\$65 for guests- no charge for registered attendees)**

### Disclaimer

The lectures and presentations are intended for educational purposes only. Speakers and presenters provide their viewpoint and opinion based on their expertise. Their presentations are targeted at the audience as a whole and not to the specific circumstances of individuals attending the program. The presentations do not replace independent professional judgment and study of the specific details an attendee may be confronting. Statements of fact and opinions expressed are those of the individual presenters and, unless expressly stated to the contrary, are not the opinions or position of the CME Meeting 2019 cosponsors, which neither endorse nor approve, and assume no responsibility for, the content, accuracy or completeness of the information presented.

### Satisfaction Guarantee & Grievance Policy

We offer a satisfaction guarantee – if meeting attendees are not satisfied with their experience at the meeting, they may write Julie Lake for a refund of their registration fee. All grievances should be in writing and specify the nature of the grievance and any particulars. Initially, all grievances should be directed to either of the co-sponsor staff directors: Julie Lake for AK ACP and AKOMA. Staff will review all grievances and resolve if possible. If no resolution is possible, staff may pass the information to the Conference Co-Chairs. If the participant does not receive a satisfactory response, they may then notify the Council on Osteopathic Continuing Medical Education of the American Osteopathic Association at 142 E. Ontario Street, Chicago, IL 60611.

### Questions, Comments?

Please come to the Registration Desk for information and payment, conference forms, handouts, and evaluations. Afterward, for AK ACP AND AKOMA contact Julie Lake at (907) 350-2351, [lake@mtaonline.net](mailto:lake@mtaonline.net). Thank you!

## 2022 CME CREDITS INFORMATION

### **For ACP CME Credits**

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The ACP designates the Alaska Chapter Scientific Meeting for a maximum of 17 AMA PRA Category 1 Credit(s)<sup>™</sup> and for the SEP modules pre course for a maximum of 2 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity (the Alaska Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to 16 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

#### **Claiming CME Credit through ACP:**

Please review attached instruction forms for claiming CME credits and MOC points. CME credit provided by ACP is now claimed online at <https://www.acponline.org/about-acp/chapters-ACPOne.org> username and password, this is the same one as for online registration. If you do not have a username and password you will need to create an online account. Creating an account is free and does not require membership. Meeting attendees will be able to claim their CME credit after noon on the last day of the meeting. You will receive an email confirmation of your CME credit claim. If you have any questions, please call ACP Member and Customer Service at 1-800-523-1546 x2600 or 215-351-2600.

You will have the opportunity to indicate attendance to the Sarah Spencer, MD Pain Management/Opioid sessions and print your certificates.

**NOTE: The amount of CME and MOC points claimed through ACP must be equal (although claiming MOC points are not required). If you attended the MOC SEP Module "2022 Update in Hospital Medicine" and will be claiming MOC points through ABIM for the MOC SEP you must also claim those 2 CME credits through ABIM as well.**

#### **Claiming MOC Points for the main meeting:**

Please review attached instruction forms for claiming CME credits and MOC points. You must claim CME credit before you can claim MOC points. Go to <https://www.acponline.org/about-acp/chapters-regions/united-states/alaska-chapter/news-meetings>

## CME CREDITS INFORMATION

(Please again use your ACPonline.org login if you are not already logged in.) Follow the instructions to complete the quiz. When you score 60% or above, you will be prompted to enter your ABIM number and some personal information. You can then submit for MOC points. You may take the quiz as many times as necessary. When you submit for MOC points, your information will automatically transfer to the ACCME database and then to ABIM. The ABIM will add the points to your MOC transcript within 3 days of your submission.

### **Claiming MOC and CME for the Pre-course MOC SEP Module:**

Log in to your American Board of Internal Medicine (ABIM) home page at [www.abim.org](http://www.abim.org). Under “My Maintenance of Certification (MOC) Program,” select “Request a Medical Knowledge Module” and then select “2022 Update in Internal Medicine.” Input answers to questions and submit answers electronically to ABIM. Please also see ABIM handout provided at the session.

### **For Osteopathic 1-A CME Credits**

You must complete and sign the attached AKOMA Attendance Attestation form and return it to the registration desk in order for your CME credits to be granted and submitted to the AOA Continuing Medical Education office. Please return the CME form when you leave, whichever day that is for you, or by 4:30 pm on Saturday afternoon. Please be sure to sign-in each day as well.

The Alaska Osteopathic Medical Association (AKOMA) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. AKOMA designates this program for a maximum of 19 credits and will report CME and specialty credits commensurate with the extent of the physician’s participation in this activity.

Personalized osteopathic CME certificates will be e-mailed two weeks after the conference. Certificates cannot be processed on-site and certificates will be held until all fees are paid in full. **The last day to submit your form to AKOMA Headquarters is May 6, 2022. Attestation forms submitted AFTER this date will require a \$25 processing fee in order for credits to be granted.**

