

DELAWARE CHAPTER

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ACP

AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

**The American College of Physicians  
Delaware Chapter  
10<sup>th</sup> Annual Lower Shore Symposia**

**Saturday, September 20, 2008**

**Ruddertowne  
Dickinson Street on the Bay  
Dewey Beach, DE  
302-227-3888**

## **PROGRAM SCHEDULE**

- 7:30 a.m.**      **Program Registration and Breakfast**
- 8:00**            **Opening Remarks & Welcome**  
Mansour Saberi, MD, FACP  
ACP Governor, Delaware Chapter
- 8:05**            **Acute Diarrhea Learned from Cases and Outbreaks**  
Herbert L. DuPont, MD, FACP
- 9:00**            **Mythology**  
Douglas S. Paauw, MD, FACP
- 10:00**          **Break**
- 10:30**          **Management of Osteoporosis: What's New and What's Next**  
Nelson B. Watts, MD, FACP, MACE
- 11:30**          **Lunch**
- 12:30 p.m.**    **Resistant Hypertension: Causes and Treatment**  
Raymond R. Townsend, MD
- 1:30**            **What is New in Inflammatory Bowel Syndrome**  
Raymond Cross, MD, MS

## **EVENING ACTIVITIES**

- 6:30 p.m.**      **Dinner**
- 7:30**            **Adult Immunization**  
Herbert L. DuPont, MD, FACP

## **TARGET AUDIENCE**

- General internists
- Internal medicine subspecialists
- Family practitioners
- Internal medicine residents
- Nurses

## **FACULTY\***

**Herbert L. DuPont, MD, FACP**, Chief, Internal Medicine Service, St. Luke's Episcopal Hospital; Director, Center for Infectious Disease, Baylor College of Medicine, Houston, TX

**Douglas S. Paauw, MD, FACP**, Professor of Medicine, University of Washington; Head, Section of General Internal Medicine, UWMC, Seattle, WA

**Nelson B. Watts, MD, FACP, MACE**, Professor of Medicine, University of Cincinnati College of Medicine; Director, University of Cincinnati Bone Health and Osteoporosis Center, Cincinnati, OH

**Raymond R. Townsend, MD**, Professor of Medicine, Director of Hypertension Section, Department of Internal Medicine, University of Pennsylvania, Philadelphia, PA

**Raymond Cross, MD, MS**, Assistant Professor of Medicine, Division of Gastroenterology and Hepatology; Director of the Inflammatory Bowel Disease Program, University of Maryland School of Medicine, Baltimore, MD

## **PROGRAM COORDINATORS\***

**Bhaskar S. Palekar, MD, FACP**, Beebe Medical Center, Lewes, DE

**Mansour Saberi, MD, FACP, FACE**, ACP Governor, Delaware Chapter; Private Practice, Lewes, DE

## **CME ACCREDITATION**

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American College of Physicians designates this educational activity for a maximum of **5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing contact hours pending.

*\*Faculty and Program Committee disclosure information is available from the Delaware Chapter and will be provided on-site at the meeting.*

## **LEARNING OBJECTIVES**

1. To be able to explain limitations and value of oral rehydration treatment of acute diarrhea.
  - To understand and be able to explain risk factors for and importance of post-infectious irritable bowel syndrome in patients with travelers' diarrhea.
  - To appreciate the problems of and offer diagnostic and therapeutic advice for: post-Campylobacter Guillain Barre Syndrome; Salmonella bacteremia in susceptible hosts; outbreaks of norovirus gastroenteritis, serious cases of Clostridium difficile diarrhea in hospitalized patients; and persistent diarrhea after international travel.
2. Recognize different ways to treat B12 deficiency.
  - Recognize common themes that lead to medical myths.
  - Understand the impact of the Women's Health Initiative on practice, both appropriate and inappropriate.
3. Become familiar with new data on approved therapeutic agents.
  - Identify the agents currently in development for treatment of osteoporosis.
4. Review the definitions of Drug Resistant Hypertension and how it is recognized clinically.
  - Develop a working differential of the causes of Drug Resistant Hypertension and the utility of a few simple lab tests.
  - Review the treatment options in Drug Resistant Hypertension.
5. Distinguish between ulcerative colitis and Chron's Disease.
  - Distinguish between inflammatory bowel disease and functional bowel disorders.
  - Appreciate the extraintestinal manifestations of disease in patients with inflammatory bowel disease.
6. Recite the recommendations for the following immunizations for a young (~40 years of age) and an elderly (~70 years of age) adult: Tdap (tetanus, diphtheria, and acellular pertussis): HPV, MMR, varicella, influenza, pneumococcal, polysaccharide, and hepatitis A.
  - Employ correctly travel medicine vaccines in international travelers including vaccines for: typhoid fever, yellow fever, rabies, and Neisseria meningitidis.
  - Explain the difference between Varicella vaccine and Zoster vaccine and be able to determine who should receive Zoster vaccine and the expected benefit to immunized patients.

# **REGISTRATION FORM**

**American College of Physicians  
Delaware Chapter's 10<sup>th</sup> Annual Lower Shore Symposia  
September 20, 2008**

This form may be photocopied

ACP# \_\_\_\_\_

Name \_\_\_\_\_  MD  DO

Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Fax ( \_\_\_\_\_ ) \_\_\_\_\_

E-mail \_\_\_\_\_

Please check here to indicate a permanent change to your preferred address for all College mailings.

**Registration Fees:** Check one category that best applies. Registration fee includes continental breakfast, lunch, dinner, all scientific sessions and materials, and a CME certificate.

### **ACP Categories**

<input type="checkbox"/> Master	No Fee
<input type="checkbox"/> Fellow <input type="checkbox"/> Member	\$75.00
<input type="checkbox"/> Associate (resident members)	No Fee
<input type="checkbox"/> Medical Student Member	No Fee
<input type="checkbox"/> Affiliate Member	\$75.00

### **Nonmember Categories**

<input type="checkbox"/> Nonmember Physician	\$75.00
<input type="checkbox"/> Allied Health Professional	\$75.00
<input type="checkbox"/> Resident	No Fee
<input type="checkbox"/> Medical Student	No Fee
<input type="checkbox"/> Other	\$75.00

**TOTAL \$** \_\_\_\_\_

Please make your check payable to **American College of Physicians Delaware Chapter** and mail by September 14, 2008 to:

**ACP  
c/o Mansour Saberi, MD, FACP, FACE  
353 Savannah Road  
Lewes, DE 19958**

**Questions? Please call Mansour Saberi, MD, FACP, FACE at 302-645-2244.**

We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential in order for us to serve you better. Please notify the Delaware Chapter at the above address in writing at least 30 days prior to your course. We'll be glad to help.