

ACP

AMERICAN COLLEGE OF PHYSICIANS
INTERNAL MEDICINE | *Doctors for Adults*

**2010
New Jersey Chapter
Scientific Meeting**

**February 5 and 6, 2010
Renaissance Woodbridge Hotel
Iselin, New Jersey**

**Improving Patient Care and Practice Performance
Through Science and Technology**

This educational activity has been designated for 14.25 CME credits.

Dear Colleague,

We invite you to join us and your colleagues in internal medicine at the next scientific meeting of the New Jersey Chapter of the American College of Physicians, being held February 6 and 7, 2010, at the Renaissance Woodbridge Hotel.

This meeting is not just for ACP members. We particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning **14.25 AMA PRA Category 1 Credit(s)TM**, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form at the back of this brochure and send it in today. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

We look forward to seeing you in Iselin.

Sincerely,

Eileen M. Moser, MD, FACP
ACP Governor, New Jersey Chapter, Northern Region

Richard K. Kasama, MD, FACP
ACP Governor, New Jersey Chapter, Southern Region

Scientific Program and Special Events

Improving Patient Care and Practice Performance Through Science and Technology

Friday, February 5, 2010

7:15 a.m. **Registration**

Continental Breakfast

Visit the exhibits and College display

8:00 **Welcome**

Eileen M. Moser, MD, FACP

Governor, ACP New Jersey Chapter, Northern Region

Richard K. Kasama, MD, FACP

Governor, ACP New Jersey Chapter, Southern Region

Ranita Sharma, MD, FACP

Governor-elect, ACP New Jersey Chapter, Northern Region

Co-chair, Scientific Program

8:10 **Presentation of Associates' Papers**

Moderator: William E. Farrer, MD, FACP

9:10 **Fracture Risk Assessment from A to Z, including D**

Ethel Siris, MD

10:10 **Break**

Visit the exhibits and College display

10:30 **Hypertension Management in the Stroke Setting**

Stephan Mayer, MD

Noon **Lunch**

Damaged Care: The Musical Comedy about Health Care in America

Gregory La Ganna, MD, FACP

Barry Levy, M.D

Laureate Award Presentation

Town Hall Meeting

1:30 **Concurrent Workshops—First Session**

Workshop 1: Brief Motivational Interviewing: Help Your Patients

Change Risky Health Behaviors

(Associates and Medical Students)

Eileen M. Moser, MD, FACP

Heather Platt, MD

Workshop 2: A User's Guide to Building a Medical Home

Michael Barr, MD, MBA, FACP

Steven R. Peskin, MD, MBA, FACP

Workshop 3: Past, Present, and Future of Hospitalist Medicine

Eric E. Kupersmith, MD

Workshop 4: Update on Adult Immunization: Case-Based Discussion

Bruce D. Fisher, MD, FACP

2:30 Concurrent Workshops—Second Session

Workshops 2, 3, and 4

3:30 Break

Visit the exhibits and College display

3:50 Primary Care for Cancer Survivors

Kenneth D. Miller, MD, FACP

5:00 Presentation of Awards: Associates' Poster and Oral Competition

5:30 Adjourn

5:30-6:00 Governors available to review Fellowship applications

6:00-8:00 Medical Student Challenge Bowl (Dinner Meeting)

Moderators:

Sara L. Wallach, MD, FACP, past ACP Governor, New Jersey Chapter

Bernard P. Shagan, MD, MACP, past ACP Governor, New Jersey Chapter

Saturday, February 6, 2010

8:00 a.m. Registration

Breakfast Meetings

Membership Committee Breakfast Meeting

Richard K. Kasama, MD, FACP

Health and Public Policy Committee Breakfast Meeting

Beth Nalitt, MD, FACP

George T. DiFerdinando, Jr., MD, MPH, FACP

Governor's Breakfast Meeting

Eileen M. Moser, MD, FACP

Women's Networking Breakfast

Diana DeCosimo, MD, FACP

Cultural Diversity Working Group Breakfast

Sara L. Wallach, MD, FACP

- 9:00** **Dermatology Update for the Internist**
Amy S. Pappert, MD
- 10:00** **Break**
Visit the exhibits and College display
- 10:15** **Bad Bugs Behaving Badly: MRSA and *C. Difficile***
Susan E. Boruchoff, MD, FACP
- 11:15** **Wired and Wireless: Digital Medicine in 2010**
Panel Discussion
Moderator: Steven R. Peskin, MD, MBA, FACP
Doug Goldstein
- 12:15 p.m.** **Lunch**
- Resident Challenge Bowl Competition**
Moderator: Payal Davé, MD
- 2:00** **Concurrent Workshops—First Session**
- Workshop 1: Clinical Decision Making and EBM (2-hour workshop)**
Alan Schwartz, PhD
Sarang Kim, MD, FACP
Eileen M. Moser, MD, FACP
Kerry O' Rourke, MLS
- Workshop 2: Neurology for the Internist: The Neurological Exam and**
Case-Based Discussion of the Role of Neuroimaging Modalities
Subramanian Hariharan, MD, FACP
- Workshop 3: Office Orthopedics: Back to the Basics—Evaluation of**
Low Back Pain
Patrick M. Foye, MD
- 3:00** **Concurrent Workshops—Second Session**
- Workshop 2: Neurology for the Internist: The Neurological Exam and**
Case-Based Discussion of the Role of Neuroimaging Modalities
Subramanian Hariharan, MD, FACP
- Workshop 3: Office Orthopedics: Back to the Basics—Evaluation of**
Low Back Pain
Patrick M. Foye, MD
- 4:00** **Adjourn**

Faculty

Michael Barr, MD, MBA, FACP, Vice President, Practice Advocacy and Improvement, Division of Government Affairs & Public Policy, American College of Physicians, Washington, DC

Susan E. Boruchoff, MD, FACP, Professor of Medicine, Director of Infectious Diseases Education, Division of Allergy, Immunology & Infectious Diseases, UMDNJ–Robert Wood Johnson Medical School, New Brunswick

Payal Davè, MD, Clinical Assistant Professor of Medicine, UMDNJ–Robert Wood Johnson Medical School, New Brunswick

Diana DeCosimo, MD, FACP, Associate Professor of Medicine, UMDNJ–New Jersey Medical School, Newark

George T. DiFerdinando, Jr., MD, MPH, FACP, Adjunct Professor of Epidemiology UMDNJ–School of Public Health, Coordinator of The New Jersey Center for Public Health Preparedness at UMDNJ, New Brunswick

William E. Farrer, MD, FACP, Academic Chief, Division of Infectious Disease, Associate Program Director, Seton Hall University School of Graduate Medical Education, Trinitas Hospital, Elizabeth

Bruce D. Fisher, MD, FACP, Chief Medical Officer, QualCare Health Plan, NJ

Patrick M. Foye, MD, Associate Professor, Department of Physical Medicine and Rehabilitation, UMDNJ–New Jersey Medical School, Newark

Doug Goldstein, Chief Executive Officer, efuturist.com; Consultant, Author

Subramanian Hariharan, MD, FACP, Staff Neurologist at the New Jersey Neuroscience Institute, JFK Medical Center, Edison, New Jersey; Assistant Professor of Neuroscience, Seton Hall University School of Graduate Medical Education, South Orange

Richard K. Kasama, MD, FACP, Governor, ACP New Jersey Chapter, Southern Region; Associate Professor of Medicine, UMDNJ–Robert Wood Johnson Medical School, Cooper University Hospital, Camden

Sarang Kim, MD, FACP, Clinical Assistant Professor of Medicine, Site Director for 3rd-year Medicine Clerkship, UMDNJ–Robert Wood Johnson Medical School, New Brunswick

Eric E. Kupersmith, MD, Head, Division of Hospitalist Medicine, Cooper University Hospital, Camden

Barry Levy, MD, Professor of Public Health at Tufts University School of Medicine, Boston, Massachusetts

Gregory La Ganna, MD, FACP, Volunteer Faculty, Physicians' Core Program ("Ethics, Humanism & Professionalism"), Department of Medicine, UMDNJ–New Jersey Medical School, Newark

Stephan Mayer, MD, Professor of Clinical Neurology and Neurological Surgery, Columbia University College of Physicians & Surgeons, Director, Neurological Intensive Care Unit at Columbia University Medical Center, New York, New York

Kenneth D. Miller, MD, FACP, Director, Adult Cancer Survivorship Program, Dana-Farber, Boston, Massachusetts

Eileen M. Moser, MD, FACP, Governor, ACP New Jersey Chapter, Northern Region; Assistant Dean for Medical Education, Clinical Associate Professor of Medicine, Touro University College of Medicine, Hackensack

Beth Nalitt, MD, FACP, Private Practice, Millburn

Kerry O'Rourke, MLS, Campus Library Director, Robert Wood Johnson Library of the Health Sciences, UMDNJ, New Brunswick

Amy S. Pappart, MD, Assistant Professor of Dermatology, UMDNJ–Robert Wood Johnson Medical School, New Brunswick

Steven R. Peskin, MD, MBA, FACP, Executive Vice President and Chief Medical Officer of MediMedia USA, Yardley, PA, and Chatham, NJ; Attending Physician at Eric B. Chandler Health Center, New Brunswick

Heather Platt, MD, Internal Medicine Resident, Robert Wood Johnson University Hospital, New Brunswick

Alan Schwartz, PhD, Associate Professor and Director of Research, Department of Medical Education, Research Associate Professor, Department of Pediatrics, University of Illinois at Chicago, Chicago, Illinois

Bernard P. Shagan, MD, MACP, Past New Jersey Chapter Governor

Ranita Sharma, MD, FACP, Governor-elect, ACP New Jersey Chapter, Northern Region; Program Director, Internal Medicine Residency Program, Director, Medical Grand Rounds, Associate Professor, UMDNJ–Robert Wood Johnson Medical School, New Brunswick

Ethel Siris, MD, Madeline C. Stabile Professor of Clinical Medicine, Department of Medicine Columbia University; Director, Toni Stabile Osteoporosis Center, Columbia University Medical Center, New York–Presbyterian Hospital, New York, New York

Sara L. Wallach, MD, FACP, Vice Chairman and Program Director, Monmouth Medical Center, Long Branch

2010 Program Planning Committee:

Jeanine Bulan, MD, FACP

Richard Kasama, MD, FACP

Eileen Moser, MD, FACP

Steven Peskin, MD, MBA, FACP

Heather Platt, MD (Associate)

Ranita Sharma, MD, FACP

Sara Wallach, MD, FACP

Associates' Activities

Clinical vignettes and research papers prepared by Associates will be presented at the meeting. Winners will be eligible for entrance into the national competition held at Annual Session.

Laureate Award

It is with distinct pleasure that the New Jersey Chapter presents this year's Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented during the luncheon on Friday.

Pathways to Fellowship

Attendance at chapter meetings can help all ACP members in meeting the qualifications for advancement to Fellowship. It is especially important for those applying under the pathway that calls for 10 years of activity as a Member.

Who Should Attend

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Allied health practitioners
- Residents (internists in training)
- Medical students interested in internal medicine

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Discuss the present and future impact of Medical Home building and the future role of hospitalist and digital medicine on internal medicine practice.
- Integrate new concepts in clinical decision making and evidence-based medicine into clinical practice.
- Improve clinical practice through updated knowledge of recent advances in internal medicine, such as Vitamin D Deficiency, treating resistant infections, and adult immunizations.
- Increase confidence in performing clinical skills in office-based orthopedics and neurologic exam for the internist.

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this educational activity for a maximum of **14.25 AMA PRA Category 1 Credit(s)TM**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

If you are interested in becoming a member of the College, please contact the Customer Service Department at 800-523-1546, ext. 2600, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET).

Hotel Accommodations

We have reserved a block of rooms until January 30, 2010. When making your reservation, be sure to mention that you will be attending the ACP New Jersey Chapter meeting.

Renaissance Hotel
515 Route 1 South & Gill Lane
Iselin, New Jersey 08830

The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 732-634-3600**.

Directions

- **From the East**
Proceed north or south on Route 287 and take the Route 1 North exit. Proceed on Route 1 North for approximately 3 miles to the Gill Lane exit. Follow Jug Handle to Route 1 South. The hotel is immediately on the right at 515 Route 1 South & Gill Lane.
- **From the North**
Take the Garden State Parkway to Exit 131-A. At the fourth light turn right. You'll pass Metropark Train Station on the left. After the third light, turn right onto Gill Lane. The hotel is 1.5 miles further on the right at 515 Route 1 South & Gill Lane.
- **From the South**
Take the Garden State Parkway to exit 131-A. Follow the road to the fourth traffic light and turn right onto the Middlesex Essex Turnpike. Continue for 3 more lights and turn right at the third light onto Gill Lane. The hotel is 1.5 miles further on the right at 515 Route 1 South & Gill Lane.
- **From Newark International Airport**
Take Routes 1 and 9 South to Woodbridge. Follow Route 1 South for approximately 12 miles to the hotel, which is located at 515 Route 1 South & Gill Lane.

How to Register

- If you need more information on the meeting, please contact Stacey Knowles at 732-623-1128 or 732-261-2901(cell).
- For information on College-related issues, contact the New Jersey Chapter Governors:
 - Governor, Northern Region**
Eileen M. Moser, MD, FACP
201-883-9321
eileen.moser@touro.edu
 - Governor, Southern Region**
Richard K. Kasama, MD, FACP
856-757-7844
rkasama@gmail.com
- To register for the meeting, complete the attached registration form and return it with your check made payable to:
 - New Jersey Chapter—ACP
Attn: Stacey Knowles
91 Nathan Blvd
Parlin, NJ 08859
- There is an additional \$20 fee for registering on site at the meeting—save money by registering now.
- To access our online meeting information or to print another registration form for a friend or colleague, go to www.acponline.org/cme/regmtg/regional.htm.
- To take advantage of the reduced rate for hotel accommodations and to reserve your hotel room, call the hotel directly at the number listed above.

Registration Form

**American College of Physicians
New Jersey Chapter Scientific Meeting
February 5 & 6, 2010**

ACP # (found on mailing label) _____

Name _____ MD DO

Address _____

City _____ State _____ ZIP _____

Daytime Phone _____ - _____ - _____

Fax _____ - _____ - _____

E-mail _____

Check here if new address.

REGISTRATION FEES:

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and a CME certificate.

ACP Categories

- Master Fellow Member
 Associate (Resident Members)
 Medical Student Member
 Affiliate Member (Allied Health Professional)
 Guest / Spouse

One Day

\$150
\$85
No Fee
\$85
\$30

Two Days

\$250
\$125
No Fee
\$125
\$60

Nonmember Categories

- Nonmember Physician
 Nonmember Resident
 Nonmember Medical Student
 Nonmember Allied Health Professional

\$175
\$100
No Fee
\$100

\$275
\$150
No Fee
\$150

PLEASE CHECK WHICH DAY YOU WILL ATTEND: Friday Saturday

GRAND TOTAL

\$ _____

Please make your check payable to **New Jersey Chapter** and mail to:

Attention: Stacey Knowles
91 Nathan Blvd
Parlin, NJ 08859

Questions? Please call Stacey at 732-623-1128.

We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential in order for us to serve you better. Please notify the New Jersey Chapter at the above address in writing at least 30 days before your course. We'll be glad to help.