INSIDE THE ISSUE:

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- CONVOCATION CEREMONY 2023

www.acponline.org
“LEAD WHEN THERE IS OPEN SPACE
COMMUNICATE WHEN THERE IS
SILENCE AND CELEBRATE WHEN
THE AIR IS FULL OF DESERVED
PROGRESS”
Dear Colleagues,

Season’s Greetings!

Hope you must be best in your health & spirit. I believe you must have done your membership renewal by this time. If not done yet, please do it earliest. It adds strength to our chapter. Please motivate your physician friends, residents & medical students to join ACP. We look forward your active participation in ACP activities for health care & health care professionals in India.

Last year we had IRIS project for women’s health in collaboration with Rotary India Humanity Foundation which had its program on multiple sites in India including Lucknow, Noida, Greater Noida, in Uttar Pradesh, Sonepat in Haryana, Kolkata, Siliguri, and 24 pargana district of West Bengal, Ernakulam district in Kerala. I am grateful of Dr Amit Gupta, Dr Divya Saxena, Dr Saurabh Srivastava, Dr Supratik Bhattacharya, Dr Sirshendu Pal, Dr Vinayak Hiremath for their dedication to this project of Women’s Health.

In same way this year we are planning a program on adult immunization in India. ACP India chapter shall organize train the trainer program for doctors and other health care professionals, Public awareness programs regarding adult immunization, online CMEs for the same. Dr Abhishek Arun Jaiswal will coordinate this program nationwide. If you have some suggestions for this program you can write to dr.abhishekarun@gmail.com.

Another online program on wellbeing of Clinicians & other health care professionals is being designed by Dr Ajoy Tewari joint secretary in Governor’s Advisory council on behalf of ACP India chapter. Soon you will know about content & schedule of this series on wellbeing including speakers from various parts of world.

Soon we are coming up with a series of learning modules on hypercholesterolemia in four parts. Each module will consist of one deliberation by foreign speaker followed by Indian perspective by Indian speaker. First module is scheduled for 14th July 2023 for which Dr Micheal Jakoby, Professor of Endocrinology at SIU School of medicine, University of Illinois at springfield and Dr SN Narasingan, Vice President of Lipid Association of India at Chennai has agreed. 2nd module will come to you on 18th August 2023 for which Prof. Fausto J. Pinto, Director Professor Cardiology at University of Lisbon and Past President of European Society of Cardiology has agreed. So, stay connected for many more such programs. Add more clinicians with American College of Physicians.

All those members who has completed 3 years of their continuous membership, they can apply for FACP. It will be granted after going through their credentials. All those who won this honorific title in last one year after last chapter conference shall be felicitated in Bhubaneswar with chapter awardees.

This year our annual conference of India chapter is being held at Bhubaneswar on 22, 23 & 24 September 2023. All of you are requested to attend this meeting. It is also available virtually if any body can not come physically. [https://imacpindia2023.com/registration.php](https://imacpindia2023.com/registration.php)
As an encouragement to UG medical students we have slashed down registration prices to 5500/- +18% GST if they submit abstract in any category. [https://imacpindia2023.com/abstract_details.php](https://imacpindia2023.com/abstract_details.php)

Still, we have not received enough entries for Best Thesis Award for this year so we are increasing the time line only for this award so that we can get some more submissions. I request you to get submitted those theses for this award which you think could be award winning.

Results of various collaborative research are underway. They will be presented full or interim in annual conference at Bhuvaneshwar.

I encourage you to submit abstract in any of three categories like research paper presentation, Best publication presentation, clinical case presentation. Last date of submission is 16th August 2023. You still have enough time to submit quality abstracts. For those who are submitting abstracts, it is not only the discount in registration amount but also two best submissions in each category can get free local hospitality with two night stay and two other will be awarded Rs 15000/- only for travel grant. Winner in each category shall be offered a travel support in economy fare to attend annual conference at Boston, US in April 2024 if they do registration for conference & get VISA to US.

Soon you will start receiving communications for election of Governor elect. I appeal all eligible members to participate & vote so chapter can get a most eligible Governor elect in coming days.

India chapter council election is also due now. You may receive information any day. I request you to participate in both Governor’s council election as well as election for Governor elect.

I am happy to share you that we had a lovely experience at San Diego during ACP annual conference of Internal Medicine. More than 50 delegates from India travelled and attended conference. We had great memories of convocation & India chapter reception their apart from high class scientific program. Sharing those memories in this newsletter. Hope they will be encouraging you to attend annual conference at Boston.

Keep serving, keep safe & keep enjoying life. Looking forward to see you at Bhubaneshwar soon.

Best wishes

Prof. Anuj Maheshwari
Governor
It is my proud privilege to write the editorial of the April to June newsletter; the quarter buzzing with activities. The highlight was the participation at annual IM ACP conference at San Diego and well attended ACP heart failure conclave at Lucknow.

ACP India Chapter Anaemia and Subclinical hypothyroidism studies are reaching their completion. They will give insights into their prevalence and suggest remedial measures.

ACP India Chapter has taken rapid strides, in the academic field, its programs, being replicated by other academic bodies, creating new benchmarks every day.

Over the years, the American College of Physicians India Chapter has emerged at the forefront of academic and social initiatives. Its all about great leadership, great teams and meticulous execution.

Looking forward to a great IM ACP India Chapter Conference at Bhubaneswar.

Dr. Ajoy Tiwari
ACP India Chapter

Research Paper Writing Workshop

The aim of this workshop is to introduce participants to the importance of, goals of, and value in writing case reports. Junior participants will gain skills in crafting case reports. Senior faculty will learn approaches to identifying high-yield case reports and mentoring learners through the process. Faculty and learners will engage interactively in this workshop to practice case report writing skills with the end goal of submitting a written case report for publication.

During this session, participants will engage with the presenters through:

→ didactics discussing current literature on the value and educational benefits of writing case reports for medical trainees

→ discussion of strategies on mentoring learners in writing and presenting in regional and national meetings, and subsequently

→ small group breakouts to actively develop strategies to publish case reports in peer-reviewed journals and newsletters

Why should you join the Workshop??

Registered attendees shall get certificates from ACP

REGISTER NOW
## Scientific Agenda

**7:00pm - 7:05pm**
Introduction & Opening Remarks

Dr. Anuj Maheswari  
Lucknow  
Moderator

Dr. Amit Kumar Dey  
Kolkata

**7:05pm - 7:25pm**
How to formulate a research question?

Dr. Swati Srivastava  
Jaipur

**7:25pm - 8:55pm**
Case Report Writing Workshop

Dr. Shanu Gupta  
MD FACP, Associate Professor, University of South Florida Tampa General Hospital USA

Dr. Tracey L Henry  
MD, MPH, MS Associate Professor MedicineChair, ACP National Council of Early Career Physicians

Dr. Lauren Block  
MD MPH  
Zucker School of Medicine Hofstra/Northwell USA

Dr. Erica Abel  
Associate Professor of Medicine Program, Director for Internal Medicine Pediatrics Residency  
Morsani College of Medicine, University of South Florida, Tampa, USA

**8:55pm - 9:00pm**
Conclusion and Vote of Thanks

Dr. Amit Gupta  
Noida
Shanu Gupta
MD FACP, Associate Professor, University of South Florida, General Hospital USA

Dr. Tracey L Henry
MD, MPH, MS Associate Professor Medicine Chair, ACP National Council of Early Career Physicians

Prof. Dr. Lauren Block
MD MPH, Zucker School of Medicine Hofstra/Northwell USA

Dr. Erika Abel
Associate Professor of Medicine Program, Director for Internal Medicine–Pediatrics Residency, Monash College of Medicine, University of South Florida, Tampa, USA

ACP India Chapter

Friday, 21 April 2023
7:30 - 8:30 PM

Speakers
Dr. Anil Mishra
MS Senior, ACP India Chapter

Modera
Dr. Arvind Kumar
MS Additional Professor AIIMS, New Delhi

Ask Questions
“When I Fail to control the BP: Approach to Resistant HTN”
Dr. K. K. Pareek

Chairpersons
Dr. Prof. M. K. Mitra, Prof. Narsingh Verna, Dr. H. N. Tripathi

How to follow a case of Hypothyroidism
Prof. Arun Kumar Gupta

Chairpersons
Prof. Anuj Maheshwari, Dr. Sanjay Arora, Dr. Ghanshyam Agrawal

How to Manage a case of Osteoarthritis
Prof. Siddharth Das

Chairpersons
Dr. Rajiv Awasthi, Dr. Manoj Kumar Srivastava, Dr. Dinesh Lalwani

Moderator
Dr. Hemali Jha

Saturday, 22nd April 2023
7:30 PM ONWARDS
Clarks Avadh, Lucknow
Invites you to

BPCare CAMPS

HYPERTENSION DETECTION CAMPS

16th May 2023 | 08:00-09:00PM (IST)

Esteemed Panelists

Dr. Anuj Maheshwari
Dr. Nasir Singh Verma
Dr. L. Sreenivasamurthy
Dr. Amit Gupta
Dr. Banshi Sahoo

Agenda

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
<th>Time</th>
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<tbody>
<tr>
<td>Welcome and Introduction</td>
<td>USV Team</td>
<td>05 min</td>
</tr>
<tr>
<td>Early detection and Management of Hypertension in India</td>
<td>Dr. Anuj Maheshwari</td>
<td>20 min</td>
</tr>
<tr>
<td>Panel Discussion: Advent of Technology Integrated in Clinical practice to Improve patient outcomes</td>
<td>Dr. Nasir Singh Verma, Dr. L. Sreenivasamurthy, Dr. Amit Gupta</td>
<td>20 min</td>
</tr>
<tr>
<td>Launch of Ghar Ghar BP Care Hypertension Initiative</td>
<td>Dr. Banshi Sahoo</td>
<td>10 min</td>
</tr>
<tr>
<td>Vote of Thanks</td>
<td>USV Team</td>
<td>05 min</td>
</tr>
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</table>

We look forward for your gracious presence

An Academic Support By USV
We are now faced with the fact that tomorrow is today. We are confronted with the fierce urgency of now. In this unfolding conundrum of life and history, there “is” such a thing as being too late. This is no time for apathy or complacency. This is a time for vigorous and positive action.

MARTIN LUTHER KING JR.
# American College of Physicians India Chapter

**Invites You For**

**THYROID UPDATE 2023**

*in Association With*

Association of Physicians of India Varanasi Chapter & Varanasi Obstetrics & Gynecological Society

**On**

Date: 28th May 2023 (Sunday)  
Time: 6:30 pm Onwards  
Venue: Hotel Ramada Plaza, Cantonment, Varanasi

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### Chief Guest

**Prof. Dr. Surya Kumar Singh**  
(DIRECTOR - IMS BHU)

**Prof. Dr. Anuradha Khanna**  
(EX HOD Gynae Department IMS BHU)

### Guest of Honour

Padamshree Prof. Dr. Kamlakar Tripathi  
(Senior Nephrologist)

Dr. Vibha Mishra  
(Senior Gynaecologist)

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## Session Timings

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<th>Session Times</th>
<th>Topic</th>
<th>Speaker</th>
<th>Chairpersons</th>
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<tbody>
<tr>
<td>6:30 to 7:40 pm</td>
<td>Inauguration &amp; Lamp Lighting</td>
<td>Dr. Surya Kumar Singh, Dr. Anuradha Khanna, Dr. Kamlakar Tripathi</td>
<td>Dr. Ramesh Saxena, Dr. Kiran Chopra, Dr. V. S. Singh</td>
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<tr>
<td>7:40 to 7:55 pm</td>
<td>Hypothyroidism in Current - Where we have been and Where we are going</td>
<td>Dr. Ajay Tewari</td>
<td>Dr. A. K. Singh, Prof. Dr. Uma Pandey, Prof. Dr. Jayant Chakraborty</td>
</tr>
<tr>
<td>7:55 to 7:58 pm</td>
<td>Thyroid in Pregnancy &amp; Infertility Challenges: Diagnostic and Treatment</td>
<td>Dr. Pratik Agarwal</td>
<td>Dr. Lavina Chawla, Dr. Shailendra Tandon, Dr. Ritu Khanna</td>
</tr>
<tr>
<td>7:58 to 8:15 pm</td>
<td>How Thyroid Behaves in COVID</td>
<td>Prof. Dr. Anuj Maheshwari</td>
<td>Prof. Dr. Madhu Jain, Dr. Ram Pratap Singh, Dr. I. Banerjee</td>
</tr>
<tr>
<td>8:15 to 8:40 pm</td>
<td>Graves Disease - an Overview</td>
<td>Prof. Dr. Madhukar Rai</td>
<td>Dr. Neeraj Chawla, Prof. Dr. Anuj Maheshwari, Dr. M. K. Srivastava</td>
</tr>
<tr>
<td>8:40 to 9:05 pm</td>
<td>T3 Extension to Thyroid Care</td>
<td>Dr. Shailendra Kumar Singh</td>
<td>Dr. O. P. Prakash, Dr. A. K. Tandon, Dr. V. P. Singh</td>
</tr>
<tr>
<td>9:05 to 9:20 pm</td>
<td>Subclinical Hypothyroidism a Clinical perspective</td>
<td>Prof. Dr. Ritvik Kumar</td>
<td>Prof. Dr. Manoj Verma, Dr. Ravi Gupta, Prof. Dr. Sangeeta Rai</td>
</tr>
</tbody>
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**Note: Meeting will be followed by Dinner**

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R.S.V.P.  
Prof. Dr. Anuj Maheshwari  
Governor - ACP India Chapter

**Dr. Monica Gupta**  
Chairman - API Varanasi Chapter

**Dr. Madhulika Singh**  
President - VOGS

**Dr. Akhilesh Singh**  
Secretary - API Varanasi Chapter

**Dr. Shikha Sachan**  
Secretary - VOGS
# Hypertension awareness CME on the occasion of World Hypertension day

**Date:** 30th May 2023  
**Time:** 08:00PM - 09:30PM

## Session 1
**Title:** Do we really need India specific guidelines for management of hypertension?  
**Speaker:** Dr. Anuj Maheshwari

## Session 2
**Title:** What is new in measurement of BP  
**Speaker:** Dr. Narsingh Verma

## Session 3
**Title:** Resistant hypertension - Clinical pearls  
**Speaker:** Dr. B.A. Muruganathan

## Programme Agenda & Topics

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<th>Chairperson</th>
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<tr>
<td>Introduction</td>
<td>Dr. Divya Saxena</td>
<td></td>
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<tr>
<td>8:00PM to 8:05PM</td>
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<tr>
<td>Welcome address</td>
<td>Dr. Anuj Maheshwari</td>
<td></td>
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<tr>
<td>8:05PM to 8:10PM</td>
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<tr>
<td><strong>Session-1</strong> 8:10PM to 8:35PM</td>
<td>Dr. Anuj Maheshwari</td>
<td>Dr. L Sreenivasa Murthy</td>
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<tr>
<td>20+ 5 min Q &amp; A</td>
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<tr>
<td>Do we really need India specific guidelines for management of hypertension?</td>
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<tr>
<td><strong>Session-2</strong> 8:35PM to 9:00PM</td>
<td>Dr. Narsingh Verma</td>
<td>Dr. Amit Gupta</td>
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<tr>
<td>20+ 5 min Q &amp; A</td>
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<tr>
<td>What is new in measurement of BP</td>
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<tr>
<td><strong>Session-3</strong> 9:00PM to 9:25PM</td>
<td>Dr. B.A. Muruganathan</td>
<td>Dr. Padmeshri Gulati</td>
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<tr>
<td>20+ 5 min Q &amp; A</td>
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<tr>
<td>Resistant hypertension - Clinical pearls</td>
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<tr>
<td>Vote of Thanks 9:25PM to 9:30PM</td>
<td>Dr. Divya Saxena</td>
<td></td>
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<tr>
<td>Concluding Remarks 9:30PM</td>
<td>Dr. Anuj Maheshwari</td>
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**ACP INDIA CHAPTER**  
[www.acponline.org/](http://www.acponline.org/)
DRWA SYMPOSIA 3rd and 4th June 2023
ACADEMIA 2023
International Conclave
9th, 10th, 11th June 2023
HOTEL CENTRE POINT, NAGPUR

ACP SYMPOSIUM
Friday, 09th June 2023
02.00 to 04.00 pm
HIPPOCRATES TERMINAL

THEME: INFECTIONS IN DIABETES

Navigator (Moderator)

Dr. Anuj Maheshwari
Governor, American College of Physicians,
India Chapter, Lucknow

Pilots (Expert Panelists)

02.00 to 02.15 pm
Dr. Gopal Agrawal
Dept of Microbiology, GMC Nagpur
Microbiome Resistance in Diabetes from Lab to Bedside

02.18 to 02.33 pm
Dr. Ashish Dengra
Sr Dcigoalsist, Jaipur
Infection in Diabetes

02.36 to 02.51 pm
Dr. Vijay Vishwanathan
President D. Foot International, Chennai
Infection in Diabetic Foot

02.54 to 03.09 pm
Dr. L Sreenivas Murthy
Vice President, National BDDI, Bengaluru
Adult Immunization in Diabetes

Keynote Address
03.20 to 03.50 pm

Dr. Shashank Joshi (Padmashree)
President Indian Academy of Diabetes
Digital Detox: Need of the hour

--- Conference Secretariat ---
Sunil’s Diabetes Care n’ Research Centre Pvt. Ltd.
42, Lendra Park, Ramdaspeth, Nagpur (MS)
Ph No.: 9373102323 | E-mail: heliodiabetesacademia@gmail.com, dccindia@gmail.com
# Diabetes Dialogue

**Simplifying Diabetes Management With Novel Therapies**

**Hotel Radisson Blu, Ghaziabad**

**24th June 2023**
7:30 pm onwards

## AGENDA

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<th>Speaker / Moderator</th>
<th>Time</th>
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<tr>
<td>Introduction &amp; Context Setting</td>
<td>Dr. Aashish Rajput</td>
<td>5 min</td>
</tr>
<tr>
<td>Advancing Diabetes Care: Harnessing the Synergistic Power of DPP4i and SGLT2i in Type 2 Diabetes Management</td>
<td>Dr. Anuj Maheshwari</td>
<td>20 min</td>
</tr>
<tr>
<td>Exploring the Link: Vitamin D and Insulin Resistance - Unraveling the Mechanisms and Clinical Implications</td>
<td>Dr. Saibal Chakraborty</td>
<td>20 min</td>
</tr>
<tr>
<td>Optimizing Therapeutic Outcomes: Selecting an Ideal Patient Profile for mono and combination therapies of DPP4i and SGLT2i</td>
<td>Dr. N K Soni</td>
<td>20 min</td>
</tr>
<tr>
<td>Panel Discussion</td>
<td>Dr. Saurabh Srivastava</td>
<td>30 min</td>
</tr>
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</table>

**CHAIRPERSON & MODERATOR**

Dr. Saurabh Srivastava  
FRCPC, FACP, FCSM, FRCSP, FRMS, FRCP, FRCS  
Chief Medical Superintendent & Head, Dept. of Medicine  
HMG, Greater Noida

**SPEAKERS**

- Dr. Anuj Maheshwari  
  MD, FRCPC, FCSM, FRMS, FRCSP, FRCS  
  Director - Academics & Head – Dept. of Internal Medicine  
  Yashoda Super Specialty Hospital, Greater Noida

- Dr. N K Soni  
  MD, FRCPC, FCSM, FRMS, FRCSP, FRCS  
  Director – Academics & Head – Dept. of Internal Medicine  
  Yashoda Super Specialty Hospital, Greater Noida

- Dr. Saibal Chakraborty  
  MD (Med), FRCSP  
  Cons. PTH & Cardio-Diabetologist  
  Max Hospital & Heart Institute, Noida
ACP-IPF MEDICINE UPDATE 2023
Saturday 1st & Sunday 2nd July 2023, New Delhi

Venue: Pride Plaza Hotel Aerocity, New Delhi

Delhi Medical Council (DMC) awarded 13 Hrs and 30 Minutes of Credit

www.acponline.org
iphysiciansforum@gmail.com
www.iphysiciansforum.com
CONVOCATION CEREMONY 2023
Invitation

ACP INDIA CHAPTER RECEPTION

at

SAN DIEGO

Friday, April 28th, 2023, 6:30pm - 8:30pm

Marriott Grand Ballroom Section 2
Marriott Marquis San Diego Marina

333 West Harbor Drive, San Diego,
California 92101 USA

Dr. Anag Malleshwari
Governor

Dr. Narasingh Verma
Secretary
Presentation of State of Health study at ACP San Diego

Quiz participants representing India at ACP San Diego

Winners of ACP Conference Vizag

Research Category
Dr Meenansa Jindal
University College of Medical Sciences (Delhi)

Clinical Case Category
Dr Megha Sridhar
Bangalore Medical College Research & Institute (Bangalore)

Publication Category
Dr Sushrut Ingawale
Sir G S Medical College & KEM Hospital, (Mumbai)
COMING SOON

SOUL Curry

Prof. Anuj Maheshwari
Governor, American College of Physicians India Chapter

Dr. Ajoy Tewari
National Coordinator
Dear Friends,

Welcome to the 8th Annual Meeting of the IM ACP INDIA 2023, from 22nd to 24th September 2023, Hotel Vivanta by TAJ, Bhubaneswar, Odisha.

Bhubaneswar, an ancient city in India’s eastern state of Odisha, formerly Orissa. Many temples built from sandstone are dotted around Bindu Sagar Lake in the old city, including the 11th-century Hindu Lingaraja Temple. Outside Rajarani Temple are sculpted figures of the guardians of the 8 cardinal and ordinal directions. Artifacts, weaponry, and paintings of the goddesses fill the Odisha State Museum.

After the grand success of IM ACP 2022, we are excited to come together again and host a hybrid meeting with both physical and virtual attendance options. This time we are bringing expert faculty from across the country and around the world. You will also get an exceptional educational experience and a chance to interact with the experts in this conference.

ACP India Chapter 2023 targeting to have more than 1500 plus physicians and specialists. We hope you find Internal Medicine Meeting 2023 professionally and personally rewarding.

With best wishes!

Governor Welcome Message

Prof. Anuj Maheshwari
Governor

Prof. Jayant Panda
Organising Chairperson

Dr. Anil Virmani
Scientific Chairperson

www.imacpindia2023.com