

ACP INDIA CHAPTER NEWSLETTER

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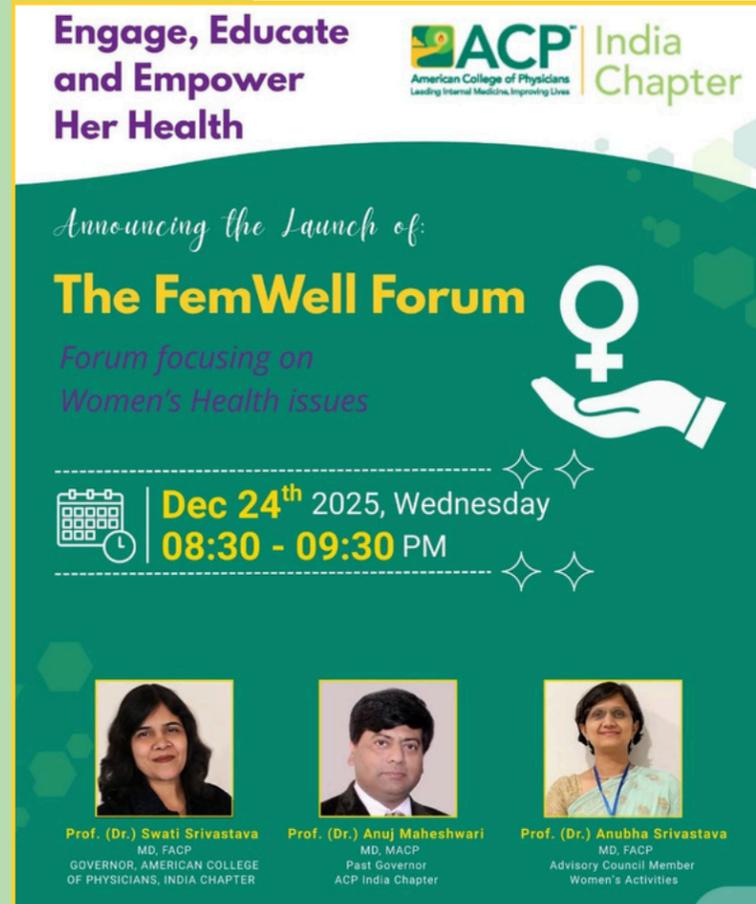
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Engage, Educate and Empower Her Health

ACP™ India Chapter
American College of Physicians
Leading Internal Medicine, Improving Lives

Announcing the Launch of:

The FemWell Forum

Forum focusing on Women's Health issues

Dec 24th 2025, Wednesday
08:30 - 09:30 PM

Prof. (Dr.) Swati Srivastava
MD, FACP
GOVERNOR, AMERICAN COLLEGE OF PHYSICIANS, INDIA CHAPTER

Prof. (Dr.) Anuj Maheshwari
MD, MACP
Past Governor
ACP India Chapter

Prof. (Dr.) Anubha Srivastava
MD, FACP
Advisory Council Member
Women's Activities



MESSAGE FROM GOVERNOR



As this year comes to a close, we are pleased to note that we are in the final quarter of 2025. I extend my warm greetings and best wishes to all members as we step into the New Year 2026. May the new year be brighter, healthier, and filled with renewed optimism and opportunities. As we conclude the past year, many of us do so with a sense of fulfillment and a wealth of meaningful experiences and pleasant memories to cherish.

The ACP India Chapter is proud to introduce the Femwell Forum, a dedicated initiative focused on promoting awareness, education, and best practices in women's health. The forum aims to provide a collaborative platform for healthcare professionals to discuss key health issues affecting women, share clinical experiences, and explore innovative approaches to holistic care. Dr. Anubha Verma, the Advisory Council Member for Women's Activities, will supervise the forum.

During this quarter, the 5th ACDACON was held in collaboration with the American College of Physicians India Chapter. The conference was held on 25th–26th October 2025 in Purulia, West Bengal, and provided an excellent platform for academic exchange and professional collaboration.

Additionally, the ACP India Chapter was associated with DIACON 25, conducted on 11th–12th November 2025 in Vijayapura. On this occasion, I had the honor of serving as the Chief Advisor of the Scientific Committee, contributing to the academic planning and overall scientific quality of the event.

The chapter continued to emphasize wellness and preventive health. We successfully organized a collaborative yoga session with AIAARO, titled "Yoga by Doctors," on 2nd November 2025. The event was well received and reinforced the importance of physical and mental well-being among healthcare professionals.

The ACP India Chapter proudly celebrated the distinguished achievements of former Governor Dr. Anuj Maheshwari, who was honored with the prestigious MACP Award for his outstanding contributions.

The ACP India Chapter also announced Dr. Minal Mohit as the Wellness Champion. We extend our heartfelt congratulations on this well-deserved honor.

The ACP Case Files series continued to be a key academic initiative during this quarter, featuring the presentation and discussion of rare and challenging cases across multiple subspecialties, including nephrology, diabetes, and endocrinology.

I sincerely thank all members, faculty, and organizers for their valuable contributions and continued support. As we welcome the New Year, I wish you all a very Happy New Year and look forward to working together toward continued growth and meaningful contributions to healthcare and society.

With best wishes,



Dr Swati Srivastava
Governor, ACP India Chapter

EDITORIAL



“The future of medicine belongs to those who serve with knowledge, integrity, and compassion.”

The final quarter of the year 2025 offers an opportunity not only to reflect on achievements of the ACP India chapter but also to reaffirm our collective commitment to the principles that guide the practice of internal medicine. The year gone by has been marked by sustained academic enthusiasm, professional engagement, and a strong spirit of collaboration among our members—qualities that continue to strengthen the foundation of internal medicine in India.

The months from October to December 2025 have reinforced the chapter’s core mission of advancing clinical excellence, promoting evidence-based practice, and nurturing a culture of lifelong learning. Through academic conferences, awareness initiatives, and case-based learning platforms, the ACP India Chapter has remained a vibrant forum for intellectual exchange and professional growth for internists across the country.

A defining highlight of this quarter has been the expansion of focused, patient-centered, and physician-led initiatives. The launch of the FemWell Forum and the successful conduct of the inaugural FemWell Clinic academic session reflect the chapter’s commitment to addressing women’s health through structured education, interdisciplinary dialogue, and evidence-driven practice. Such initiatives underscore our resolve to respond meaningfully to evolving healthcare priorities while fostering inclusive academic platforms.

The ACP India Case Files continue to serve as a cornerstone of practical learning, offering rich discussions on rare and challenging clinical scenarios across specialties. Alongside national and regional conferences, wellness initiatives, and awareness programs, these efforts collectively translate advancing medical knowledge into improved patient outcomes.

As medicine evolves rapidly with advancements in technology, artificial intelligence, and data-driven decision-making, the coming year calls upon us to adapt thoughtfully, embracing innovation while preserving the humanistic values that define our profession. The vision for 2026 is one of deeper engagement, strengthened mentorship, and continued academic excellence, guided by integrity, compassion, and professional responsibility.

I extend my sincere gratitude to the governor, council members, faculty, residents, students, and all members of the ACP India Chapter for their unwavering dedication and contributions. As we move forward into the New Year, let us carry this momentum with clarity of purpose, mutual respect, and a shared commitment to lifelong learning.

“Lifelong learning is not an option in medicine—it is a responsibility.”

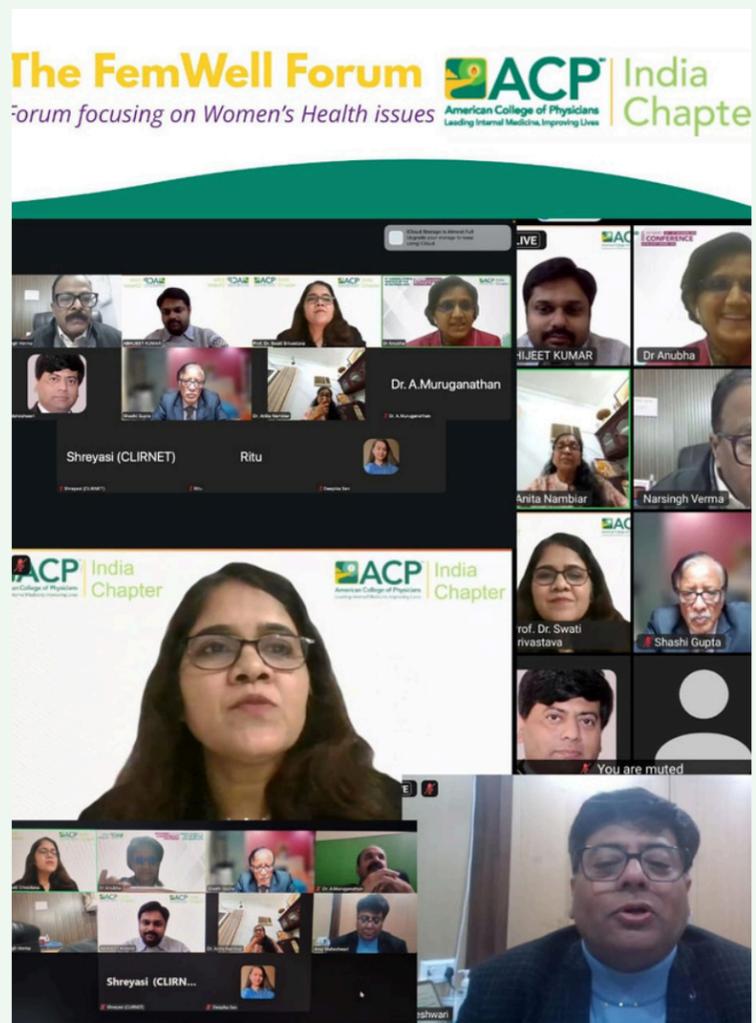
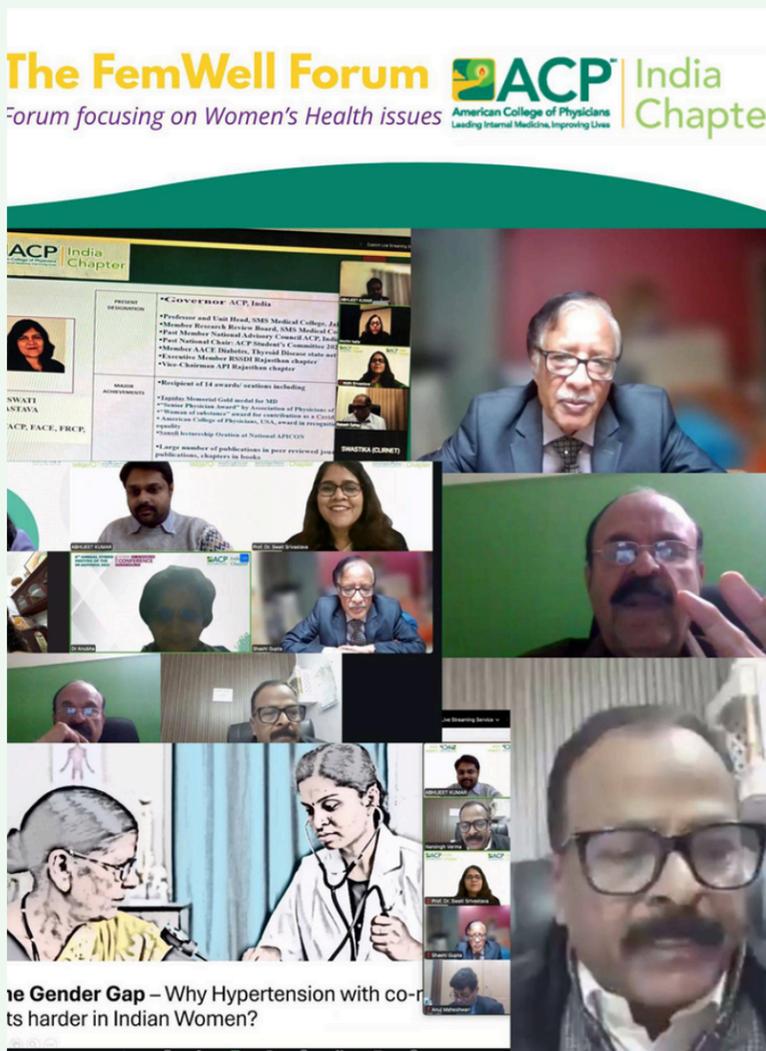
Maj Ravi Kumar
MBBS, MD
Council Member for Students and Residents Activities
ACP India Chapter

New Initiatives The FemWell Forum

The ACP India Chapter is proud to introduce The FemWell Forum, a dedicated initiative launched under the leadership of Governor Dr. Swati Srivastava, with Dr. Anubha Verma, Advisory Council Member for Women's Activities. The forum is committed to promoting awareness, education, and best practices in women's health by providing a structured platform for healthcare professionals to discuss key issues, share clinical experiences, and explore innovative approaches to holistic care.

The inaugural session was held on 24th December 2025 and featured an expert-led educational program on Hypertension in Pregnancy. Dr. Narsingh Verma delivered the keynote talk, with Dr. Swati Srivastava and Dr. Anita Nambiar serving as panelists, and the session was ably moderated by Dr. Anubha Verma. The inaugural ceremony was graced by the presence of Past Governor Dr. S. B. Gupta, Dr. A. Muruganathan, and Dr. Anuj Maheshwari.

The FemWell Forum plans to conduct regular educational programs, case discussions, and knowledge-sharing sessions aimed at advancing excellence in women's healthcare.



National Conferences in Collaboration with ACP, India chapter ACDACON 2025

The Asansol Coalfield Diabetes Association proudly hosted the 5th ACDACON in collaboration with the American College of Physicians India Chapter, the RSSDI West Bengal Chapter, and the IACM West Bengal Chapter. This prestigious event marked the largest medical conference held outside Kolkata, attracting over 400 delegates and more than 100 esteemed faculty from across the country.

The event featured an extensive program that included engaging lectures, insightful panel discussions, spirited debates, and interactive quizzes, designed to foster learning and collaboration among participants.



DIACON 25

The 5th DIACON 25 was conducted on 11th–12th November 2025 in Vijayapura Purulia, West Bengal, in collaboration with the American College of Physicians (ACP) India Chapter. The other associations that collaborated were RSSDI Karnataka, DRWA, and IMA Vijaypur. The conference served as a valuable platform for academic exchange, knowledge sharing, and professional collaboration among physicians.



Academic & Awareness Initiatives

World Heart Day Awareness Program—MGM Medical College

WORLD HEART DAY 2025
'Hypertension Revisited'
 Hypertension MasterClass 2025
 12 pm to 4 pm, September 26th 2025

ORGANISED BY
MGM DEPARTMENT OF MEDICINE
 Mahatma Gandhi Mission

IN ASSOCIATION WITH
MAHARASHTRA STATE CHAPTER OF ASSOCIATION OF PHYSICIANS OF INDIA

*GUIDANCE FROM GURUS:
 ESSENTIAL TAKEAWAYS IN
 HYPERTENSION MANAGEMENT*

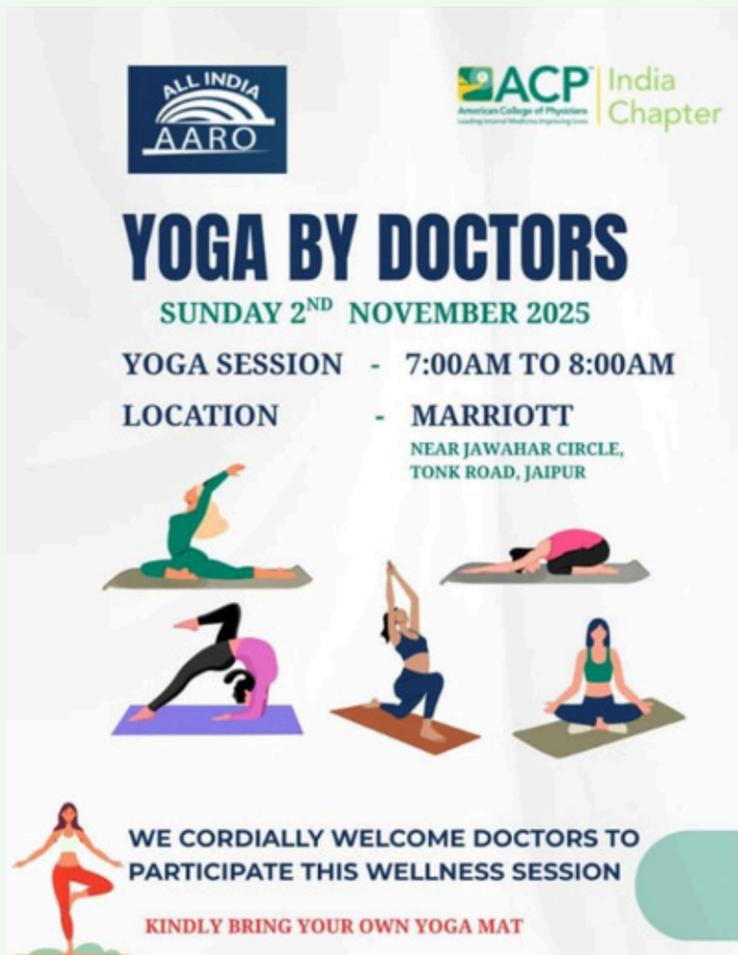
DR SWATI SRIVASTAVA Prof. & Unit Head (Med), SMS, Jaipur. Governor ACP – India	DR MANGESH TIWASKAR Editor in Chief- JAPI, Former Sec Gen - Association Physicians India	DR BANSHI SABOO Chair -IDF South East Asia Region VP Diabetes India Study Group	DR J K SHARMA International Regional Advisor RCPE (UK) Sec General & IPF Global Ambassador

*WISDOM FROM MASTERS:
 KEY LESSONS IN HYPERTENSION MANAGEMENT*

DR ANUJ	DR SUNIL

MGM HOSPITAL, NAVI MUMBAI
 DEPT OF MEDICINE

Yoga Session for Doctors (ACP India–AIAARO Collaboration)

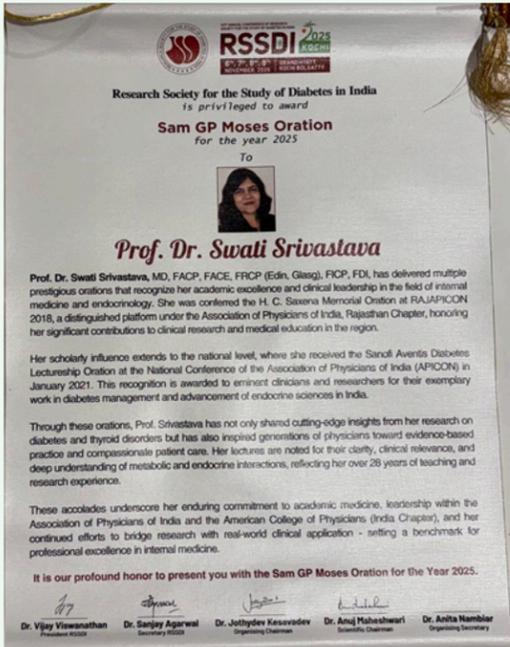


The ACP India Chapter, in collaboration with AIAARO, successfully conducted a wellness initiative titled “Yoga by Doctors” on 2nd November 2025. The session aimed to promote physical and mental well-being among healthcare professionals, emphasizing the significance of preventive health and holistic care.

Attendees participated in guided yoga practices, breathing exercises, and mindfulness techniques designed to enhance overall wellness and resilience. The chapter remains committed to organizing such initiatives to support the health and well-being of its members.



Leadership & Honours Prestigious Oration Award at RSSDI 2025



A moment of immense pride for the ACP India Chapter as Prof. (Dr.) Swati Srivastava was conferred the prestigious Prof. Dr. Sam G. P. Moses Oration at the 53rd National RSSDI Conference, Cochin. The award recognized her outstanding contributions to endocrinology, academics, and professional leadership. The honor was bestowed by Dr. V. S. Seshiah, a pioneer in gestational diabetes research in India. The achievement brought national recognition to the chapter.



World Internal Medicine Day Celebrations

OCTOBER 28
HAPPY INTERNAL
MEDICINE DAY!
 #InternalMedicineDay

Internal Medicine Day was celebrated on 18th October under the ACP India Chapter.

Dr. Swati Srivastava & Dr. Sanjay Das conducted different interactive sessions and acknowledged physicians for their dedication and valuable contributions. The importance of clinical practices was highlighted on this day.



ACP India Governor Made the Chief guest at IMPACT Conference, Kolkata



Distinguished Member Achievements

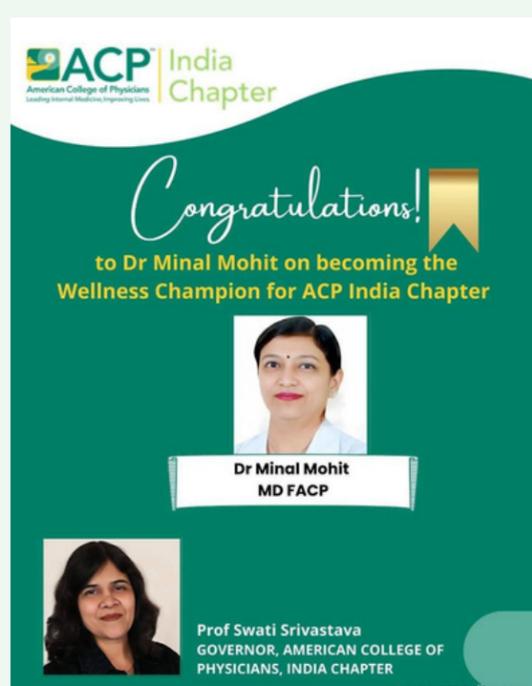
MACP Award – Prof. (Dr) Anuj Maheshwari

The ACP India Chapter proudly celebrated the distinguished achievements of its esteemed members during this quarter. Prof. (Dr) Anuj Maheshwari, Past Governor, was honoured with the prestigious MACP Award for his exemplary contributions.

Wellness Champion Award – Dr. Minal Mohit

This quarter, the ACP India Chapter proudly recognized excellence in wellness advocacy by conferring the title of Wellness Champion upon Dr. Minal Mohit. This honor reflects her outstanding commitment to promoting health and wellness within the medical community.

The chapter extends its heartfelt congratulations and looks forward to her continued efforts in advancing wellness initiatives among healthcare professionals.



ACP India Case Files

ACP India Case File is a monthly virtual CME where we discuss interesting cases from various medical specialties. The case files are presented by expert speakers and moderated by nationally renowned specialists in the field. A large number of internists join and benefit from this event.

- **24th October 2025:** A Rare Case of Nephro-Urology When Acute Pain Abdomen a Rare Diagnosis
- **14th Nov 2025:** A rare case in Diabetes- Uncontrollable Hyperglycaemia and Hypertension in a young Adult of type 2 Diabetes
- **23rd Dec. 2025:** A Rare Case in Endocrinology - A rare twist in a hematological presentation

<p>ACP India Chapter India Case Files</p> <p>24th October, 2025 Friday 8:00 to 9:00 PM</p> <p>Speaker Rare Case of Nephro-Urology When Acute Severe Pain Abdomen Reveals a Rare Diagnosis</p> <p> Dr. Siddharth Gosavi Consultant, Internal Medicine Sai Gosavi Speciality Clinic And Nano Hospitals, Bangalore</p> <p>Chairpersons</p> <p> Prof. (Dr) KamlaKar Tripathi Former Prof. & Head, Department of Medicine, Nephrology, BHU</p> <p> Prof. (Dr) Manisha Sahay Prof. & Head, Nephrology, Osmania Medical College, Hyderabad</p> <p> Prof. (Dr) Swati Srivastava Governor, ACP India Chapter</p> <p> Prof. (Dr) Anuj Maheshwari Past Governor, ACP India Chapter</p> <p> Dr. Anchin Kalia ECP Advisory Council Member ACP India Chapter</p> <p> Dr. Abhijeet Kumar Coordinator ACP India Case Files</p> <p>Digital Partner CLIRNET Click Here to Register</p>	<p>ACP India Chapter India Case Files</p> <p>14th November, 2025 Friday 8:00 to 9:00 PM</p> <p>Speaker A Rare Case in Diabetes-Uncontrollable Hyperglycaemia and Hypertension in a young adult of type 2 Diabetes</p> <p> Dr. S.S.Lakshmanan MD, FRCP(GLASC), DNB Director, Priya Nursing Home, Chennai</p> <p>Chairpersons</p> <p> Dr. Pratap Jethwani Consultant Diabetes Specialist Physician Jethwani Hospital, Rajkot, India</p> <p> Dr. Rahul Baxi Honorary Consultant Diabetologist, Assistant Professor Department of Medicine GMC and GT Hospital, Mumbai</p> <p> Prof. (Dr) Swati Srivastava Governor, ACP India Chapter</p> <p> Prof. (Dr) Anuj Maheshwari Past Governor, ACP India Chapter</p> <p> Dr. Anchin Kalia ECP Advisory Council Member ACP India Chapter</p> <p> Dr. Abhijeet Kumar Coordinator ACP India Case Files</p> <p>Digital Partner CLIRNET Click Here to Register</p>	<p>ACP India Chapter India Case Files</p> <p>23rd December, 2025 Tuesday 8:00 to 9:00 PM</p> <p>Speaker A Rare Case in Endocrinology A rare endocrine twist in a common hematological presentation</p> <p> Dr. Ritu Assistant Professor Medicine, AIIMS Jammu</p> <p>Chairpersons</p> <p> Prof. (Dr.) Prakash Keswani Senior Prof. Endocrinology JNUMSRC Hospital Jaipur</p> <p> Prof. (Dr.) Rakesh Kumar Sahay Professor of Endocrinology Osmania Medical College Hyderabad</p> <p> Prof. (Dr) Swati Srivastava Governor, ACP India Chapter</p> <p> Prof. (Dr) Anuj Maheshwari Past Governor, ACP India Chapter</p> <p> Dr. Anchin Kalia ECP Advisory Council Member ACP India Chapter</p> <p> Dr. Abhijeet Kumar Coordinator ACP India Case Files</p> <p>Digital Partner CLIRNET Click Here to Register</p>
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Thank You