

July 2008

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Atlantic Provinces

The Atlantic Provinces Chapter had its annual meeting May 23-25, 2008 at the Westin Hotel in Halifax, in association with the Canadian Society of Internal Medicine. By all accounts, this was a successful meeting, with registration of approximately 50 people. We were honored to have **Dr. David Dale**, the immediate Past-President of the American College of Physicians, as our International Speaker. Dr. Dale spoke on the "*Distributed medical education model*." He played a prominent role in the development of the University of Washington program in the Northwest United States, which educates medical students and post-graduate physicians in 5 Northwestern states. As the University of New Brunswick establishes its own model of distributed

medical education based at the Saint John campus, this was a very timely presentation with a lively discussion. **Susan Koger** of the ACP National Office in Philadelphia, ably manned the ACP booth at the meeting, highlighting our ACP educational materials.



Drs. Schlech and Dale with the Chapter Laureate winner, Dr. Mahesh Raju.

The Chapter Laureate Award for 2008 was presented to **Dr. Mahesh Raju, FACP, FRCPC**, in recognition of his seminal work in promoting the dual interests of the CSIM and ACP in our region, which has allowed both organizations to combine resources to present an excellent combined annual meeting. The ACP Resident Research Award was presented to

Dr. Julie Price.

The ACP Board of Governors meeting took place at Internal Medicine 2008 in Washington, D.C. the week prior to our regional meeting. At the Canadian Governors' breakfast meeting, a number of issues were discussed, including combined regional meetings with CSIM, the importance of Canadian input and expertise for the Toronto 2010 ACP meeting, the possibility of having an Executive Director for the Canadian chapters, discussion of potential joint dues structures, and, the most exciting development, a proposal to have an ACP International Council within the ACP organizational structure with strong Canadian input. Currently, the inter-

national activities are monitored by the International Subcommittee of the Membership Committee. The International Council will allow direct input of international issues at the highest level of ACP leadership, and the Canadian Governors hope that this will keep our Canadian issues in the forefront of ACP decision making. The Governors also discussed the appointment of a new Canadian representative on the Council of Student Members, and CVs are currently being collected for review. The Canadian Governors thank **Dr. Umjeet Jolly** of University of Manitoba for his active term as the first Canadian representative on this important council.

Although my term as Governor of the Atlantic Provinces seems to have barely started, it is time to begin thinking about the next Governor for the Atlantic Provinces Chapter. **Dr. Ross Langley**, MACP, has kindly agreed to chair the Nominations Committee, and we look forward to an election in the next year. Planning is also going ahead for the 2009 Atlantic Regional Meeting in the spring of 2009 in either New Brunswick or Prince Edward Island. We look forward to seeing as many members as possible attend.

Walter F. Schlech III, MD, FACP

Governor, Atlantic Provinces

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British Columbia

The annual ACP meeting took place in May 08 in Washington, DC. It was a very successful meeting, with lots of excellent educational sessions for all of us who managed to attend.

The International Governors, including the Canadian Governors, participated in a planning session, the purpose of which was to provide input to ACP's initiative that would make our voice better heard at the Board of Regents of the College. The session was well attended by the Canadian Governors and it emphasized the continuous efforts of the leadership at ACP to make the membership more meaningful to all of us. Although I can't give you all the details, as they are still being worked out, you would be pleased to learn that substantial progress has been made at the meeting.

Thanks to the support of the UBC Faculty of Medicine and particularly the Department of Medicine, BC has one of the highest numbers of Associates, and these are trainees in our Internal Medicine Programs and Subspecialty Programs. Their participation is much appreciated, and they benefit from being Associates with reduction in registration fees to meetings, journals and other publications by the College. Sad to say, BC has relatively fewer Members and Fellows, and we have only one Master on our roster.

A small group of us has been working on the membership drive, which we hope to launch sometime in the near future. In the interim, please let me know some of the reasons why you would or would not recommend your colleagues to become Members or Fellows of the ACP. If you are uncertain whether or not your colleagues would qualify for Membership or Fellowship, please contact me. Any comments from you are much appreciated.

The Rocky Mountain Conference is again on in the fall, and the dates are November 13, 14 & 15th, 2008. This is our regional meeting, and we hope to see as many of you there as possible. Your strong support is much appreciated.

S.F. Paul Man, MD, FACP

Governor, British Columbia

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Manitoba/Saskatchewan

Hello to all Saskatchewan - Manitoba ACP members and Fellows! As I settle into the role of Governor for Manitoba and Saskatchewan, I would like to thank all those who have sent their congratulations and best wishes! I have big shoes to fill in taking over from past governors, **Dr. Morris** and previously, **Dr. Fenton**. We are a large area with a small and widely dispersed membership.

This creates many challenges for us in terms of developing a local chapter identity, and functioning as a cohesive chapter. I would be very happy to hear from members at any time on issues of interest or concern, and in particular to hear of any ways we can better serve the needs of members and encourage more students, residents and internists to become members. I would encourage all members to think about whom among your colleagues, or colleagues to be, might be encouraged to apply for membership. A word of encouragement from you will go a long way to helping us increase membership and I would be delighted to make a personal contact with any potential members. Please forward suggestions of any potential member to me.

Please feel free to contact me by snail mail (Division of Infectious Diseases, Royal University Hospital, 103 Hospital Drive, Saskatoon, S7T 0W8), e mail k.mcclean@usask.ca or phone (306-655-1777) with suggestions, comments etc. I look forward to hearing from you and serving you over the next 4 years.

Karen McClean, MD, FACP

Governor, Manitoba/Saskatchewan

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Ontario

Our February Ontario Chapter Annual Scientific meeting was a great success. Over one hundred persons attended. A combination of presentations ranged from the comparison of health care systems presented by **Robert Doherty** from ACP headquarters, Ontario's response to changing health care issues given by **Dr. Michael Thoburn**, Measuring Quality in Health Care delivery given by

Dr. Wendy Levinson, and clinical sessions on Vit D by **Dr. Ross Morton** from Queens, Aliskiren given by **Dr. Richard Gilbert** of University of Toronto, and Dementia by **Dr. Micheline Gagnon** from McMaster. We had speakers from all the Medical Schools in Ontario with the exception of the Northern Medical School.

This year we reintroduced the resident's poster competition, with **Dr. Venu Tadiboyina** from University of Western Ontario winning in the research category with a poster looking at "*Predictive Value of Asymptomatic Elevated Troponins in Renal Failure*," and **Dr. Michael Sey** from University of Western Ontario winning the Clinical Vignette section with a poster on "*Unusual Case of Hematuria*." Both authors were eligible to present at the Internal Medicine 2008 meeting in Washington in May. Dr. Sey was able to attend that meeting and present his poster, and I was proud to see him there. We had several posters from as far away as Florida at our meeting. I hope to see more next year, so please encourage your residents and students to participate.

We also had a Thieves' Market competition. The first case was won by **Dr. Ganraj Kumar**, formerly of Owen Sound and now of Toronto. He will be eligible to present a case at next year's meeting. Our second winner was **Joseph Stubbs**, MD, FACP. Dr. Stubbs, a Regent of ACP, attended as our College representative. Dr. Stubbs will be the President of the College at the Internal Medicine 2010 meeting in Toronto. I hope you all plan to attend. This year's meeting in Washington was excellent.

Next year our meeting will again be held in Toronto on the weekend of Feb 21-22. Please save the date. I will soon be meeting with volunteers from the 2008 meeting and the program will be developed.

I had posted a survey on the Ontario chapter website but did not receive any response. Please watch the website for a repeat survey and plan to respond.

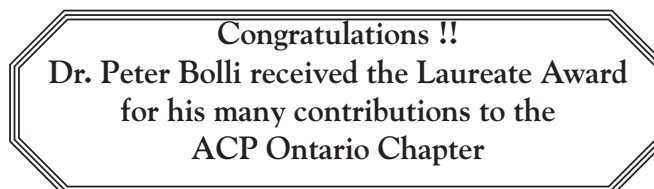
Several ACP members have advanced to Fellowship this past year. I was pleased to see **Drs. Nicholas Argent, Rashida Haq and Tonino Mazzulli** participate in the Convocation. Congratulations also to **Drs. Khalid Azzam, E Anne Braun, Patricia Chan, Wm Coke, John Crawford, Azim Gangji, Daniel Klass, Mathew Morgan, Bharat Nathoo, Sherryn Roth, Robert Silver, Chris Smith, Osman Tarabain, Robert Ting, Shailendra Verma, Jennie Wells, and Charles Weijer** who all recently advanced to Fellowship and were eligible to attend Convocation. I hope to see you next year at the Convocation ceremony.

We are still looking for additions the Ontario Chapter council. I apologize for being slow at getting this constituted. I now have several excellent members but we can always use more. Please email me your interest.

Janet M. Roscoe, MD, FRCP, FACP

Governor, Ontario Chapter

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Upcoming Western Provinces Meeting

Consider attending the Rocky Mountain/ACP Internal Medicine Meeting that will be held November 13-15, 2008 at the Banff Park Lodge in Banff, Alberta, which is jointly sponsored by the ACP Alberta, British Columbia, and Manitoba/Saskatchewan Chapters along with Rocky Mountain General Internal Medicine. This popular and interesting meeting boasts a number of state-of-the-art presentations, along with workshops and short snappers. Also included are resident research paper presentations, as well as the fun and popular Medical Jeopardy for residents. For information, please contact **Doris Herman** at rmacpgim@ucalgary.ca or visit www.ucalgary.ca/gim/rmc.html.

CONGRATULATIONS TO OUR NEW FELLOWS!

Peter G. Hamilton, MBBCh, FACP, Edmonton, Alberta
Hector M. Baillie, MBCh,B, FACP, British Columbia
William J. Coke, MD, CM, FACP, Toronto, Ontario
Bharat C. Nathoo, MBChB, FACP, Unionville, Ontario
Robert H. Ting, MD, FACP, Scarborough, Ontario

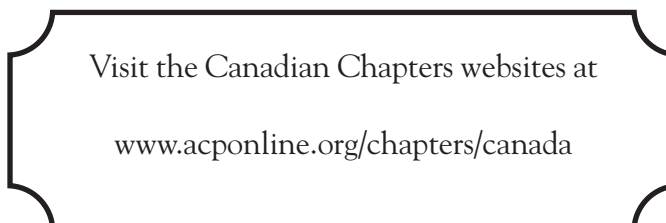
Ronald B. Hons, MD, FACP, Calgary, Alberta
Blair E. Hrabarchuk, MD, FACP, Dauphin,
Manitoba/Saskatchewan
Christopher A. Smith, MBBS, FACP, Kingston,
Ontario

WELCOME TO OUR NEWLY ELECTED MEMBERS

(as of 06/01/08)

Paul B. Charlebois, MD, Halifax, Atlantic Provinces
Reem Mohammad, MD, Toronto, Ontario
Luc B. Dansereau, MD, Quebec

Farid Boutros, MBBCh, Toronto, Ontario
Dylan R. Pillai, MD, PhD, Toronto, Ontario
Lucie Opatrny, MD, CM, Outremont, Quebec



Recruit-a-Colleague Program

The need for a strong voice to speak on behalf of medicine and, in particular, internal medicine has never been greater than it is today. It is critically important that we unify to address the specific needs of our medical specialty and its subspecialties. There are advocacy efforts to champion, practice management issues to simplify, and a time-honored profession to foster.

The American College of Physicians and the Canadian Chapters encourage its members to help strengthen the voice of internal medicine by recommending ACP Membership to colleagues. And to thank you for your dedication to our organization, ACP established the Recruit-a-Colleague program that offers dues incentives to members who recruit new members. Not only would you be working toward the revitalization of internal medicine, but you also could have your national annual dues paid in full. In addition, successful recruiters are entered to win an expense-paid trip to Internal Medicine 2009, ACP's annual scientific meeting, that includes registration, airfare, and hotel accommodations.

To learn more about the Recruit-a-Colleague program, please visit http://www.acponline.org/acp_news/misc/recruit_colleague.htm.

College Launches Leadership Program

The College has launched a new leadership development program that will unroll over the next three years. The Leadership Enhancement and Development (LEAD) program is designed to help young Fellows in particular cultivate leadership skills they can use in any setting.

The first elements of the program are now in place. The CME portion was available at IM 2008, and a pre-course entitled Essential Competencies for the Emerging Leader was offered there. Several other courses focused on leadership skills such as negotiating, managing change, making presentations, and serving in the government.

A second component, online mentoring, is also underway. Experienced leaders are available in the LEAD discussion group to explore a variety of leadership challenges with members. The "challenges" will be announced every two weeks in the ACP Internist Weekly. Go to http://www.acponline.org/education_recertification/resources/leadership_development/challenges/ to join the discussion now.

Another component of the program is chapter involvement. Find out how you can take an active roll in local chapter activities by calling your Governor to discuss the Five Pathways to Leadership Development at the Chapter Level, available at http://www.acponline.org/education_recertification/resources/leadership_development/chapter_activities/.

Those who meet five out of seven criteria within any three-year time period will be eligible for a LEAD Certificate of Completion (http://www.acponline.org/education_recertification/resources/leadership_development/certificate/).

An overview of the whole program can be found at http://www.acponline.org/education_recertification/resources/leadership_development/.

Free Educational Resources

Are you aware that, as a member of ACP, you have access to some helpful resources for your patients? Patient education brochures about diabetes, peripheral artery disease, heartburn, heart failure, and triglycerides are available free to ACP members. The 8 1/2" X 11" brochures are designed to clearly explain diseases, treatment options, and management details to patients. You can learn more and order them online at http://www.acponline.org/products_services/patient_education/.

ACP members can also order free videos and guidebooks designed to help educate patients about a variety of conditions, including Alzheimer's disease, insomnia, GERD, migraines, and COPD. Each topic is covered extensively in a DVD and guidebook with information from physicians to help patients understand the causes, risk factors, and treatment options of each disease. The videos are free to ACP members (a small shipping fee applies). Visit http://www.acponline.org/products_services/patient_education/pated_videos.htm for all the details.