



Connecticut
Chapter

Connecticut Chapter **SCIENTIFIC MEETING** **2023**

October 20, 2023
7:00 AM–5:30 PM
Aqua Turf Club
Plantsville, CT

REGISTER ONLINE TODAY!

This live activity has been
designated for 5 CME and MOC credits.

MEETING HIGHLIGHTS

Dear Colleagues:

On behalf of the Connecticut Chapter of the American College of Physicians, I am thrilled to invite you to the 2023 Annual Scientific Meeting, scheduled for Friday, October 20th at the Aqua Turf Club in Plantsville, CT.



This meeting is designed for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students and will provide high quality educational content, CME and Maintenance of Certification credits, as well as time for networking with colleagues.

This conference is also about making personal contacts and getting involved in the CT ACP chapter. You'll engage with people who know your challenges and can share in finding solutions. Don't miss this important and educational meeting, [register today](#).

I look forward to seeing you on October 20th.

Sincerely,

Ruth Weissberger, MD, FACP Governor, Connecticut Chapter

PROGRAM COMMITTEE



**Diana Sewell,
MD, FACP**
Committee Chair



**Naseema Merchant,
MD, FACP**
Committee Co-Chair

Olayinka Agboola, MD
Olivia Brooks, MD
Lisa Winkler
Tricia Dinneen Priebe
Rizwan Ishtiaq, MD
Marilyn Katz, MD, FACP
Allison Li, MD, PhD

Robert McLean, MD, MACP
Jacqueline Savage, MD, FACP
Akash Shah, MD
Shaheena Shan, MBBS, FACP
Ruth Weissberger, MD, FACP
Seemab Sheikh, MD
Ashali Jain, MD

FACULTY

Senator Saud Anwar

- State Senator
- Chair, Public Health Committee
- Chair, Dept. of Internal Medicine Manchester Memorial & Rockville General Hospitals

Omar Atiq, MD, FACP

- President, ACP
- Founding Director, Arkansas Cancer Institute

Benjamin Cherry, MD, FACP

- Yale School of Medicine
- VA Connecticut Healthcare System

Jenna Klimovich, MD

- MOVE Weight Management Clinic
- VA Connecticut Healthcare System
- Yale School of Medicine

Susan Levine, MD, MPH

- Director, Immigrant Health
- University of Connecticut

Varalakshmi Niranjai, MD

- Assistant Professor of Medicine
- University of Connecticut

Amy Ogurick, MD

- Assistant Professor of Medicine, Digestive Diseases
- VA Connecticut Healthcare System
- Yale School of Medicine

Jarrod Post, MD

- Medical Director, Chronic Kidney Disease Clinical Council, Hartford Healthcare
- Hartford Hospital

Jacqueline Savage, MD, FACP

- Hartford Healthcare Medical Group

SCHEDULE AT A GLANCE

Friday, October 20, 2023 — Aqua Turf Club

COLOR CODE GUIDE FOR INDIVIDUAL SESSIONS:

- TRACK ONE SESSIONS
- TRACK TWO SESSIONS
- ALL OTHER SESSIONS

6:30 AM

- Registration Opens

7:00 AM – 10:00 AM

- Poster set up/poster judging and sessions

9:00 AM – 10:00 AM

- Women in Medicine Networking Breakfast

10:10 AM – 11:10 AM

(Concurrent Sessions)

- Updates on the Current Landscape in Gastroenterology and Hepatology: From Clostridium Difficile to Non Alcoholic Fatty Liver Disease (NAFLD)
Amy Ogurick, MD
- The Changing Landscape of Obesity Management
Jenna Klimovich, MD and Varalakshmi Niranjan, MD

11:20 AM – 12:20 PM

(Concurrent Sessions)

- Refugee and Immigrant Health
Susan Levine, MD, MPH, FACP
- Doctor's Dilemma
Jacqueline Savage, MD, FACP

12:30 PM – 1:15 PM

- Lunch/Awards

1:15 PM – 2:15 PM

- Building Physician Leaders
Omar Atiq, MD, FACP and Senator Saud Anwar

2:15 PM – 2:30 PM

- Break

2:35 PM – 3:35 PM

- Clinical Skills: Essentials of Point of Care Ultrasound (POCUS)
Ben Cherry, MD, FACP

3:45 PM – 4:45 PM

- Clinical Updates in Nephrology
Jarrod Post, MD

4:45 PM – 5:30 PM

- Happy Hour, Networking and Gathering for Internal Medical Graduate (IMG) attendees

**Total CME:
5 credits**

MEETING INFORMATION

Resident and Medical Student Events

These events have been planned with medical students and residents in mind, but all are welcome to attend.

Residents and Students Abstract Competition

Residents and medical students across the state present scientific posters at the annual meeting. Awards are given for the most outstanding abstracts in two categories: Clinical Vignettes and Research. Winners will be eligible for entrance into the national competition held at the national Internal Medicine Meeting in 2024.

Doctor's Dilemma

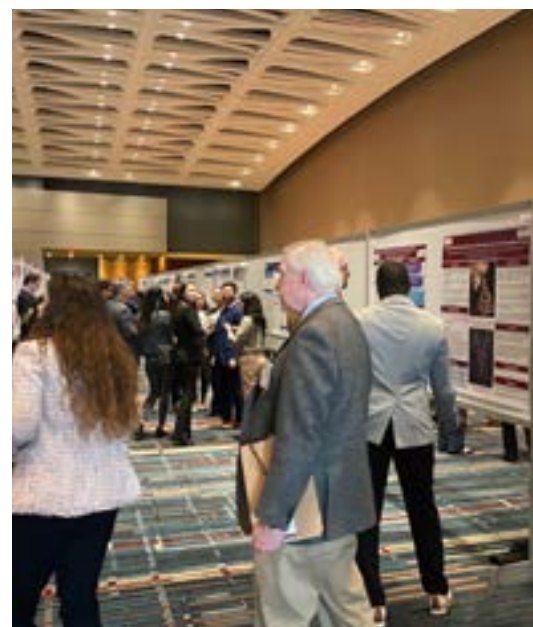
In this session, teams of residents compete against each other in a test of their medical knowledge in a Jeopardy-style competition.

Chapter Awards

Join your CTACP colleagues in celebrating the accomplishments of our members at the Awards Lunch. During this event, the chapter will present awards recognizing outstanding member contributions in a variety of categories. The winners of the abstract competition will also be announced.

Women in Medicine Networking Breakfast

Meet and network with fellow women colleagues from academic, community and private practice settings. Hear their perspectives and exchange ideas in an informal gathering. In this session, we will hear from women physicians in CTACP who bring viewpoints from diverse backgrounds, and explore ways to address many common interests and concerns. This session is open to all women including trainees and attending physicians. Please register for this great networking opportunity.



MEETING INFORMATION

Learning Objectives

At the conclusion of this activity the learner should be able to:

1. Describe the rationale for physician advocacy to benefit patient care.
2. Understand how ACP is a leader in advocating at the state and federal levels for legislation that improves patient access and the role of physicians.
3. Be familiar with current issues involving the health care system and public health and why physicians should be involved.
4. Identify important findings and lessons learned from clinical or academic projects that others could learn from.
5. Understand patterns in global migration.
6. Identify unique health risks in immigrant populations.
7. Develop strategies to address migration-related health risks.
8. Evaluate obesity as a chronic disease, and understand the need for long-term management.
9. Apply individualized lifestyle treatment for each patient using the SMART framework.
10. Understand the pharmacotherapy of obesity and apply the practical aspects of insurance coverage of anti-obesity medications.
11. Distinguish sonographic appearances of air, fluid, and the different tissue types.
12. Explain the indications and evidence for POCUS as a diagnostic tool.
13. Describe the use of POCUS to assist with common bedside procedures, including thoracentesis, paracentesis, arthrocentesis, radial arterial access, and peripheral venous access.
14. Discuss practical applications for current guidance on the management of common gastroenterology/hepatology diagnoses including C diff, nonalcoholic fatty liver disease and colorectal cancer screening.
15. What is the Primary provider's role in Chronic Kidney Disease (CKD 3-4-5) management?

CME Credits and MOC Points

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of *AMA PRA Category 1 Credit(s)*[™] listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Connecticut Chapter Scientific Meeting for a maximum of 5 *AMA PRA Category 1 Credit(s)*[™].

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program and additional MOC Points. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

Meeting Location

The meeting will be held at the Aqua Turf Club, 56 Mulberry St., Plantsville, CT 06479. For directions visit the Aqua Turf's website <https://aquaturfclub.com/page/directions>.

Parking

Free parking is available onsite.

MEETING INFORMATION

Meals

Vegetarian meals are a standard menu option. If you require a Kosher, Vegan, or other specific meal, please contact Lisa Winkler at least two weeks prior to the meeting. Lisa can be reached at lisa@grassrootsct.com.

Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

Registration Information

You may register online by [clicking here](#) or by mailing the form in this brochure. Please note that the full schedule is not included online. Only sessions requiring selection are listed. For registration information, contact ACP Member and Product Support at 800-ACP-1915 or direct at 215-351-2600 (M–F, 9AM – 5PM ET).

Late Registration & Onsite Fees

All registrations must be received by October 6, 2023 or a late registration fee of \$35.00 will be added. **This includes on-site registrations.** Save money by registering now!

Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or email). Cancellations will not be accepted by telephone. A processing fee of \$35 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

Questions

If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Lisa Winkler at 860-614-6102 or lisa@grassrootsct.com.

Payment Methods



Internet

Visit us on the Web to pay with a credit card, go to:

[**THIS LINK**](#)



Mail

Send us your registration to pay by check or credit card and make check/money order payable to ACP and send to:

American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

Plantsville, CT • October 20, 2023

RM: 2425

REGISTRATION FEES

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Register by Sept 20 th , 2023	After Sept 20 th , 2023
<input type="checkbox"/> ACP Member	\$100	\$130
<input type="checkbox"/> ACP Resident Member	No Fee	No Fee
<input type="checkbox"/> ACP Medical Student Member	No Fee	No Fee
<input type="checkbox"/> Affiliate Member/Allied Health Professional	\$100	\$130
<input type="checkbox"/> Non-Member Physician	\$130	\$160
<input type="checkbox"/> Non-Member Resident*	\$30	\$60
<input type="checkbox"/> Non-Member Student*	\$30	\$60
<input type="checkbox"/> Non-Member Allied Health Professional	\$120	\$150
<input type="checkbox"/> Other (guest/spouse) — if applicable	\$100	\$130

*Non-member residents, students, and Allied Health Professionals must call to register: 800-ACP-1915 (M–F, 9AM – 5PM ET). in order to get the correct registration rate.

CONNECTICUT CHAPTER REGISTRATION FORM

CMB

ACP # _____

RM: 2425

Name _____ ☐ MD ☐ DO ☐ OTHER

Institution _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____ Fax _____ Email _____

- ☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
- ☐ Please exclude me from receiving mailing from the meeting exhibitors.
- ☐ Check here if you are disabled and require assistance. Please notify the Chapter in writing before you course. We'll be glad to help.

PLEASE INDICATE YOUR ATTENDANCE AT THE FOLLOWING:

Meals (*required fields)

- ☐ BR1 Poster Set Up/Session/Judging • 7:00 AM
- ☐ BR2 Women in Medicine Breakfast • 9:00 AM*
(Qty. _____)
- ☐ LUN Lunch/Awards • 12:30 PM*
(Qty. _____)

Sessions

- ☐ S01 Updates on the Current Landscape of GI and Hepatology from C Diff to NALFD • 10:10 AM
- ☐ S02 The Changing Landscape of Obesity Management • 10:10 AM
- ☐ S03 Refugee and Immigrant Health • 11:20 AM
- ☐ S04 Doctor's Dilemma • 11:20 AM
- ☐ S05 Building Physician Leaders • 1:15 PM
- ☐ S06 Clinical Pearls: POCUS • 2:35 PM
- ☐ S07 Clinical Updates in Nephrology • 3:45 PM

Registration (from previous page) \$ _____

Payment Options

- ☐ Check enclosed. (Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐  ☐  ☐  ☐ 

Card # _____

Exp. Date _____ Security Code _____
MM/YY (3- or 4-digit number found on front or back of card)

Signature _____

Mail this form to:

American College of Physicians
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Philadelphia, PA 19106-1572