

ACP-Arizona 2023 Annual Scientific Meeting Has Record Attendance

384 Masters, Fellows, Members, Residents and Students attended this year's Annual Scientific Meeting at Midwestern University in Glendale, Arizona. The program "Sustainability: Personal and Professional Longevity and Satisfaction" featured



Dr. Markus introducing our keynote speaker Dr. Eileen Barrett, Chair of the ACP Board of Regents

speakers including the Chair of the ACP Board of Regents Dr. Eileen Barrett MD, MPH, SFHM, MACP who spoke on creating professional fulfillment with concrete measures to help achieve it, the Dean of the Mayo Clinic Alix School of Medicine in Arizona Dr. Juliana Kling MD MPH speaking on

Sustainability from the Perspective of a Female Physician, Dr. Heather Rabin PhD on Sustaining Balance and Work-Life Integration and clinical updates in hospital medicine, primary care medicine, dementia care, nephrology, cardiology, post-COVID care among others.

The number of people attending was a 30% increase from 2022 and they were treated to not only superb lectures, but also a wonderful pre-course session on POCUS with hands on training with skilled preceptors and volunteers from Midwestern Arizona College of Osteopathic Medicine, a thrilling Doctor's Dilemma Challenge, over 280 poster presentations, a Governor's Reception featuring Dr. KeriLyn Bollmann MD FACP who led a wellness activity and gave a moving discussion of her life journey to wellness and healing others.

Many thanks to our Education Committee Chair, Dr. Umesh Sharma MD MBA FACP, our Vice-Chair Dr. Indu Partha MD FACP, and all of our education sub-committee chairs: Drs. Krystal Renzel DO FACP and Pooja Bhardwaja MD FACP for the Doctor's Dilemma competition, Drs. Perminder Sanghera MD FACP and Helene Labonte DO FACP for our Clinical Vignettes Competition, Drs. Connie Abarikwu MD FACP and Guru Saravana Kutti-Sridaharan, MD FACP for the Poster Competition, Dr. Rupal Vora MD FACP for her work on the medical student pre-course, and Drs. Cheryl O'Malley MD MACP and Eladio Pereira MD MACP for the role as chair and



vice-chair of the Awards Committee. Special thanks to our ACP-Arizona Staff for their work: Debbie Webber CAE, Ashley Schnock, and Patrice Hand.

For those who attended, we have posted the PowerPoint Presentations and sent an email link to get to these. Remember if you attended the meeting, to obtain your CME credit please go to the link on our ACP-Arizona website or use the QR code on the back of your name badge.



The Doctor's Dilemma Finals Teams and Faculty/Judges- Winner UA Phx Team 1. Dylan McCreary 2. Adam Lowe and 3. Kelli Yost with teams from HonorHealth (2021 and 2022 winners) Midwestern University students (AZ Student Champions) and Dignity Health East Valley

Planning will start soon for the 2024 Annual Scientific Meeting in Tucson Arizona. Dr. Indu Partha will be our chair and Dr. Krystal Renzel will be the vice-chair for that meeting. If you have ideas on topics/speakers for the next meeting please click on this link to send them to us:

https://docs.google.com/forms/d/e/1FAIpQLScdLYy0qLoAlgt2RNtH8X00zbtuijP2iVfF-fKQm9YRE2lmtg/viewform?usp=pp_url

Oral Vignette Winner

Dr. Hank Dossett UA Phx *The Diagnosis is at the Patient's Fingertips*

Poster Winners

PGY1 1st place. Dr. Michael Son- *HonorHealth-Chromosomally Integrated Human Herpesvirus 6 Encephalitis as Initial Presentation of Autoimmune Anti-NMDA Receptor Encephalitis in the Immunocompetent Patient* 2nd place. Dr. Andrew Lee- *UA Tucson Confusion Related to Ethanol vs. Methanol Toxicity with an Unfortunate Ending* 3rd place. Dr. Ritu Yada- *Midwestern Wilson Disease or Not? A Curious Case of Abducens Nerve Palsy Unveiling Wilson Disease*

PGY-2-4 Clinical Vignette Posters 1st place. Dr. Samier Deen- HonorHealth *Herpes Simplex Esophagitis: A Rare Case of Primary HSV-1 and HSAV-2 Coinfection in an Immunocompetent host* (CONT. ON PAGE 3)

ACP-AZ 2023 Awardees

ACP-Arizona has named its 2023 Awardees for various Chapter Awards. These will be posted on the ACP-AZ website. Please join us in congratulating the winners of these awards.

ACP-Arizona Laureate Award- Demonstrates an abiding commitment to excellence in medical care, education, research and service to their community, to their chapter and the ACP. Has a long history of excellence and peer approval and has served the chapter and community with distinction. **Dr. Jayne Peterson MD FACP**



2023 ACP-AZ Leader of the Year Award- For creatively and courageously inspiring and directing colleagues to a more enriched professional life while demonstrating outstanding dedication to the practice of Internal Medicine. **Dr. Cheryl O'Malley MD MACP**

2023 ACP Morton Fuchs Community-Based Education Memorial Award-

Presented to an ACP AZ Chapter member physician working outside of the large Arizona metropolitan areas who strives to establish working and learning partnerships among rural physicians, rural communities and students. **Dr. Eladio Pereira MD MACP**



2023 ACP Arizona Women in Medicine Award- In recognition of an individual who has furthered the careers of women medical students, residents and/or physicians through mentoring and leadership development for women's career advancement. **Dr. Pooja Bhardwaja MD FACP**

2023 ACP Arizona Volunteerism/Community Service Award Willingly and freely provides their time and medical

services to their communities that are not required for the completion of teaching, training or position requirement. **Dr. Syamala Darira MD**

2023 ACP Arizona Hospitalist of the Year For significant contributions in the field of Hospital Medicine in the areas of critical care, patient safety, quality improvement and leadership. **Dr. Vijay Hari Chandiramani MD FACP**

2023 ACP Arizona Internal Physician of the Year- For an exemplary record in patient care and dedication to the practice of Internal Medicine **Dr. Pedro Rodriguez MD FACP**

2023 ACP Arizona Educator of the Year Exhibited exceptional skill and dedication in undergraduate medical education, graduate medical education or continuing medical education. **Dr. Gerard Chamberlin MD MPH**

2023 ACP Arizona Early Career Physician of the Year Outstanding achievement in the areas of leadership, academics, teaching and mentoring and/or volunteerism. **Dr. Jennifer Nelson DO**

2023 ACP Arizona Resident/Fellow of the Year Demonstrating professionalism within the residency program, the ACP community and the medical profession. **Dr. Ahsan Kamal MD UA Phoenix**



2023 ACP Arizona Medical Students of the Year Excellence in scholarship, interest in internal medicine and outstanding leadership in medical student activities. **Donya Derakshani Mayo Clinic, Claire Faulkner UACOM - Phoenix**

CONGRATULATIONS TO ACP-ARIZONA FOR EARNING THE GOLD LEVEL CHAPTER EXCELLENCE AWARD FOR 2023!!!



AZ- Annual Meeting (CONT FROM PAGE 1)

PGY-2-4 Clinical

Vignette Posters 2nd

place. Dr. Marwah Ahmad- HonorHealth A Usual Case of Cocci with an Unusual

Consequence: A Rare Presentation of Guillain-Barre Syndrome Associated with

Coccidiomycosis in an Immunocompetent Patient 3rd place. Dr. Morgan Reeve -Abrazo Maxillofacial Myiasis Arising in an ICU Patient: A Case Report



ACP-AZ Poster Winners with Drs. Abarikwu (Poster Co-chair), Markus, and Barrett

PGY-2-4 QI Posters 1st place. Dr. Aaron Bertolo UA Tucson *Iron Deficiency and Acute Heart Failure Exacerbation: Improving Quality of Life, Reducing Hospitalization, and Following Current Guidelines* 2nd place. Dr. Kalkidan Abebe UA Tucson *Don't Wake Me Up Before You Go-Go* 3rd place. Dr. Zachary Trotter HonorHealth *Desert Mission Quality Improvement: Food Insecurity*

PGY2-4 Clinical Research Posters 1st place. Dr. Clinton Wu UA Tucson *Refractory Pure Red Blood Cell Aplasia Secondary to Major ABO-Incompatible Allogeneic Stem Cell Transplantation Successfully Treated with Daratumumab* 2nd place Dr. Sandra Elmasry- Mayo Clinic *A Case of Acquired HLH in an Adult with Panniculitis T Cell Lymphoma* 3rd place Dr. Megan Ghai- UA Phoenix *The Impact of Statin Utilization on Major Adverse Cardiac Events and Mortality in Liver Transplant Recipients*

Medical Student Posters 1st place Abbey McKee- Midwestern *Increased Levels of Methylenetetrahydrofolate Reductase in Cortical Brain Tissue of Elderly Female and Male Vascular Dementia Patients Compared to Healthy Controls* 2nd place Amruth Atyam- Midwestern- *TBI Induces Sexually Dimorphic Effects on Autophagy and Mitophagy in Dopaminergic Neurons of the PPL-1 Region of "Drosophila Melanogaster" Brain* 3rd place Whitley Figge A.T. Still - KCOM *Identification of an Activator in Staphylococcus Aureus that Increases Antibiotic Effectiveness*

FALL 2023 RESOLUTIONS & CALL FOR FUTURE RESOLUTIONS FROM MEMBERSHIP

A summary of Board of Governor's actions on Fall 2023 resolutions from the October 12, 2023 meeting are below. Remember these are not approved policy until they are approved by the ACP Board of Regents. :



Fall 2023 Resolutions

Recommended for Adoption/Implementation with Amendments:

9-F22. Calling for Improved Health Care for Sex Workers and the Decriminalization of Sex Work (2nd clause only)

2-F23. Extending National ACP Efforts to Improve the Prior Authorization Process

4-F23. Developing Policy to Support Hospital-at-Home Care Models

6-F23. Disseminating Resources to Educate ACP Members about Fertility and Family Planning

7-F23. Revising the Policy of Cancellation Fees for ABIM Certification Exams

(Cont on Page 4)

8-F23. Studying the Feasibility of Minimizing Pharmaceutical and Other Industry Sponsorship of ACP's Annual Internal Medicine Meeting

Referred for Study:

1-F23. Allocating Resources to Create Awareness of the CPT and RUC Process

5-F23. Educating Physicians about Resources to Aid in Reducing Office Staff Shortages

Recommended for Reaffirmation:

9-F22. Calling for Improved Health Care for Sex Workers and the Decriminalization of Sex Work (1st clause only)

3-F23. Improving the Effectiveness of EMR Notes by Discouraging the Use of "Cut and Paste" in Progress Notes

I will update the chapter as soon as we hear from the Board of Regents.

Future ACP Resolutions

Are you concerned about a practice or clinical issue or have an idea you'd like to suggest? If so, you might consider submitting a resolution to your Governor or Council.

Initiating a resolution provides ACP members an opportunity to focus attention at the ACP national level on a particular issue or topic that concerns them. Participating in the Board of Governors resolutions process provides the ACP grassroots member a voice and allows you to shape College policy that impacts the practice of internal medicine.

Not sure how to begin drafting a resolution? Researching the College's position on an issue can give you a start. The recently released [ACP Board of Governors Resolutions Guide for ACP Members](#) is now available to download and will help, too. *The Guide* was created to provide members a short overview of the resolutions process essentials and highlights critical ACP online resources you must use.

Once drafted, members must submit resolutions to their Governor and/or Chapter Council. Chapter Council approval to move resolutions forward to ACP national is required. A resolution becomes a resolution of the chapter once the Chapter Council approves forwarding it to ACP national.

Share your good ideas with us. Draft a resolution or if you would like to discuss it with me, send me an email at amarkus@acpazchapter.org

Calling All ACP-Arizona Medical Students, Residents/Fellows and Early Career Physicians- Enter ACP's national abstract competitions for a chance to showcase your work

Categories include basic or clinical research, clinical vignette, high-value care, physician well-being and professional fulfillment, and quality improvement/patient safety. The deadline to submit an abstract is Wednesday, Nov. 29, 2023.

Submit your work to ACP's 2024 National Abstract Competitions for a chance to enhance your CV. The competitions are an opportunity for medical students, residents/fellows, and early career physicians to give a podium presentation or display a poster during ACP's Internal Medicine Meeting 2024 in Boston in April. Categories include basic or clinical research, clinical vignette, high-value care, physician well-being and professional fulfillment, and quality improvement/patient safety.

The deadline to submit an abstract is Wednesday, Nov. 29, 2023, for all categories.

Interested participants should log in to [the ACP Abstracts portal](#) using their ACP username and password. Visit ACP's website to read the submission requirements and get more information about the competitions.

EDUCATIONAL AND OTHER ACP OPPORTUNITIES YOU DO NOT WANT TO MISS

1. SUBSTANCE USE DISORDER (SUD) EDUCATION: NEW DEA REQUIREMENT

Beginning on June 27, 2023, the DEA will require one-time attestation of training on management of substance use disorders (SUDs) prior to renewal of a DEA registration.

The DEA has released guidance on the new one-time requirement for completion of eight hours of training on the treatment and management of patients with opioid or other SUDs.

As an ACCME-accredited CME provider with Commendation, ACP offers a wide variety of recommended activities that count toward meeting the new DEA attestation requirement.

Choose from the curated list at this ACP link:

(<https://www.acponline.org/clinical-information/clinical-resources-products/substance-use-disorder-sud-education-new-dea-requirement>) to satisfy the completion of a minimum eight hours of substance use disorder CME.

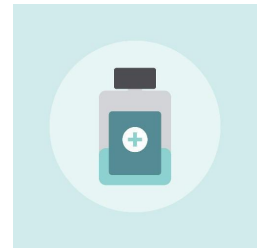
I am also recommending checking the FAQ's on this page to get more information on meeting this requirement.

2. FREE ACCESS TO DYNAMEDEX- A COMBINATION OF DYNAMED AND MICROMEDEX

<https://www.acponline.org/clinical-information/clinical-resources-products/dynamedex-a-benefit-of-acp-membership>

3. NEW!! FREE PHYSICIAN COMPENSATION TOOLS AND DISCOUNTS ON ATTORNEYS TO HELP WITH CONTRACT REVIEW AND NEGOTIATION THROUGH RESOLVE

<https://www.acponline.org/membership/additional-membership-benefits/physician-compensation-tools>



ACP-AZ GOVERNOR'S MESSAGE



"Best Meeting Ever" - I believe I may be biased, but this year's ACP-Arizona Annual meeting was one of the best I can remember in the 22 years I have been attending here in AZ (This includes the meeting that I served as meeting chair). The speakers were a great balance from cutting edge science that gave practical advice on practicing in the office and hospital to invigorating talks on personal

sustainability.

Personally, I have come to love Dr. Nathan Delafield's updates in primary care that rival talks I have heard from ACP National Meetings. Nothing invigorates me as much as meeting with medical students and residents from around the state. The sessions on various careers and with my fellow Program Directors led by Dr. Rupa Vora with the students was fun and informative.



I appreciated Dr. Heather Rabin's talk on Sustaining Work-Life Balance using her meatballs and pillars analogy, Dr. Jewel

Kling's sustainability from the perspective of a female physician, and the very practical advice from the Chair of the Board of Regents, Dr. Eileen Barrett on Creating Professional Fulfillment. Her talk gave us advice/links to Getting Rid of Stupid Stuff, Reducing Unnecessary Clicks, Putting Printers where they are needed, adding those Wide-screen monitors and so much more.

I only got to stay for the first 40 minutes of the POCUS precourse but I was impressed by the turnout of practicing



physicians who attended to gain exposure to this up and coming tool already being used by our students and residents. I think when we look back in 15 years we will realize that POCUS will be the stethoscope tool of this generation.

Of course, personally, the Governor's Reception was a special night for me being my first as Governor. Nothing could make it better than my friend, Dr. KeriLyn Bollman MD FACP whom I have known for over 20 years talking about her life journey and leading us in a wellness activity.

I loved seeing John Peck, AZCOM Class of 2026, discussing the H.O.M.E clinic at AZCOM as well as many of his classmates acting as moderators throughout the meeting. No meeting can be successful without our various sponsors. We have to thank Midwestern University for their sponsorship for the meeting this year and many of our other meeting sponsors for their support. Due to the hard work of Ashley Schnock of our ACP-Arizona staff, we had more sponsors this year and this will allow us to support more of our winners to attend the national convention on our behalf. Please see our sponsor list on page 8. Thanks to Debbie Webber CAE and our staff working with our education committee for a great meeting. Do not have FOMO!!! Please make a plan to attend next year's meeting in Tucson as a preventive measure!!!

ACP Governor's Council Approves Executive Committee Appointments & GAC News

At the Governor Advisory Council Meeting on October 28, 2023, Lieutenant Governor Dr. Mark Zubriski presented the new bylaws implementation plans and the committee approved the following actions:

- 1) Appointment of the new Vice-Chair of the Finance Committee- Pamela Sullivan MD FACP
- 2) Appointment of the new Chair of the Local Nominations Committee- Bijin Thajudeen MD MACP. Nick Paslidas has agreed to serve on this committee as well. This committee will be accepting nominations for the positions of Treasurer, Secretary, and 2 at large members to serve on the Governor's Advisory Council. Further details to follow via email. The current At-large members are Drs. Connie Abarikwu, Ijeoma Uche, Helene Labonte, and Dalia Mikheal. Drs. Abarikwu and Uche's At-Large positions will be up for election this year and Drs. Labonte and Mikheal's positions will be up for election the following year. All ACP-AZ Officers and At-Large will start their terms at the conclusion of the ACP National Spring Meeting.
- 3) We will re-institute the annual business meeting at the lunch hour of the next ACP-Arizona Annual meeting to give an update on the status of the Chapter.
- 4) All officers and board members will need to complete Conflict of Interest surveys similar to our annual meeting speakers prior to running for positions or prior to approval of appointment.
- 5) The LEAD-IM program which will restart in 2025 will be a subcommittee under the educational committee as will other educational programs/webinars

Leadership Days 2024 SAVE THE DATES

March 5, 2024 ACP-AZ Health and Public Policy Committee Day at the State Legislature

ACP National Leadership Day May 14-15th, Washington DC

Leadership Day is the College's annual two-day advocacy event that enables our members from across the country to bring our issues of concern to U.S. lawmakers. This is a great opportunity for the College and our members to bring our policy priorities to Congress and try to influence the legislative process on behalf of internal medicine.

ACP's annual Leadership Day on Capitol Hill will be held on May 14-15, 2024 in Washington, DC. This two-day event enables the College to increase its presence on Capitol Hill and bring our issues of concern to U.S. lawmakers.

ACP members will receive advocacy training, an update on the College's legislative priorities; briefings from Members of Congress, Administration officials, and key Capitol Hill staffers; and an opportunity to meet with your state's elected officials. A special briefing for Residents/Fellows-in-Training and medical students is also provided.

Please mark your calendars for ACP's Leadership Day on May 14-15, 2024. More details about the event will follow as we get closer to Leadership Day.

How can you benefit from Leadership Day?

In addition to an opportunity to meet with your legislators and College staff in Washington, DC, participants are provided with in-depth briefings from White House officials, Capitol Hill staffers, and members of Congress; all of whom are among the top health care decision makers.

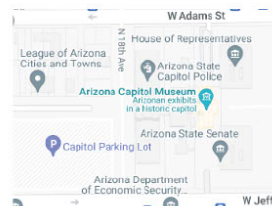
Participants will also:

- Receive a comprehensive orientation on ACP's top legislative priorities.
- Earn Continuing Medical Education (CME) credits.
- Learn advocacy skills that can be utilized back home.
- Meet other internists who care about advocacy, including colleagues from your own state.
- Learn about policy issues that impact your profession and your ability to provide quality care.
- Get to know ACP leaders and staff.
- Socialize and have a great time!



MARCH 5 2024

SAVE THE DATE



2023 ACP-Arizona Day at the State Legislature Meeting with legislators and Governor Katie Hobbs

ACP's Advocacy Priorities 2023

ACP's advocacy priorities seek to promote policy reforms on the federal level through legislative, regulatory, and executive actions that benefit the overall health and well-being of patients, physicians, and the practice of internal medicine.



Address Prescription Drug Costs

Improve the pricing, transparency and affordability of prescription drugs while reducing unnecessary step therapy protocols and restrictions to competition in the pharmaceutical industry.



Compensate Physicians for the Value of Care Provided

Fully compensate physicians for the value of services rendered and quality performance that includes annual inflation adjustments.



Improve Access to Mental and Behavioral Health Care

Fund federal programs that support integrating mental and behavioral health into the primary care setting and promote mental health parity.



Ensure Access to Care After the Public Health Emergency

Preserve access to vital telehealth services for mental and behavioral health and ensure continued coverage for Medicaid beneficiaries who could be disenrolled with the unwinding of the PHE.



Reduce Administrative Burden in Medicine

Advance policies that will eliminate unnecessary paperwork and streamline the prior authorization process for physicians and patients in Medicare.



Invest in Public Health and Pandemic Preparedness

Fund and promote federal programs and initiatives that support the public health infrastructure and improve preparedness for future pandemics.



Support Patient Access to Reproductive Health Care

Promote policies that seek to protect access to a full range of vital reproductive services, including abortion, and support efforts to protect the patient-physician relationship.



Advance Equity in Health Care

Improve high-value and comprehensive health care for all members of society in ways that move us closer to health equity.



Prevent Firearms-Related Deaths and Injuries

Address the growing epidemic of gun violence through common sense and systemic reforms at all levels of government.



Mitigate the Effects of Climate Change

Invest in efforts to better support research, education, and response to the medical consequences of global climate change.



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