Pharmacologic Treatments with Lifestyle Modifications in Nonpregnant Adults with Overweight or Obesity in Outpatient Settings: A Living Clinical Guideline from the American College of Physicians (2026)

ACP issues clinical guidelines to help physicians choose medications with lifestyle modifications to manage overweight and obesity in adults.

Annals of Internal Medicine **full text:** https://www.acpjournals.org/doi/10.7326/ANNALS-25-02714