

AMERICAN COLLEGE OF PHYSICIANS



FOSTERING EXCELLENCE IN INTERNAL MEDICINE

2010

MARYLAND CHAPTER  
SCIENTIFIC MEETING

FEBRUARY 5–6, 2010

TURF VALLEY RESORT AND CONFERENCE CENTER

ELLCOTT CITY, MARYLAND

MANAGEMENT OF CHRONIC MEDICAL PROBLEMS—  
WHERE DO WE DRAW THE LINE?

ACP<sup>SM</sup>

AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

# GOVERNOR'S LETTER

---

## Maryland Chapter Meeting Highlights:

- Medical imaging, radiation dose, and public health
- Coronary artery screening for patients at risk
- Vertigo and dizziness
- Drug Eruptions for the Internist
- Efficient office management of H1N1 virus
- Multiple Small Feedings of the Mind
- Awards presentations
- Doctors' Dilemma™

**This educational activity has been designated for 9.5 CME credits.**

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the Maryland Chapter of the American College of Physicians, being held February 5–6, 2010, at the Turf Valley Resort and Conference Center in Ellicott City.

*This meeting is not just for ACP members.*

I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning 9.5 CME credits, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form at the back of this brochure and send it in today. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

I look forward to seeing you in Ellicott City.

Sincerely,

**Mary M. Newman, MD, FACP**  
ACP Governor, Maryland Chapter

# PROGRAM SCHEDULE

## Friday, February 5, 2010

- 11:30 a.m. Reception and Registration  
(light refreshments)
- 11:55 Welcoming Remarks  
Mary M. Newman, MD,  
FACP
- Moderator:** Stephen D. Sisson, MD,  
FACP
- Noon Medical Imaging, Radiation Dose,  
and Public Health  
Jonathan M. Links, PhD
- 12:40 p.m. Evaluation of Patients with  
Abnormal Hepatic Enzymes  
H. Franklin Herlong,  
MD, FACP
- 1:20 Taking Care of Breast Cancer  
Survivors—A Shared-Care Model  
Kimberly S. Peairs, MD  
Antonio C. Wolff, MD,  
FACP
- 2:10 Electronic Health Records—  
Promises & Problems  
Lewis D. Eigen, EdD  
Dorothy A. Snow, MD,  
MPH
- 3:10 Break  
Visit the College table  
and exhibits
- Moderator:** Robert M. Greenfield,  
MD, FACP
- 3:20 Evaluation and Management of  
Chronic Knee Pain in Patients with  
Osteoarthritis  
Marc C. Hochberg, MD,  
MPH
- 4:00 Coronary Artery Screening in the  
Patient at Risk  
Roger S. Blumenthal, MD,  
FACC, FAHA  
Roy C. Ziegelstein, MD,  
FACP
- 5:00 Vertigo and Dizziness—  
What Works Best  
Majid Fotuhi, MD, PhD
- 5:40 Adjourn
- 5:45 Reception  
Awards Presentations

## Saturday, February 6, 2010

- 7:30 a.m. Continental Breakfast  
Advancement to Fellowship  
Breakfast  
Mary Newman, MD,  
FACP  
Richard B. Williams III,  
MD, FACP
- Moderator:** Ali J. Afrookteh, MD,  
FACP
- 8:00 Drug Eruptions for the Internist  
Mark H. Lowitt, MD
- 8:40 2009 Maryland ACP Associates  
Meeting  
1st Place: Oral Research  
Presentation—Directly  
Observed Therapy for  
Patients with HIV/AIDS  
Theresa A. Rowe, DO
- 8:50 2009 Maryland ACP Associates  
Meeting  
1st Place: Clinical  
Vignette Oral  
Presentation—A Lifelong  
Smoker with Diplopia  
Nestoras Mathioudakis,  
MD
- 9:00 Efficient Office Management of  
H1N1 Virus  
Faheem Younus, MBBS,  
FACP, FIDSA
- 9:40 Let's Get Real About Reflux  
Richard B. Williams III,  
MD, FACP
- 10:20 Break
- Moderator:** Robert P. Ferguson, MD,  
FACP
- 10:30 An Internist's Management of  
Chronic Kidney Disease  
Bernard G. Jaar, MD,  
MPH, FASN
- 11:10 Multiple Small Feedings  
of the Mind  
D. William Schlott, MD,  
MACP  
Daniel J. Brotman, MD,  
FACP
- 12:15 p.m. Buffet Lunch
- Moderators:** Norman Dy, MD, FACP,  
CBM  
R. Dobbins Chow, MD,  
FACP
- 1:00–  
4:30 Doctors' Dilemma™ for Residents

# MEETING INFORMATION

## Faculty

**Ali J. Afrookteh, MD, FACP,** Co-Chair, ACP Maryland Chapter Program Committee; Private Practice, Frederick

**Roger S. Blumenthal, MD, FACC, FAHA,** Professor of Medicine, Director, Johns Hopkins Ciccarone Center for the Prevention of Heart Disease, Johns Hopkins University School of Medicine, Baltimore

**Daniel J. Brotman, MD, FACP,** Director, Hospitalist Program, Department of Medicine, Johns Hopkins Hospital, Baltimore

**R. Dobbin Chow, MD, FACP,** Governor-Elect, Maryland ACP Chapter; Director, Residency Training Program, Department of Medicine, Good Samaritan Hospital, Baltimore

**Norman M. Dy, MD, FACP,** Physician Director of Core Measures and Pay for Performance, St. Agnes Healthcare, Baltimore

**Lewis D. Eigen, EdD,** Member, Certification Commission for Health Information Technology; Chairman, BEA, Inc., Potomac

**Robert P. Ferguson, MD, FACP,** Chairman, Department of Medicine, Union Memorial Hospital, Baltimore

**Majid Fotuhi, MD, PhD,** Director, Center for Balance, Dizziness & Vertigo, The Sandra and Malcolm Berman Brain & Spine Institute, Sinai Hospital of Baltimore, Baltimore

**H. Franklin Herlong, MD, FACP,** Associate Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

**Robert M. Greenfield, MD, FACP,** Member, ACP Maryland Chapter Governor's Council; Chair, Health and Public Policy Committee; Internist, Private Practice, Annapolis

**Marc C. Hochberg, MD, MPH,** Professor of Medicine, Head, Division of Rheumatology and Clinical Immunology, University of Maryland School of Medicine, Baltimore

**Bernard G. Jaar, MD, MPH, FASN,** Assistant Professor of Medicine and Epidemiology, Johns Hopkins University School of Medicine; Staff Nephrologist, Nephrology Center of Maryland, Baltimore

**Jonathan M. Links, PhD,** Deputy Director, The Johns Hopkins CEPAR; Professor, Environmental Health Sciences, Johns Hopkins University Bloomberg School of Public Health; Director, Center for Public Health Preparedness, Baltimore

**Mark H. Lowitt, MD,** Private Practice, Dermatology, Greater Baltimore Medical Center; Clinical Associate Professor of Dermatology, University of Maryland School of Medicine, Baltimore

**Nestoras Mathioudakis, MD,** Clinical Endocrine Fellow, Division of Endocrine & Metabolism, Johns Hopkins University School of Medicine, Baltimore

**Mary M. Newman, MD, FACP,** Governor, ACP Maryland Chapter; Assistant Professor of Medicine, Johns Hopkins University School of Medicine, Private Practice, Park Medical Associates, Lutherville

**Kimberly S. Peairs, MD,** Assistant Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

**Theresa A. Rowe, DO,** Resident Presenter, Johns Hopkins University, School of Medicine, Bayview Medical Center, Baltimore

**D. William Schlott, MD, MACP,** Philip A. Tumulty Associate Professor of Medicine, Johns Hopkins University School of Medicine, Baltimore

**Stephen D. Sisson, MD, FACP,** Co-Chair, ACP Maryland Chapter Program Committee; Associate Professor, Johns Hopkins University School of Medicine, Baltimore

**Dorothy A. Snow, MD, MPH,** Chief of Staff, VA Maryland Health Care System; Associate Professor, Associate Dean, University of Maryland, School of Medicine, Baltimore

**Richard B. Williams III, MD, FACP,** Residency Program Director, Harbor Hospital; Clinical Professor of Medicine, University of Maryland School of Medicine, Baltimore

**Antonio C. Wolff, MD,** Associate Professor of Oncology, Johns Hopkins University School of Medicine, Johns Hopkins Sidney Kimmel Comprehensive Cancer Care Center, Baltimore

**Faheem Younus, MBBS, FACP, FIDSA,** Clinical Assistant Professor, University of Maryland School of Medicine, Infectious Disease Section Chief, Upper Chesapeake, Baltimore

**Roy C. Ziegelstein, MD, FACP,** Professor of Medicine, Chair, Diversity Council of the Department of Medicine, Executive Vice-Chairman, Department of Medicine, Deputy Director for Education, Johns Hopkins University School of Medicine, Bayview Medical Center, Baltimore

# MEETING INFORMATION

---

## Program Committee

Ali J. Afrookteh, MD, FACP,  
Co-Chair

Stephen D. Sisson, MD, FACP,  
Co-Chair

R. Dobbin Chow, MD, FACP  
Robert P. Ferguson, MD, FACP  
Claudia A. Kroker, MD, PhD, FACP  
Philip A. Mackowiak, MD, MACP  
Mary M. Newman, MD, FACP  
Richard B. Williams III, MD, FACP

## Associates' Activities

The winners of the Clinical Vignette and Scientific Research Presentation from the 2009 Associates' Meeting will present their winning submissions on Saturday morning. Following the luncheon on Saturday, there will be a Doctors' Dilemma™ contest for residents beginning at 1:00 p.m.

## Chapter Awards

The Maryland Chapter offers six chapter awards to physicians and students in recognition of their outstanding contributions in the areas of excellence in internal medicine and hospitalist medicine, medical education, and clinical research, as well as a Governor's Service Award and a Student Award for Exemplary Service to ACP. These awardees have rendered distinguished service to the chapter and community and upheld the high ideals and professional standards for which the College is known. The awards will be presented at the reception on Friday evening.

## Who Should Attend

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Allied health practitioners
- Residents (internists in training)
- Medical students interested in internal medicine

## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of medical imaging, abnormal hepatic enzymes, and current treatment modalities for breast cancer to clinical practice.
- Improve clinical practice by incorporating major new developments in subspecialty medicine, electronic health records, coronary artery screening, and vertigo and dizziness.
- Understand recent advances in internal medicine.
- Increase confidence in medical computing.

## CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this educational activity for a maximum of **9.5 AMA PRA Category 1 Credit(s)**™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

If you are interested in becoming a member of the College, please contact the Customer Service Department at 800-523-1546, ext. 2600, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET).

Attendance at chapter meetings can help all ACP members meet the qualifications for advancement to Fellowship. It is especially important for those applying under the pathway that calls for 5 years of activity as a Member.

# MEETING INFORMATION

## Hotel Accommodations

We have reserved a block of rooms at the following rates until **January 8, 2010**. When making your reservation, be sure to mention that you will be attending the ACP Maryland Chapter meeting.

Double only: \$131 (deluxe)

Turf Valley Resort and Conference Center  
2700 Turf Valley Road  
Ellicott City, MD 21042

There are a limited number of rooms, and the rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 410-465-1500**.

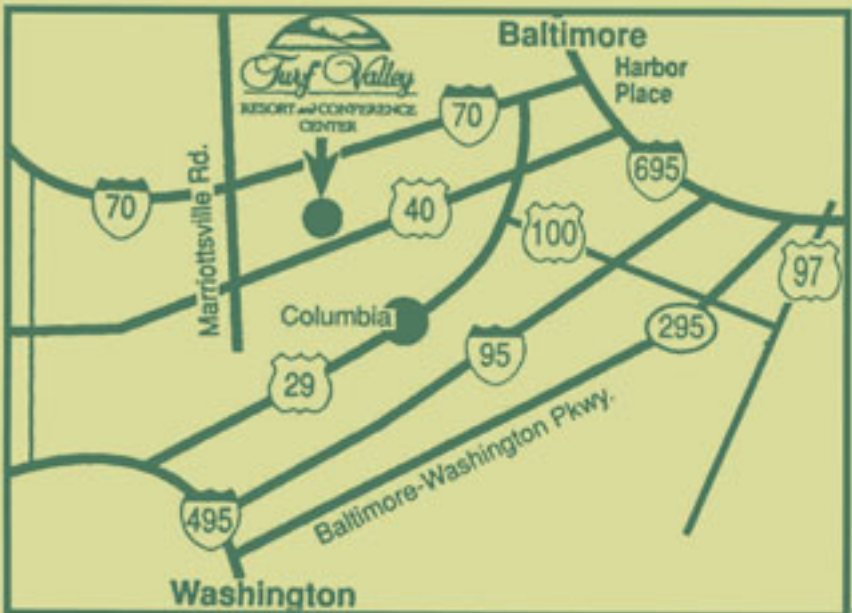
## Directions

### From Baltimore:

- Take the Baltimore Beltway I-695 to I-70 (Exit 16).
- Go west toward Frederick on I-70 to Exit 83, Marriottsville Road.
- At the top of the ramp, make a left on Marriottsville Road.
- At the first traffic signal, make a left onto Route 40 East (toward Baltimore).
- Go 7/10 mile and turn left onto Turf Valley Road.
- Follow signs to the Resort and Conference Center (entrance on the left).

### From West:

- Take I-70 East toward Baltimore.
- Take Exit 82, Route 40 East toward Ellicott City.
- Continue on Route 40 East through the light at Marriottsville Road.
- Continue another 7/10 mile past light and turn left onto Turf Valley Road.
- Follow signs to the Resort and Conference Center.



# HOW TO REGISTER

---

- If you need more information on the meeting, please contact Maryellen Woodward at 410-332-8444 or [mew4work@aol.com](mailto:mew4work@aol.com).
- For information on College-related issues, contact the Maryland Chapter Governor, Mary M. Newman, MD, FACP, by telephone at 410-583-7120 or e-mail to [marymodelle@hotmail.com](mailto:marymodelle@hotmail.com).
- To register for the meeting, complete the attached registration form and return it with your check made payable to:  
Maryland Chapter ACP  
Attention: Maryellen Woodward  
920 Trinity Street  
Baltimore, MD 21202
- There is an additional \$20 fee for registering on site at the meeting—save money by registering now.
- To access our online meeting information or to print another registration form for a friend or colleague, go to [www.acponline.org/meetings/chapter](http://www.acponline.org/meetings/chapter).
- To take advantage of the reduced rate for hotel accommodations and to reserve your hotel room, call the hotel directly at the number listed above.
- We offer a satisfaction guarantee—if attendees are not satisfied with their experience at the meeting, they may write for a refund of their registration fee.



# REGISTRATION FORM

CMB

American College of Physicians  
Maryland Chapter Scientific Meeting  
February 5–6, 2010

RM1050

This form may be photocopied.

ACP # (found on mailing label)

Name

MD  DO

Address

City/State/ZIP

Daytime Phone

Fax

E-Mail

- Please check here to indicate a permanent change to your preferred address for all College mailings.  
 Yes, I do wish to receive information from the meeting exhibitors.

## Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, attendance at reception for registrant and guest, all scientific sessions and materials, and CME documentation.

## ACP Categories

- Master  Fellow  Member .....\$80  
 Associate (Resident Members).....No Fee  
 Medical Student Member.....No Fee  
 Affiliate Member (Allied Health Professional) .....\$60

## Nonmember Categories

- Nonmember Physician.....\$130  
 Nonmember Resident.....\$20  
 Nonmember Medical Student.....\$10  
 Nonmember Allied Health Professional.....\$70

- To help us go “green” we are making our syllabus available on CD and the handouts will be posted on the Web. You will receive a printed copy if you check here and include \$10.

GRAND TOTAL


\$ \_\_\_\_\_

## PAYMENT

Please make your check payable to **Maryland Chapter ACP** and mail to:

Attention: Maryellen Woodward  
920 Trinity Street  
Baltimore, MD 21202

**Questions? Please contact Maryellen at [mew4work@aol.com](mailto:mew4work@aol.com)  
or 410-332-8444.**

-   We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential in order for us to serve you better. Please notify the Maryland Chapter at the above address in writing at least 30 days before your course. We'll be glad to help.

Cut Here

# NOTES

---

