

INACTIVE: All ACP clinical guidelines and guidance statements are considered automatically withdrawn or invalid 5 years after publication or once an update has been issued.



CLINICAL GUIDELINE

# Management of Chronic Insomnia Disorder in Adults: A Clinical Practice Guideline From the American College of Physicians (2016)

A Clinical Practice Guideline From the American College of Physicians to present the evidence and provide clinical recommendations on the management of chronic insomnia disorder in adults.

*Annals of Intern Medicine* full text: <http://www.annals.org/article.aspx?doi=10.7326/M15-2175>

Read Summary for Patients: <http://www.annals.org/article.aspx?doi=10.7326/P16-9016>