



ACP
American College of Physicians
Leading Internal Medicine, Improving Lives

India Chapter

ACP INDIA CHAPTER NEWS LETTER

Edition: January – March 2025

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Hey! It's a finally time to say "Good bye, ACP"



DR. ANUJ MAHESHWARI
MD, FACP
Governor

Loved it, Lived it & Enjoyed it in its fullest while being in office of Governor last four years. It would be a rare feeling when I shall travel to New Orleans coming week with the title "Governor" and travel back without it after handing over worthy most successor of mine.

It was the time of 2nd wave of COVID when I took charge as Governor online. 2nd wave was more dreaded in India. It was the big challenge to rejuvenate COVID struck members in India. Why shouldn't I ask members to share their experiences of COVID to us ? This may alleviate fear up to certain extent and actually it did. Got that published in maximum impact factor journal of Elsevier. First annual conference in Goa planned in December 2021. Suddenly flames of Covid became sharper. Many overseas faculties dropped. Few Indian faculties also were down but at the end of the day we could come out with flying colours with 300 attended physically. Actually ACP taught me not only to survive in storm but to win in wet playground. I can't forget the biggest motivation we received from our Dilemma team who won the osler cup in online competition. Worth to mention one participant was participating from hospital whose mother was down with COVID and he was serving her as attendant. No one was talking about Team India when final round of dilemma began. In our Governor group people were writing about their winning expectations where no mention was of Indian team. Suddenly as the dawn approached team India came up as dark horse as it always happen with team India may it be cricket or something else. History is made.

That year we did lot of online program at ACP India platform. Challenge was to keep the interest maintained in these program. I discussed with my council members and proposed to start an online program for early care physicians where senior professors should present their life time experiences of managing critical patients instead of having routine CMEs which are monotonous and not so well appreciated as most of the early career physicians are fresh in their knowledge. My colleague in advisory council who was looking after Early Career Physicians affairs Dr Amit Gupta suggested the title "ACP India Case files" which clicked and later it won the "John Tooker Ever green Award". In first year chapter won the Gold Excellence Awards and continuously we are maintaining it till now.

ACP helped me in sharpening my leadership. What I had read in literature, ACP gave me an opportunity to experience it. True not only fights from the front but also give the opportunity to team members to develop their skills. Then only a winning team is made. Win never comes simply being strong and most powerful, in fact the team wins with better coordination among teammates who developed their skills. It is the captain who brings coordination and identity team members to develop a desired skill most needed to win. Some times it may be the need of the hour that Sachin Tendulkar go for bowling instead of playing with bat for which he is better known. It would be inappropriate if I don't

say about my predecessor Dr Muruganathan who actually prepared the ground, identified me and motivated to file my nomination for Governor. He is visionary and laid the foundations of all those achievements what India chapter later could achieve.

An MOU signed between ACP India and Rotary India for women's health across the country with the help of my advisory council members Dr Amit Gupta and Dr Divya Saxena. In August 2021 we had month long CME series on women's health started on Breast feeding day 1st August on behest of Dr Divya saxena chair of women wing. In Feb 22 month long CME series on cancer awareness began from World Cancer Day 4th Feb,organised by Dr Divya Saxena. Later she Janeen chosen by Local nominations committee to contest for Governor also with Dr Swati Srivastava. Dr Swati Srivastava when joined advisory council was not even FACP. Later her hard work and wisdom paid her the chapter's highest position. It has proven that values of ACP lies in hard work only. I am confident she will take our chapter to new heights. She has her interest to work for students and residents. I am sure we shall see new ideas being implemented for students and resident academic development in coming days. Dr Narsingh Verma and Dr Jalees Fatima remained stood behind me supporting all the way.

I can't stop myself mentioning two women behind the success of my chapter . Ms Dana Accord and Ms Wendy Rivera kept themselves always available for me despite huge time differences in India and America. Actually they kept on guiding me for smooth running of chapter in last four years. Dr K K Pareek who paved the way of smooth constitution of Advisory council later Dr A Muruganathan, Dr Jalees Fatima, Dr Bijay Patni and Dr Sanjay Agarwal played an important role in finding candidates for governor elect being in Local Nominations Committee. Finally India chapter could get first lady governor. In last year we started a year long online series of Artificial intelligence in Modern medicine which was started as brain child of Dr Alok Modi, Dr Amit Dey and Dr SV Kulkarni. "Soul curry" was another popular program designed for happiness and its impact on health of health care processionalas as an idea of Dr Ajoy Tewari. Name of "soul curry" was inspired by Dr Marion Mull Mc crary the Governor of Carolina who remained the guest speaker in 2nd episode of program. I can't miss to mention Dr Elisa Choi who took pain of long distance travelling to India as ACP Global ambassador and participated in our annual conference last year. Her address as "Governor Maheshwari " always felt me elated. A big thanks to Dr Vidya Sundareshan, Dr Priya Radhakrishnan, Dr Mukta Panda, Dr Tom Cooney, Dr George Abraham, Dr Omar Atiq, Dr Rebecca Andrews, Dr Ryan D Mire, Dr Darilyn Mayer, Dr Roger Khaitan, Dr Tammy Lin, Dr Jenny Silberberger, Dr Angie Collamer and all my GOAT 2025 classmates for always inspiring and supporting me. My sincere gratitude to my all council members who worked hard with me to take the chapter next level. Thanks to Medeva, who agreed to give their EMR free of cost to our members and designed multiple research activities to engage our members. It has really been great while working with Medeva team Kartik, Siddartha, Rama, Uday, Vanshika and Raghu. I am grateful of wonderful support I received from them. Thanks to my office staff working hard for ACP India chapter and still working day and night for closure activities Mr Faisal Nafees, Mr Nafees Ahmad and Ms Pratima Srivastava. Last but not the least my family members, my mother who always prayed for my success my hard working wife Dr Nisha and two daughters Dr Shivangi and Anusha who not only sacrificed their pleasure and celebrations but stood behind me ever like powerhouse to me.

Every story happens to be unique with its tears and laughter, pain and healing, challenges and victories but at the end only laughter moments, healing and victories last in memories. Before I close I must share what I learnt in this journey of four years being Governor "Dream Big, Stay positive, Work hard and enjoy the journey".

Wish you all the best & Good Bye.

Anuj Maheshwari
MD, FACP

MESSAGE FROM GOVERNOR



DR. SWATI SRIVASTAVA

Welcome Message:

I am deeply honoured and privileged to transit into my new role as the Governor, American College of Physicians, India Chapter. Being elected to this position presents both a challenge and an opportunity for me to make a meaningful contribution to the Association.

My goal is to align the actions of our members with our shared values and to create a vision for the future. I will strive to inspire and engage others to innovate and develop strategies that will foster growth and empowerment.

Together, with a spirit of collaborative teamwork, let us move forward. By applying our knowledge and dedication, we can improve the lives of physicians, our patients, and society as a whole.

Dr. Swati Srivastava,
(MD, FACP)



EDITORIAL



DR. ANCHIN KALIA
DNB (MED), FICP, FRCP, FIMSA, FDI

"The practice of medicine is an art, not a trade; a calling, not a business; a calling in which your heart will be exercised equally with your head." – Sir William Osler

Greetings for the new year 2025! As we step into the new year, I am both excited and honored to share my thoughts with you in this first editorial of 2025. This year offers us a valuable opportunity to reflect on our past accomplishments while setting our sights on the opportunities ahead.

The American College of Physicians (ACP) India Chapter has continued to flourish, creating an impact in the field of Internal Medicine throughout the subcontinent. In the past year, we have made many strides in advancing education and research within our community, but there is still much more to achieve.

I would like to take a moment to sincerely thank Dr. Anuj Maheshwari and Dr. Swati Srivastava for their continued dedication and exceptional leadership within our chapter. Dr. Maheshwari's ongoing contributions to the field and his role in advancing the interests of our members have been instrumental in our success. Similarly, Dr. Srivastava's passion, vision, and commitment to the ACP India Chapter is commendable, and we look forward to a bright future under her leadership.

Looking ahead, I am particularly excited about the upcoming ACP Conference in New Orleans. This event, set to take place in April 2025, promises to be a landmark occasion for professionals in the field of Internal Medicine. The conference will bring together some of the best global experts in our field to discuss the latest innovations, emerging trends, and pressing challenges in healthcare. It is an invaluable opportunity for networking, learning, and sharing knowledge that will shape the future of Internal Medicine.

As we prepare for the conference, I encourage all members to join us in New Orleans, and in other upcoming events and initiatives throughout the year. Together, we will continue to uphold the ACP's commitment to excellence in education, research and patient care. I look forward to another year of collaboration and growth for our chapter.

Warm Regards,
Dr. Anchin Kalia

API-ACP India Hybrid Session during the annual conference of APICON 2025 at Kolkata in Paramahansa Hall on 24th January 2025, 12:00 PM onwards

APICON 2025 KOLKATA PROGRAMME

APICON 2025-24th January 2025 Paramahansa Hall			
Time	Topic	Speaker	Chaiperson
12:00pm-01:00pm	Session 4 - API-ACP India Session		
12:00pm-12:20pm	Thyroiditis - OFT missed entitiy	<i>Dr. Swati Shrivastava</i>	<i>Dr. MP Kafle</i>
12:20pm-12:40pm	Evolving role of biomarkers in management of HF	<i>Dr. Anuj Maheshwari</i>	<i>Dr. Hamid Ali</i>
12:40pm-01:00pm	Acute worsening of renal function in diabetic nephropathy	<i>Dr. Narsingh Verma</i>	

ACP INDIA CASE FILES ON 31ST JAN 2025, 07:30 PM ONWARDS

ACP India Case Files
31st Jan, 2025, Friday
7:30 to 8:30 PM

Speakers

Back pain in Diabetes

Dr. Abhishek Rathi
Assistant Professor, Medicine, AIIMS

Phenotype of Diabetes - Do doctors actually practice what they preach?

Dr. Tarangmeet Kaur
Assistant Professor, Medicine, All India Institute of Medical Sciences

Moderators

Dr. Divyendu Bhattacharya
Chief, Emergency Medicine, All India Institute of Medical Sciences

Col. Dr. Sambhu Satish
Col. Emergent and Interventional Care, All India Institute of Medical Sciences

Prof. (Dr) Anuj Maheshwari
Associate Professor, All India Institute of Medical Sciences

Prof. (Dr) Swati Shrivastava
Associate Professor, All India Institute of Medical Sciences

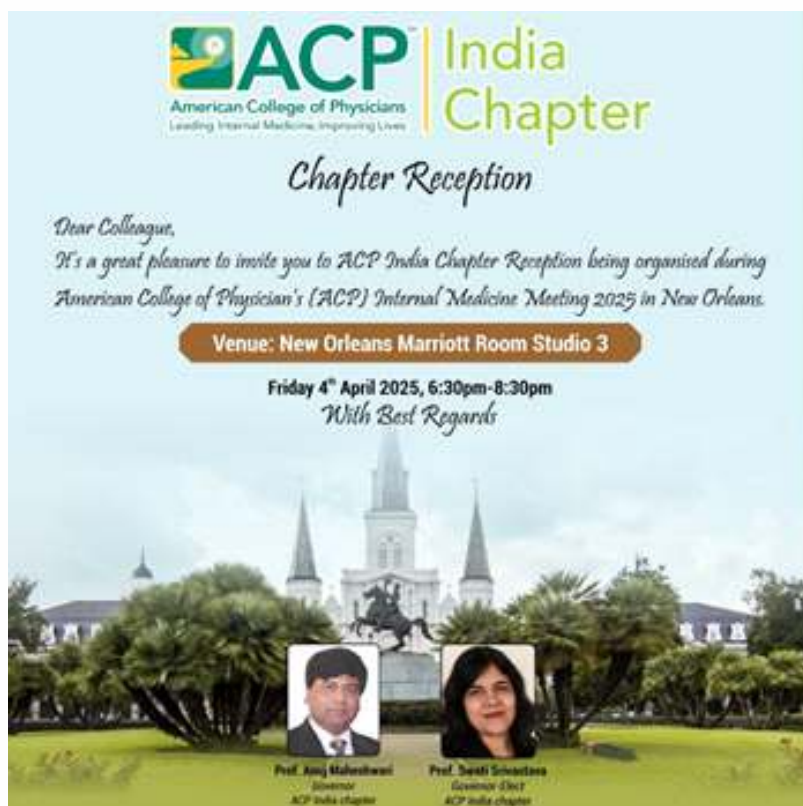
Dr. Amit Gupta
Associate Professor, Medicine, All India Institute of Medical Sciences

Prof. (Dr) Preeti Singh Ghosh
Associate Professor, Medicine, All India Institute of Medical Sciences

Dr. Abhishek Kumar
Associate Professor, Medicine, All India Institute of Medical Sciences

Hosted by: **AIIMS**

ACP INDIA CHAPTER RECEPTION INVITATION



ACP INDIA CHAPTER CASE FILES ON 27th FEB 2025 07:30 PM ONWARDS

ACP India Chapter

ACP India Case Files

27th Feb 2025, Thursday
7:30 to 8:30 PM

Speakers

Topic:
A Rare Case of High-SALT Intoxication: Unveiling the Underlying Disorder

Dr. Vijay Kumar
Assistant Professor
Department of Medicine
Ganga Hospital

Topic:
Genetic Assessment: The present and the future.

Dr. Anil Bhat
Professor
Department of Pathology and Genetics
PGIMER, Chandigarh

Moderators

Dr. Ashish Kumar
Assistant and Senior Consultant of Gastroenterology at St George's Healthcare

Dr. Harish Gupta
Assistant Prof., Department of New King George's Healthcare University, Lucknow

Prof (Dr) Anuj Maheshwari
Governor ACP India Chapter

Prof (Dr) Snehi Srivastava
Governor Elect ACP India Chapter

Dr. Ansh Gupta
Assistant Professor

Prof (Dr) Preeti Singh Dheek
Associate Professor and Head of Department
Department of Medicine
Ganga Hospital

Dr. Abhishek Kumar
Assistant Professor

Sign Up Partner

Click Here to Register

Navigating New Beginnings: Rooted In Traditional while Reaching for New Horizons on 1st March 2025 12 PM ET (10:30 PM IST)



ACP INDIA CHAPTER NEW ADVISORY COUNCIL



Dr. S S Dariya
MD, FACP
Secretary, ACP India Chapter



Dr. Amit Gupta
MD, FACP
Vice President, ACP India Chapter



Dr. GD Ramchandani
MD, FACP
Treasurer, ACP India Chapter



Dr. Neelesh Kapoor
MD, FACP
Council Member for North Zone



Dr. Bijay Patni
MD, FACP
Council Member - East Zone



Dr. Sunil Kumar Mahavar
Council Member Central Zone



Dr. Akashkumar Navinprakash Singh
Council Member for West Zone



Dr. Mohammed Riyaz
Council Member for South Zone



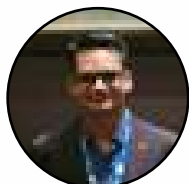
Dr. Anubha Verma
Women Wing Chair



Dr. Preeti Singh Dhoat
MD, FACP
Council Member for
Advanced Career Physician



Dr. Anchin Kalia
Council Member for
Early Career Physicians



Dr. (Maj) Ravi Kumar
Council Member for Students
and Residents Activities



Dr. Amit Kumar Dey
Council Member for
International Collaboration



Dr. Akash Paruthi
Resident Member



Dr. Komal Verma Saluja
Student Member

New Fellows April 2024- March 2025



Dr. Anil Vardani
MD FACP, New Delhi



Dr. Arulnithi Ayyanathan
MD FACP, Chennai



Dr. Bimal K Agrawal
MD FACP, Mullana, Ambala



Dr. Sreeram Sankar Puthenveetil
MD FACP, Palakkad



Dr. Amit Kumar Dey
MBBS MD FACP, Kolkata



Dr. Deepak Gargi Pande
MD FACP, New Delhi



Dr. Arun Tyagi
MBBS MD FACP, Ahmednagar



Dr. Sandeep Suri
MBBS MD FACP, HISAR



Dr. Valupadas Chandrashekar
MD FACP, Warangal



Dr. Wasim Kadri
FACP MBBS MD, Thane



Dr. Niraj Lodha
MBBS MD FACP, Pali



Dr. Susheel Kumar Tyagi
MD FACP, Ghaziabad UP



Dr. Sudeep Saran
MD FACP, Bareilly, UP



Dr. Jethanand Jethwani
MD FACP, Kota



Dr. Arindam Chatterjee
MD FACP, Durgapur



Dr. Abhijeet Kumar
MD FACP, Patna



Dr. Ajay Agarwal Sr
MBBS MD FACP, Noida



Dr. Suresh Kanna Subramaniam
MBBS MD FACP, Chennai



Dr. Amit Bhaskar
MD FACP, Varanasi



Dr. Sanjaykumar Bandyopadhyay
MBBS MD FACP, Uttarpara



Dr. Partha Pratim Dey
MD FACP, Murshidabad



Dr. Siba Dalai
MBBS MD FACP, Bhubaneswar



Dr. Ashish Jindal
MD FACP, Mohali



Dr. Anwar Ulhaq
MD FACP, Kota



Dr. Avilash K Tiwari
MBBS MRCP FACP, Mulund



Dr. Dhiren C Patel
MD FACP, Surat



Dr. Gaurav Chhaya
MD FACP, Ahmedabad



Dr. Preeti Dhoat V
MBBS MD FACP, Amritsar



Dr. Surajeet Kumar Patra
MBBS MD FACP, Bhubneswar



Dr. Naseem A Hussain
MD FACP, Bangalore



Dr. Tapas Bandyopadhyay
MD FACP, Surat



Dr. Rajiv Awasthi
MD FACP, Ahmedabad



Dr. Adnan Imam
MBBS MD FACP, Patna