

# ACP India Chapter NewsLetter

**Oct- Dec 2022**



ACP India chapter activities for the quarter:

July: Early Career Physicians

August: Women's Health care month

September: Nutrition Advocacy Month

## In this issue

- ✍ Message from the Governor
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- ✍ IM ACP India Chapter 2022 including New Fellows
- ✍ Collage of ACP India IM conference 2022.
- ✍ Various ACP India Chapter Scientific events in the last quarter of 2022



## MESSAGE FROM GOVERNOR



**Dear Colleague:**

Hope you had a great beginning of New Year 2023. My greetings to you all for being more productive, keeping in best of health & spirit in coming days.

I believe we fought our war with pandemic in best of our capacity & finally won it. Though we lost many our HCP colleagues like warriors in any other war. In fact, we could come out as winner because of their dedication and supreme sacrifices. Vaccines also played a significant role winning this war against pandemic. More important is what lessons we could learn while fighting with pandemic?

As per my understanding, the biggest lesson we all should learn including HCPs as well as policy makers i.e., more focus should be on primary health care. There is a lack of balance among primary, secondary & tertiary care. Our tertiary care is strong enough up to the extent it encourages medical tourism from other countries. We are well equipped to provide organ transplantation but not enough committed for prevention of end organ damage. This commitment should begin at primary care level which is currently facing not only lack of infrastructure but also deficiency of health care professionals. Our funds & attention are directed to strengthen tertiary care instead of primary or secondary care. More training is required at primary and secondary care level not only keeping in mind prevention but also rehabilitations for the diseases being treated at tertiary care level so that patient may not need to run back for frequent follow to tertiary care hospitals. Many a times for the reasons of long queues, long distances patients stop coming for follow up after major operations and stop the treatment prematurely. Additionally, It can also reduce the burden of tertiary care hospitals.

Another lesson of pandemic is that our focus should not be completely shifted from infectious diseases to non-infectious diseases as the challenges of infectious diseases are increasing not only for continuously changing virus but also injudicious use of antibiotics is taking us to the state where we may not be left with any sensitive option for bacterial infections. Training of HCPs is needed at primary and secondary health care level.

Members of ACP India chapter have placed wonderful example of collaborative research in COVID times when they pooled data of their patients of diabetes who met with COVID-19 as well as patients of COVID-19 who developed diabetes, whom they treated. It has really been very interesting to know that highest average blood sugar during the COVID-19 onset was significantly higher in patients with known diabetes than in newly detected diabetes or without diabetes but disease severity according to HRCT, hospitalization, & O2 support was higher among newly detected diabetes patients than in known diabetes or without diabetes. It was further interesting to know that severity in group with newly detected diabetes may not have been steroid-induced, as low doses had higher HRCT scores than high-or no steroid patients. You can click on following URL to read in full

<https://authors.elsevier.com/a/1gKOW6fWV2jiAN>

Looking forward to see many more such endeavours from members of India chapter. Looking forward to more participation in annual conference at San Diego in April end. Hope you liked annual conference of India chapter at Vizag in November 18, 19 & 20th 2022. Share your feedback to me.

Best wishes



**Anuj Maheshwari**  
Governor, India Chapter

## EDITORIAL



**The last quarter of 2022 was eventful. Under the able guidance of ACP India chapter Governor, Prof Dr Anuj Maheshwari, many events were successfully completed, biggest of which was the ACP India IM Conference 2022. There were multiple CMEs, workshops for dissemination of Science on varied subjects on Internal medicine and allied medical topics. Many new projects were inaugurated and conducted during the last quarter of 2022.**

**We are proud of all achievements and accomplishments of ACP India Chapter in 2022 under Prof Maheshwari's Governorship**

**Wishing everyone a happy and Prosperous New Year 2023**

**Dr. Supratik Bhattacharya**



Invited Podium Presentation of Research Papers selected by Scientific Committee

### Marking List for E-Poster Presentations



☞ Husain Haider Abbas	Awareness of Monkeypox among Healthcare Workers in the Emergency Department at a Tertiary Care Hospital in North India
☞ Jay Tewari	A Cross-Sectional Study to Evaluate the Prevalence of Diabetic Kidney Disease in People with Type 2 Diabetes Mellitus In a Tertiary Care Center
☞ Arvind Kumar	Lung Ultrasound: A Possible Approach For Detection Of Covid-19 Severity and Associated Mortality
☞ Jigyasa Gupta	Prevalence Of Awareness and Unawareness of Hypertension and its Control In Different Cohorts in Bikaner North-West Zone of Rajasthan.
☞ Meemansa Jindal	Clinics But No Clinical Training: Decoding The Impact Of Covid-19 Lockdown On Indian Medical Undergraduate Students
☞ Kashish Malhotra	Global Impact of Deep Vein Thrombosis Awareness Month: Challenges And Future Recommendations
☞ Shivam Verma	Association Of Serum Uric Acid Levels with Insulin Resistance in Pre Diabetic and Drug Naïve Diabetic Subjects
☞ Ritu Tiwari	Comparison of Frequency Domain Parameters of Heart Rate Variability Between Women with Polycystic Ovarian Disease And Apparently Healthy Women
☞ Jigyasa Gupta	An Alternate Method of Obtaining the 12 Lead Ecg
☞ Meemansa Jindal	Distribution Of Different Blood Groups In Gdm And Pregnancy Related Complications

Invited Podium Presentation for Best Publications in last three years selected by scientific committee

### Marking List for E-Poster Presentations

☞ Yashendra Sethi	Thyroid Function Abnormalities in the Acute Phase of Covid-19: A Cross-Sectional Hospital- Based Study from North India
☞ Sushrut Ingawale	Real World Evidence Clinical Study of Use of Remdesivir and to cilizumab in Severely Ill Covid-19 Patients
☞ Vishnu Shivam	Genomic Approach to Identify Association of Environmental Bisphenol-a (BPA) in Daily Use Plastics as Molecular Disruptors in Breast Cancer
☞ Javaid Ahmad Bhat	The Prevalence and Clinical Importance along with the Underlying Role of Metformin in Lactic Acidosis in Patients Admitted with Diabetic Ketoacidosis
☞ Swaraj Waddankeri	Clinical Efficacy and Safety of Remdesivir among Hospitalised Adult Patients with Rt Per Confirmed Covid 19 Requiring Icu Care in Kalyana Karnataka

Invited podium presentation for clinical case discussion selected by scientific committee

### Marking List for E-Poster Presentations

#### Newly elected fellows

**Vikas Goel**  
MD FACP

**Bharat Kumar Gupta**  
MBBS FACP

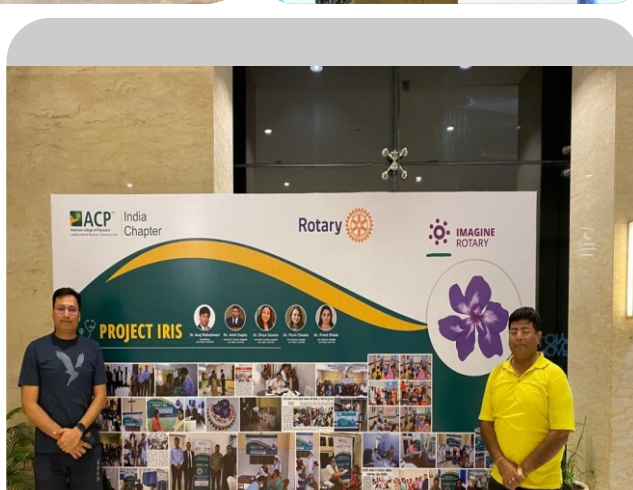
**Harish Jayakumar**  
MBBS MD FACP

**Nishant Kandola**  
MBBS MD FACP

**AkashKumar Navinprakash Singh**  
MD FACP

☞ Mohammed Muzammil	Hypoglycaemia in Non-Diabetic Patient with Ace Inhibitors Like Lisinopril: A Case Report
☞ Atindra Bhardwaj	Disseminated Neurocysticercosis
☞ Megha Sridhar	A Case of Distal Renal Tubular Acidosis Detected to be Sjogren's Syndrome
☞ Shubham Dubey	An Interesting Case of Pres
☞ Rishabh Kapoor	Pulmonary Hypertension In Hyperthyroidism ;Rare Presentation of an Important Association

## Glimpses from ACP India IM conference 2022



**ACP**  
India Case Files



Tuesday 29th Nov 2022 | 7:30 - 8:30 PM

Speakers

CNS Tuberculosis  
And It's Unusual  
Presentation

Hypercalcemia  
in a young  
male

Moderator



Dr. Anumiti Jain

Dr. Minal Mohit

Dr. Preeti Singh Dhoat

Associate Professor Neurology  
NCS Medical College  
(Jabalpur)

Consultant Endocrinologist  
at Manipal Hospital  
(Jaipur)

ECP Council Member  
(Bhatinda)



Dr. Jyoti Bajpai

Dr. Abhishek Shrivastava

REGISTER NOW

**ACP**  
India Case Files



Tuesday 27th Dec 2022 | 7:30 - 8:30 PM

Speakers

Cases that  
masquerade ACS

Mindful  
Physician

Moderator



Dr. Amit Kinare

Dr. Shradha Gupta

Dr. Amit Dey

Consultant  
Cardiologist

Wellness Champion ACP  
Arizona USA Chapter

Consultant - Diabetology,  
Obesity & Metabolic  
Disorders



Dr. Jyoti Bajpai

Dr. Abhishek Shrivastava

REGISTER NOW

Region	ACP Number	Name	Member Class
IND	01416344	Mohammed Riyaz, MD FACP	Fellow
IND	02660434	Shriram V Kulkarni, MD FACP	Fellow
IND	03639819	Nishant Kanodia, MBBS MD FACP	Fellow
IND	03741153	Vikas Goel, MD FACP	Fellow
IND	03783848	Ghulam R Jeelani, MD FACP	Fellow
IND	03785019	Nagendra Kumar Singh, MD FACP	Fellow
IND	03885113	Subhash Saxena, MBBS MD FACP	Fellow
IND	04086967	Anubha Srivastava, MD FACP	Fellow
IND	03869624	Jayanta Sharma, MBBS MD FACP	Fellow
IND	03955771	Bharat Kumar Gupta, MBBS FACP	Fellow



**9TH NEWTOWN  
BOOK FAIR 2022**

22nd December, 2022 to 1st January, 2023 | Everyday 1pm to 9pm  
Venue : City Square, Newtown, Opposite Central Shopping Mall



**WOMEN'S  
HEALTH TALK**

Date: 30th December, 2022, Friday | Time: 6pm to 7pm

Chaired By :



Prof. Urmila Sen



Ms. Rinku Dasgupta

Panelists - Health Expert



Dr. Barnali Ghosh



Dr. Shilpa Bhartia



Coordinator:  
Dr. Amit Kumar De



Moderator:  
Ms. Sayantika Kundu



Dr. Atrayee  
Roychoudhuri,



Ms. Sarbani Das  
Roy



LIVE  
WEBINAR



**Update on Latest  
RSSDI 2022 Guidelines**



21st Dec, 2022  
Wednesday



05.00 PM to  
06.00 PM

Speakers



**Prof. Anuj Maheshwari**  
MD, FICP, FIACM, FIMS, FRSSDI, FACP(USA),  
FACE(USA), FRCP(London, Edinburgh),  
Immediate Past Vice President and National Executive,  
Research Society for Study of Diabetes in India UP chapter



**Prof. Narsingh Verma**  
MBBS, MD, FRCP(London), FACP(USA),  
FIACM, FICM, FIMS, FRSSDI,  
Immediate Past secretary and Treasurer, Research  
Society for Study of Diabetes in India UP chapter



**Dr. Ajoy Tewari**  
MD (Int Med.), FRCP, FICP, FIMS, FUPDA,  
Fellowship in Diabetes (CMC Vellore),  
Secretary, Research Society for Study of Diabetes in India  
UP Chapter



**Dr. Sajid Ansari**  
MD (Medicine), FACP(USA) FICP,  
FEAC, FISC, FIAE, FCSI  
Secretary, Indian Society of Cardiology, (Lucknow Chapter)

Pregnancy Study Group



Associated with: Supported by:



**ACP Symposium**

12th November, 2022 (Saturday) | 07:00PM - 08:00PM  
Hall A | Virtual

Moderator:



Dr. Anuj Maheshwari  
(Lucknow)

Chairpersons:



Dr. Ajoy Tewari  
(Lucknow)



Dr. Surajeet Kumar Patra  
(Bhubaneswar)



Dr. Ashish Saxena  
(Ludhiana)

07:00PM - 07:20PM

Interlink Between Thyroid  
Disorder and GDM



Dr. Rakesh Sahay  
(Hyderabad)

07:20PM - 07:40PM

Is Dyslipidemia a Risk For GDM?



Dr. Amit Gupta  
(Noida)

07:40PM - 08:00PM

Anaemia And GDM



Dr. Anubha Srivastava  
(Prayagraj)

CLICK HERE  
TO REGISTER NOW

Dr. Rutul Gokalani  
Org. Secretary

Dr. Amit Kumar Dey  
Program Chairman

Dr. Dharmendra Panchal  
Org. Chairman