

MD ACP Activity: Story Swap

FREE ZOOM Workshop – Thursday, September 14, 2023, 7-8 PM

This Month's Theme: Dealing with difficult colleagues

"Knowing how to deal with a difficult colleague is an important and challenging skill we can learn from each other. The spectrum of disruptive behaviors can be incivility, unprofessionalism, or rudeness, all of which can contribute significantly to burnout and emotional disturbances including depression. How far do you wait to cross those behaviors when you see them? Do you permit disruptive behavior at your workplace? What you permit is what you promote, so learn to speak up before it is too late. Please share your stories, whether you felt you were able to navigate it successfully or not, and we hope to have a supportive discussion so we can all improve how we handle these difficult times. Contact Dr. Devkota or Ms. Maryellen if you like to share your stories."

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZlucioqTluH9ayHBKhmaTFTC8ouL7ozr4a>

Our MD ACP Wellness Story Swap continues this month with another “on target” topic of interest to those in medicine. Look for another hour packed story session with many wonderful stories and comments being shared from a variety of guests – from students to Faculty members. All are welcome, members of our chapter or not!

Dr. Hari Devkota, as the chair of the wellness committee will be hosting the next event as above. Modeled after Baltimore's amazing "Stoop Storytelling" (<https://stoopstorytelling.com/shows/>) this is a monthly hour to get together (virtually) and share stories, connect with other internal medicine physicians across the state, and help process and celebrate the many interesting experiences we have as doctors and humans. Join us for the "ACP Story Swap". It's free!

Each month, we will host this event on the 2nd Thursday from 7:00 PM to 8:00 PM. Please see the registration link above. **Please also sign up if you are willing to share a 5 min story** that reflects this month's theme by contacting Dr. Hari Devkota at Hari.Devkota@umm.edu. In addition to scheduled stories, there will be an open mic opportunity. We are so looking forward to seeing and hearing from you soon for our "ACP story swap"!

Dr. Colleen Christmas,

Governor, Maryland ACP