

AMERICAN COLLEGE OF PHYSICIANS



FOSTERING EXCELLENCE IN INTERNAL MEDICINE

2010

IOWA CHAPTER
SCIENTIFIC MEETING

MARCH 26–27, 2010

UNIVERSITY OF IOWA HOSPITALS AND CLINICS

IOWA CITY, IOWA

JOINTLY SPONSORED BY THE

ROY J. AND LUCILLE A. CARVER COLLEGE OF MEDICINE

AND THE AMERICAN COLLEGE OF PHYSICIANS

ACPSM

AMERICAN COLLEGE OF PHYSICIANS
INTERNAL MEDICINE | *Doctors for Adults*

GOVERNOR'S LETTER

Iowa Chapter Meeting Highlights:

- Chronic kidney disease
- H1N1 in Iowa
- COPD therapy update
- Acid–base electrolyte problems
- Refugee medicine in Iowa and the Upper Midwest
- Musculoskeletal radiographs
- Drug-eluting vascular stent patients
- Insulin resistance
- Critical thinking in medical emergencies
- Recognizing common cognitive errors

This educational activity has been designated for 10 PRA Category 1 Credits.

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the Iowa Chapter of the American College of Physicians, being held March 26 and 27 at the University of Iowa Hospitals and Clinics in Iowa City.

This meeting is not just for ACP members.

I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning 10 CME credits, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form at the back of this brochure and send it in today. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

I look forward to seeing you in Iowa City.

Sincerely,

Richard F. LeBlond, MD, MACP
ACP Governor, Iowa Chapter

PROGRAM SCHEDULE

Meeting Information

All sessions will be held in the 2117 Seminar Room of the Medical Education & Research Facility (MERF) unless otherwise noted.

Friday, March 26, 2010

- 7:15 a.m. **Registration/Continental Breakfast**
1st Floor Atrium
- 8:00 **Introduction and Announcements**
Richard F. LeBlond, MD, MACP
Governor, Iowa Chapter
- 8:15 **Changing the Course of Chronic Obstructive Pulmonary Disease**
Dwight C. Look, MD, FACP
- 9:05 **Chronic Kidney Disease for the General Internist**
Heather A. Muster, MD, MS
- 9:55 **Break**
1st Floor Atrium
Visit the College table and exhibits
- 10:20 **Polycystic Ovary Syndrome, Insulin Resistance and What To Do About It**
Gregory C. Doelle, MD
- 11:10 **Human Factors Engineering and Patient Safety: Cognition, Memory, Slips and Lapses**
Thomas J. Persoon, MS
- Noon **Lunch and Industry Displays**
1st Floor Atrium
- Advancement to Fellowship Workshop**
Steven R. Craig, MD, FACP
- 1:00 p.m. **Business Meeting**
Richard F. LeBlond, MD, MACP
- 1:50 **H1N1 in Iowa**
Patricia Quinlisk, MD, MPH
- 2:40 **Break**
1st Floor Atrium
Visit the College table and exhibits
- 3:00 **Concurrent Workshops (Session I)**
- **Acid–Base and Electrolyte Problems**
Joel A. Gordon, MD, FACP
 - **Medical Emergencies: Critical Thinking at a Critical Time**
Hans R. House, MD, DTMH, FACEP
 - **Musculoskeletal Radiology for the Internist**
George El Khourey, MD, FACR
 - **Chest X-Ray Interpretation for the Internist**
John F. Fieselmann, MD, FACP

- 4:15 **Concurrent Workshops (Session II)**
- **Acid–Base and Electrolyte Problems**
Joel A. Gordon, MD, FACP
 - **Medical Emergencies: Critical Thinking at a Critical Time**
Hans R. House, MD, DTMH, FACEP
 - **Musculoskeletal Radiology for the Internist**
George El Khourey, MD, FACR
 - **Chest X-Ray Interpretation for the Internist**
John F. Fieselmann, MD, FACP
- 5:15–7:00 **Laureate Awards Reception**
Hors d'oeuvres/Cocktails
(All scientific meeting participants and their guests)
1st Floor Atrium
Chapter Awards Ceremony at 6:00 p.m.

Saturday, March 27, 2010

- 7:15 a.m. **Registration/Continental Breakfast**
1st Floor Atrium
- 8:00 **Refugee Medicine in Iowa and the Upper Midwest**
Michael Ohl, MD, MSPH
- 8:50 **Stump the Professor**
Richard F. LeBlond, MD, MACP
- 9:40 **Break**
1st Floor Atrium
Visit the College table and exhibits
- 10:00 **Drug-Eluting Stents, Bare Metal, Clopidogrel and What You Need to Know About All of It**
Dave R. Laughrun, MD
- 10:50 **Associate Clinical Vignette Competition Finalists**
- 11:40 **Drawing for Prizes**
Richard F. LeBlond, MD, MACP
- Noon **Adjourn**

MEETING INFORMATION

Faculty

Steven R. Craig, MD, FACP,
Executive Director, Des Moines
Area Medical Education Consortium;
Adjunct Clinical Professor,
Department of Internal Medicine,
The University of Iowa Carver
College of Medicine, Iowa City

Gregory C. Doelle, MD, Professor,
Clinical Medicine, Department of
Internal Medicine, Endocrinology
Division, The University of Iowa
Carver College of Medicine, Iowa City

George Y. El-Khourey, MD, FACR,
Professor, Department of Radiology,
Musculoskeletal Radiology, The
University of Iowa Carver College of
Medicine, Iowa City

John F. Fiesemann, MD, FACP,
Professor, Clinical Medicine,
Department of Internal Medicine,
Pulmonary Division, The University
of Iowa Carver College of Medicine,
Iowa City

Joel A. Gordon, MD, FACP,
Professor, Department of Internal
Medicine, Nephrology Division, The
University of Iowa Carver College of
Medicine, Iowa City

**Hans R. House, MD, DTMH,
FACEP,** Associate Professor,
Department of Emergency Medicine,
The University of Iowa Carver College
of Medicine, Iowa City

David R. Laughrun, MD, Iowa Heart
Center at Iowa Methodist Medical
Center, Des Moines

Richard F. LeBlond, MD, MACP,
Governor, ACP Iowa Chapter;
Professor, Clinical Medicine,
Department of Internal Medicine,
General Internal Medicine Division,
The University of Iowa Carver College
of Medicine, Iowa City

Dwight C. Look, MD, FACP,
Professor, Department of Internal
Medicine, Pulmonary Division, The
University of Iowa Carver College of
Medicine, Iowa City

Heather A. Muster, MD, MS,
Associate, Department of Internal
Medicine, Nephrology Division, The
University of Iowa Carver College of
Medicine, Iowa City

Michael Ohl, MD, MSPH, Assistant
Professor, Department of Internal
Medicine, Infectious Diseases Division,
The University of Iowa Carver College
of Medicine, Iowa City

Thomas J. Persoon, MS, Sr.
Management Engineer, University
of Iowa Hospitals and Clinics
Administration, Division of
Operational Excellence and Quality-
Safety; Adjunct Instructor, College of
Engineering, Adjunct Instructor,
College of Public Health, University
of Iowa, Iowa City

Patricia Quinlisk, MD, MPH,
Medical Director and State
Epidemiologist, Iowa Department of
Public Health; Adjunct Professor,
The University of Iowa Carver College
of Medicine, Iowa City, Iowa, The
University of Wisconsin, La Crosse,
Iowa, and Iowa State University, Ames

Associates' Activities

Clinical vignettes prepared by
Associates will be presented at the
meeting. Winners will be eligible
for entrance into the national
competition held at Internal
Medicine 2011. The first-place
winner will receive \$1,500 to be
used toward the expenses of
attending the ACP National
Meeting; second- and third-place
winners will receive a \$250 ACP gift
certificate. Contact W. John Yost,
MD, FACP, at 515-241-4277, or
Scott A. Vogelgesang, MD, FACP,
at 319-356-7725, for information
about entering the Associates'
Competition.

If you are interested in becoming a
member of the College, please
contact the Customer Service
Department at 800-523-1546,
ext. 2600, or 215-351-2600
(M-F, 9 a.m.-5 p.m. ET).

Attendance at chapter meetings
can help all ACP members meet
the qualifications for advancement
to Fellowship. It is especially
important for those applying under
the pathway that calls for 5 years of
activity as a Member.

MEETING INFORMATION

Acknowledgments

The Iowa Chapter of ACP sincerely appreciates the educational grants provided by companies in support of the meeting. The exhibit area is open on Friday during meeting times.

Who Should Attend

- General internists
- Subspecialty internists
- Fellows in subspecialty training
- Residents (internists in training)
- Medical students interested in internal medicine

Determination of educational content for this meeting and the selection of speakers are responsibilities of the director. Firms providing support did not have input in these areas.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider (University of Iowa Carver College of Medicine) and to attendees all relevant financial relationships with commercial interests. Speakers will disclose to participants the nature of any significant financial relationships they have with the commercial firms providing support, as well as the commercial manufacturers of products and/or the providers of services discussed in their presentations. They will also disclose if any pharmaceuticals or medical procedures or devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA).

The University of Iowa prohibits discrimination in employment or in its educational programs and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information on non-discrimination policies, contact the Coordinator of the Title IX, Section 504, and the ADA in the Office of Affirmative Action, 319-335-0705 (voice) or 319-335-0697 (text), 202 Jessup Hall, The University of Iowa, Iowa City, Iowa 52242.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319-335-8599.

CME Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the sponsorship of the University of Iowa Roy J. and Lucille A. Carver College of Medicine. The University of Iowa Carver College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Iowa Carver College of Medicine designates this continuing medical education activity for a maximum of **10 Category 1 credits** toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

Learning Objectives

At the conclusion of this activity, the participant should be able to:

1. Recognize and manage medical emergencies in the ER.
2. Explain common types of cognitive error.
3. Evaluate newly arrived immigrants to Iowa.
4. Treat COPD with the latest disease modifying therapies.
5. Manage chronic kidney disease.
6. Evaluate insulin resistance syndromes with increased androgens.
7. Explain the epidemiology, pathogenesis, and prevention of H1N1 influenza.
8. Interpret radiographs for common musculoskeletal conditions.
9. Manage patients with drug-eluting vascular stents.
10. Recognize and evaluate common electrolyte and acid-base abnormalities.

MEETING INFORMATION

Hotel Accommodations

We have reserved a block of rooms at the following rates until **March 11, 2010**. When making your reservation, be sure to mention that you will be attending the ACP Iowa Chapter meeting and use the direct hotel telephone number (below) rather than the national 800 exchange.

Single/Double: \$114

Sheraton Hotel – Iowa City
210 S. Dubuque Street
Iowa City, IA 52240

The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 319-337-4058**.

Laureate Award

It is with distinct pleasure that the Iowa Chapter presents physicians with the Chapter Laureate Award, the Chapter Excellence Award, and the Community Service Award. Winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented during the Awards Reception on Friday.

Directions

Meeting participants may use the Newton Road Parking Ramp, which is closest to the Medical Education and Research Facility where the sessions will be held. This ramp is accessed from Newton Road, and cars should enter via the main (West) entrance designated with signage, **NOT** directly in front of the MERF building as this access is “reserved-metered” parking and not open to the public. **YOU WILL GET TICKETED.**

HOW TO REGISTER

- If you need more information on the meeting, please contact Fran Blanc at 319-467-5595.
- For information on College-related issues, contact the Iowa Chapter Governor, Richard F. LeBlond, MD, MACP, by telephone at 319-384-7700 or e-mail to richard-leblond@uiowa.edu.
- To register for the meeting, complete the attached registration form and return it with your payment made payable to The University of Iowa to:
UIHC Patient Care Quality & Safety
C41-H GH Attn: Fran Blanc
200 Hawkins Drive
Iowa City, IA 52442
- To access our online meeting information or to print another registration form for a friend or colleague, go to www.acponline.org/meetings/chapter.
- To take advantage of the reduced rate for hotel accommodations and to reserve your hotel room, call the hotel directly at 319-337-4058.

NOTES



190 N. Independence Mall West
Philadelphia, PA 19106-1572

2010 Iowa Chapter Scientific Meeting

March 26–27, 2010
University of Iowa
Hospitals and Clinics
Iowa City, Iowa

Jointly Sponsored by the
Roy J. and Lucille A. Carver
College of Medicine and the
Iowa Chapter of the
American College of Physicians

CH59088