

AMERICAN COLLEGE OF PHYSICIANS



FOSTERING EXCELLENCE IN INTERNAL MEDICINE

2010

---

CENTRAL AMERICA CHAPTER  
SCIENTIFIC MEETING

---

FEBRUARY 5–6, 2010

MIRAMAR INTERCONTINENTAL HOTEL

PANAMA CITY, PANAMA

---

UPDATE IN INTERNAL MEDICINE 2010

---

ACP<sup>SM</sup>

AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

# GOVERNOR'S LETTER

---

## Central America Chapter Meeting Highlights:

- How Medicine Could Adopt Some of Aviation's Best Safety Practices
- Update in Asthma
- Chest Imaging: Pattern Recognition for the Internist
- Interstitial™ Pulmonary Disease
- Doctor's Dilemma Trivia for Associates
- Hypertension, Heart Failure, and Stroke
- Sepsis and ARDS Management
- ACP Member's Dinner and Lecture

This educational activity has been designated for 9 CME credits.

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the Central America Chapter of the American College of Physicians, being held February 5–6, 2010, at the Miramar Intercontinental Hotel.

*This meeting is not just for ACP members.*

I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time. As a special offer, any nonmember who attends this meeting and applies for ACP membership will receive a dues discount on online-only membership. For more details, see “**A Special Offer for Nonmembers**” located in this promotion.

In addition to earning 9 CME credits, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.
- Take some time for yourself or with your family to relax and enjoy the sights around Panama City.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form at the back of this brochure and send it in today. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

I look forward to seeing you in Panama City.

Sincerely,

**Jose Rogelio Mendez, MD, FACP**  
ACP Governor, Central America Chapter

# PROGRAM SCHEDULE

---

## Update in Internal Medicine 2010

### Friday, February 5, 2010

- 7:00 a.m. Registration
- 8:00 Inauguration
- 8:30 Sepsis  
Franco D'Alessio, MD
- 9:10 Update in Asthma  
Steven Weinberger, MD,  
FACP
- 9:50 How Medicine Could Adopt Some  
of Aviation's Best Safety Practices  
Norman Wilder, MD,  
MACP
- 10:30 Coffee Break and Posters Visit
- 11:00 About ACP and Changes in  
Medicine  
Steven Weinberger, MD,  
FACP
- 11:40 Hypertension and Stroke  
Victor Urrutia, MD
- 12:20 p.m. Doctor's Dilemma™ Trivia for  
Residents (Associates)  
Giselle Rodriguez, MD,  
and Néstor Sosa, MD,  
FACP
- 1:30 Adjourn
- 3:00 Visit to the Panama Canal  
(for guest speakers)
- 7:30 ACP Member's Dinner and  
Lecture  
Marina Grand Salon,  
Hotel Miramar
- What I Wish They Had Taught Me  
as a Medical Student  
Norman Wilder, MD,  
MACP

### Saturday, February 6, 2010

- 7:00 a.m. Town Meeting, Salon Ocean View  
(ACP members only)
- 8:00 Chest Imaging: Pattern  
Recognition for the Internist  
Steven Weinberger, MD,  
FACP
- 8:40 Approach to the Patient with  
Interstitial Lung Disease  
Franco D'Alessio, MD
- 9:20 Sleep Disorders, Apnea, Etc.  
Norman Wilder, MD,  
MACP
- 10:00 Coffee Break and Posters Visit
- 10:30 Training Tomorrow's Internal  
Medicine Specialists  
Steven Weinberger, MD,  
FACP
- 11:10 ARDS  
Franco D'Alessio, MD
- 11:50 Heart Failure and Stroke  
Victor Urrutia, MD
- 12:30 Awards to Best Posters

# MEETING INFORMATION

## Faculty

**Franco D'Alessio, MD**, Instructor,  
Pulmonary and Critical Care Medicine  
Johns Hopkins University School of  
Medicine, Baltimore, MD

**Giselle M. Rodriguez, MD**,  
Internal Medicine Staff at Social  
Security Hospital

**Nestor Sosa, MD, FACP**, Director,  
Gorgas Memorial Laboratory

**Victor C. Urrutia, MD**, Assistant  
Professor of Neurology, Cerebrovascular  
Division, Department of Neurology,  
Johns Hopkins University,  
Baltimore, MD

**Norman J. Wilder, MD, MACP**,  
Chief Medical Officer, Alaska  
Regional Hospital, Anchorage, AK

**Steven Weinberger, MD, FACP**,  
Deputy Executive Vice President,  
Senior Vice President for Medical  
Education and Publishing, American  
College of Physicians, Philadelphia, PA

## Program Planning Committee

**Chair: Jose R. Mendez, MD, FACP**,  
Governor, Central America Chapter,  
ACP; University of Panama, Centro  
Medico Paitilla

**ACEL: Eric Ulloa, MD, FACP**,  
Social Security Hospital

**Viterbo Osorio, MD, FACP**,  
Geriatrician Staff at Social Security  
Hospital

**Giselle M. Rodriguez, MD**,  
Internal Medicine Staff at Social  
Security Hospital

**Nestor Sosa, MD, FACP**, Director,  
Gorgas Memorial Laboratory

**Luis Vasquez, MD, FACP**, Pulmonary  
and Critical Care at Paitilla Hospital



## Associates' Activities

Clinical vignettes and research papers prepared by Associates will be presented at the meeting. Winners will receive recognition, be eligible for entrance into the national competition held during Internal Medicine 2010, and receive paid travel expenses to attend.

## A Special Offer for Nonmembers!

ACP is excited to offer a dues discount on online-only membership to nonmembers who attend this meeting and apply for ACP Membership! Instead of the national rate of \$150, your 2009–2010 dues will be either \$52.50 or \$35, depending on your date of graduation from medical school. Your dues will be current through June 30, 2010.

If you are interested in this great offer, just pick up your membership application at the registration table during the meeting and return it to the Central America Chapter by February 17, 2010.

To learn more about the many benefits of ACP membership, please contact Jose Mendez, MD, FACP, the Central America Chapter Governor, at [jrmendez@cmpaitilla.net](mailto:jrmendez@cmpaitilla.net) or visit [www.acponline.org/benefits](http://www.acponline.org/benefits). We look forward to seeing you at the meeting!

If you are interested in becoming a member of the College, please contact the Customer Service Department at 800-523-1546, ext. 2600, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET).

Attendance at Chapter meetings can help all ACP members meet the qualifications for advancement to Fellowship. It is especially important for those applying under the pathway that calls for 5 years of activity as a Member.

# MEETING INFORMATION

---

## Who Should Attend

- General internists
- Residents (internists in training)
- Family practitioners
- Subspecialty internists
- Fellows in subspecialty training
- Allied health practitioners
- Medical students interested in internal medicine

## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Improve clinical practice by incorporating major new developments in asthma, congestive heart failure, hypertension, interpretation of chest X-rays, pulmonary infections and sepsis, stroke prevention and management, and quality improvement in the practice of medicine.
- Diagnose and manage asthma, congestive heart failure, hypertension, interpretation of chest X-rays, pulmonary infections and sepsis, stroke prevention and management, and quality improvement in the practice of medicine and medical education.

## CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this educational activity for a maximum of **9 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

# MEETING INFORMATION

---

## Hotel Accommodations

We have reserved a block of rooms at the following rates until **January 15, 2010**. When making your reservation, be sure to mention that you will be attending the ACP Central America Chapter meeting.

Single: \$190 USD

Double: \$230 USD

These rates are subject to a 10% tourism tax. Note: Rates are valid through February 1-15, 2010.

Net rates non-commissionable.

Miramar Intercontinental Hotel  
Miramar Plaza, Balboa Avenue  
Panama City, Panama

The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 507-206-8888**.

Additional benefits included in your corporate rate:

- Welcome cocktail
- Breakfast buffet in our Bayview Restaurant
- Use of our spa (aerobics room, sauna, jacuzzi)

## How to Register

- If you need more information on the meeting, please contact Mendez Amado Asociados (organizer) at 507-226-4334 or from U.S. 305-720-2299.
- For information on College-related issues, contact the Central America Chapter Governor, Jose Mendez, by telephone at 507-206-2594 or e-mail to [jrmendez@cmpaitilla.net](mailto:jrmendez@cmpaitilla.net).
- To register for the meeting, complete the attached registration form and return it with your check made payable to:

American College of Physicians  
Central America Chapter  
PO Box 0834-02249  
Panama, Panama

There is an additional \$20 fee for registering on site at the meeting—save money by registering now.

- To access our online meeting information or to print another registration form for a friend or colleague, go to [www.acponline.org/meetings/](http://www.acponline.org/meetings/) chapter.
- To take advantage of the reduced rate for hotel accommodations and to reserve your hotel room, call the hotel directly at the number listed above.

# REGISTRATION FORM

CMB

American College of Physicians  
Central America Chapter Scientific Meeting  
February 5–6, 2010

RM1046

This form may be photocopied.

ACP # (found on mailing label)

Name  MD  DO

Address

City/State/ZIP

Daytime Phone

Fax

E-Mail

- Please check here to indicate a permanent change to your preferred address for all College mailings.  
 Yes, I do wish to receive information from the meeting exhibitors.

## Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and a CME certificate.

### ACP Categories

	On-site	Prior to January 15, 2010
<input type="checkbox"/> Master <input type="checkbox"/> Fellow <input type="checkbox"/> Member	\$100	\$80
<input type="checkbox"/> Associate (Resident Members)	\$60	\$40
<input type="checkbox"/> Medical Student Member	\$50	\$30

### Nonmember Categories

<input type="checkbox"/> Nonmember Physician	\$100	\$80
<input type="checkbox"/> Nonmember Resident	\$60	\$40
<input type="checkbox"/> Nonmember Medical Student	\$50	\$30


## Payment

Deposit directly to HSBC account, **American College of Physicians**  
#0101174341, in Panama City, Panama

You can pay by credit card by e-mailing [ricardomolina@mendezamado.com](mailto:ricardomolina@mendezamado.com)  
with your name, card number, expiration date, and amount or by calling  
507-226-4334 (call 305-720-2299 from U.S.)

GRAND TOTAL \$ \_\_\_\_\_

**Questions? Please call Mendez, Amado Asociados at  
507-226-4334 or from U.S. 305-720-2299.**

  We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential in order for us to serve you better. Please notify the Central America Chapter at the above address in writing at least 30 days before your course. We'll be glad to help.



ACP<sup>SM</sup>

AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

190 N. Independence Mall West  
Philadelphia, PA 19106-1572

2010 Central America  
Chapter Scientific Meeting

February 5–6, 2010  
Miramar Intercontinental Hotel  
Panama City, Panama

CHS9056