



NEWSLETTER: ACP INDIA CHAPTER April-June 2022

Roadmap of Activities of ACP India Chapter in 2022-2023:

May: Hypertension Control Month June: Diabetes Control Month. July: Early Career Physician Month

August: Wellness & Adolescent Care Month September: Women's Health Care Month October: Life Style Advocacy Month

November: Diabetes Care Month & Annual Conference at Vizag

December: Nutrition Advocacy Month

January: Geriatric Care, Rheumatology & Immunology Month February: Cancer Awareness & Advanced Career physicians Month

March: Infectious Diseases Care Month

April: GI Care Month

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- Proposal Project IRIS
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EVENTS DURING THE MONTH

INTERNATIONAL YOGA DAY on 21st June 2022

Again, on 21st June 2022 International Yoga Day was celebrated with great enthusiasm wherein several advisory council members designed fliers and posters and a highly informative live webinar chat was organized with honorable Padmashri Prof. Kamlakar Tripathi, Padmashri Prof. S C Manchanda, Dr Vasanth Kumar & Dr Sandeep Rai who discussed in detail about the various applications and advantages of practicing Yoga and its synergy with modern medicine.

DOCTOR'S DAY EVENT to be held on 1st of July, 2022

ACP India chapter is going to have a program on 1.7.22, on the occasion of Doctor's day.







MESSAGE FROM GOVERNOR

Dear Colleagues,

Great pleasure while conveying you that our chapter has fulfilled all 18 criteria for "Gold" ranking this year though only eight criteria are enough for an international chapter to secure "Gold". It is judged on the basis of chapter performance on six assessment domains like member engagement, education, finance, infrastructure, membership & professional activities. I am happy to share this information that India membership is increased by 5.63% since July 2021. Most significant increase is in Residents/Fellows. I believe collective efforts of all of us caused it. I wish to have it more especially in regular membership segment. Still, we are facing some challenges in retaining members and we are working on innovative ideas of keeping existing members engaged with chapter so new generation continue to get advantage of elder's experience.

In an endeavour to promote research ACP India Chapter is promoting data collection activities among its members regarding physician's wellbeing. All of you are requested to be part of this survey. We will present its data during annual conference at Vizag. Apart from this few prospective studies are being supported by ACP India chapter. These are open for every chapter member's participation. Soon you will receive a mail to get yourself registered to participate.

This year 7th Annual conference of India chapter is planned at Vizag on 18th, 19th & 20th November 2022. It is a scenic place. All of you are requested to join there physically. Online registration is offered for all ACP members with residential accommodation at venue itself. Better to register before it gets full.

A project for Women's health is being planned in association with Rotary India Humanity Foundation which will be started in month of July 2022. It is a year long project to be operated at three levels. One at community level health cheque up camps for women, next is at School level to educate & sensitize students about importance and priority of women's health. These two levels will be physical. Final level at Health care givers to organize CMEs and webinars among doctors sensitizing them for various issues and advancement of women's health. All members are requested to organize such programs with the help of local Rotarians and share the details including pictures with us. We will share them in our newsletter and at the end of year, best 3 shall be felicitated with certificates, awards & mementoes.

A council has been made for Early Career Physicians under the supervision of Dr Amit Gupta, Advisory council member for Early career physicians. We are also planning to make few more such subcommittees to include more and more members in ACP India activities.

Looking forward to your suggestions and more involvement.

Thanks & Regards, Anuj Maheshwari Governor, ACP India Chapter





Chapter Reception during annual conference IMM22 at Chicago

First time in ACP India chapter history a great successful chapter reception was held in annual conference on ACP IMM22. Many of council members were present in this chapter reception. It was also attended by the President Dr George Abraham and President Elect Dr Ryan D. Mire. Other chapters governors had also participated in this reception. During the chapter reception ACP India Chapter Governor honored ACP President Dr George Abraham, BOG Chair Dr Rebecca Andrews & BOG Chair elect Dr Elisa Choi.

Dr Anuj Maheshwari Governor ACP India Chapter has been invited to address the leadership development session about ECP Case files, the popular Early Career Physicians program by India Chapter.

Dr Himsikhar Khataniar the student member of ACP India Chapter who has just completed his MBBS has been invited for podium presentation of Research Abstract selected.

During the annual conference of IMM22 at Chicago ACP India chapter won "John Tooker Evergreen Award" for its tremendous activities done for early career physicians.





Inspirational Journey of a Medical Student

Guest Editorial for this issue



Deuta (dad) I want to be an astronaut. Fascinated by the planets, stars, and many mysteries of the entire universe, once I aspired to fly out of mother earth. Little did I know, life is about adapting to curveballs and yes, curveballs are inevitable. My inspiration, my dad fell sick one day when I was in 8th standard. With shouting, burping, stomach ache, vomiting; right at midnight, I had to take him to the hospital and waited for a response from a doctor for 6 hours. Yes, I did manage to take him to hospital, but an inner voice within me spoke - "Health is the most important aspect of a family." This incident made me think and re-evaluate my life's objectives. The importance of life, health, and happiness. I realized that there were no doctors in the immediate family and that I could contribute to humanity at large by becoming one. I, therefore, embarked on this journey of getting into medicine. I studied hard and got myself into one of the best medical colleges in India- St. John's Medical College, Bangalore.

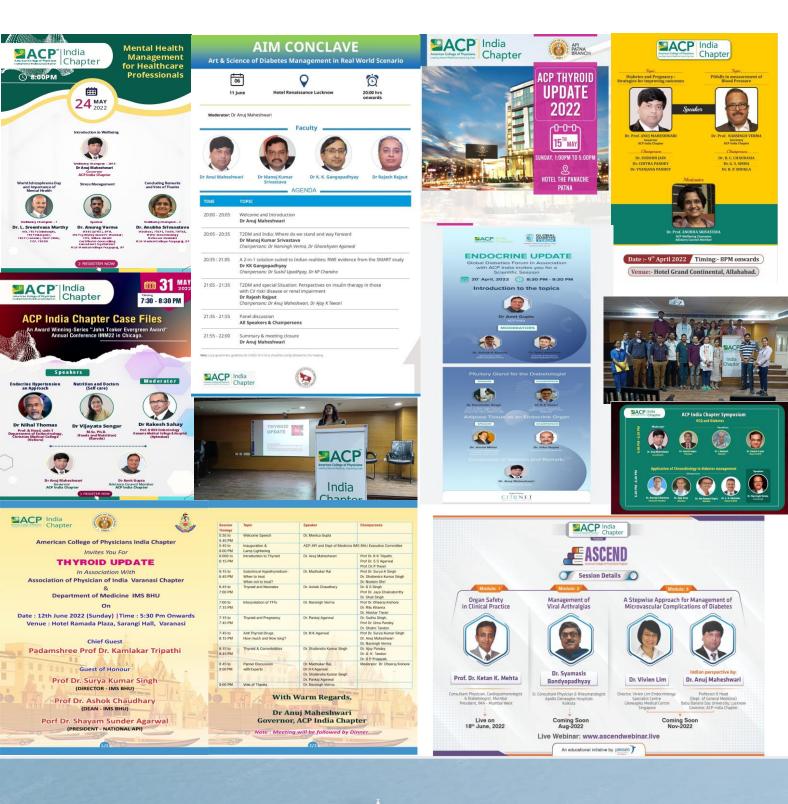
Located in the southern part of India, my college was my first time away from home. Being from Assam, a north-eastern state in India, I was the first person from Assam to pursue Medicine at St. Johns Medical College, Bangalore. I, therefore, expected it to be a challenge to get accepted by my peers at the institution. But then, challenges make a person better, and this was a welcome challenge- and it did make me better. With a merit score throughout the MBBS course, I managed to make my grades and personality better with each passing year (transcript attached). Passing with a >65% score (first-class grade) through all the years of college, I managed to gain good command over the subjects, along with confidence in handling patients.

I was involved in medical research from 1st year of medical school which allowed me to keep myself updated and knowledgeable. With dedication and hard work, I managed to publish and present my research work across various platforms and contribute to evidence-based medicine. In April 2022, I was fortunate to represent India at the National Abstract Competition organized by the American College of Physicians in Chicago, USA as the National Podium Winner (Top 5) - The only international student to get this accolade. For the same, I was awarded an all-paid trip to Chicago for an oral presentation of my research article. Recently, my study on endoscopic gastric variceal ligation has been selected for poster presentation at the prestigious American College of Gastroenterology (ACG) conference, Charlotte, USA. More details about my articles, presentations, and publications have been shared through my Curriculum vitae (Attached).

Since my journey at medical school was my first time away from home, and hence as intellectually stimulating as I wanted it to be, I also wanted to develop skills, which would help me be a better human being in the future. I followed my passion for sports and represented my college at a state-level cricket tournament. I played the 'tabla' (a musical instrument) at multiple college-level cultural events. I became an elected member of the College Students Executive Committee-2019-20, and managed various events, including the 'annual fest' at our college. Recently, I was also inducted into the ACP India Chapter advisory council as a Medical Student Council Member. I believed that as much as studying would make me a better doctor, so would the non-academic skills that would contribute to my holistic development and make me a well-rounded and grounded professional- a good physician-scientist.



ACADEMIC ACTIVITIES









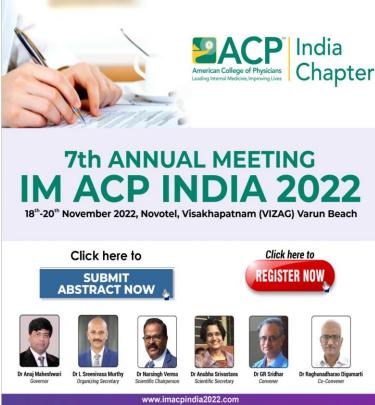


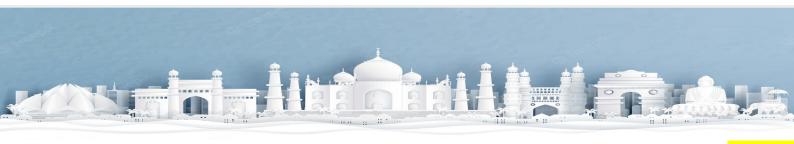
IMPORTANT ANNOUNCEMENT ON DOCTOR'S DAY

Governor Dr Anuj Maheshwari announced annual conference of ACP India Chapter IM ACP India 2022 at Vizag on 18th, 19th & 20th November theme of the conference would be "Back to Basics". Annual conference would be held at Hotel Novotel Visakhapatnam (Vizag) Varun Beach. Abstract would be submitted before 31st July 2022. The best 10 selected abstracts OF RESEARCH PAPER SUBMISSION, BEST 6 OF PUBLICATION & CASE PRESENTATION by scientific committee shall be INVITED FOR PODIUM PRESENTATION & SHALL BE offered complimentary local hospitality for first 5/3 (Stay & Registration) & travel grant Rs. 15000/- for next 5/3. Registration amount of first 10 selected for platform presentation shall be refunded after the conference. Registration is mandatory for submission.

The Best paper award in all categories shall get economy class ticket to attend ACP Internal Medicine Conference at San Diego in last week of April 2023.









ANNOUNCEMENT OF ECP COUNCIL INDIA CHAPTER

Alembeka Bestevi	~	
Akanksha Rastogi	Gurugram	Haryana
Amit Kumar Dey	Kolkata	West Bengal
Dishank Patel	Vadodara	Gujarat
Dr Ashish Agrawal	Korba	Chattisgarh
Dr Prasanth Sankar	Kochi	Kerala
Dr Preeti Singh Dhoat	Rishikesh	Uttarakhand
Dr S S Dariya	Jaipur	Rajasthan
Dr. Ashish Jindal	Mohali	Punjab
Jyoti Bajpai	Lucknow	Uttar Pradesh

Mohammed Riyaz	Hyderabad	Andhra Pradesh
Rajendra Kumar verma	Kanpur	Uttar Pradesh
Rajneesh Kumar	Ghaziabad	Uttar Pradesh
Suresh Kanna Subramaniam	Chennai	Tamil Nadu
Vipui cnavda	Anmedabad	Gujarat
Wahid Khan	Oman	Muscat
Vipul chavda Wahid Khan	Ahmedabad Oman	Gujarat Muscat



ACP India Chapter Calls for the Nomination for Awards



The <u>Awards are Given in Following</u> Categories



- Early Career Physician Award
 Hospitalist of the Year Award
 Humanitarian of the Year
 ACP India Internist Award
 Life Time Achievement Award
 Researcher of the Year Award
 Medical Student of the Year Award
 Resident of the Year Award
 Resident Recognition Award for the
 Leadership
 Teacher of the Year Award
 Chapter Advocacy Award
 Chapter Leader Award



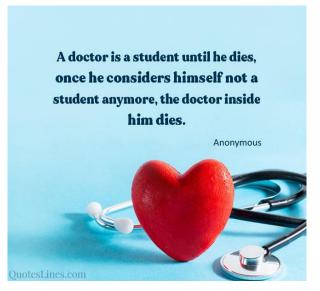
- ACP India chapter Clinical Practice Award
 ACP Community Teaching Award
 Distinguished Mentor Award
 ACP India Educator Award
 Fostering Diversity Award
 Wellness Award
 Women Physician of the Year Award
 Volunteer Faculty year Award
 Governor's Recognition Award
 ACP India Excellence Award
 ACP India Award for Outstanding
 Contribution for Women's Health

ACP's Membership year begins on July 1. Renew your membership today to continue your commitment to the internal medicine community and to maintain access to the critical and timely resources, information, and benefits that ACP provides.



IF ANYONE IS HAVING ANY DIFFICULTY IN THE RENEWAL OF THEIR MEMBERSHIP Contact Mr. Faisal at +91 74085 55569 Between 6 PM to 9 PM





Edited by: Prof. Dr Anuj Maheshwari