

Edition: Apr - June 2023

NEWSLETTER

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 ACP MEETING: SAN DIEGO
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- CONVOCATION CEREMONY 2023







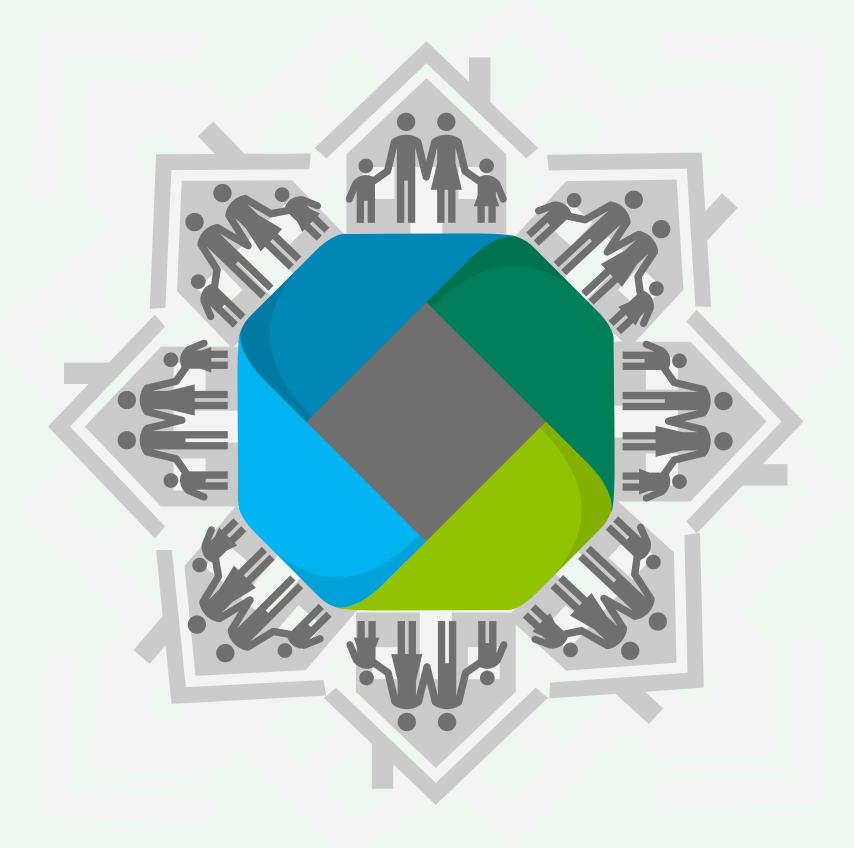






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"LEAD WHEN THERE IS OPEN SPACE COMMUNICATE WHEN THERE IS

SILENCE AND CELEBRATE WHEN THE AIR IS FULL OF DESERVED PROGESS"



Edition: Apr - June 2023





MESSAGE FROM GOVERNOR



Dear Colleagues,

Season's Greetings!

Hope you must be best in your health & spirit. I believe you must have done your membership renewal by this time. If not done yet, please do it earliest. It adds strength to our chapter. Please motivate your physician friends, residents & medical students to join ACP. We look forward your active participation in ACP activities for health care & health care professionals in India.

Last year we had IRIS project for women's health in collaboration with Rotary India Humanity Foundation which had its program on multiple sites in India including Lucknow, Noida, Greater Noida, in Uttar Pradesh, Sonepat in Haryana, Kolkata, Siliguri, and 24 pargana district of West Bengal, Ernaculam district in Kerala. I am grateful of Dr Amit Gupta, Dr Divya Saxena, Dr Saurabh Srivastava, Dr Supratik Bhattacharya, Dr Sirshendu Pal, Dr Vinayak Hiremath for their dedication to this project of Women's Health.

In same way this year we are planning a program on adult immunization in India. ACP India chapter shall organize train the trainer program for doctors and other health care professionals, Public awareness programs regarding adult immunization, online CMEs for the same. Dr Abhishek Arun Jaiswal will coordinate this program nationwide. If you have some suggestions for this program you can write to dr.abhishekarun@gmail.com.

Another online program on wellbeing of Clinicians & other health care professionals is being designed by Dr Ajoy Tewari joint secretary in Governor's Advisory council on behalf of ACP India chapter. Soon you will know about content & schedule of this series on wellbeing including speakers from various parts of world.

Soon we are coming up with a series of learning modules on hypercholesterolemia in four parts. Each module will consist of one deliberation by foreign speaker followed by Indian perspective by Indian speaker. First module is scheduled for 14th July 2023 for which Dr Micheal Jakoby, Professor of Endocrinology at SIU School of medicine, University of Illinois at springfield and Dr SN Narasingan, Vice President of Lipid Association of India at Chennai has agreed. 2nd module will come to you on 18th August 2023 for which Prof. Fausto J. Pinto, Director Professor Cardiology at University of Lisbon and Past President of European Society of Cardiology has agreed. So, stay connected for many more such programs. Add more clinicians with American College of Physicians. All those members who has completed 3 years of their continuous membership, they can apply for FACP. It will be granted after going through their credentials. All those who won this honorific title in last one year after last chapter conference shall be felicitated in Bhuvaneswar with chapter awardees. This year our annual conference of India chapter is being held at Bhubaneswar on 22, 23 & 24 September 2023. All of you are requested to attend this meeting. It is also available virtually if any body can not come physically. <u>https://imacpindia2023.com/registration.php</u>







As an encouragement to UG medical students we have slashed down registration prices to 5500/- +18% GST if they submit abstract in any category. <u>https://imacpindia2023.com/abstract_details.php</u>

Still, we have not received enough entries for Best Thesis Award for this year so we are increasing the time line only for this award so that we can get some more submissions. I request you to get submitted those theses for this award which you think could be award winning.

Results of various collaborative research are underway. They will be presented full or interim in annual conference at Bhuvaneshwar.

I encourage you to submit abstract in any of three categories like research paper presentation, Best publication presentation, clinical case presentation. Last date of submission is 16th August 2023. You still have enough time to submit quality abstracts. For those who are submitting abstracts, it is not only the discount in registration amount but also two best submissions in each category can get free local hospitality with two night stay and two other will be awarded Rs 15000/- only for travel grant. Winner in each category shall be offered a travel support in economy fare to attend annual conference at Boston, US in April 2024 if they do registration for conference & get VISA to US.

Soon you will start receiving communications for election of Governor elect. I appeal all eligible members to participate & vote so chapter can get a most eligible Governor elect in coming days.

India chapter council election is also due now. You may receive information any day. I request you to participate in both Governor's council election as well as election for Governor elect.

I am happy to share you that we had a lovely experience at San Diego during ACP annual conference of Internal Medicine. More than 50 delegates from India travelled and attended conference. We had great memories of convocation & India chapter reception their apart from high class scientific program. Sharing those memories in this newsletter. Hope they will be encouraging you to attend annual conference at Boston.

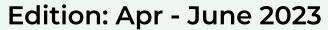
Keep serving, keep safe & keep enjoying life. Looking forward to see you at Bhubaneshwar soon. Best wishes

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Prof. Anuj Maheshwari

Governor











FROM THE EDITOR'S DESK



It is my proud privilege to write the editorial of the April to June newsletter; the quarter buzzing with activities. The highlight was the participation at annual IM ACP conference at San Diego and well attended ACP heart failure conclave at Lucknow.

ACP India Chapter Anaemia and Subclinical hypothyroidism studies are reaching their completion. They will give insights in to their prevalence and suggest remedial measures.

ACP India Chapter has taken rapid strides, in the academic field, its programs, being replicated by other academic bodies, creating new benchmarks every day.

Over the years, the American College of Physicians India Chapter has emerged at the forefront of academic and social initiatives. Its all about great leadership, great teams and meticulous execution.

Looking forward to a great IM ACP India Chapter Conference at Bhubaneswar.

Dr. Ajoy Tiwari









ACP India Chapter **Research Paper** Writing Workshop

The aim of this workshop is to introduce participants to the importance of, goals of, and value in writing case reports. Junior participants will gain skills in crafting case reports. Senior faculty will learn approaches to identifying high-yield case reports and mentoring learners through the process. Faculty and learners will engage interactively in this workshop to practice case report writing skills with the end goal of submitting a written case report for publication.

During this session, participants will engage with the presenters through:

didactics discussing current literature on the value and educational benefits of writing case reports for medical trainees



discussion of strategies on mentoring learners in writing and presenting in regional and national meetings, and subsequently

Why should you join the Workshop??

small group breakouts to actively develop strategies to publish case reports in peer-reviewed journals and newsletters

Registered attendees shall get certificates from ACP











Scientific Agenda

7:00pm-7:05pm

Introduction & Opening Remarks



Dr. Anuj Maheswari Lucknow

Moderator



Dr. Amit Kumar Dey Kolkata

7:05pm - 7:25pm

How to formulate a research question?



Dr. Swati Srivastava _{Jaipur}

7:25pm - 8:55pm

Case Report Writing Workshop



Dr. Shanu Gupta MD FACP, Associate Professor, University of South Florida Tampa General Hospital USA



Dr. Tracey L Henry MD, MPH, MS Associate Professor MedicineChair, ACP National Council of Early Career Physicians



Dr. Lauren Block MD MPH Zucker School of Medicine Hofstra/Northwell USA



Dr. Erica Abel Associate Professor of Medicine Program, Director for Internal Medicine- Pediatrics Residency Morsani College of Medicine, iversity of South Elerida Tampa US











India Chapter earch Paper ing Workshop



Shanu Gupta MD FACP, ociate Professor, sity of South Florida General Hospital USA



Dr. Tracey L Henry MD, MPH, MS Associate Professor Medicine Chair, ACP National Council of Early Career Physicians



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Prof. Dr. Lauren Block MD MPH Zucker School of Medicine Hofstra/Northwell USA



SACP India Chapter

Dr. Erika Abel Associate Professor of Medicine Program, Director for Internal Medicine- Pediatrics Residency Morsani College of Medicine, University of South Florida, Tampa, USA



Prof. (Dr.) Swa

🔏 Prof. (Dr.) Swati Sriv





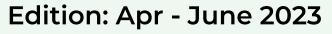




Ask Questions

































American College of Physicians Leading Internal Medicine, Improving Lives

Indian Association of Clinical Medicine

"When I Fail to control the BP: Approach to Resistant HTN"

Dr. K. K. Pareek

(CHAIRPERSONS)

Dr. Prof. M. K. Mitra, Prof. Narsingh Verna, Dr. H. N. Tripathi

How to follow a case of Hypothyroidism

Prof. Arun Kumar Gupta

CHAIRPERSONS >

Prof. Anuj Maheshwari, Dr. Sanjay Arora, Dr. Ghanshyam Agrawal

How to Manage a case of Osteoarthritis

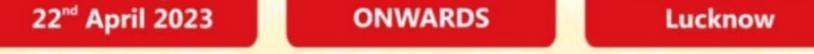
Prof. Siddharth Das

CHAIRPERSONS >

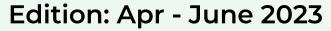
Dr. Rajiv Awasthi, Dr. Manoj Kumar Srivastava, Dr. Dinesh Lalwani

MODERATOR Dr. Hemali Jha





























An Academic Support By









	FOGSI ICOG WEB SERIE Presents Chai Par Charcha Wednesday, 24th May 2023 4.00 to 6.0		
Dr. Hrishikesh Pai President, rocosi looo	Califin Sulling of Calific States		
4.00 to 4.10pm	Inauguration		
Session 1	Chairperson - Dr Sunil Gupta		
Time	Торіс	Speaker	
4.10 to 4.30pm	GDM - What Obstetricians Should Know	Dr. Laxmi Shrikhande	
Session 2	Chairperson - Dr Parag Biniwale		
4.30 to 4.50pm	Make in India Path Breaking Concept for Primordial Prevention of GDM and it's Sequele Based on Embryology, Endocrinology & Endorsed Drug	Prof V Seshiah	
Session 3	Chairperson - Dr Uday Thanewala		
4.50 to 5.10pm	Challenges of pharmacotherapy in HIP	Prof Anuj Maheshwari	
	Panel Discussion		
5.10 to 5.50pm	Clinical Tips to Manage GDM		
5.50 to 6.00pm	Concluding Remark		
	D: 858 8180 8169 Passcode	e: ICOG	

We are now faced with the fact that tomorrow is today. We are confronted with the fierce urgency of now. In this unfolding conundrum of life and history, there "is" such a thing as being too late. This is no time for apathy or complacency. This is a time for vigorous and positive action.

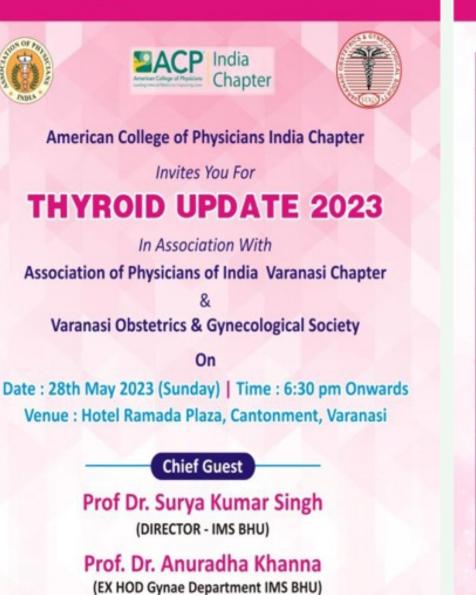
MARTIN LUTHER KING JR.











Guest of Honour

Padamshree Prof. Dr. Kamlakar Tripathi

(Senior Nephrologist)

Dr. Vibha Mishra (Senior Gynaecologist)

1/2

Session Timings	Topic	Speaker	Chairpersons	
6:30 to 7:00 pm	Inauguration & Lamp Lightening	Dr. Surya Kumar Singh, Dr. Anuradha Khanna, Dr. Kamlak Dr. Vibha Mishra, Dr. Anuj Maheswari, Dr. Monica Gupta		
7.00 pm	Camp Lightening	Dr. Akhilesh Singh, Dr. Madhulika Singh, Dr. Shikha Sachan		
7:00 to 7:25 pm	Hypothyroidism In Current - Where we have been and	Dr. Ajoy Tewari	Dr. A. K. Singh Prof. Dr. Uma Pandey	
	Where we are going		Porf. Dr. Jaya Chakravarty	
7:25 to	Thyroid in Pregnancy & Infertility	Dr. Pankaj Agarwal	Dr. Lavina Chaubey	
7:50 pm	Challenges Diagnostic and Treatment		Dr. Shalini Tandon Dr. Ritu Khanna	
7:50 to	How Thyroid behaves in COVID	Port. Dr. Anuj Maheshwari	Prof. Dr. Madhu Jain	
8:15 pm			Dr. Ram Murti Singh Dr. I. Basu	
8:15 to	Graves Diseases an Overview	Prof. Dr. Madhukar Rai	Dr. Neelam Ohri	
8:40 pm			Prof. Dr. Anuj Maheshwari Dr. M. K. Srivastava	
8:40 to	T3 Extension to Thyroid Care	Dr. Shailendra Kumar Singh	Dr. O. P. Prajapati	
9:05 pm			Dr. A. K. Tandon Dr. V. P. Singh	
9:05 to	Subclinical Hypothroidism a	Prof. Dr. Ritesh Kumar	Prof. Dr. Narsingh Verma	
9:30 pm	Clinical perspective		Dr. Kaveri Gupta Prof. Dr. Sangeeta Rai	

Note : Meeting will be followed by Dinner

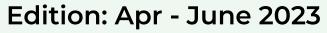
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Prof. Dr. Anuj Maheshwari Governor - ACP India Chapter

Dr. Monica Gupta Chairman - API Varanasi Chapter Dr. Akhilesh Singh Secretary - API Varanasi Chapter

Dr. Madhulika Singh President - VOGS Dr. Shikha Sachan Secretary - VOGS









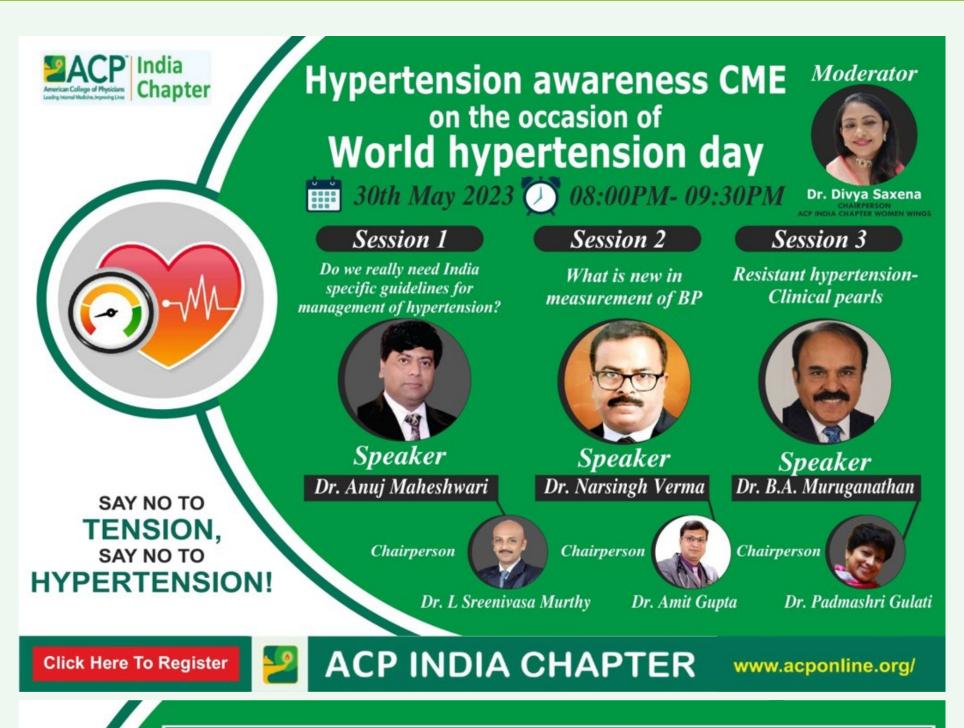












Programme Agenda & Topics			
Topics	Speaker	Chairperson	
Introduction 8:00PM to 8:05PM	Dr. Divya Saxena		
Welcome address 8:05PM to 8:10PM	Dr. Anuj Maheshwari		
Session-1 8:10PM to 8:35PM 20+ 5 min Q & A Do we really need India specific guidelines for management of hypertension?	Dr. Anuj Maheshwari	Dr. L Sreenivasa Murthy	
Session-2 8:35PM to 9:00PM 20+ 5 min Q & A What is new in measurement of BP	Dr. Narsingh Verma	Dr. Amit Gupta	
Session-3 9:00PM to 9:25PM 20+ 5 min Q & A Resistant hypertension- Clinical pearls	Dr. B.A. Muruganathan	Dr. Padmashri Gulati	
Vote of Thanks 9:25PM to 9:30PM	Dr. Divya Saxena		
Concluding Remarks 9:30PM	Dr. Anuj Maheshwari		
ACP INDIA	CHAPTER	www.acponline.org/	



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DRWA SYMPOSIA 3rd and 4th June 2023



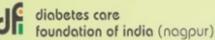








Diabetes Care









9th, 10th, 11th June 2023 HOTEL CENTRE POINT, NAGPUR

ACP SYMPOSIUM

Friday, 09th June 2023 02.00 to 04.00 pm

HIPPOCRATES TERMINAL

THEME : INFECTIONS IN DIABETES

Navigator (Moderator)



Dr. Anuj Maheshwari Governor, American College of Physicians,

Pilots (Expert Panelists)

India Chapter, Lucknow

02.00 to 02.15 pm



Dr. Gopal Agrawal Dept of Microbiology, GMC Nagpur **Microbiome Resistance** in Diabetes from Lab to Bedside





Dr. Ashish Dengra Sr.Diabetologist, Jabalpur Infection In Diabetes



Dr. Vijay Vishwanathan President D. Foot International, Chennai Infection In **Diabetic Foot**

Keynote Address

03.20 to 03.50 pm

Dr. Shashank Joshi (Padmashree)

President Indian Academy of Diabetes





Dr. L Sreenivas Murthy Vice President- National RSSDI, Bengaluru **Adult Immunization** in Diabetes



Digital Detox : Need of the hour

···· Conference Secretariat ····

Sunil's Diabetes Care n' Research Centre Pvt. Ltd.

42, Lendra Park, Ramdaspeth, Nagpur (MS) Ph No.: 9373102323 E-mail: hellodiabetesacademia@gmail.com, dccindia@gmail.com

🕴 Sunil Gupta 💿 drsunilsgupta 🕥 DrSunilGupta 🔞 hello-diabetes 🌐 www.diabetescare.co.in F Hello Diabetes



















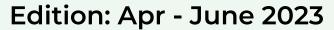




Osmania General Hospital, Hyderabad

8:00pm-8:05 pm	Panel Discussion and Questions	Chairpersons and Speaker
8:05 pm - 8:10 pm	Poll	
8.10 pm-8.30pm	Personalising and Optimising Lipid lowering Therapy - The Future is Here!	Chairpersons: Dr Ajoy Tewari, Dr. Aditya Kapoor, Dr. Anubha Srivastava Speaker: Dr. Rakesh Sahay Professor of Endocrinology. Osmania Medical College, Hyderabad
830 pm - 835 pm	Panel Discussion and Questions	Chairpersons and Speaker
8:35 pm - 8:40 pm	Poll	
8:40 pm - 8:55 pm	Topic: Ischemia and Viability - When and How to do the non-invasive assessment of Coronary Heart Disease	Chairpersons: Dr. Satyendra Tewari, Dr. Ajay Bahadur, Dr. Sajid Ansari Speaker: Dr. Rishi Sethi Professor, Department of Cardiology, KCMU - LARL Lucknow
8:55 pm - 9:15 pm	PANEL DISCUSSION: Heart Failure Management in India - Perspectives and Opinions	Moderator: Dr Rishi Sethi Expert Panelists: Dr Aditya Kapoor , Dr Satyendra Tewari Dr Ajay Bahadur, Dr Sajid Antari
9:15 pm	Closing Remarks - Dr. Anuj Maheshwari	
	Vote of Gratitude and Felicitation	Team JB Pharma





















Diat	Pindia Chapter		Am	Perican College of Physicians Sing Internal Medicine, Improving Lives	apter
Hotel Radisson B Ghaziabad		2023	BLOCK YOUR DATES	24 th June 2023 7:30 pm onwards	Description Blu, Ghaziabad
		and the second	CHAIDDEDCOM	HODEDATOD	
	AGENDA	-	Dr. Saurabh Sriva	FIAMS, FIACM, FRSSDI	
Торіс	Speaker / Moderator	Time	Dr. Saurabh Sriva	stava	
Topic Introduction & Context Setting Advancing Diabetes Care: Harnessing the Synergistic Power of DPP4i and SGLT2i in Type 2 Diabetes Management		Time 5 min 20 min	Dr. Saurabh Sriva FRCP, FACP, FICP, FISH, FGSI, Chief Medical Superintendent	I stava Flams, Flacm, Frssdi	
Introduction & Context Setting Advancing Diabetes Care: Harnessing the Synergistic Power of DPP4i and SGLT2i in Type 2	Speaker / Moderator Dr Aashish Rajput	5 min	Dr. Saurabh Sriva FRCP, FACP, FICP, FISH, FGSI, Chief Medical Superintendent	I Stava FLAMS, FLACM, FRSSDI I Prof. & Head, Dept. of Medicine	
Introduction & Context Setting Advancing Diabetes Care: Harnessing the Synergistic Power of DPP4i and SGLT2i in Type 2 Diabetes Management Exploring the Link: Vitamin D and Insulin Resistance - Unraveling the Mechanisms and Clinical	Speaker / Moderator Dr Aashish Rajput Dr. Anuj Maheshwari	5 min 20 min	Dr. Saurabh Sriva FRCP, FACP, FICP, FISH, FGSI, Chief Medical Superintendent	ISTAVA FLAMS, FLACM, FRSSDI Prof. & Head, Dept. of Medicine SPEAKERS	Image: Constraint of the second se















American College of Physicians India Chapter



Innovative Physicians Forum

ACP-IPF MEDICINE UPDATE 2023

Saturday 1st & Sunday 2nd July 2023, New Delhi

Academic Partners



Hemwati Nandan Bahuguna Uttarakhand Medical Education University, Dehradun (UK)



Mahatma Gandhi University of Medical Sciences & Technology Jaipur, Rajasthan



KLE Academy of Higher Education & Research Belagavi, Karnataka

Venue: Pride Plaza Hotel Aerocity, New Delhi

Delhi Medical Council (DMC) awarded 13 Hrs and 30 Minutes of Credit





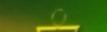






CONVOCATION CEREMONY 2023















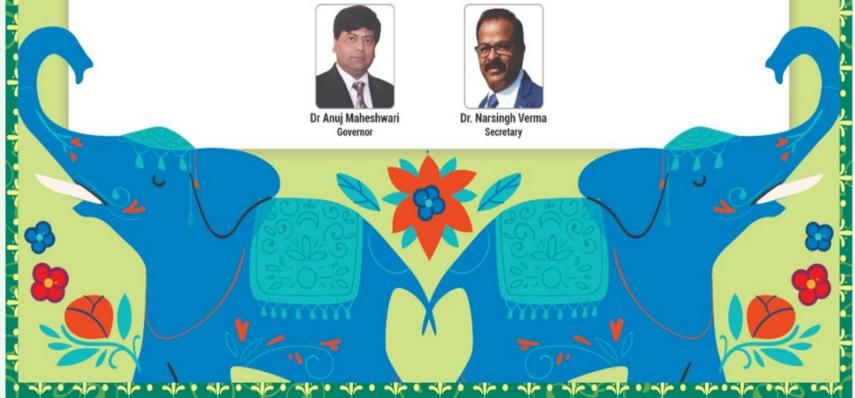
Invitation

ACP INDIA CHAPTER RECEPTION ať **SAN DIEGO**

Friday, April 28th, 2023, 6:30pm - 8:30pm

Marriott Grand Ballroom Section 2 Marriott Marquis San Diego Marina

> 333 West Harbor Drive, San Diego, California 92101 USA































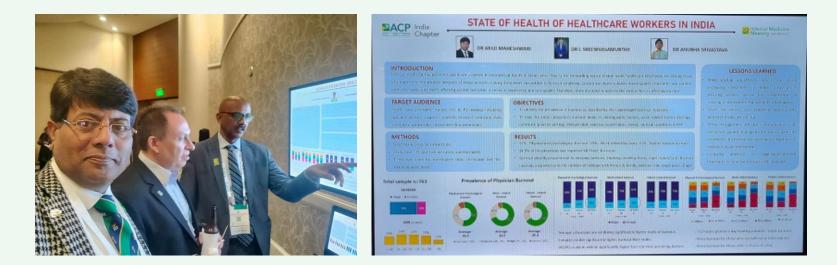








Presentation of State of Health study at ACP San Diego



Quiz participants representing India at ACP San Diego

Winners of ACP Conference Vizag

Research Category



Dr Meemansa Jindal University College of Medical Sciences (Delhi) **Clinical Case Category**



Dr Megha Sridhar Bangalore Medical College Research & Institutue (Bangalore) **Publication Category**



Dr Sushrut Ingawale Seth GS Medical College & KEM Hospital, (Mumbai)







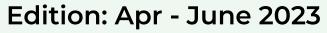


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Prof. Anuj Maheshwari *Governor, American College of Physicians India Chapter*

Dr. Ajoy Tewari National Coordinator

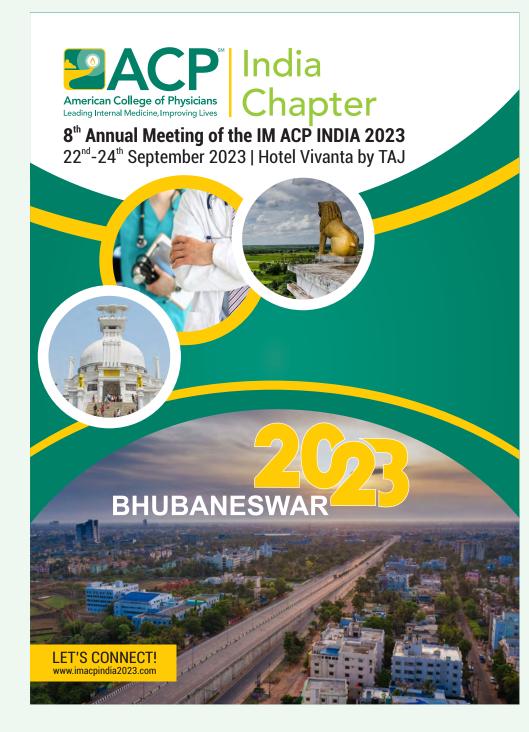








SEE YOU ALL AT BHUBANESWAR





Governor Welcome Message

Dear Friends

Welcome to 8th Annual Meeting of the IM-ACP India 2023, from 22th to 24th September 2023, Hotel Vivanta by TAJ, Bhubaneswar, Odisha.

Bhubaneswar is an ancient city in India's eastern state of Odisha, formerly Orissa. Many temples built from sandstone are dotted around Bindu Sagar Lake in the old city, including the 11th-century Hindu Lingaraja Temple. Outside Rajarani Temple are sculpted figures of the guardians of the 8 cardinal and ordinal directions. Jain antiques, weaponry and indigenous pattachitra paintings fill the Odisha State Museum

After the grand success of IM-ACP 2022 We're excited to come together again and to host a hybrid meeting with both physical and virtual attendance option. This time we are bringing expert faculty from across the country and around the world. You will also get exceptional educational experience and chance to interact with the experts in this conference.

ACP India Chapter 2023 targeting to have more than 1500 plus physicians and specialists

We hope you find Internal Medicine Meeting 2023 professionally and personally rewarding!

With best wishes!





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