



ACCPSM

American College of Physicians
Leading Internal Medicine, Improving Lives

India Chapter

Edition: JUL - SEP 2023

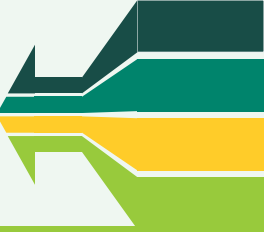
NEWSLETTER



INSIDE THE ISSUE:

- MESSAGE FROM GOVERNOR
- Vision Statement by Candidates contesting for Governor Elect
- New Advisory Council Elected Members
- 8th Annual Conference of ACP India Chapter “IM-ACP India 2023”





*“LEAD WHEN THERE IS OPEN SPACE
COMMUNICATE WHEN THERE IS
SILENCE AND CELEBRATE WHEN
THE AIR IS FULL OF DESERVED
PROGRESS”*





MESSAGE FROM GOVERNOR



Dear Colleagues,

Season's Greetings!

Happy Vijayadashmi, a mark of triumph of truth over evil, light over darkness & finally life over death, creation over destruction. It becomes more relevant when world is facing one of its worst crisis in wars in different parts.

Hope you must be best in your health & spirit.

After coming back from our annual conference at Bhubaneswar, I believe you may be having lot of feedback regarding your conference experiences, do write me back so we can improve ourselves in future.

This newsletter is especially designed to voice the candidates for election of Governor elect going on. As the campaigning is not allowed as per ACP norms, it has been decided to highlights priorities and vision of both the candidates through this newsletter. It would be helpful to you all members to develop insight for candidates. I believe it may help you to select future leadership which may take forward our chapter addressing real issues.

How did you find our new program "Soul Curry" for wellbeing issues of physicians? Do write me back if you want any topic to be touched in this program with your feedback.

Newly elected Advisory council is joining after you elected them for their responsibilities. We are also introducing them to you in this newsletter.

Looking forward to your suggestions how we can be more productive for you in coming days. Please do the renewal of your membership earliest if not done yet. Also we look forward you to motivate others to join American College of Physicians. Continuously increasing membership is strength behind us to perform all activities which may give opportunity to our physicians to connect with world community. Please motivate your physician friends, residents & medical students to join ACP. We look forward your active participation in ACP activities for health care & health care professionals in India.

Our next ACP annual conference is scheduled in Boston in 18th April 2024 to 20th April 2024. Looking forward to a large participation from India. Get yourself registered earliest taking advantage of group registration.





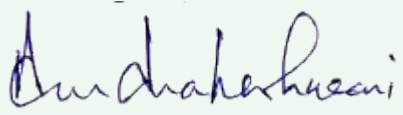
If you have completed 3 years of your membership, you can apply for FACP. Looking forward to see you in good number in convocation for FACP.

Do write me your feedback on four module programs on hypercholesterolemia. Hope you found it useful for your clinical practice.

Various collaborative research projects under ACP India chapter had been presented with their interim results in our Bhubaneswar conference. Do write me your feedback and topics for future projects.

Keep serving, keep safe & keep enjoying life. Looking forward to see you at Boston in April 2024 for an unforgettable experience.

Best wishes



Prof. Anuj Maheshwari
Governor





It is my proud privilege to write the editorial of the July to September newsletter; the quarter buzzing with activities. The highlight was the participation at 8th annual conference of ACP India Chapter "IM-ACP India 2023" at Bhubaneswar.

ACP India Chapter Anaemia and Subclinical hypothyroidism studies are reaching their completion. They will give insights in to their prevalence and suggest remedial measures.

ACP India Chapter has taken rapid strides, in the academic field, its programs, being replicated by other academic bodies, creating new benchmarks every day.

Over the years, the American College of Physicians India Chapter has emerged at the forefront of academic and social initiatives. Its all about great leadership, great teams and meticulous execution.

Looking forward to a great IM ACP India Chapter Conference at Lucknow.

Dr. Narsingh Verma





Dr. Divya Saxena
Haryana Women's Wing
Sonipat

MY VISION FOR ACP INDIA CHAPTER FOR NEXT 5 YEARS

I really feel proud to present my vision for ACP India Chapter for next five years & my heartfelt thanks to ACP India chapter governor Dr. Anuj Maheshwari & Immediate past governor Dr. Muruganathan Sir for giving me this great opportunity. It's like my dream came true.

"A dream becomes a goal when action is taken toward its achievement."

- Bo Bennett

उद्योगिनं पुरुषसिंहमुपैति लक्ष्मीः दैवेन देयमिति कापुरुषा वदन्ति ।
दैवं निहत्य कुरु पौरुशमात्मशक्त्या यत्ने कृते यदि न सिध्यति कोत्र दोषः ।।

Translation-

Only the one who makes efforts, wins, cowards depend upon fate.
One must throw away the concept of destiny and become industrious,
with the confidence and strength of a lion.
It's not one's fault if he fails in spite of effort.

This is what we have learnt from our dynamic leadership during last few years. We all know that ACP is the world's biggest organization of physicians.

ACP's pillars of strength

- ❖ Representing physicians with a unified voice
- ❖ Removing obstacles that interfere with patient care
- ❖ Leading the charge to confront public health crises
- ❖ Driving the future of medicine

ACP is the sum of 5 core areas

- 1) House of Delegates (policy)
- 2) Members
- 3) Practice/Clinical Tools
- 4) Research & Education
- 5) Advocacy

The American College of Physician promotes the art and science of medicine and the betterment of public health.





It's very important to work towards the above core areas for the success of any organization. Dr. Anuj Maheshwari & Dr. Muruganathan Sir has worked really hard to establish the chapter at world level. My heartiest congratulations to Dr. Anuj for getting the Golden Award in the name of chapter this year, we all should put in our sincere efforts to take ACP to the newer heights. My vision is to work for the following areas:

1) Team building, bonding & strengthening

- ❖ Building a strong team is a real challenge. I think identifying/ understanding everyone's strengths & assigning jobs accordingly is very important.
- ❖ Nothing can be achieved without a good team, taking along each & every teammate is the absolute necessity for the success.
- ❖ The topmost priority should be the strengthening of the organization & for smooth functioning a great coordination among all the team members is required.
- ❖ To keep all together & work in unison for the growth of the Chapter is another challenge & frequent Communication is very important to achieve it.

2) Membership growth

- ❖ The top challenge is to enhance the membership, which should be the first & foremost aim.
- ❖ Sincere, joint efforts are needed to popularize the chapter all over India to invite more & more memberships.
- ❖ Membership benefits should be well conveyed to all to make it worth spending annual membership fees, which is the main hindering factor in the membership growth.
- ❖ Building a strong & dedicated central team involving members from the maximum possible regions from all over India & encouraging them for membership growth at their state/district level.
- ❖ Forming state & local branch chapters will further add to membership enhancement.





3) Skill development of members

- ❖ To develop/organize structured training programs, workshops & hands on trainings for the healthcare providers for skill development & enhancing knowledge.
- ❖ To collaborate with academic institutions, so that skill trainings or knowledge updates can be done for the learnings available at the institute level only.
- ❖ To Organizing regular academic programs physically or virtually for the members to keep them updated.
- ❖ To involve & promote them in more & more research work under the chapter.

4) Safe practice environment

- ❖ Safety of the members is equally important as the Safety of the patients.
- ❖ We should work towards providing guidance on Work Life Balance, Finance and Investment options for the members (including alternate income sources), Legal advice and safe practice, so that all of us lead a happy and safe Professional, Family and Social Life.
- ❖ In this regard, the ACP National Guidelines of practice covering various aspects of clinical practice should be formed to guide the members for a safe practice.
- ❖ A central tie up can be done with any good indemnity insurance company, so that all the benefits & uniform payments can be monitored centrally with handsome group discounts for the insurance coverage & all the members should be encouraged to get themselves covered.

5) Public welfare activities

- ❖ To enhance Community health programs with the help of members & NGOs towards the welfare of society & public health.
- ❖ To work towards making healthcare accessible to all.





- ❖ To work towards public awareness, which is the only key to health & the only way to reduce the disease burden of our country.
- ❖ To educate primary care physicians regularly & make them updated of the current treatment guidelines.
- ❖ To advocate responsible positions on individual health and on public policy related to health care for the benefit of the public, patients, the medical profession, and our members.

6) Chapter upliftment at international level

- ❖ This should be every team member's dream to take the Chapter to the highest level & to make every member feel proud to be a part of it,
- ❖ To enhance more & more representation of members at National & international level in every field.
- ❖ Strong communication & keep all apprised about the activities going on under the organization is very necessary to involve the already existing members in various activities.
- ❖ Social media is another way of strong communication to keep all the members connected & aware.
- ❖ Preparing eligible medical students for participating in the National & International quiz programs.
- ❖ By enhancing publications of Indian data & researches.
- ❖ To publish handbooks covering topics of interest & to develop practice guidelines for communicable & non-communicable diseases.

7) ACP family benevolent fund

- ❖ There is a need to make serious plans to address the issue of the financial status and remuneration for the Private Practitioners.
- ❖ I also feel that the ACP has the responsibility to see that they work with due respect and with the 'best', not the 'minimal' working standards.





- ❖ Regarding ACP Family Benevolent Fund (FBF), let me restate that the scheme will be focused for the financial well-being of the spouse and children of our young members, in the event of the member's demise.
- ❖ It will be for the benefit of the dependent spouse/children when earning member is lost at an early age.
- ❖ Its utility for elderly members and their spouse /children is obviously less as they would be financially well settled. Hence, I appeal to members to understand the noble cause we are attending to and make best use of the Fund.

8) Integrating with other organizations

- ❖ Along with the ACP activities, the other organizations like API, RSSDI, ISH, CSI, ISCCM activities should be clubbed so that the efforts of ACP to train our population gains further attraction & momentum.
- ❖ There should be an aim to maintain cordial relationship with the other associations of physicians and other related specialty/super specialty associations with the idea of sharing academics for the benefit of all the practitioners.

The period of Next 5 years can be the golden period of ACP, which may be a reality with the concurrence, support and participation of all of us.

उत्तिष्ठत ।

जाग्रत ।

प्राप्य

वरान्निबोधत ।

Arise.

Awake.

And don't stop till

the goal is reached.

उठो ।

जागो ।

और तब तक नहीं रुकना

जब तक कि लक्ष्य हासिल न हो ।





VISION STATEMENT:

Dr. Swati Srivastava
MD, FACP, FACE, FRCP, FICP
Senior Professor and Unit Head, SMS Medical College, Jaipur



Dr. Swati Srivastava
*Central Zone
 Jaipur*

INTERNAL MEDICINE is the foundation of comprehensive health care.

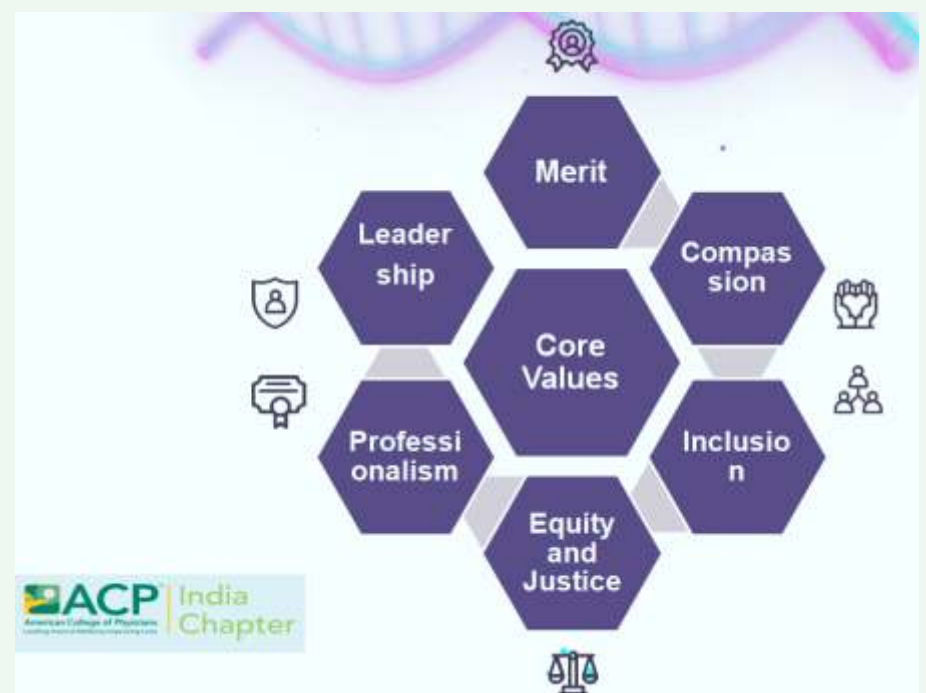
Internal medicine physicians constitute the foundation of clinical care. Physicians apply scientific knowledge and clinical competence to the diagnosis with empathetic management of adults from well being to intricate ailments. We are also proficient in identifying the diagnosis of obscure medical afflictions looking into every connection in the adult human body. Physicians are vital in continued care of long term disorders as also efficient in treatment of manifold and complex illnesses. Physicians play an important role not only in treatment of ailments but also health promotion and disease prevention.

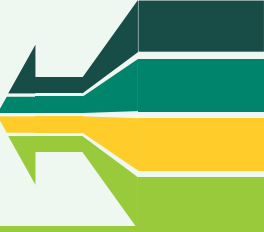
We are critical thinkers, accepting unpredictable settings and developments in the patient's course. We are guides for simple as well as complex disorders, diverse as well as multi-faceted disorders. We care for the patients throughout the health care journey with expertise making us vital for both patients as well as health professionals.

Vision statement:

Realizing our requirements, and the challenges we face, we have needs as well as aspects where we are limited. Administrative burden, low payments to physicians, escalating drug costs are just a few of these which make us vulnerable and less productive than we would otherwise be. Looking into these aspects, my efforts would be to improve a physician's domain in the following aspects:

- **Focus on cultivating education and research with wellness**
- **Culture of collaborative teamwork**
- **All members need to align for the welfare and growth of the body**
- **Need to influence change**
- **"Together" sounds more appropriate for collective thinking**
- **To make changes to influence adoption of strategies for future, keeping in mind, not to compromise on our existing value system**
- **We need to strengthen our pillars of Education, Advocacy, Research, Organization building & its strengthening**
- **We need to build mechanisms of data collection and data sharing to understand our own population**
- **We need to advocate modern methods of functioning, integrating technology and artificial intelligence**
- **Elimination of unnecessary administrative tasks that hinder your practice of medicine**
- **We need to build strategies and include everyone from within the organization and outside of it**
- **Need to reach out to the underprivileged and unrepresented, they need us the most**
- **Giving young minds responsibilities and helping them to take small steps towards leadership roles and building them to be leaders of the future**
- **Prioritized physician well-being**





ACP India Chapter Council Members:

It is to inform you all that ACP India Chapter Advisory Council elections are completed under the supervision of nomination committee chaired by Dr A Muruganathan. I take pleasure to inform that all candidates are elected unopposed on their respective posts as follows.

| Post | Name |
|--|------------------------|
| One Vice President | Dr Jayanta Kumar Panda |
| Advisory Council Member for North Zone | Dr Mohd Sajid Ansari |
| Advisory Council Member for East Zone | Dr Amit Kumar Dey |
| Advisory Council Member for West Zone | Dr Pratap P Jethwani |
| Advisory Council Member for South Zone | Dr Vinayak Hiremath |
| Advisory Council Member for Central Zone | Dr Abhishek Srivastava |
| One representative for Early Career Physician Member | Dr. Preeti Singh Dhoat |
| One representative for Women wing | Dr Padmashri Gulati |
| One Council member for Advance career physician | Dr Surya Kant |
| One Council Member for Students and Residents Activities | Dr Anchin Kalia |
| One Council Member for International Collaboration | Dr Amit Gupta |
| One Student member | Abhinav Jha |
| One Resident Member | Dr Arnav Kalra |

ACP New Fellows


| Region | Name | Member Class |
|--------|----------------------------|--------------|
| IND | Vineet Behera | Fellow |
| IND | Prahlad Chawla | Fellow |
| IND | Ashish Srivastava | Fellow |
| IND | Anupam Dey | Fellow |
| IND | Atanu Kundu | Fellow |
| IND | Anirban Ghosh | Fellow |
| IND | Balamurugan Subbiah | Fellow |
| IND | Gururaj K Kulkarni | Fellow |
| IND | Manoj Kumar Srivastava | Fellow |
| IND | Harsh Vardhan | Fellow |
| IND | Munna Lal Patel | Fellow |
| IND | Rajiv Srivastava | Fellow |
| IND | Sasthi Narayan Chakraborty | Fellow |
| IND | Arvind Kumar | Fellow |
| IND | Amitesh Kumar Chatterjee | Fellow |
| IND | Debasis Chakrabarti | Fellow |
| IND | Arvind Gupta | Fellow |
| IND | Ch Vasanth Kumar | Fellow |
| IND | COL Sambhu Dutta | Fellow |







| Name of Award | Name of Awardee |
|---|---|
| Early Career Physician Award | Dr Nidhi Kaeley, Dr Malay Parekh, Dr Robin George, Dr Amit Kr Dey |
| Rising star Early Career Physican Award | Dr Abhijeet Kumar |
| Hospitalist of the Year Award | Dr Ajay K Verma |
| Humanitarian of the Year | Dr SS Dariya |
| ACP India Internist Award | Dr S K Gupta, Dr Arvind Kumar, Lt Col (Dr) SK Singh |
| ACP India Chapter Internist Award for Advance Career Physicians | Dr Rakesh Jalota |
| Life Time Achievement Award | Dr Rishi Shukla, Dr A K Das |
| Researcher of the Year Award | Dr Ashish Saxena |
| Medical Student of the Year Award | Dr Jay Tewari |
| Resident of the Year Award | Maj R Kumar |
| Resident Recognition Award for the Leadership | Dr Arnav Kalra |
| Teacher of the Year Award | Dr M. Prabhu |
| Chapter Advocacy Award | Dr Purvi Chawla, Dr S N Swain |
| India Chapter Leadership Award | Dr K K Pareek, Dr Anil Virmani |
| ACP India chapter Clinical Practice Award | Dr Rajiv Awasthi, Dr Gowher A Wagai, Dr Pratap P Jethwani |
| ACP Community Teaching Award | Dr Ashish S Dengra, Dr Sasthi N Chakraborty, Dr Pankaj N Choudhry |
| Distinguished Mentor Award | Dr Jayshree Swain, Dr Sandeep Rai, Dr C Justin, DR M Suresh Babu |
| Distinguished Teacher Award | Dr Rishi Sethi, Dr Anchin Kalia |
| ACP India Educator Award | Dr V K Goyal, Dr Aniket V Inamdar |
| Fostering Diversity Award | Dr Divendu Bhushan |
| Wellness Award | DR Meghanad Mehar |
| Women Physician of the Year Award | Dr Preeti S Dhoat |
| Volunteer Faculty of the year Award | Dr Akshyaya Pradhan |
| Governor's Recognition Award | Dr Abhay Sahoo, Dr Satish Kumar, Dr Sajid Ansari |
| ACP India Chapter Excellence Award | Dr J K Sharma |
| Award for outstanding woman contributing in Women's Health | Dr Smitha Bhat |
| ACP India Women Educator Award | Dr Asmita Gera, Dr Manisha Gupta |
| Award for outstanding Man contribution in Women's Health | Dr Sirshendu Pal |
| Scientist of the Year Award | Dr Siddharth Gosavi |
| Dr A R Sircar Best Thesis Award 2023 | Dr . Pallaavi Goel |
| Dr William Osler Publication of the year Award 2023 | Dr Jyoti Bajpai |







Presents



ASCEND

American College of Physicians Program


Management of Microvascular Complications of Diabetes - A Focus on Management of Diabetic Nephropathy

WELL BEING LOUNGE

SOUL MUSINGS

**Journey from Well Being Champion to Governor, ACP India Chapter
What We Learned The Way Ahead**




Prof. Anuj Maheshwari
Governor, American College of Physicians India Chapter


We request the honour of your presence for the roll out of the Soul Curry
The Well being lounge of ACP India Chapter

on Tuesday 15th August 2023

9pm Onwards



Dr. Ajoy Tewari
National Coordinator





Dr. Eric Khoo
MbChB, DM, MRCP (UK), FRCP (Edinburg, UK)
Consultant and Director,
Eric Khoo Diabetes and Endocrine Clinic, Singapore
Adjunct Assistant Professor, Dept. of Medicine,
Yong Loo Lin School of Medicine, National University of Singapore



**Indian perspective by:
Dr. Anuj Maheshwari**
MD, FICP, FIACM, FIMSA, FRSSDI, FACP, FACE, FRCP
(London, Edinburgh)
Professor & Head, Dept. of General Medicine,
Babu Banarasi Das University, Lucknow
Governor, ACP-India Chapter



11th August 2023



8:00 PM - 9:30 PM

 **Click here to join the webcast: www.ascendwebinar.live**

This Medical Education Program is intended for Healthcare Professionals (by Invitation) and Janssen India Internal Team.
Disclaimer: The views expressed by speaker at this medical event, are those of the speaker and not that of Janssen & Johnson. The use or reliance of any information is solely a matter of your discretion and Janssen & Johnson makes no representation or warranty for its accuracy, completeness or usefulness nor should it be seen as an endorsement or recommendation of the same.

An educational initiative by: 

EP-404400





ACP, INDIA Educational Lecture Series on Hypercholesterolemia by Experts

REGISTER NOW!

MODULE 1

An Evidence-based Appraisal. **Hypercholesterolemia: Pathophysiology, Rationale for treatment, and Risk burden.**



Moderator
Prof. (Dr.) Anuj Maheshwari
MD, FRCP, FRCM, FMSA, FRSSD, FACP(USA), FACE(USA), FRCP (London, Edinburgh)
Governor American College of Physicians India Chapter
Fellow of American College of Endocrinology (FACE)
Secretary General, Indian Society of Hypertension
Professor of IInd Institute of Medical Sciences, Banaranki, Lucknow



Expert 1
Prof. (Dr.) Michael Jakoby (MD/MA)
Professor of Medicine
Chief, Division of Endocrinology
Director, Endocrinology Fellowship
SMU School of Medicine Springfield, IL 62702



Expert 2
DR. S. N. Narasingan
MD, FRCP, FACP, FRCP, FCCP (USA)
Cardiologist, Vice President Lipid Association of India
Past President, Indian Society of Hypertension



FRIDAY
14 JULY 2023



08:00 PM
ONWARDS

YOU JUST CANNOT MISS THIS

[CLICK HERE TO REGISTER](#)



UPCOMING SESSIONS

Risk Reduction Strategies- Prevention and Treatment. **(August 2023)**

Guidelines and Case-based Discussions **(September 2023)**

Module Summary and Consensus. **(October 2023)**

Enhance your knowledge and make a difference in patient care.

"This initiative is supported through educational grant from **Alkem Diabetology** as part of **Z+ International Connect Program**"



ACP
India Case Files

Tuesday, 18 July 2023
7:30 - 8:30 PM

Speakers

A Tale of Fungal Infection in Immunocompromised: Truly Rare or Rarely Diagnosed!



DR. SANTOSH KUMAR SINGH
Prof. Internal Medicine,
AFMC Pune and MUHS

Exercise Prescription-Charity Begins from Home.



DR. JS KUMAR
Associate Dean
(PG Academics) SRMIST CHENNAI

Moderator



DR. KANNAN N
Consultant Physician
Diabetologist



Dr. Anuj Maheshwari
Governor, ACP India Chapter



Dr. Amit Gupta
Advisory Council Member
ACP India Chapter



Dr. Preeti Singh Dhoat
ECP Council Member
ACP India Chapter

[REGISTER NOW](#)



ASCEND
American College of Physicians Program

Management of Microvascular Complications of Diabetes -
A Focus on Management of Diabetic Nephropathy



Dr. Eric Khoo
MBChB, DM, MRCP (UK), FRCP (Edinburgh, UK)
Consultant and Director,
Eric Khoo Diabetes and Endocrine Clinic, Singapore
Adjunct Assistant Professor, Dept. of Medicine,
Yong Loo Lin School of Medicine, National University of Singapore



Indian perspective by:
Dr. Anuj Maheshwari
MD, FRCP, FRCM, FMSA, FRSSD, FACP, FACE, FRCP
(London, Edinburgh)
Professor & Head, Dept. of General Medicine,
Babu Bangaru Das University, Lucknow
Governor, ACP India Chapter



11th August 2023



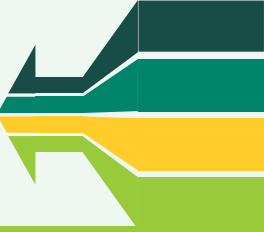
8:00 PM - 9:30 PM

[Click here to join the webcast: www.ascendwebinar.live](http://www.ascendwebinar.live)

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An educational initiative by: **janssen**





ACP, INDIA Educational Lecture
Series on **Hypercholesterolemia** by **Experts**

**REGISTER
NOW!**



MODULE 2

Risk Reduction Strategies
Prevention and Treatment



Moderator

Prof. (Dr.) Anuj Maheshwari
(MD, FCP, FIACM, FIMS, FRSSD, FACPUSA, FACEUSA, FRCPI)
Governor American College of Physicians India Chapter
Fellow of American College of Endocrinology (FACE)
Secretary General, Indian Society of Hypertension
Professor of Medicine, Hind Medical College



Expert 1

Prof. Fausto Pinto
(MD PHD FESC FACC FSCAI FASE)
Dean of Faculty of Medicine, University of Lisbon;
Head of Cardiology Department,
University Hospital Santa Maria/CHLN, Lisbon, Portugal.
President of the World Heart Federation (WHF) (2021-2022)
European Society of Cardiology (ESC) President (2014-16)



Expert 2

Dr. Jabir Abdullakutty
(MBBS, MD, DM (Cardiology), FSCAI)
Consultant Cardiologist at Lise Hospital in Cochin, Kerala
Overall In-Charge, Preventive Cardiology works, Cardiological
Society of India, Kerala Chapter



FRIDAY
18 AUG 2023



08:00 PM
ONWARDS

YOU JUST CANNOT MISS THIS

[CLICK HERE TO REGISTER](#) >>



UPCOMING SESSIONS

Guidelines and Case-based Discussions (**September 2023**)

Module Summary and Consensus. (**October 2023**)

Enhance your knowledge and make a difference in patient care.

"This initiative is supported through educational grant from
Alkem Diabetology as part of **Z+ International Connect** Program"





Simplifying Diabetes Management With Novel Therapies

**BLOCK
YOUR DATE**



13th Sep' 2023



8:00 pm onwards



Hotel Lemon Tree,
Patna

CHAIRPERSON



Dr Subhash Kumar

MBBS, MD, PgDip (Diabetes),
University of South Wales, UK,
MSc(Diabetes), University of South Wales,
UK, R.C.G.P, (Royal College, UK)
Fellowship DiabetesIndia,
Patna

SPEAKERS



Dr Anuj Maheshwari

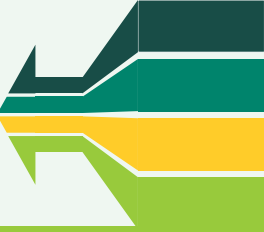
MD, FRCP - FICP- FIMSA,
FRSSN, FACP, FRCP,
Governor - ACP - India Chapter,
Prof - Internal Medicine,
HIMS,
Lucknow



Dr Divendu Bhushan

MD, FICP, FIACM, FACP
PGDHM Resource faculty- Medical Education
Member Secretary- Stem cell research
Joint Secretary-API Bihar, Associate Professor
and Head of Department- Emergency Medicine,
AIIMS Patna, Patna








WELL BEING LOUNGE

Soul musings with Marion Mull McCrary



Marion Mull McCrary
MD FACP, Duke Signature
Care South Durham

Marion M. McCrary MD FACP is a primary care internal medicine physician at Duke Signature Care in North Carolina. She is a National Board-Certified Health and Wellness Coach and serves as the Associate Director of the Duke GME Coaching program.

In addition to her day jobs, she is a state and national leader with the American College of Physicians (ACP) and serves as the Governor of the North Carolina US state ACP chapter. She is honored to be a faculty coach and curriculum developer for the American Medical Women's Association ELEVATE and EVOLVE leadership programs for female physicians and residents.

Narrative Medicine and story-sharing is revived interest of hers. She is the co-founder of the Writers Wellness Workshop, A monthly narrative medicine series open to all doctors and medical students. In addition, she loves amplifying physician stories on Reset MD, a podcast she and several ACP Well-being Champions started in 2020. She shares her home with Tradd, her husband of 25 years, and their labradoodle Morgan.

on Tuesday 29th August 2023, 9pm Onwards

[Click Here to Register Now](#)



Prof. Anuj Maheshwari
Governor, American College of
Physicians India Chapter



Dr. Ajoy Tewari
National Coordinator





Introduction and Disclosures

Internal Medicine Physician @ Duke Signature Care

Governor & Well-being Champion, NC ACP

National Board-Certified Health & Wellness Coach

Associate Director of Coaching, Duke GME


Physician Coach - ACP, AMWA, CFI, Pink Coat MD, Marion McCrary Wellness LLC








SOUL *Curry*

 **ACP** | India Chapter
American College of Physicians
Leading Internal Medicine, Improving Lives


WELL BEING LOUNGE


Ingredients of the soul curry




Prof. Amod Kumar Sachan
Professor and Head, Department of Pharmacology
King George's Medical University, Lucknow
Chairman, Hind Institute of Medical Sciences, Barabanki
Chairman, Hind Institute of Medical Sciences, Sitapur
Chairman, Shekhar Hospital, Lucknow

on Tuesday 19th September, 2023 | 9:00PM

 **Prof. Anuj Maheshwari**
Governor, American College of Physicians India Chapter

 **Dr. Ajoy Tewari**
National Coordinator




We are now faced with the fact that tomorrow is today. We are confronted with the fierce urgency of now. In this unfolding conundrum of life and history, there “is” such a thing as being too late. This is no time for apathy or complacency. This is a time for vigorous and positive action.


MARTIN LUTHER KING JR.








ACP, INDIA Educational Lecture Series on Hypercholesterolemia by Experts




MODULE 3


Critical Appraisal of National and International Guidelines, and Treatment Algorithms




Moderator
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Consultant-Cardiology, KMC Hospital, Mangalore



WEDNESDAY
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UPCOMING SESSIONS

Module Summary and Consensus
(November 2023)

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