



Public Policy Approaches to Addressing Adult Obesity: A Position Paper from the American College of Physicians

ACP paper offers recommendations on how policymakers can increase accessibility of obesity treatment for adults and address modifiable factors that contribute to obesity like diet and physical activity. Further recommendations aim to reduce stigma associated with obesity, improve understanding of obesity among physicians and increase access to healthy food.

***Annals of Internal Medicine* full text:** <https://www.acpjournals.org/doi/10.7326/ANNALS-26-00864>