

Maine Chapter American College of Physicians

“To foster a community of professionals who pursue excellence and fulfillment in the practice of medicine.”

“Nephrology: Filtering Out What
the Internist Needs to Know”

2023 Annual Scientific & Chapter Meeting

September 15 -17, 2023
Atlantic Oceanside Hotel & Conference Center
119 Eden Street
Bar Harbor, ME

Special Accommodations: If you have physical or dietary restrictions that may require accommodations in order to fully participate in this activity, please contact Warene Eldridge before August , 2023. If you need further information or assistance: please contact: Warene Eldridge/ACP -Maine Chapter: Phone: 207-215-7118
Email: mainechapteracp@gmail.com

Maine Annual Scientific & Chapter Meeting Agenda

Friday September 15th

- 11:30 Registration opens
- 12:50 Opening remarks
- 1:00 Leadership Day: Hani Jarawan, MD FACP
- 1:30 Legislative Update: Daniel Morin.
- 2:00 Prevention of Chronic Kidney Disease: Manish Nepal, MD FACP
- 3:00 Break
- 3:30 Update on Types of Dialysis: Alan Segal, MD
- 4:15 Managing the Complications of End Stage Renal Disease: Hassan Mahmoud, MD
- 5:00 Poster Introductions: Emily Zarookian, MD FACP
- 5:15 Reception & Poster Viewing
- 6:30 Reception for Medical Students, Residents & Early Career Physicians
- 6:30 Dinner for senior, semi and retired members

Saturday September 16th

- 7:00 Breakfast for Medical Students, Residents, Faculty and GAC member (private event)
- 8:00 Maine Medical Center Resident Cases of the Year:
Louisa Bauer, MD, Shannon Donovan, DO, Asha Mohamud, MD, Hannah Short, MD
- 9:30 Break
- 10:00 How Should the Internist Manage CKD and When Should a Nephrologist be Consulted?:
Hassan Mahmoud, MD
- 10:45 Green Beans: Exploring Issues of Environmental Health in Nephrology:
Lesley Gordon, MD FACP and Katherine Liu, MD FACP
- 11:15 Evaluation and Management of Acute Renal Failure in the Hospitalized Patient:
Alan Segal, MD
- 12:00 Enjoy your afternoon & MDI
- 6:00 Reception
- 7:00 Banquet & Awards
- 7:30 Leonard M Keilson MD FACP Memorial Lecture: Transplants: What Does It Take to
Make One Happen: Arjan Djamali, MD MS FACP FASN

Sunday September 17th

- 7:00 Women in Medicine
- 8:00 College Update and Town Meeting: Stephen Hayes, MD MACP, Chapter Governor
- 8:45 Review, Discuss & Create Resolutions: Stephen Hayes, MD MACP
- 9:00 Transplant Patients: What Does the Internist Need to Know:
Arjang Djamali, MD MS FACP FASN
- 9:45 Public Health: Water and Radon Contamination: Clifford Dacso, MD MPH MBA FACP
- 10:30 Break
- 11:00 Urinary Stone Management: Eric Taylor, MD
- 11:45 Questions and Answers
- 12:00 Adjourn

Educational Sessions Faculty

Clifford Dacso, MD, MPH MBA FACP: Dr. Clifford Dacso is a physician and board member of the Knox County Clinic, a free clinic that is transitioning to a Federally Qualified Health Center in Midcoast. He is also director of research and innovation there. He is currently the Philip J. Carroll, Jr. Professor of Translational Molecular and Cellular Biology and Professor of Medicine at Baylor College of Medicine as well as Professor of Electrical and Computer Engineering at Rice University. He is board certified in Internal Medicine.

Arjan Djamali, MD MS FACP FASN: Dr. Djamali is the Chair of the Department of Medicine and director of Adult Medicine Service Line at the Maine Medical Center in Portland. He serves as Professor of Medicine at TUSM which includes a role in the clinical training of students who rotate through the MaineHealth system, including those enrolled in the Maine Track program.

Leslie Gordon, MD FACP: Dr. Gordon is board certified in Internal Medicine. She attended the Warren Alpert Medical School of Brown University and completed her residency at the Maine Medical Center, Internal Medicine. Dr. Gordon is a hospitalist and also Associate Program Director in the Internal Medicine Residency at Maine Medical Center at Maine Medical Center.

Stephen Hayes, MD MACP: Dr. Hayes attended medical school at University of Rochester, internship was at University of Virginia. He completed his residency and Chief Resident year at University of Rochester. Dr. Hayes is the current Governor of Maine Chapter of the American College of Physicians.

Hani Jarawan, MD FACP: Dr. Jarawan is a hospitalist at Maine Medical Center in Portland. He is Board Certified in Internal Medicine. He is the Maine Chapter Chair of the Health & Public Policy Committee and a member of the Governor's Advisory Council.

Katherine Liu, MD FACP: Dr. Liu is also a hospitalist at the Maine Medical Center in Portland. She is board certified in Internal Medicine and Pediatrics. She attended Medical College of Wisconsin and completed her residency at the Maine Medical Center in Portland.

Hassan Mahmoud, MD: Dr. Mahmoud is Board Certified in Internal Medicine. He completed his residency at Maine Medical Center, Internal Medicine and completed a Nephrology Fellowship at Boston Medical Center. Dr. Mahmoud is an Associate Program Directors in the Internal Medicine Residency at Maine Medical Center Associate. He is also part of the Maine Transplant Program.

Daniel Morin: Mr. Morin is the Director of Governmental Affairs and Communications at the Maine Medical Association in Manchester.

Manish Nepal, MD FACP: Dr. Nepal is ABIM certified in both IM and Nephrology. Dr. Manish Nepal is a nephrology specialist in Bangor, ME. Dr. Nepal has extensive experience in Glomerulonephritis & Nephropathy. He completed his training and a Fellowship at Geisinger Health System in PA, and completed his residency at Manipal College of Medical Sciences of India.

Alan Segal, MD: Dr. Segal is board certified in both IM and Nephrology. He completed his Fellowship at Yale New Haven Hospital and his residency and internship at Michael Reese Hospital and Medical Center. He is a physician-scientist and clinical-educator as a nephrologist since 1992.

Eric Taylor, MD: Dr. Taylor attended David Geffen School of Medicine at UCLA, completed residency at Yale New Haven Hospital, Internal Medicine. He completed his Fellowship in Nephrology at Brigham and Women's Hospital. He is board certified in both Internal Medicine and Nephrology.

MMC Resident Vignette Presenters:

Louisa Bauer, MD: Attended Tufts University School of Medicine, she is a PGY 3.

Shannon Donovan, DO: Attended University of New England College of Osteopathic Medicine, she is a PGY 2.

Asha Mohamud, MD: Attended Tufts University School of Medicine, she is a PGY 3.

Hannah Short, MD: Attended Georgetown University of School of Medicine, she is a PGY 3.

General Information

Objectives: At the conclusion of this activity, the participant will:

1. Internists will be able to diagnose and identify various treatment options for CKD.
2. Identify available types of dialysis.
3. Apply updated clinical knowledge of CKD to clinical practice.
4. Better understand the dangers/effects of radon in well water in Maine.
5. Understand political advocacy and reform.

Poster Session: Students, residents, practicing physicians and related organizations may present a poster. Posters may be presented in the following categories: MMC Resident Clinical Vignettes, research in progress, quality improvement, or educational innovations. Please submit an abstract of 500 or fewer words to Dr. Emily Zarookian, Emily.Zarookian@mainehealth.org. The deadline to submit an abstract for the poster session is **Sept. 8, 2023**

Women in Medicine breakfast will be held on Sunday at 7:00 am in the conference center, please bring your breakfast from the hotel.

Medical Student & Resident Lodging Reimbursement: **ACP Residents and Medical Student members** who attend the scheduled activities of the Maine Chapter Meeting are eligible to be reimbursed for ½ of the Atlantic Oceanside basic lodging rate (298 + taxes) for up to two (2) nights. For questions contact Warene (207-215-7118); submit receipts to:
Warene Eldridge mainechapteracp@gmail.com.

Presentations: Copies of faculty presentations will not be provided at the chapter meeting. All received presentations will be posted on the Chapter's website after the conference.

Laureate Award: It is with distinct pleasure that the Maine Chapter will present a Laureate Award. The award will be presented during the awards presentation on Saturday evening September 16, 2023.

Who Should Attend: General Internists, Subspecialty Internists, Family Practitioners, Hospitalists, Fellows in subspecialty training, Allied Health practitioners, Residents, Medical Students interested in internal medicine.

Lodging Information

Experience the scenic beauty of Bar Harbor at Atlantic Oceanside situated on the shores of Frenchman Bay, Atlantic Oceanside offers 12 acres of prime oceanfront access. All accommodations feature private balconies overlooking the ocean. Atlantic Oceanside Hotel & Event Center is also located within close proximity to Downtown Bar Harbor and Acadia National Park.

Lodging Accommodations: Reservations can be made by visiting the hotel's website at : www.AOBarHarbor.com .

1. Click on "book now", lower right corner of page
2. Add code #ACP0913
3. Select "group attendee" from the drop down box
4. Click "update guest rooms".
5. Follow the prompts to select your room type.

Atlantic Oceanside Hotel & Event Center
119 Eden Street
Bar Harbor, ME 04609
Reservations: [800-336-2463](tel:800-336-2463)
Telephone: [207-288-5801](tel:207-288-5801) Fax: [207-288-8402](tel:207-288-8402)
Website: www.AOBarHarbor.com

New Registration Information

The registration of \$390.00 allows a member to attend all educational sessions, the Chapter Town Hall Meeting and claim both CME and MOC for the provided educational presentations. It also invites the attendee and 1 guest to attend the appropriate receptions on Friday evening, also includes . The registration also includes an invitation for attendee and 1 guest to attend the reception and banquet on Saturday evening. More than 1 guest of the attendee will be required to pay a fee to attend the reception and banquet on Saturday evening. The attendee also participates in all breaks.

The registration of \$250.00 allows our senior members, retired and semi-retired, to attend any of the educational sessions, the Town Hall meeting, the receptions, banquet and the dinner on Friday evening, which is open to only to our senior members, retired and semi-retired. We ask that you complete and submit the registrations below.

All Resident and Medical Student members of the ACP, any chapter, are not required to pay a registration fee.

Non-ACP Residents and Medical Students will be required to pay a registration fee of \$25.00.

2023 Maine ACP Annual Scientific and Chapter Meeting

Atlantic Oceanside 119 Eden St, Bar Harbor, ME
September 15 - 17, 2023

Name: _____

ACP #: _____ MD _____ DO _____ Other _____

Address: __ -- _____

City, State, ZIP: _____

E-mail: _____



Check here if you are disabled and require assistance. We'll be glad to help.

New Registration Fee Options

Breakfasts are included in your lodging fee and are served in the hotel main building.

Category	Fee
<input type="checkbox"/> ACP Member: Includes CME/MOC receptions and dinner for member and 1 guest)	\$390.00
<input type="checkbox"/> ACP Senior (retired) Member: No CME/MOC, includes receptions & dinners for 2	\$250.00
<input type="checkbox"/> ACP Affiliate Member: Includes CME/MOC and dinner for member and 1 guest	\$250.00
<input type="checkbox"/> ACP Resident/Fellow Member	No fee
<input type="checkbox"/> ACP Medical Student Member	No fee
<input type="checkbox"/> Nonmember Physician	\$490.00
<input type="checkbox"/> Nonmember Allied Health Professional	\$275.00
<input type="checkbox"/> Non Member ACP Medical Student	\$ 25.00
<input type="checkbox"/> Nonmember ACP Resident/Fellow	\$ 25.00
Registration Subtotal	
Banquet	
Number of additional guests attending banquet _____ x \$50.00 each	
Total amount due	

Name of guest (as to be printed on name badge):

Please Enter the Number Attending Each of the Below

Number attending:	Code	Session	Time	Day
FRIDAY				
	EDU 1	Friday Educational Presentations Leadership Day Legislative Update Prevention of Chronic Kidney Disease Update on Types of Dialysis Managing the complications of End Stage Renal Disease Poster Introductions	1:00 - 5:15 pm	Fri. 9/15
	BRK 1	Break	3:00 -3:30 pm	
	RECEP1	Reception & Poster Viewing	5:15 - 7:00 pm	Fri. 9/15
	RECEP 2	Reception for Medical Students, Residents, Early Career Physicians & Guests	6:30 – 9:30 pm	Fri. 9/15
	DINNER 1	Dinner for senior and semi-retired members	6:30 – 9:30 pm	Fri. 9/15
SATURDAY				
	BRKFST	Medical Student, Resident, GAC and Faculty Breakfast (private event)	7:00-8:00 am	Sat. 9/16
	EDU 2	Saturday Educational Presentations Resident Cases of the Year How Should the Internist Manage CKD & When Should a Nephrologist Be Consulted? Green Beans: Exploring Issues of Environmental Health in Nephrology Evaluation & Management of Acute Renal Failure in the Hospitalized Patient	8:00am – 12:00pm	Sat. 9/16
	BREAK 2	BREAK	9:30–10:00 am	
	RECEP 3	Reception	6:00-7:00 pm	Sat. 9/16
	DINNER 2	Awards Dinner Leonard M. Keilson, MD FACP Memorial Lecture: Transplants: What Does it Take to Make One Happen?	7:00 pm	Sat. 9/16
SUNDAY				
	EDU 3	Sunday Educational Presentations College Update & Town Meeting Review, Discuss Resolutions Transplants Patients: What Does an Internist Need to Know? Public Health: Our Water and Radon Urinary Stone Management Questions and Answers	8:00 am – 12:00 pm	Sun. 9/17
	BRK 3	Break	10:30-11:00 am	

On-line Registration:

<https://www.mhesevents.org/d/bpqm3d>

To Make Payment:

Payment Options:

Check enclosed.

(Payable to **MaineHealth Education Services**, Must remit in US funds drawn on a US bank.)

Charge to: Visa Mastercard American Express Discover

Card # _____

Exp. Date mo ____/yr ____ **Security Code** _____

Signature _____:

Mail check to MaineHealth Educational Services
110 Free Street, Portland, ME 04101

Maine Chapter Contact Information: Chapter Administrator: Warene Eldridge
Phone: 207-215-7118 Email: <mailto:mainechapteracp@gmail.com>

**On behalf of the Maine Chapter I would like to thank the Program Committee for providing another
first-class scientific meeting.
Douglas Couper, MD MACP, Chair**

Follow the Maine Chapter on Twitter - @MaineACP

**I would also like to provide the opportunity to make a tax-deductible donation to the
Richard Engel, MD Endowed Scholarship Fund**

[Donate here](#)

**As most of you know, Dr. Engel was a former Governor for the Maine Chapter of the ACP and a committed
primary care internist and educator for many years. A scholarship fund in his memory has been named to
support a medical student in the Tufts Maine Track program.**

**I thank and appreciate all of you for your participation and continued support.
Steve**