

**ACP CHAPTER WELL-BEING CHAMPION**

**“JOB DESCRIPTION”**

**Background**

ACP launched the Physician Well-being and Professional Fulfillment initiative in January 2018. Part of that initiative includes training up to 2 Well-being Champions (WBCs) per chapter who will promote the rationale for investing in clinician well-being, share key evidence-based strategies to improve clinician well-being and professional fulfillment, and foster the development of chapter-based communities that support well-being and professional fulfillment.

**Specific Well-being Champion Requirements:**

1. Commit to a three-year volunteer term that begins with the completion of WBC training.
2. The estimated time commitment for this position is 2 hours per month.
3. Participate in initial virtual training sessions (provided free by ACP)
4. Participate in or subsequently listen to periodic virtual webinars, coaching calls, and refresher training.
5. Administer a needs assessment survey to chapter members (e.g., mini z or chapter designed) to ascertain the needs and interests of members; analyze and use as a basis for chapter programming.
6. Integrate well-being/professional fulfillment information and strategies into chapter programming, activities, and communications.
7. Provide supportive connections and resources to their chapter and community.
8. Track and document efforts in an agreed-upon format.

**Well-being Champion Benefits**

The work Champions do will benefit their colleagues and chapter, but it will also help the Champion. Some of the potential benefits to the Champions include:

1. Build their CV and advance their own professional development including chapter leadership, presentations, and publications.
2. Obtain skills and tools to enhance their own well-being and professional fulfillment.
3. Obtain skills and resources to advance well-being in their own organizations and practices.
4. Learn from and collaborate with emeritus and current WBCs and other experts.
5. CME/ MOC for eligible WBC activities.
6. Receive 1:1 and group coaching during the 3-year term.
7. Develop meaningful connections with colleagues and become a part of the Champion community.

ACP greatly appreciates its Well-Being Champions and acknowledges their meaningful contributions to this essential work.