

AMERICAN COLLEGE OF PHYSICIANS



FOSTERING EXCELLENCE IN INTERNAL MEDICINE

2010

COLORADO CHAPTER
SCIENTIFIC MEETING

FEBRUARY 4-6, 2010

THE BROADMOOR HOTEL

COLORADO SPRINGS, COLORADO

Register online now!

ACPSM

AMERICAN COLLEGE OF PHYSICIANS
INTERNAL MEDICINE | *Doctors for Adults*

GOVERNOR'S LETTER

Colorado Chapter Meeting Highlights:

- **Recertification pre-course**
- **Multiple small feedings of the mind on hospital medicine, breast cancer, and hepatology**
- **Associates' abstracts and Doctor's Dilemma™**
- **Special interest group breakfasts for young physicians and potential ACP Fellows**
- **Guest program, including breakfasts and a historical tour**
- **Workshops on shoulder evaluation, cardiac murmurs, and chronic pain management**

This educational activity has been designated for 11.75 CME credits.

An additional 4.5 credits can be earned by attending the Pre-Course SEP modules.

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the Colorado Chapter of the American College of Physicians, being held Thursday–Saturday, February 4–6, 2010, at the Broadmoor Hotel.

This meeting is not just for ACP members.

I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning up to 16.25 CME credits, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.
- Take some time for yourself or with your family to relax and enjoy the sights around Colorado Springs.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, register now by visiting www.acponline.org/chapters/co and completing the easy online registration form. You may also complete the form at the back of this brochure and send it by mail or fax. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

I look forward to seeing you in Colorado Springs.

Sincerely,

Lawrence E. Feinberg, MD, FACP
ACP Governor, Colorado Chapter

RECERTIFICATION PRE-COURSES

Thursday, February 4, 2010

Noon	On-site Registration
12:30–2:45 p.m.	2009 Update in Office-Based Medicine Lawrence E. Feinberg, MD, FACP
2:45–5:00	2009 Update in Hospital-Based Medicine Ethan U. Cumbler, MD, ACP Member

SEP Pre-Course Faculty

Ethan U. Cumbler, MD, ACP Member, Assistant Professor of Medicine, Hospitalist Section, University of Colorado; Director Acute Care for the Elderly Service, University of Colorado Health Sciences Center, Denver

Lawrence E. Feinberg, MD, FACP, Governor, ACP Colorado Chapter; Professor of Medicine, Division of General Internal Medicine, University of Colorado Health Sciences Center, Denver

SEP Learning Objectives

To help internists complete the American Board of Internal Medicine (ABIM) self-evaluation process (SEP) modules 2009 Update in Office-Based Medicine and 2009 Update in Hospital-Based Medicine to fulfill ABIM requirements toward recertification in internal medicine.

Who Should Attend the SEP Pre-Course?

- General internists
- Subspecialty internists
- Family practitioners

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this educational activity for a maximum of **4.5 AMA PRA Category 1 Credit(s)**[™] (2.25 for each module). Physicians should only claim credit commensurate with the extent of their participation in the activity.

SEP Note

The Colorado Chapter will provide you with a “Learner’s Copy” of the 2009 Update in Office-Based Medicine and/or the 2009 Update in Hospital-Based Medicine at the meeting. If you are enrolled in the

ABIM’s Maintenance of Certification (MOC) program, you must also order an “official” copy of the SEP module directly from ABIM by visiting www.abim.org/online. Two formats are available: online or CD-ROM. You can order the module online from ABIM before or after the learning session.

After the learning session, you have 30 days to submit your answers to ABIM for MOC credit via the Internet by using your official CD-ROM version.

For more information about the learning session, please contact Christine Westbrook at cochapteracp@msn.com. For more information about ABIM’s Maintenance of Certification Program, visit www.abim.org/moc.

*If you are already enrolled in the ABIM MOC program, there is no additional fee for the official version of the module. If you are not enrolled in the ABIM MOC Program, you may attend the learning session; however, you must enroll in the MOC program to receive credit for the knowledge module. To enroll in the MOC Program, visit www.abim.org/moc. Please see the registration page of this brochure for the Colorado Chapter’s fees for attending this session. These fees are separate from the ABIM’s fees and must be paid regardless of whether you are enrolled in the MOC program.

PROGRAM SCHEDULE

Thursday, February 4, 2010

4:00–5:00 p.m. Registration
6:00 Registration/Buffer Reception
Host: Lawrence E. Feinberg, MD, FACP
Governor, ACP
Colorado Chapter

Friday, February 5, 2010

7:00 a.m. Continental Breakfast

MORNING SESSION

Moderator: Heather L. Burton, MD, FACP

8:00 **Welcome**
Lawrence E. Feinberg, MD, FACP
CHF Update: What Every Internist Needs to Know
JoAnn Lindenfeld, MD

9:05 **Recognition and Treatment of Common Headache Disorders**
Michael A. Ament, MD

9:55 **Refreshment Break**

10:15 **Multiple Small Feedings of the Mind**

1. **Current Controversies in Hospital Medicine: Preoperative Pulmonary Evaluation, HIT, and C. diff.**
Jeffrey J. Glasheen, MD, FACP
2. **Quandaries in Breast Cancer Screening and Follow-up: MRI and Screening, Managing Vasomotor Symptoms, Monitoring Patients with a History of Breast Cancer**
Virginia Borges, MD
3. **Hepatology Controversies: Diagnosis of NASH, Evaluation of Elevated LFTs, Prescribing Medicine in Chronic Liver Disease**
Peter R. McNally, MD, FACP

12:00 Noon **Lunch, Chapter Business Meeting, and College Update**

AFTERNOON SESSION

Moderator: TBD

2:00 p.m. **Associates' Presentations**

3:00 **Clinical Pearls: Rheumatology**
Sterling G. West, MD, MACP

3:50 **Clinical Pearls: Geriatrics**
Laurence J. Robbins, MD

6:00–7:00 **Governor's Reception and Associates' Mini Poster Session (Families and Guests Welcome)**

Saturday, February 6, 2010

7:00 a.m. Continental Breakfast

7:00–8:30 **Special Interest Group Breakfasts**

- Young Physicians
- Advancement to Fellowship
- The Future is Here!
Transforming Your Practice to Survive and Thrive

7:00–Noon **Registration and Exhibits**

MORNING SESSION

Moderator: TBD

8:30 **Opening Remarks**
Lawrence E. Feinberg, MD, FACP

8:35 **Influenza: Pandemic Practicalities**
Ned Calonge, MD

9:25 **Top Articles of 2009**
Ethan U. Cumbler, MD, ACP Member

10:25 **Workshops (Rotation TBA)**

1. **Office Orthopedics for the Internist: The Shoulder**
Edward (Ted) Parks, MD
2. **Cardiac Auscultation: Name that Murmur!**
William P. Nelson, MD, FACP
3. **Narcotic Prescribing for Chronic Pain: Pitfalls and Pearls**
Joshua D. Blum, MD, ACP Member

11:45 **Lunch and Chapter Awards Presentation**

Town Hall Meeting
Voice your concerns about issues affecting the internal medicine environment as well as your Chapter.

AFTERNOON SESSION:

1:20 p.m. **Workshops (repeated)**

2:30 **Workshops (repeated)**

3:30 **Doctor's Dilemma™**
A medical jeopardy competition between UCD and St. Joseph's residents
Moderator: Heather L. Burton, MD, FACP

4:30 **Adjourn**
Turn in Evaluations

Families and Guests are welcome at this meeting. Refer to the "Special Events for Spouses and Guests" section of this brochure for more details.

MEETING INFORMATION

Faculty

Michael A. Ament, MD, Private Practice, Neurospecialty Associates, Lakewood

Joshua D. Blum, MD, ACP Member, Private Practice, Internal Medicine, Eastside Family Health Clinic, Denver

Virginia Borges, MD, MMSc, Associate Professor of Medicine; Director, Young Women's Breast Cancer Translational Program; Associate Program Director, Internal Medicine Residency Program, University of Colorado, Denver

Ned Calonge, MD, Chief Medical Officer, Colorado Department of Public Health and Environment; Associate Professor of Family Medicine and of Preventive Medicine and Biometrics, University of Colorado Health Sciences Center, Denver

Ethan U. Cumbler, MD, ACP Member, Assistant Professor of Medicine, Hospitalist Section, University of Colorado; Director, Acute Care for the Elderly Service, University of Colorado Health Sciences Center, Denver

Lawrence E. Feinberg, MD, FACP, Governor, ACP Colorado Chapter; Professor of Medicine, Division of General Internal Medicine, University of Colorado Health Sciences Center, Denver

Jeffrey J. Glasheen, MD, FACP, Associate Professor of Medicine, Director, Hospital Medicine Program, Associate Program Director, Internal Medicine Residency, Director, Hospitalist Training Program, Division of General Internal Medicine, University of Colorado, Denver

JoAnn Lindenfeld, MD, Professor of Medicine, Medical Director, Cardiac Transplant Program, University of Colorado Health Sciences Center, Denver

Peter R. McNally, MD, FACP, Chief GI/Hepatology Therapeutic Endoscopy, EACH; Consultant to Commander for Strategic Planning, TRIWEST Great Plains Region, Littleton

William P. Nelson, MD, FACP, Medical Education Director, Cardiovascular Services, Exempla Healthcare—St. Joseph Hospital, Denver

Edward (Ted) Parks, MD, Orthopedic Surgeon, Western Orthopedics, PC, Denver

Laurence J. Robbins, MD, Associate Professor of Medicine, University of Colorado Health Sciences Center; Associate Chief of Staff, Geriatrics and Extended Care, Department of Veterans Affairs, Eastern Colorado Health Care System, Denver

Sterling G. West, MD, MACP, Professor of Medicine, Department of Internal Medicine; Clinical Training Program Director, Rheumatology Fellowship, Division of Rheumatology; Co-Director, Metabolic Bone Disease Clinic, University of Colorado Denver School of Medicine, Denver

If you are interested in becoming a member of the College, please contact the Customer Service Department at 800-523-1546, ext. 2600, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET).

Attendance at chapter meetings can help all ACP members meet the qualifications for advancement to Fellowship. It is especially important for those applying under the pathway that calls for 5 years of activity as a Member.

MEETING INFORMATION

Associates' Activities

Abstracts prepared by Associates will be presented on Friday between 2:00–3:00 p.m. In addition, posters will be presented during the Social Hour on Friday evening. Please also plan to join us on Saturday at 3:30 p.m. for Doctor's Dilemma™ (Medical Jeopardy).

Chapter Awards

It is with distinct pleasure that the Colorado Chapter presents this year's Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. In addition, we will present the Chapter Volunteerism Award. Recipients of this award have distinguished themselves as true humanitarians to be honored for their voluntary contributions in medicine. These awards will be presented during lunch on Saturday.

Who Should Attend

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Allied health practitioners
- Residents (internists in training)
- Medical students interested in internal medicine

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine, rheumatology, neurology, CHF management, hepatology, hospital medicine, and influenza management to clinical practice.
- Understand recent advances in internal medicine, narcotic management, geriatrics, neurology, rheumatology, cardiology, hepatology, and breast cancer.
- Increase confidence in performing a shoulder evaluation and identification of cardiac murmur.

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this educational activity for a maximum of **11.75 AMA PRA Category 1 Credit(s)**™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

MEETING INFORMATION

Hotel Accommodations

We have reserved a block of rooms at the following rates until **January 6, 2010**. When making your reservation, be sure to mention that you will be attending the ACP Colorado Chapter meeting.

Single/Double: \$174.00

The Broadmoor Hotel
1 Lake Avenue
Colorado Springs, CO 80906

The rooms are available on a first-come, first-served basis. Please make your reservation as early as possible by **calling the hotel directly at 1-866-837-9520**.

Area Interests

The Colorado Springs area offers much for family and friends to see and do, including:

- Touring the Air Force Academy
- Taking in the sights at Pike's Peak
- Visiting the Cheyenne Mountain Zoo
- Indulging at the Broadmoor Spa

Additional information on the area is available online at www.experiencecoloradosprings.com or at www.broadmoor.com.

MEETING INFORMATION

Special Events for Spouses & Guests

The Colorado Chapter welcomes families and guests of our meeting attendees to participate in our Guest Program. Events to the right are available for our guests at no extra cost. Please stop by the registration desk if you would like to have an ID badge made for you.

Babysitting is available. Please note arrangements must be made in advance by contacting the Broadmoor at 1-866-837-9520.

If registering online, each guest must be registered separately. Guests are also invited to attend the meeting lunches at a cost of \$35.00 per person. Please be sure to indicate on the registration form that you plan to attend these lunches, or you may stop by the registration desk at the meeting. Please remember that business meetings are held at the lunches and are not recommended for children.

Thursday, February 4, 2010

6:00–9:00 p.m. Registration/Buffer Reception

Friday, February 5, 2010

8:00–10:00 a.m. Family/Guest Continental Breakfast

10:30 Historical Tour

Mrs. Julie Penrose will guide a historical walking tour of the Broadmoor, showing you all of her favorite aspects along with her husband's memories. Julie will primarily remain in the historic Broadmoor Main that she and her husband founded in 1918. She will tell you all about her husband's fortunes in gold mining, along with many other interesting facts. This tour will be offered on a first-come, first-served basis. Space is limited. Please arrive early.

6:00–7:00 p.m. Reception and Social Hour

Saturday, February 6, 2010

8:00–10:00 a.m. Family/Guest Continental Breakfast



Penrose Tour

HOW TO REGISTER

Online

Visit us on the Web and register at www.acponline.org/chapters/co.

Mail

To register by mail, complete the registration form at the back of this brochure and mail it to ACP at the address below. Be sure to list your daytime phone number in case we need to notify you of any changes. Please reproduce the form for additional registrations (one form per registrant).

ACP Customer Service
R0980
PO Box 7777
Philadelphia, PA 19175-0980
USA

Fax

Register 24 hours a day via fax at 215-351-2799.

Fax forms must include credit card number, expiration date, security code number, and signature. Do not mail a copy of the form since it may result in a duplicate registration and you will be charged twice.

Phone

Call 800-523-1546, ext. 2600, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET).

Be sure to have your credit card number, expiration date, and security code number available before calling.

Payment Options

Payment in full is required. Make check or money order payable to ACP. Must remit in U.S. funds drawn on a U.S. bank. If paying by credit card, please provide the credit card number, expiration date, security code, and authorizing signature.

Additional Fees

All registrations must be received by **January 10, 2010**, or a late registration fee of \$25 will be added. This includes on-site registrations. Save money by registering now!

Cancellations/Refunds

All cancellation requests must be received by Customer Service in writing (e-mail custserv@acponline.org). Cancellations will not be accepted by telephone.

Satisfaction Guarantee

We offer a satisfaction guarantee—if meeting attendees are not satisfied with their experience at the meeting, they may write for a refund of their registration fee.

Special Needs

If you have a disability or any special dietary needs, please contact Christine Westbrook by telephone at 303-716-5722 or e-mail cochapteracp@msn.com.

Questions?

- For registration information, contact ACP Customer Service (M–F, 9 a.m.–5 p.m. ET) toll-free at 800-523-1546, ext. 2600, or direct at 215-351-2600. You may also e-mail custserv@acponline.org or fax 215-351-2799.
- If you need more information on the meeting schedule or location, please contact Christine Westbrook at 303-716-5722.
- For more information about ACP or the Colorado Chapter, contact the Colorado Chapter Governor, Lawrence E. Feinberg, MD, FACP, by telephone at 720-848-2300 or e-mail Larry.Feinberg@ucdenver.edu.

REGISTRATION FORM

CMB

American College of Physicians
Colorado Chapter Scientific Meeting
February 4-6, 2010

RM1047

This form may be photocopied.

ACP # (found on mailing label)

Name MD DO

Address

City/State/ZIP

Daytime Phone

Fax

E-Mail

- Please check here to indicate a permanent change to your preferred address for all College mailings.
 Yes, I do wish to receive information from the meeting exhibitors.

Payment Options:

Please refer to the next page for all of your registration and payment options. Don't forget you can register and pay online at www.acponline.org/chapters/co. If you are mailing or faxing this form, please indicate your payment preference and complete the form below.

GRAND TOTAL (from next page) \$ _____

- Check Enclosed. (Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)

Charge to: Visa MasterCard American Express Discover


Card #

Exp. Date ____/____ Security Code _____
MM YY (3- or 4-digit number found on front or back of card)

Signature

E-mail your questions to custserv@acponline.org

- Please check here if you have any special dietary needs, and be sure to contact the chapter.

-  We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential in order for us to serve you better. Please notify the Colorado Chapter at least 30 days before your course. We'll be glad to help.

Cut Here



REGISTRATION FORM

CMB

SEP: 2009 Update in Hospital-Based Medicine (RM1047A)

February 4, 2010

Check one category that best applies. Register early—limited space available.

- ACP Master ACP Fellow ACP Member.....\$75
 Nonmember Physician\$100

SEP: 2009 Update in Office-Based Medicine (RM1047B)

February 4, 2010

Check one category that best applies. Register early—limited space available.

- ACP Master ACP Fellow ACP Member.....\$75
 Nonmember Physician\$100

Colorado Chapter Scientific Meeting (RM1047)

February 4–6, 2010

Check one category that best applies. Registration fee includes continental breakfast, lunch, attendance at receptions, and a CME documentation.

ACP Categories

- Master Fellow Member\$170
 Associate (Resident Members) Medical Student Member.....No Fee
 Affiliate Member (AHP).....\$170

Nonmember Categories

- Nonmember Physician\$220
 Resident Medical Student\$50
 Allied Health Professional\$220

Please indicate your attendance at the following:

- RC01 – Welcome Buffet Reception (2/4)
 BK01 – Continental Breakfast (2/5)
 LN01 – Lunch, Chapter Business Meeting (2/5)
 RC02 – Reception, Social Hour (2/5)
 BK03 – Continental Breakfast (2/6)
 BK04 – Young Physicians Breakfast (2/6)
 BK05 – Advancement to Fellowship Breakfast (2/6)
 BK07 – The Future is Here! Transforming Your Practice to Survive and Thrive Breakfast (2/6)
 LN02 – Lunch, Award Presentation, and Town Meeting (2/6)

Guest Program: Colorado Chapter Meeting (RM1047G)

February 4–6, 2010

- Spouse/Guest of AttendeeNo Fee

Name(s): _____

Please indicate your Spouse/Guest's attendance at the following:

- RC01 – Welcome Buffet Reception (2/4) Qty: _____
 BK02 – Family/Guest Breakfast (2/5) Qty: _____
 TR01 – Historical Tour (2/5) Qty: _____
 LN01 – Lunch, Chapter Business Meeting (2/5) Fee: \$35 Qty: _____
 RC02 – Reception, Social Hour, and Mini Poster Session (2/5) Qty: _____
 BK06 – Family/Guest Breakfast, Saturday (2/6) Qty: _____
 LN02 – Lunch, Award Presentation, and Town Meeting (2/6) Qty: _____
Fee: \$35

- To help us go “green” we are making our syllabus available online. The handouts will be posted on the Web. You will receive a printed copy if you check here and include \$20.

If you are registering after January 10, please add a \$25 late fee to your total. (This fee does not apply to Guests.)\$25

GRAND TOTAL (enter on previous page): \$ _____