

Alaska Chapter of the American College of Physicians and Alaska Osteopathic Medical Association

C M E MEETING 2023

Sheraton Hotel & Spa, Anchorage

4/13 - 4/15





Dear Colleague,

Thank you for your participation in our CME Meeting 2023. The Alaska Chapter of the American College of Physicians (AK ACP) and the Alaska Osteopathic Medical Association (AKOMA) joined together again this year to offer you an outstanding continuing medical education program. We would like to thank the entire education planning committee for their hard work planning the program.

Please review the agenda and note that in addition to the CME lectures there are several social functions you are welcome to attend. Thursday evening will feature a Wine and Cheese Social. The dinner banquet Friday evening will include guest speaker Jay Butler, MD FAAP MACP FIDSA on Lessons from the COVID Pandemic. Sometimes the best education we get is from one another, so please take these opportunities to get to know each other.

We have smaller, yet great group of exhibitors. There will be two winners in a raffle drawing that we are excited to award. To be eligible, obtain the signature of each exhibitor and return your form to the registration desk. Winner need not be present to win.

We hope you enjoy the meeting and welcome any feedback you have.

Sincerely,

Emily Church,
MD, FACP AK ACP Governor

Colonel Robert Gear,
DO AKOMA President

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Attachments Available on Site AKOMA
CME Attestation of Attendance
Exhibitor Signature Card/Raffle Entry

ACP Disclosure Form

Planning Committee

None of the planning committee members for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Faculty

Scott Woller, MD, FACP

Grant/ Contract: Pfizer

All of the above relationships have been mitigated. None of the remaining faculty for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Members of the College's Education Content Validation Committee provide oversight of chapter education programs:

Kati Avila, MD, ACP Member

Eileen Barrett, MD MPH, SFHM, MACP

Marvin Bittner, MD, FACP
Consultant: Sanofi Pasteur, Merck Sharp & Dohme

Sarah Burns, DO, MS, FACP, FHM

William Davis, MD, MACP
Consultant: AbbVie, Amgen, Janssen, Mitsubishi Tanabe

Jessica Favreau, MD, FACP

Tatyana Gavrilova, MD, FACP

Sonali Iyer, MD, ACP Member
Stock: Moderna, Pfizer

Alain Olivier Lerebours, MD, ACP Member
Consultant: Italki

Anuj Maheshwari, MD, FACP
Consultant: Novo Nordisk, OMRON Health Care India Pvt Ltd, Sanofi India Ltd, Abbott Healthcare Private Limited

Cynthia Miller, MD, MPH, FACP
Stock: Centene

Gregory Rouan, MD, MACP

Dalia Saha, MD, ACP Member

Amit Sharma, MD, ACP Member

Shmuel Shoham, MD, FACP
Consultant: Acidophil, Adagio, Adamis, Amplyx, Celltrion Healthcare, Immunome, Karyopharm Therapeutics, Reviral
Grant: Whiscon, F2G, Cidara Therapeutics, Ansun, Emergent Biosolutions, Shionogi, Zeteo Tech.

Ky Stoltzfus, MD, FACP

Alaska ACP and AKOMA 2023 Agenda

Spring meeting at the Sheraton Hotel & Spa, Anchorage, AK - April 13-15. All sessions are in Howard Rock Ballroom unless otherwise indicated.

Thursday, April 13

Registration Begins 12:00 PM

Natural Products- the good, the bad, and the ugly 1:00-2:00 PM
Doug Paauw, MD

Drug Interactions and the Side Effects for 2023 2:00-3:00 PM
Doug Paauw, MD

BREAK - Please visit Exhibit Hall

"Diagnostic Error and Clinical Reasoning: What Do We Know and Where Do We Go from Here?" 3:30-4:30 PM
Thomas Cooney, MD MACP FRCP

Aviation Medicine with Altitude Physiology 4:30-5:30 PM
Robert Gear III, DO

Social 5:30-7:00 PM
7:00 PM

AKOMA Board Meeting

Saturday, April 15

It's been a minute: infectious diseases of the past 12 months 8:00-9:00 AM
Jay Butler, MD FAAP MACP FIDSA

Update on Interventional Cardiology 9:00-10:00 AM
Jon McDonagh MD FACC FSCAI

BREAK - Please visit Exhibit Hall

Sepsis Update 2022 10:30-11:30 AM
Brent Gear, DO FACEP FACOEP FOMA

Obesity Medications 2022 11:30-12:30 PM
Brent Gear, DO FACEP FACOEP FOMA

Box Lunch Break

Treatment of Venous Thromboembolism: An update from the CHEST Guideline Panel 1:00-2:00 PM
Scott Woller, MD FACP FCCP

Concurrent: Fostering Excellence in Internal Medicine 2:00-3:00 PM
Thomas Cooney, MD MACP FRCP

Friday, April 14

Mapping Goals of Care with Patients Experiencing Serious Illness 8:00-9:00 AM
Rebecca Weicht DO

Update on Stroke Management 9:00-10:00 AM
Robert Lada, MD

BREAK - Please visit Exhibit Hall

((The condition formally known as) Benign Joint Hypermobility Syndrome 10:30-11:30AM
Matthew Carroll, MD MACP FACR

Biologic Logic 11:30-12:30 PM
Matthew Carroll, MD MACP FACR

Break- Box lunch

Update on the 2022 CDC Clinical Practice Guideline for Prescribing Opioids 1:30-2:30 PM
Sarah Spencer, DO

Addressing the twin epidemics: Fentanyl and Methamphetamine Use in Alaska 2:30-3:30 PM
Sarah Spencer, DO

Break

OSA and Emerging Treatment Options 4:00-5:00 PM
Ross Dodge, MD FACP

Internal Medicine Residency Track Update, HPPC and PAC wine and appetizer social 5:00-6:30 PM

Banquet dinner 6:30 PM

Lessons from the COVID Pandemic 7:30-8:30 PM
Jay Butler, MD FAAP MACP FIDSA

Saturday, April 15

Concurrent: The anticoagulants: A review of indications, comparative effectiveness, special circumstances and emerging treatments 3:00-4:00 PM
Scott Woller, MD FACP FCCP

An Osteopathic Approach to Low Back Pain: Introduction to the Fascial Distortion Model 2:00-4:00 PM
Byron Perkins, DO

Presenters

(In alphabetical order)



Jay Butler, MD FAACP MACP FIDSA

Jay C. Butler, MD became Deputy Director for Infectious Diseases at CDC in April 2019. Dr. Butler has 30 years of experience in increasingly complex public health leadership and management positions. He graduated from North Carolina State University with a BS in zoology, received his MD at the University of North Carolina, and did internship and residency training in medicine and pediatrics at Vanderbilt. After completing CDC's Epidemic Intelligence Service in the Wisconsin Division of Health, Dr. Butler completed a preventive medicine residency with the Respiratory Diseases Branch in the National Center for Infectious Diseases, and an infectious disease fellowship at Emory University. He maintains board certification in internal medicine, pediatrics and infectious diseases, and has served in public health positions at federal, state, and tribal government, including completing more than 22 years in the Commissioned Corps of the US Public Health Service, from which he retired at the level of Captain (Medical Director) in 2012. He has authored or co-authored over 150 scientific papers, reviews, and book chapters and is an Adjunct Assistant Professor of Medicine at the Emory University School of Medicine in Atlanta.

Friday, April 14th 7:30-8:30PM

Lessons from the COVID Pandemic

Learning Objectives: At the conclusion of the presentation, learners will be able to: Name two infectious diseases that manifest with unexpected clinical presentations during the past year.

Saturday, April 15th 8:00-9:00AM

It's Been a Minute: Infectious Diseases of the Last 12 Months

Learning Objectives: At the conclusion of the presentation, learners will be able to: Describe two instances where war or social unrest played important roles in infectious disease outbreaks during the past year.



Matthew Carroll, MD MACP FACR

Dr. Carroll received his medical degree from the Uniformed Services University in 1996. Upon completion of residency in 1999, he served as an Internist both stateside and overseas. As a medical officer and leader in the United States Air Force, he served tours of duty in South Korea, United Kingdom, Saudi Arabia, Colorado, Kuwait, and Oman. In 2007 he completed his Rheumatology fellowship and relocated to Keesler Medical Center, Mississippi. ...

Presenters

(In alphabetical order)

Matthew Carroll, MD MACP FACR (continued)

At Keesler Medical Center he was a dedicated leader helping restore a residency shuttered by Hurricane Katrina. He served as the Associate Program director of the Internal Medicine residency, guiding the program to meet Next Accreditation Standards. He initiated multiple clinical trials, led the Institutional Review Board, and served as Designated Institutional Official. Upon retirement in 2017, he started working in the Singing River Health System, active in clinical practice and incorporating outpatient resident training at their facilities.

He has been an ACP member since 1996, active in the Air Force ACP Chapter. He received a resident research award in 1999, was a member of the chapter Board of Governors from 2002 to 2005, presented research at multiple chapter meetings, and received the chapter Laureate award in 2021. He served as the Air Force ACP Chapter Governor from 2017 to 2021, reinvigorating the annual chapter meeting and introducing two new chapter awards. He has served on the Scientific Planning Committee, the Awards Committee, and the Credentials Committee, leading the latter as Chair from 2019 to 2021.

Friday, April 14th 10:30-11:30AM

(The condition formally known as) Benign Joint Hypermobility Syndrome

Learning Objectives: At the conclusion of the presentation, learners will be able to:

Joint Hypermobility Syndrome--(1) Identify patients with hypermobility spectrum disorder, (2) pathophysiology of hypermobility spectrum disorder, and (3) relationship of hypermobility spectrum disorder to hypermobility EDS

Friday, April 14th 11:30AM-12:30PM

Biologic Logic

Learning Objectives: At the conclusion of the presentation, learners will be able to:

(1) understand the distinction between monoclonal antibodies and JAK inhibitors, (2) evolution of biologics in the rheumatology space, and (3) advantages and disadvantages of biologics

Thomas Cooney, MD MACP FRCP

Dr. Cooney is a former Chair of the Board of Governors, and the immediate past Chair of the Board of Regents of the American College of Physicians (ACP). ...

Presenters

(In alphabetical order)



Thomas Cooney, MD MACP FRCP (continued)

He is Professor of Medicine at Oregon Health and Science University and served as program director for the Internal Medicine Residency Program from 1984 to 2010 and Vice Chair for Education from 1995 to 2019. He has served as an Associate Editor at the Journal of Graduate Medical Education since 2012.

Thursday, April 13th 3:30-4:30PM

"Diagnostic Error and Clinical Reasoning: What Do We Know and Where Do We Go from Here?"

Learning Objectives: At the conclusion of the presentation, learners will be able to: Describe ACP's scope of member services and products At the conclusion of the presentation, learners will be able to describe ACP's approach to development of policy and how to access ACP's policy compendium. At the conclusion of the presentation, learners will be able to describe ACP's approach to advocacy.



Ross Dodge, MD FACP

Dr. Ross William Dodge is dual board certified by the American Board of Internal Medicine (ABIM) in Internal Medicine and Sleep Medicine. He served in the Air Force from 2005 through 2016, separating from the military to remain in Alaska. Dr. Dodge went to medical school at the Medical College of Virginia, VCU Campus, and completed an internship and residency in Internal Medicine at Boonshoft School of Medicine / Wright Patterson AFB Medical Center. After graduation from residency, he completed a fellowship in Sleep Disorders Medicine at Wilford Hall Medical Center at the San Antonio Uniformed Services Health Education Consortium. He is active in several medical societies to include the Alaska State Medical Association (ASMA), the American Academy of Sleep Medicine (AASM) and American College of Physicians (ACP).

Friday, April 14th 4:00-5:00PM

OSA and Emerging Treatment Options

Learning Objectives: At the conclusion of the presentation, learners will be able to: Obesity & Mechanisms of Airway Collapse, Basics of Diagnostics, Standard treatment option: PAP, and Treatment options: HNS, PNS, NMES

Brent Gear, DO FACEP FACOEP FOMA

Brent Gear, DO, is an emergency physician who fights his own obesity daily. He practices emergency medicine in rural New Mexico and rural Arizona. ...

Presenters

(In alphabetical order)



Brent Gear, DO FACEP FACOEP FOMA (continued)

He has had an online medical weight loss practice long before Covid forced most people to stay home and caused so many brick and mortar clinics to close. He has given many presentations nationally for emergency medicine and both nationally and internationally for obesity medicine. He has 4 tall grown sons and one healthy little baby boy.

Saturday, April 15th 10:30-11:30AM

Sepsis Update 2022

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- 1. Identify a person with sepsis, severe sepsis, and septic shock.*
- 2. Order appropriate lab testing for sepsis including blood cultures before antibiotics.*
- 3. Order appropriate antibiotics for sepsis*

Saturday, April 15th 11:30-12:30AM

Obesity Medications 2022

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- 1. Order appropriate medications to help with weight loss*
- 2. Describe potential problems with weight loss medications*
- 3. Recognize that medications rarely give effective weight loss without lifestyle changes.*



Robert Gear III, DO

Robert L. Gear, III, D.O. attended the New York College of Osteopathic Medicine at the New York Institute of Technology graduating in 1995. He then did a traditional rotating Osteopathic Internship followed by Family Medicine with OMT at Long Beach Medical Center in Long Beach, New York completed in 1998. He also joined the Army National Guard in 1994 and had a 22 year career including time as a commander and Senior Flight Surgeon since 1995. He retired at the rank of Colonel in 2016 after over 4 years of combined multiple deployments for wartime service in the middle east serving in ground patrols and air combat operations duties. Robert began private practice in the fall of 1997 in Arizona and transitioned to Emergency Medicine in 2001 along with becoming a Federal Aviation Administration appointed Aviation Medical Examiner in 2013 with the addition of Human Intervention Methods in 2021 for pilots with psychological, drug abuse or alcohol problems.

Presenters

(In alphabetical order)

Robert Gear III, DO (continued)

Dr. Gear has been a past director, secretary and vice president of AKOMA and serves as the President for the past 2 years. His passion is everything outdoors from flying airplanes to fishing, hiking and camping.

Thursday, April 13th 4:30-5:30PM

Aviation Medicine with Altitude Physiology

Learning Objectives: At the conclusion of the presentation, learners will be able to:

Understand basic altitude effects upon the body.

Recognize risks to travel by air for some disease states and emergencies.

Feel more comfortable assisting medical emergencies on airplane flights.



Robert Lada, MD

Dr. Lada attended Medical School at Case Western Reserve University in Cleveland, Ohio with a Fellowship in NeuroIntensive Care at the Cleveland Clinic Foundation. He is Board Certified in Neurology in addition to Sleep Medicine and Vascular Neurology. He remains passionate about stroke prevention and caring for patients along the continuum of emergent and acute care of cerebrovascular injuries.

Educating patients and physicians about Neurology has always been an important part of his daily practice. After completing his training, he served as the Director of Cerebrovascular Medicine in the Summa Health System in Akron, Ohio for 10 years.

With enthusiasm and a vision to serve communities in need of his subspecialty, Dr. Lada moved to Alaska with his wife and four children in 2008. Here, he accepted the position as Medical Director of Neuroscience Services at Providence Alaska Medical Center and continues in this role currently. He has worked tirelessly to further advance the delivery of emergency treatments for stroke patients by developing the Telestroke program that now reaches numerous communities throughout the state of Alaska. He continues to provide education for practicing physicians through regular lecture series and enjoys teaching medical students at the WWAMI School of Medicine on the campus of the University of Alaska Anchorage.

Presenters

(In alphabetical order)

Robert Lada, MD (continued)

Desiring better neurologic care for all Alaskans, he spearheaded the development of PEAK Neurology and Sleep Medicine in 2014 and is a founding partner. He also serves as Medical Director of their Sleep Lab. In addition to seeing patients who have experienced strokes, he continues to enjoy his practice of general neurology and sleep medicine.

Friday, April 14th 9:00 - 10:00AM

Update on Stroke Management

Learning Objectives: At the conclusion of the presentation, learners will be able to:

Understand the current recommendation regarding acute stroke management and ongoing treatment.



Jon McDonagh, MD FACC FSCAI

Jonathan R. McDonagh, MD, graduated with a bachelor's degree in chemistry and biochemistry from Middlebury College, Middlebury, Vt., in 1995, and his Doctor of Medicine from the University of Vermont, Burlington, Vt., in 2001. In 2005 Dr. McDonagh completed his residency at the University of Washington Medicine Residency Program in Seattle, where he then served as Chief Medical Resident.

After residency, Dr. McDonagh relocated to Alaska and began providing care to Alaskans at Central Peninsula General Hospital in Soldotna. He returned to Michigan in 2011 to complete two fellowships in cardiovascular medicine and interventional cardiology at the University of Michigan Medical Center in Ann Arbor, Mich. Dr. McDonagh and his family returned to Alaska in 2015 with great enthusiasm, and he joined Alaska Heart and Vascular Institute as an interventional cardiologist.

Dr. McDonagh specializes in interventional and structural cardiology and peripheral vascular disease. He is passionate about complex coronary interventions, transcatheter based valvular interventions (TAVR and MitraClip) and repair of intracardiac septal defects. In his spare time, Dr. McDonagh enjoys sharing experiences in the outdoors with his spouse and their daughters.

Presenters

(In alphabetical order)

Jon McDonagh, MD FACC FSCAI (continued)

Saturday, April 15th 9:00 - 10:00AM

Update on Interventional Cardiology

Learning Objectives: At the conclusion of the presentation, learners will be able to:

Understand the current recommendation regarding acute stroke management and ongoing treatment.



Doug Paauw, MD

Dr Paauw joined the GIM faculty at UW in 1989. He took over leadership of the medical student program for the department of medicine in 1992 and held that position until July 2022.

Dr Paauw has had a passion for primary care and sees patients in the UWMC Roosevelt GIM clinic. He has had an HIV clinic since 1989, and in 2019 he started an extrapulmonary sarcoidosis clinic at Roosevelt, to give a home to patients with complicated sarcoidosis.

Dr Paauw served as Governor of the Washington chapter of the American College of Physicians from 2002-2006. He received the chapters highest award when he received the centennial legacy award in 2014. The chapter also named it's annual medical student award the "Douglas Paauw outstanding medical student award" in 2014. He was elected Mastership in ACP in 2008. He has been recognized by the medical school for his outstanding teaching, receiving the designation from the school of medicine Teacher Superior in Perpetuity in 1997. He was recognized the same year by the University of Washington receiving it's school wide distinguished teaching award. In recognition of his commitment to student and resident education he was named the first holder of the Rathmann Family Foundation Endowed Chair for Patient-centered Clinical Education in 2000. Dr Paauw has been very involved with the National Board of Medical Examiner's for over 30 years and in 2022 received the Edith J Levitt Distinguished Service Award from the NBME.

Presenters

(In alphabetical order)

Doug Paauw, MD (continued)

Thursday, April 13th 1:00 - 2:00PM

Natural products- the good, the bad and the ugly

Learning Objectives: At the conclusion of the presentation, learners will be able to:

1) Know which natural products have strong evidence of benefit 2) Recognize important drug interactions between natural products and prescription medications

Thursday, April 13th 1:00 - 2:00PM

Drug Interactions and Side Effects for 2023

Learning Objectives: At the conclusion of the presentation, learners will be able to:

1) Effectively manage patients on statins if respect to muscle symptoms 2) Weigh the risks and benefits of different pain medications 3) Recognize common side effects of commonly prescribed medications.



Byron Perkins, DO

Dr. Perkins is a graduate of the University of Health Sciences, College of Osteopathic Medicine in Kansas City, MO, 1984. He interned at Oklahoma Osteopathic Hospital in Tulsa and completed a residency in Osteopathic Family Practice at Doctor's Hospital in Columbus, Ohio. Board certified in Osteopathic Family Medicine, his current practice focuses on primary care, mental health, wellness, musculoskeletal injuries, and Osteopathic Manipulative Treatment. He maintains hospital privileges at both Providence Alaska Medical Center and Alaska Regional Hospital. His current affiliations include the Alaska Osteopathic Medical Association, the Alaska State Medical Association, the American College of Osteopathic Family Physicians, the American Fascial Distortion Model Association, and the American Osteopathic Association. He serves on the Board of Directors of Alaska Medical Missions, and Northwest University in Kirkland, WA. He maintains teaching appointments with several Osteopathic Colleges of Medicine, and precepts medical students in Osteopathic Principles and Practice at Cornerstone Clinic. He also serves as an Elder at Muldoon Community Assembly of God Church.

Presenters

(In alphabetical order)

Byron Perkins, DO (continued)

Saturday, April 14th 2:00 - 4:00PM

An Osteopathic Approach to Low Back Pain: Introduction to the Fascial Distortion Model

Learning Objectives: At the conclusion of the presentation, learners will be able to:

Conduct an appropriate physical exam for patients with acute and chronic Low back pain

Complete a meaningful differential diagnosis and formulate an appropriate diagnostic and treatment plan

Perform basic osteopathic manipulative treatments that are safe and effective.



Sarah Spencer, DO

Dr. Sarah Spencer is board certified in family and addiction medicine and has been providing treatment for opioid use disorder in rural Alaska for over a decade. She works with Project HOPE to provide opioid overdose response training and naloxone distribution and is a founding member and volunteer medical director of Alaska's first rural syringe access program in Homer. She is currently an employee of the Ninilchik Traditional Council and provides family medicine and addiction treatment services at their tribal clinic, including telemedicine to remote native villages. She is a co-author of the state's medications for addiction treatment guide and provides addiction medicine teaching and consulting services for non-profits like the Alaska Native Tribal Health Consortium and the SAHMSA funded Opioid Response Network.

Friday, April 14th 1:30 - 2:30PM

Update on the 2022 CDC Clinical Practice Guideline for Prescribing Opioids

Learning Objectives: At the conclusion of the presentation, learners will be able to:

- 1. Review the epidemiology of co-morbid stimulant and opioid use disorders and associated overdose risk*
- 2. Review evidence-based treatment of stimulant use disorder*

Presenters

(In alphabetical order)

Sarah Spencer, DO (continued)

3. Review MOUD, in particular the pharmacology of extended-release buprenorphine (XR BUP) and explore how low-threshold access to XR BUP may affect retention in treatment and OD risk in patients with co-morbid stimulant and opioid use disorders 4. Explore incorporating harm reduction services into primary care and hospital settings to reduce morbidity and mortality for patients with polysubstance use.

Friday, April 14th 1:30 - 2:30PM

Addressing the twin epidemics: Fentanyl and Methamphetamine Use in Alaska
Learning Objectives: At the conclusion of the presentation, learners will be able to:

1. Review the evidence-based recommendations for prescribing opioids, for outpatients aged 18 years and older with acute pain, subacute pain, or chronic pain
2. Identify changes in recommendations from the 2016 guidelines
3. Explore application of the new guidelines through case discussion



Rebecca Weicht DO

Dr. Weicht specializes in palliative care and works in Anchorage, AK at Providence Alaska Medical Center.

Friday, April 14th 8:00 - 9:00AM

Mapping Goals of Care with Patients Experiencing Serious Illness

Learning Objectives: At the conclusion of the presentation, learners will be able to:

1. Use a framework for serious illness goals of care discussions
2. Know when to complete POLST vs advanced directive

Presenters

(In alphabetical order)



Scott Woller, MD FACP FCCP

Dr. Woller is Professor of Medicine, University of Utah School of Medicine, Professor in Research, Intermountain Healthcare, and governor of the American College of Physicians (Class of 2025) Utah Chapter. Dr. Woller's scholarly interests reside in thrombosis medicine. He is Co-Chair for the American College of Chest Physicians Clinical Practice Guideline that addresses antithrombotic therapy for venous thromboembolic disease, and serves as an invited panelist for the Centers for Disease Control and Prevention surrounding thrombosis risk mitigation. Dr. Woller received his medical degree from Northwestern University Medical School in 2000, completed his residency and a year as Chief Medical Resident at the University of Utah Hospital, and is Board Certified in Internal Medicine. Dr Woller attends at the Intermountain Medical Center where he serves as Chair of Medicine.

Saturday, April 15th 1:00 - 2:00PM

Treatment of Venous Thromboembolism: An update from the CHEST Guideline Panel

Learning Objectives: At the conclusion of the presentation, learners will be able to:

** Describe CHEST Guidelines statements that inform commonly encountered clinical scenarios * Understand how CHEST Guidelines statements differ from other guidelines statements * Understand guidance statements in which there were areas of contention in the development of guideline recommendations*

Saturday, April 15th 3:00 - 4:00PM

Concurrent: The anticoagulants: A review of indications, comparative effectiveness, special circumstances and emerging treatments

Learning Objectives: At the conclusion of the presentation, learners will be able to:

*At the end of presentation 2, learners will be able to * describe thrombotic events that are considered unusual site thrombosis * understand treatment options for unusual site thrombosis and the limitations of the evidence that informs clinical decision-making.*

General Conference Information

2023 CME MEETING General Conference Information

Conference Co-Sponsors and Leadership

The 2023 CME Meeting is co-sponsored by the Alaska Osteopathic Medical Association (AKOMA) and the Alaska Chapter of the American College of Physicians (AK ACP). Please see the ACP Disclosure Form on page 3 for a complete listing of Education Committee members and staff.

Meeting Space and Meeting Materials

Presentations will take place in the following rooms: Howard Rock Ballroom ABC, Kuskokwim East, Kuskokwim West and Yukon. Please be sure to stop by the registration desk located in the Howard Rock Lobby daily to sign in. Presentation handouts received on-site will be posted after the meeting, pending speaker direction. If there are updated slides they will be posted to website and email notification sent to attendees.

Parking

There are parking lots located to the east, north and west of the hotel as well as a parking garage. Use your smart phone to scan the QR code on any of the signs, at the front desk, or text D2 to (206) 279-1093 to register your vehicle. Choose length of parking and pay using phone. There are meters on the street as well which are free on the weekends.

Wi-Fi Availability

WIFI will be available. The WIFI password is ACP-AKOMA2023

Exhibit Hall

The Education Committee and staff have worked hard to provide a mix of pharmaceutical and medical device representatives with a variety of service providers in our Exhibit Hall. Please remember that their financial support is very important to keeping our conference rates level moderate.

Raffle Prize Drawing

A form for exhibitors to sign is in your registration packet. This completed form will serve as your raffle ticket, so please be sure to turn it in to the registration desk before the start of the last lecture on Saturday afternoon. There will be 2 winners drawn that we are excited to award. Winner need not be present to win.

Evaluation Forms

Those claiming CME through ACP will automatically be directed to an online evaluation form when clicking "claim CME" on the meeting hub. Those claiming CME through AOA will need to complete the evaluation form in their folder and turn into the registration desk. Responses will be shared with both groups.

Meals and Coffee

A light breakfast will be provided at 7:30 am on Friday and Saturday, available until 8:00. A buffet lunch for registered attendees will be provided on Friday and a box lunch will be provided on Saturday. ...

General Conference Information

Meals and Coffee

Friday's lunch will be a working lunch with an ACP Town Hall Meeting in the Howard Rock and an AKOMA Board Meeting. Fruit and granola bars will be available during the morning break, and crudité and light dessert during the afternoon breaks. Coffee, tea and water will be refreshed and available throughout the conference.

Conference Social Opportunities

- **Thursday 5:30-7:00PM:** Social in the Atrium – light appetizers
- **Friday 5:00-6:30PM:** in the Susitna Room - PAC, Health and Public Policy discussion and Internal Medicine Residency Track with Bob Bundtzen, MD MACP, Kristin Mitchell, MD FACP and Gail Pokorney, MD FACP - light appetizers and wine
- **Friday 6:30PM:** in the Howard Rock Ballroom – Banquet Dinner, Anne Zink MD Lessons Learned from the Covid Pandemic (\$65 for guests- no charge for registered attendees)

Disclaimer

The lectures and presentations are intended for educational purposes only. Speakers and presenters provide their viewpoint and opinion based on their expertise. Their presentations are targeted at the audience as a whole and not to the specific circumstances of individuals attending the program. The presentations do not replace independent professional judgment and study of the specific details an attendee may be confronting. Statements of fact and opinions expressed are those of the individual presenters and, unless expressly stated to the contrary, are not the opinions or position of the CME Meeting 2019 cosponsors, which neither endorse nor approve, and assume no responsibility for, the content, accuracy or completeness of the information presented.

Satisfaction Guarantee & Grievance Policy

We offer a satisfaction guarantee – if meeting attendees are not satisfied with their experience at the meeting, they may write Julie Lake for a refund of their registration fee. All grievances should be in writing and specify the nature of the grievance and any particulars. Initially, all grievances should be directed to either of the co-sponsor staff directors: Julie Lake for AK ACP and AKOMA. Staff will review all grievances and resolve if possible. If no resolution is possible, staff may pass the information to the Conference Co-Chairs. If the participant does not receive a satisfactory response, they may then notify the Council on Osteopathic Continuing Medical Education of the American Osteopathic Association at 142 E. Ontario Street, Chicago, IL 60611.

Questions, Comments?

Please come to the Registration Desk for information and payment, conference forms, handouts, and evaluations. Afterward, for AK ACP AND AKOMA contact Julie Lake at (907) 350-2351, lake@mtaonline.net. Thank you!

2023 CME Credits Information

For ACP CME Credits

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The ACP designates the Alaska Chapter Scientific Meeting for a maximum of 19 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity (the Alaska Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to 19 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Claiming CME Credit through ACP:

Please review attached instruction forms for claiming CME credits and MOC points. CME credit provided by ACP is now claimed online at <https://www.acponline.org/about-acp/chapters-regions/united-states/alaska-chapter/news-meetings/alaska-chapter-and-akoma-2023-annual-scientific-meeting> will need to create an online account. Creating an account is free and does not require membership. Meeting attendees will be able to claim their CME credit after noon on the last day of the meeting. You will receive an email confirmation of your CME credit claim. If you have any questions, please call ACP Member and Customer Service at 1-800-523-1546 x2600 or 215-351-2600.

You will have the opportunity to indicate attendance to the Sarah Spencer, MD Pain Management/Opioid sessions and print your certificates.

Claiming MOC Points for the meeting:

Please review attached instruction forms for claiming CME credits and MOC points. You must claim CME credit before you can claim MOC points. Go to <https://www.acponline.org/about-acp/chapters-regions/united-states/alaska-chapter/news-meetings>

(Please again use your ACPonline.org login if you are not already logged in.) Follow the instructions to complete the quiz. When you score 60% or above, you will be prompted to enter your ABIM number and some personal information. You can then submit for MOC points. You may take the quiz as many times as necessary. When you submit for MOC points, your information will automatically transfer to the ACCME database and then to ABIM. The ABIM will add the points to your MOC transcript within 3 days of your submission.

2023 CME Credits Information

For Osteopathic 1-A CME Credits:

You must complete and sign the attached AKOMA Attendance Attestation form and return it to the registration desk in order for your CME credits to be granted and submitted to the AOA Continuing Medical Education office. Please return the CME form when you leave, whichever day that is for you, or by 4:30 pm on Saturday afternoon. Please be sure to sign-in each day as well.

The Alaska Osteopathic Medical Association (AKOMA) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. AKOMA designates this program for a maximum of 19 credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Personalized osteopathic CME certificates will be e-mailed two weeks after the conference. Certificates cannot be processed on-site and certificates will be held until all fees are paid in full. **The last day to submit your form to AKOMA Headquarters is May 16, 2023. Attestation forms submitted AFTER this date will require a \$25 processing fee in order for credits to be granted.**
