

ACP INDIA CHAPTER NEWSLETTER

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Chapter Reception

Dear Colleague,
It is a great pleasure to invite you to the ACP India Chapter Reception being organised during the American College of Physicians (ACP) Internal Medicine Meeting 2026 in San Francisco.

Venue: San Francisco Marriott Marquis

Thursday, April 16th, 2026,
8:30-10:00 PM
With best wishes



Prof. (Dr.) Swati Srivastava
MD, FACP
GOVERNOR, AMERICAN COLLEGE
OF PHYSICIANS, INDIA CHAPTER

MESSAGE FROM GOVERNOR



Dear Members,

It gives me immense pleasure to present the latest edition of the ACP India Chapter Newsletter, highlighting the academic achievements, professional collaborations, and community outreach initiatives undertaken by our chapter during the past few months. As I continue my second year as Governor of the ACP India Chapter, I am deeply grateful for the unwavering support, enthusiasm, and commitment of our members, which continue to strengthen our chapter and advance our shared mission of excellence in internal medicine.

One of the major highlights of this period was the ACP Internal Medicine Meeting 2026 in San Francisco, where the ACP India Chapter proudly hosted its Chapter Reception. It was a privilege to welcome ACP leadership and members from across the globe, celebrate the accomplishments of our Fellows, and witness the outstanding participation of Indian delegates through scientific presentations, poster sessions, and the Doctor's Dilemma competition.

Our commitment to community service remained strong through several outreach initiatives, including the World Health Day FibroScan Camp in Kolkata and World Hypertension Day health screening camps organized across Jaipur and other locations in India. These programs reinforced our dedication to preventive healthcare and public awareness through free health screenings and community engagement.

The chapter also continued to promote academic excellence through educational activities and professional collaborations. I was honored to deliver a lecture on "T2DM & Sarcopenia in Women: Clinical Implications" during the IPM Women's Wing CME Webinar. I also congratulate Dr. Abhijeet Kumar and his team for successfully organizing a community outreach program in Muzaffarpur, Bihar, providing free health screening services to the local community.

Preparations for the 11th ACP India Chapter Annual Meeting 2026 are progressing steadily. The Annual Conference Committee Meeting held in Jabalpur provided an excellent opportunity for detailed planning and coordination to ensure a successful scientific meeting. I warmly invite all members to join us in Indore from 11–13 September 2026 for what promises to be an outstanding academic and professional gathering.

I extend my sincere appreciation to all office bearers, committee members, faculty, volunteers, and chapter members whose dedication and collaborative spirit continue to drive the growth and success of the ACP India Chapter. Your contributions remain the foundation of our achievements.

I look forward to meeting many of you at our Annual Meeting and to another year of learning, collaboration, leadership, and service.

With warm regards and best wishes,



Dr Swati Srivastava
Governor, ACP India Chapter

ACP Internal Medicine Meeting 2026 & ACP India Chapter Reception

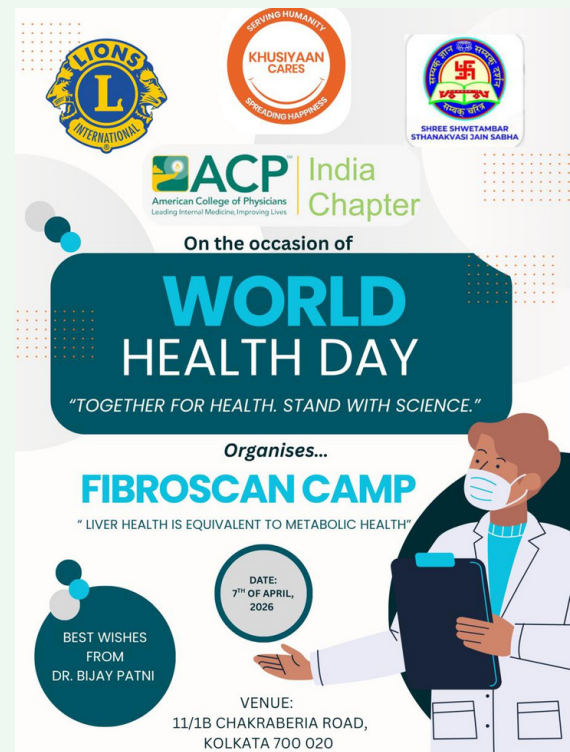
The American College of Physicians (ACP) Internal Medicine Meeting 2026 was held in San Francisco, USA, in April 2026, bringing together physicians, educators, researchers, and trainees from across the globe. During the meeting, the ACP India Chapter proudly hosted its Chapter Reception, attended by ACP leadership and members from around the world. The distinguished guests were welcomed and felicitated by Governor Dr. Swati Srivastava.

The conference also showcased strong participation from India, with medical students and young physicians presenting scientific posters and abstracts. Team India proudly participated in the Doctor's Dilemma competition, reflecting the chapter's commitment to academic excellence and international collaboration. The meeting also celebrated the advancement and recognition of Fellows of the American College of Physicians (FACP) from the ACP India Chapter.



World Health Day: FibroScan Camp

On the occasion of World Health Day, the ACP India Chapter supported a FibroScan Camp held on 27 April 2026 in Kolkata, under the leadership of Dr. Vijay Patni. The initiative focused on promoting liver health awareness and the importance of early screening for liver diseases. The camp reflected the chapter's continued commitment to preventive healthcare and community well-being.



World Hypertension Day 2026

The ACP India Chapter commemorated World Hypertension Day on 17 May 2026 by organizing free health screening camps in Jaipur and other locations across India. The initiative was conducted under the guidance of Governor Dr. Swati Srivastava, Secretary Dr. S. S. Dariya, and Treasurer Dr. G. D. Ramchandani, with active participation from ACP India Chapter members. Free blood pressure and blood sugar screenings were provided to the public, promoting the 2026 theme, "Controlling Hypertension Together," and reinforcing the importance of early detection and preventive cardiovascular care.



World Hypertension Day 2026 Program at MNR Medical College



IPM Women's Wing CME Webinar

The Innovative Physicians Forum (IPM) Women's Wing organized a CME webinar on 24 May 2026, during which Dr. Swati Srivastava, Governor, ACP India Chapter, delivered an expert lecture on "T2DM & Sarcopenia in Women: Clinical Implications." The session highlighted the clinical impact of sarcopenia in women with type 2 diabetes mellitus and emphasized the importance of timely diagnosis and comprehensive management based on current evidence.



**Keynote Address and oration by governor
(Varanasi & Kolkata)**



Community Outreach Program

by Dr. Abhijeet Kumar

A community outreach program was conducted in Muzaffarpur, Bihar, in May 2026 under the supervision of Dr. Abhijeet Kumar, an ACP India Chapter Member, along with fellow healthcare professionals. As part of this free health camp, 95 patients were screened and provided with basic health assessments and medical guidance. The initiative reflected the chapter members' continued commitment to community service and improving access to preventive healthcare.



ACP India Case Files

ACP

India Case Files

20th May, 2026

Wednesday

8:30 to 9:30 PM

A Rare Case in Neurology-Hematology

A Young Male with Right Sided Weakness, Speech Impairment, and Anemia.

Speaker



Dr. Sachin Bharti

DM Critical Care, Assistant Professor, General Medicine, NSMCH, Bihta, Patna

Panelists



Dr. Pushpendra Nath Renjen

Senior Consultant Neurologist
Institute of Neurosciences
Indraprastha Apollo Hospitals New Delhi - India



Dr. Naveen Gupta

Professor and Head Department of Clinical Hematology, Mahatma Gandhi Medical College and Hospital, Jaipur



Prof. (Dr) Swati Srivastava

Governor, ACP India Chapter



Dr. Anchin Kalia

ECP Advisory Council Member
ACP India Chapter



Dr. Abhijeet Kumar

Coordinator
ACP India Case Files

Digital Partner

CIRNET

ACP India Case File is a monthly virtual CME where we discuss interesting cases from various medical specialties. The case files are presented by expert speakers and moderated by nationally renowned specialists in the field. A large number of internists join and benefit from this event.

- 20th May 2026: **A Rare Case of Neurology-Hematology—A Young Mail with Right Sided Weakness, Speech Implairment, and Anemia**



ACP

American College of Physicians

Leading Internal Medicine, Improving Lives

India

Chapter

Edition: April - June 2026

NEWSLETTER

The FemWell Forum

The ACP India Chapter is proud to introduce The FemWell Forum, a dedicated initiative launched under the leadership of Governor Dr. Swati Srivastava, with Dr. Anubha Verma, Advisory Council Member for Women’s Activities and coordinator Dr Abhijeet Kumar. The forum is committed to promoting awareness, education, and best practices in women’s health by providing a structured platform for healthcare professionals to discuss key issues, share clinical experiences, and explore innovative approaches to holistic care.

In this Quarter Two FemWell Forum Session, presented:

- **Women and Metabolic Health:** Dr Rakesh Sahay (Speaker) on 27th April 2026
- **How to Manage RA & SLE during Pregnancy:** Renu Saigal (Speaker) and the panelist were Dr. Arun Kedia and Dr. Bhupendra Vaishnav on 16th June 2026

Engage, Educate and Empower Her Health

The FemWell Forum

Forum focusing on Women's Health Issues

27th April, 2026

10:00 AM to 02:00 PM

Topic: Women and Metabolic Health

Speaker



Dr. Rakesh Sahay

Professor of Endocrinology, Gandhi Medical College, Hyderabad

Panelist



Prof. (Dr.) Swati Srivastava

MD, FACP
GOVERNOR, AMERICAN COLLEGE OF PHYSICIANS, INDIA CHAPTER

Moderator



Prof. (Dr.) Anubha Srivastava

MD, FACP
Advisory Council Member, Women's Activities

Dr. Abhijeet Kumar

Coordinator
ACP India FemWell Forum

Click Here to Register

Digital Partner

CLIRNET

The 1935 Stein-Leventhal Paradigm

For decades, PCOS was defined almost entirely by its visible surface-level symptoms and reproductive impact.



Sahay's screen

Metabolic Health in Women



Mahesh Sahay's screen

The Diagnostic Triad Matrix

Physical Findings	Biochemical Findings	Ultrasound Findings
Obesity	Increased waist circumference	No ovarian signs
Hirsutism	Increased androgen levels	Increased ovarian volume
Acanthosis	Insulin resistance	High arterial blood count
Abnormal menses	Disordered ovulation	Disorder blood flow changes
Axial	Decreased	

Sahay's screen

ACP India Chapter

College of Physicians

Leading Internal Medicine, Improving Lives

Pronami (CLIRN...)



ABHIJEET KUMAR

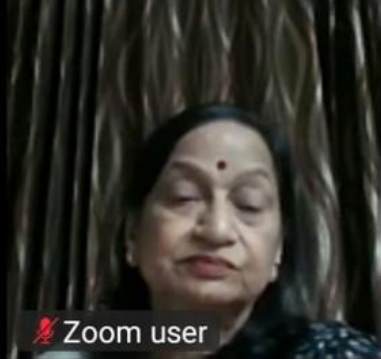


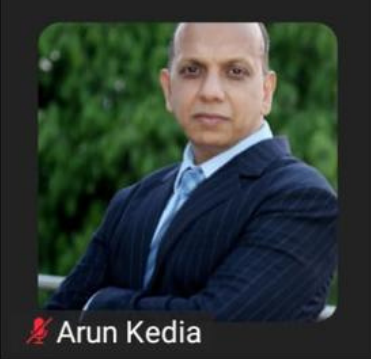
Prof Dr Anubha

Dr Bhupendra Vaishnav



Prof. Dr Swati Srivastava





Engage, Educate and Empower Her Health

The FemWell Forum

Forum focusing on Women's Health issues



16th June 2026, Tuesday

08:30 pm - 9:30 pm

TOPIC : How to manage RA and SLE during pregnancy ?

SPEAKER



Dr. Renu Saigal

Former Prof. and HoD, Medicine, SMS Medical College, Jaipur

PANELISTS



Dr. Arun Kumar Kedia

Consultant Physician and Head of ICU Lifeworth Hospital, Raipur



Dr. Bhupendra Vaishnav

Consultant Rheumatologist, Synovium Rheumatology Clinic, EHCC, Jaipur



Prof. (Dr.) Swati Srivastava

MD, FACP GOVERNOR, AMERICAN COLLEGE OF PHYSICIANS, INDIA CHAPTER

MODERATOR



Prof. (Dr.) Anubha Srivastava

MD, FACP
Advisory Council Member Women's Activities

COORDINATOR



Dr. Abhijeet Kumar

ACP India FemWell Forum

ACP

American College of Physicians

Leading Internal Medicine, Improving Lives

India Chapter

Edition: April - June 2026

NEWSLETTER

Annual Conference Committee Meeting, Jabalpur

The ACP India Chapter Annual Conference Committee Meeting was held in Jabalpur to review the planning and progress of the upcoming Annual Conference. Committee members discussed the conference agenda, scientific program, operational workflow, logistics, and key organizational responsibilities to ensure the successful execution of the event. The meeting also provided a platform for collaborative planning, strategic decision-making, and coordination among committee members, reaffirming the chapter's commitment to delivering a high-quality academic conference.



Invitation to the Upcoming Annual Conference 2026

The 11th ACP India Chapter Annual Meeting 2026 will be held from 11 to 13 September 2026 at the Hotel Marriott, Indore, Madhya Pradesh. The meeting will continue its tradition as a premier academic platform, bringing together physicians, academicians, researchers, residents, and medical students from India and around the world.

The scientific program has been thoughtfully designed to promote excellence in internal medicine through plenary lectures, case-based discussions, interactive workshops, and evidence-based educational sessions. The conference will provide participants with opportunities to enhance clinical knowledge, strengthen diagnostic and therapeutic decision-making, and foster academic collaboration and professional networking. The ACP India Chapter warmly welcomes all delegates to join this enriching scientific gathering.

Thank You