Greetings!

Welcome Early Career Physicians! An early career physician is defined at ACP as a physician within 16 years of graduation from medical school and who is not a medical student or resident/fellow member of ACP. We represent over 26,000 internal medicine early career physicians nationally.

We exist to serve as a resource for all ACP members early in their careers.

The mission of our Council of Early Career Physicians (CECP) is to be your professional home for both your career and personal development.

I would like to highlight some of our Council's focus areas:

- Developing activities and pathways to leadership for early career physicians in state chapters and nationally, including advancing to Fellowship.
- Addressing the needs of ECPs in multiple settings and practice types: ambulatory, hospitalist, subspecialist physicians, independent practice, rural or urban, etc.
- Increasing participation of early career physicians in advocacy at the state and national levels including providing the tools to be a successful advocate.
- Addressing the difficulties associated with establishing a career in internal medicine and its subspecialties during both our professional and personal life transitions.
- Providing opportunities to showcase scholarly work in state chapters and nationally through an early career physician poster competition.
- Fostering and maintaining effective professional mentoring relationships.
- Maintaining wellness and work life integration.
- Providing tools for diversity, equity and inclusion at a local and national level.

The participation of early career physicians in the activities of the College is fundamental and our input is valued. Our engagement, innovation, and leadership are catalysts for the growth and development of our local ACP chapters, the national organization, and the many communities we serve. With the current challenges facing the practice of medicine, our active participation will allow us to gain more insight and knowledge into the issues and enhance our opportunity to enjoy the practice of medicine.

The CECP serves as a resource for the College and provides an effective mechanism for addressing your concerns. With seats on the Board of Regents, the Board of Governors, and major College committees, the CECP can disseminate your ideas and concerns directly to the College's leadership and to the leaders in organized medicine.

The benefits of membership in ACP are diverse and many. The College is constantly keeping updated with current events, including offering a COVID-19 compilation of services and resources to meet the needs of our membership and the patients we serve. Additional benefits

include access to <u>Annals of Internal Medicine</u>, <u>MKSAP (Medical Knowledge Self-Assessment Program)</u> discounts, free access to <u>DynaMed</u>, a variety of <u>practice resources</u>, as well as having the opportunity to understand the <u>current physician payment system</u>. In the <u>advocacy</u> arena, the College is actively working to <u>mitigate healthcare inequities and increase access</u> to quality equitable healthcare. Additionally, relevant to practicing physicians, ACP advocates for <u>increased physician reimbursement and reducing administrative hassles</u>. ACP provides <u>guidance and resources</u> to foster communities of well-being for internal medicine specialists to best serve patients and optimize professional fulfillment and joy in medicine. <u>Women in Medicine</u> is an initiative that demonstrates ACP's dedication to gender <u>equity</u>.

Whether you are a specialist in primary care or hospitalist from private practice to academics, rural or urban or somewhere in between, we strive to have programming and activities to fit your needs!

I also invite you to engage in activities in your local chapter: participate as an annual meeting poster judge and abstract reviewer, network with your colleagues, and serve as a mentor and sponsor to students, residents, fellows, and peers. We need your creativity and innovation to continue thriving in internal medicine and maintaining the bright future that I see for our communities of practice. If you haven't already done so, please fill out your <u>ACP member engagement profile</u> to indicate your areas of interest for engagement with the College.

The Council welcomes your input, and we are committed to supporting early career physicians. Please feel free to contact me or other members of the national <u>Council of Early Career</u> <u>Physicians</u> so that we can best serve you. We are always happy to listen to your comments.

Warm regards,

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Chair, Council of Early Career Physicians

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