



Governor's Notes

Syllabus on Disk: Printing a full syllabus for our Virginia Chapter Scientific Meeting is very expensive, the product is rather hard to carry, and the process is not environmentally friendly. We are thus entertaining the idea of reproducing the syllabus on disk. This would, of course, allow attendees to print out any parts they wished. The process is similar to that at the national meetings, at which attendees can print out only those specific handouts in which they are interested. We could provide hard copies of the entire syllabus to those (few) attendees who requested it and so indicated on the registration form. Please let me know what you think of this idea (mfr6t@virginia.edu).

Chapter Dues: You may have noticed that your dues statement from ACP looks a little different this year. The single payment now includes both National and Chapter dues. It is only through your direct financial support that we can deliver valuable programs and services to members of our Chapter. Your support helps us to offer our annual Virginia Chapter Scientific Meeting, at which prominent experts focus on timely clinical issues. This year, **Dr. David Dale**, President of the College, and **Mr. Robert Doherty**, Senior Vice-President for Governmental Affairs and Public Policy attended. They presented addresses on the activities of the College and answered questions from the Chapter membership on a wide range of issues related to the future of Internal Medicine and how ACP is representing your best interests. Your contribution also enables us to offer mentoring programs for medical students and our state Associates' Day research and clinical vignette competitions. Additionally, your dues support our advocacy efforts with state legislators on local issues and enable our Chapter members to participate in Leadership Day on Capitol Hill, so that your voice is heard in Washington. Unpaid volunteer leaders in our Chapter coordinate many of these activities. However, Chapter staff support is critical to help manage the day-to-day operation of the Chapter, special activities, and Chapter meetings. Your Chapter dues help support the cost of our staff, as well as funding for new and existing Chapter initiatives. When you pay your annual dues, you contribute to both the national and local success of ACP. Our annual Chapter dues are set at \$60. Across the country, Chapter dues rates range from \$10 to \$90, and the national average is reported at \$44.

We can be very proud of our Chapter. Please read on.

CHAPTER ACTIVITIES

Chapter wins Excellence Award: The Virginia Chapter has once again received a Chapter Excellence Award, which is presented on the basis of "*outstanding efforts and activities at the local level.*" The Chapters Subcommittee used the data from our Chapter's annual report to determine that we met various criteria for managing a Chapter and conducted additional activities. Credit for achieving this recognition goes, of course, to **Ann Tennett**, our outstanding Executive Director. Well done, Ann. **Dr. David Dale**, President of the College, presented the award at our Virginia Scientific Meeting.

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Chapter wins Evergreen Award: The Evergreen Award is presented annually in recognition of outstanding efforts and activities at the local level. The Evergreen Program provides visibility and recognition to those chapters that have been successful in implementing programs that increase membership, improve communication, increase member involvement, enhance diversity, foster careers in internal medicine, and improve management of the chapter.

Dr. Mitchell H. Rosner, FACP initiated this Virginia program in 2006. Dr. Rosner is currently the faculty advisor for Club Med at the University of Virginia and a member of the Chapter Governor's Council. The student group was interested in a medical volunteer program and Dr. Rosner, a nephrologist with an interest in the prevention and early detection of chronic kidney disease, developed a program whereby employees of the University of Virginia Health System as well as the general population could be screened by checking blood pressure, urinalysis, and microalbuminuria. Student volunteers from Club Med were recruited and then trained in the proper techniques of obtaining blood pressure, a screening history form was developed, and students learned how to interpret urinalyses. Flyers and advertisements (via signs and emails) were sent to the University as well as the community to notify people of the screening clinic. Screening clinics are held every 6 months in the Nephrology Clinic at the University. Clinic rooms are used for the screening history and blood pressure measurement. Each patient is given his or her blood pressure reading and a form with recommendations for lifestyle changes. The students obtain urinalyses and also provide patients with results. In the case of abnormal results, they offer consultation with a nephrologist on-site and also provide feedback to the patient's primary care doctor. Educational materials on chronic kidney disease are also provided. Well done, Dr. Rosner!

Virginia Chapter Scientific Meeting well received: The Virginia Chapter Scientific Meeting was held in Williamsburg, March 7-8. The overall evaluation by attendees yielded a fine score of 4.5 on a five-point scale. Well done **Dr. Glenn Jones** and the Program Committee! This was an excellent meeting, which offered 15.5 hours of category 1 CME credits. The meeting also provided the opportunity to meet and question national representatives of the College, attend special sessions on advancement to fellowship and recertification, and see colleagues from across the State. Next year's meeting will take place on March 27-28 at the Ritz-Carlton in Tysons Corner. The Program Committee, chaired by **Craig Cheifetz, MD, FACP**, promises a relevant, informative, up-to-the-minute, and entertaining program. **You will receive further information about the program, but why not mark your calendar now?**

Chapter well represented at Leadership Day: Leadership Day was held on May 13-14, in conjunction with *Internal Medicine 2008*. This is an annual event during which members of the College meet with their congressional representatives. Leadership Day has a record of successfully improving the status of primary care and educating the nation's legislators regarding health care policy. The Chapter provided mileage and lodging. Under the stewardship of **William Fox, MD, FACP**, Chair of our Health and Public Policy Committee, 19 members of the Chapter attending met with every Virginia Congressman and Senator or their staffs. This was a first for the Virginia Delegation. Attendees included: **Patrick Baroco, MD, George Brengel, MD, FACP, Zachary Bush, MD, James W. Campbell, DO, Sarah Corley, MD, FACP, John Daniel, MD, FACP, William Fox, MD, FACP, Jeffrey Harris, MD, FACP, Steven Kator, MD, D. Downs Little, MD, Thomas McCabe, MD FACP, Jeffrey Neal, MD, Bradford Pontz, MD, Michael Rein, MD, FACP, Amy Shah, MD, Neil Sullivan, MD, FACP, Chalapathy Venkatesan, MD, FACP, Joseph Verdirame, MD, FACP, and David Winchester, MD.** Leadership Day is an important event and includes a good deal on instruction on interacting with our leaders. Please consider attending next year. Our sincere thanks go to **William Fox, MD, FACP** and **Ann Tennett**, our Executive Director, who organized the many details.

The Virginia Chapter was well represented at all levels at *Internal Medicine 2008*, the annual meeting of the College:

Chapter members presented at many sessions.

David E. Archer, MD, Professor of Obstetrics and Gynecology at Eastern Virginia School of Medicine, presented a Meet The Professor Session on management of endometrial bleeding.

John N. Clore, MD, FACP, Professor of Medicine at Virginia Commonwealth University, School of

Medicine, copresented a Multiple Small Feedings of The Mind on diabetes and insulin resistance, psychiatry, and treatment of menopausal symptoms.

Sarah Corley, MD, FACP, Immediate Past Chapter Governor, presented a Meet the Professor Session on tips, tricks, and best practices for maximizing the use of your electronic medical record

Wendy S. Klein, MD, FACP, Associate Professor of Medicine and Obstetrics/Gynecology at Virginia Commonwealth University, presented a Meet the Professor Session on treatment options for menopausal symptoms and participated in the update on Women's Health.

Edward C. Oldfield III, MD, FACP, MC, USN, Professor of Medicine and Microbiology and Molecular Cell Biology at Eastern Virginia School of Medicine, presented Meet the Professor Sessions on *Clostridium difficile*-associated disease: the new epidemic.

Richard P. Wenzel, MD, MSc, MACP, Professor and Chairman, Department of Internal Medicine, Virginia Commonwealth University, School of Medicine, presented Meet the Professor Sessions on antimicrobials: what the internist needs to know; and a Lunch with the Professor on nosocomial infections.

Jason Franasiak, Student Member, University of Virginia School of Medicine, participated in a panel on: 50 million uninsured: what can a doctor do?

Chapter Associates presented numerous high-quality posters in the competition at Internal Medicine 2008. These posters are selected for presentation through a rigorous, competitive screening process. Well done, Associates! And well done mentors and Program Directors.

Bechamps M, Rijhwani S: Kidneys don't like drowning either

Chong K: Interaction between amiodarone and implantable cardioverter defibrillators

Collins A: The adult patient with congenital heart disease: How to treat a broken heart

Davis D, Manser T: Fat that leaves you breathless

DeLeon D, Wiid M: Paraneoplastic limbic encephalitis

Freeman D, McDowell C: Movers and shakers: DKA electrolyte imbalances

Freeman D, Morris D, Chen I: *Cryptococcus neoformans*: an equal opportunity infector

Gelwix C, Herlihy A: Variant angina refractory to treatment - a rare occurrence

Majethia S, Manser T: "Pissing (in the) wind" - Crohn's Disease presenting as pneumaturia and enterovesicular fistula

Miranda-Gonzalez C, Manser T: Venting the spleen: Splenosis presenting as a solitary pulmonary nodule

Sharifan A, Bhasin M, Parker J, Woollett I, Amaker B: Early detection of cardiac sarcoidosis using MRI

Lo S, Taylor L: An under-recognized reversible syndrome in women: Hashimoto's encephalopathy

Patton-Tackett E, Cuevas F: Epidermal growth factor receptor gene mutation - a case report of non-small cell lung cancer

Ahmad M, Khitan Z: Proliferative glomerulonephritis secondary to monoclonal IgA deposits: Case report and literature review

And, also through a rigorous selection process from among 225 submissions, three Virginia Student Members were chosen to present at the national meeting:

Erik K. Lappinen, of the Eastern Virginia Medical School, presented a clinical vignette entitled: Rare tumor from embryological-tissue remnant.

Douglas W. Talk, of the Eastern Virginia Medical School, presented a clinical research poster entitled: Effect of The Childrens' Hospital of the King's Daughters Healthy Youth Program on improving child and parent/guardian health knowledge and behaviors.

Cheryl K. Conner, of the Eastern Virginia Medical School, Norfolk, VA, presented a research poster entitled: The efficacy of tenofovir plus emtricitabine or lamivudine-containing regimens in HIV-infected patients

with a preexisting M184v reverse transcriptase mutation.

Ms. Connor was a Student Research Poster Winner! Congratulations to Ms. Connor and her colleagues, to Mr. Talk and Mr. Lappinen, and to their mentors at EVMS, which has done a great job of fostering student research.

ADVANCEMENT TO FELLOWSHIP

Congratulations to the following members, who advanced to Fellowship during Convocation at Internal Medicine 2008:

Olakunie O. Abisuga, Woodbridge, VA.

Nabil S. Andrawis, Burke, VA.

Olayiwola B. Ayodeji, Poquoson, VA.

Mizra K. Baig, Emporia, VA.

Seki A. Balogun, Charlottesville, VA.

William A. Blackman, Lynchburg, VA.

Ravi K. Bobba, Roanoke, VA.

George R. Brengel, Richmond, VA.

Sarfraz A. Choudhary, Springfield, VA.

Andrew M. Fekete, Norfolk, VA.

Marc I. Gaines, Virginia Beach, VA.

Hassan K. Honainy, Lexington, VA.

Gopinath R. Jadhav, Richmond, VA.

Arif A. Khan, Radford, VA.

Theodore T. Kim, Chantilly, VA.

Thomas J. Mancini, Leesburg, VA.

Thomas J. Martin, Roanoke, VA.

Leovigil D. Pambid, South Boston, VA.

John C. Paschold, Williamsburg, VA.

Geetha Pallai, Ashburn, VA.

Bruce B. Struminger, Dulles, VA.

Fessehaie Tekle, Yorktown, VA.

AMERICAN COLLEGE OF PHYSICIANS MENTORING PROGRAM

Our online mentoring program was developed to provide ACP's student and young physician members with an opportunity to receive personal and professional guidance from experienced College members and leaders. We are striving for a mentor list that is representative of the wide array of practice settings, professional situations, and personal diversity that is found within internal medicine. For that reason we are continually recruiting new mentors who are clerkship directors, program directors, and Chairs of Medicine, as well as those who are practicing internists from around the world.

We urge you to help us make the ACP Mentoring database a service that will be valued and used by our younger members. If you are not currently a Mentor, please join...ask your chapter members to join the 300 mentors currently signed-up too! This is an easy opportunity for members in your chapter to volunteer. Information and sign-up forms can be found at <http://www.acponline.org/srf/newmentors.htm>. If you have any questions or suggestions for the program, please contact **Tracey Henry** at (800) 523-1546 (ext 2727).

THE DOCTORS COMPANY REWARDS MEMBERS WITH 2008 DIVIDEND

The Doctors Company, the nation's leading medical malpractice carrier, recently announced a premium dividend to reward insured physicians in the ACP-sponsored Professional Liability Insurance Program. For additional dividend details and qualification information please visit www.thedoctors.com/2008dividend.

Members of ACP who participate in the program will receive a dividend of 5% of premium in addition to their extensive program benefits. Dividend distributions will appear as credits against current premiums effective with renewals beginning July 1, 2008.

The ACP-sponsored Program offers these, as well as other benefits to College members: a 5% program discount upon underwriting approval, a 5% premium credit for completing Maintenance of Certification (MOC) in internal medicine or a subspecialty, inclusion in the Tribute® Plan, a unique financial benefit program that rewards physicians for their commitment to superior patient care, and the financial backing of a highly-rated insurer with over \$2.6 billion in assets, and aggressive claims defense.

According to **John Tooker**, MD, MBA, FACP, ACP's Executive Vice President and CEO, "ACP selected The Doctors Company as its sponsored professional liability insurance company in January 2001 after a comprehensive review of underwriters specializing in medial liability insurance. Clearly, The Doctors Company offered the best combination of financial strength, coverage features, competitive premium rates, exclusive premium discounts and aggressive claims handling of any other insurer."

For additional information regarding professional liability insurance provided by The Doctors Company exclusively to ACP members, please contact The Doctors Company at (800) 352-0320 or TDCSales@thedoctors.com. The ACP-sponsored Program is available in most states.

Participate in ACP's Recruit-a-Colleague Program

The American College of Physicians and the Louisiana Chapter encourages its 124,000 members to help strengthen the voice of internal medicine by recommending ACP Membership to colleagues. By becoming ACP Members, your colleagues will enrich their clinical knowledge and skills and have access to the wide variety of professional assistance that you enjoy as part of your membership.

To thank you for your dedication to our organization, ACP offers dues incentives to members who recruit new Members through the Recruit-a-Colleague program. In addition, successful recruiters are entered to win a trip to Internal Medicine 2009 in Philadelphia, PA, that includes registration, airfare (up to \$500), and hotel accommodations.

To learn more about the Recruit-a-Colleague program, please visit www.acponline.org/recruitacolleague.