

Instructions

The purpose of this form is to provide readers of your manuscript with information about your other interests that could influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in six parts.

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Relevant financial activities outside the submitted work.

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Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

Relationships not covered above.

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Other: Anything not covered under the previous three boxes

Pending: The patent has been filed but not issued **Issued:** The patent has been issued by the agency

Licensed: The patent has been licensed to an entity, whether earning royalties or not

Royalties: Funds are coming in to you or your institution due to your

patent

Sadeghirad 1



Section 1. Identifying Inform	nation								
1. Given Name (First Name) Behnam	2. Surname (Last Name) Sadeghirad		3. Date 12-October-2016						
4. Are you the corresponding author?	Yes ✓ No	Corresponding Auth Bradley C. Johnsto							
5. Manuscript Title The scientific basis of recommendations on sugar intake from authoritative health organizations: A systematic review of public health guidelines									
6. Manuscript Identifying Number (if you kr	now it)								
Section 2. The Work Under Co	onsideration for Public	cation							
Did you or your institution at any time receiving aspect of the submitted work (including statistical analysis, etc.)?			ent, commercial, private foundation, etc.) for tudy design, manuscript preparation,						
Are there any relevant conflicts of interest			:						
Excess rows can be removed by pressing		e more than one ent	ity press the "ADD" button to add a row.						
Name of Institution/Company	Grant	n-Financial Other?	Comments						
nternational Life Sciences Institute (ILSI)	✓		graduate student for which the ILSI grant was used to pay a portion of 2015 stipend						
Section 3. Relevant financial	activities outside the s	submitted work.							
Place a check in the appropriate boxes i of compensation) with entities as descri clicking the "Add +" box. You should rep	bed in the instructions. Us	se one line for each e	ntity; add as many lines as you need by						
Are there any relevant conflicts of interest	est? Yes No								
Section 4. Intellectual Proper	ty Patents & Copyri <u>c</u>	jhts							
Do you have any patents, whether plan	ned, pending or issued, br	oadly relevant to the	work? ☐ Yes ✓ No						

Sadeghirad 2



Section 5. Relationships not covered above
Relationships not covered above
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Service 6
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Dr. Sadeghirad reports grants from International Life Sciences Institute (ILSI), during the conduct of the study; .

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Sadeghirad 3



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Royalties: Funds are coming in to you or your institution due to your patent



Section 1.	Identifying Inforn	nation								
1. Given Name (Fi Joanne	rst Name)	2. Surname Slavin	(Last Nam	ne)		3. Date 22-December-2016				
					Corresponding Author's Name Bradley Johnston					
5. Manuscript Title The scientific basis of guidance recommendations on sugars intake: A systematic review										
6. Manuscript Ide	6. Manuscript Identifying Number (if you know it)									
Section 2.	The Work Under C	onsideratio	n for Pu	ıblication						
	ubmitted work (including					ent, commercial, private foundation, etc.) for udy design, manuscript preparation,				
	evant conflicts of inter	est? ✓ Yes	;	No						
	out the appropriate info be removed by pressin			ı have more thar	one enti	ity press the "ADD" button to add a row.				
Name of Institut	ion/Company	Grant	ersonal Fees	Non-Financial Support?	Other?	Comments				
LSI- NA		√				ILSI - NA				
Section 3.	Relevant financial	activities o	utside t	he submitted	work.					
Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were present during the 36 months prior to publication .										
Are there any relevant conflicts of interest?										
9 00, p. 0000	очение арргориалени									
Name of Entity		Grant'	ersonal Fees	Non-Financial Support?	Other?	Comments				
Minnesota Beef Cour	ncil	√				satiety				
MN Wild Rice Counci	I	✓				literature review				
Barilla		✓				satiety				



Name of Entity	Grant?	Personal Fees?	Non-Financial Support?	Other?	Comments
GSK	✓				fiber fermentation
American Pulse Association	✓				satiety
The Mushroom Council	✓				gut health
Welch's	✓				FODMAP
Pepsico	✓				oatmeal and digestive health
Nestle Health Sciences	✓				FODMAP
DSM	✓				gut health

Section 4.	Intellectual Property Patents & Copyrights				
	_				
Do you have any patents, whether planned, pending or issued, broadly relevant to the work? Yes Vo					



Section 5.	Relationships not covered above
	itciationsinps not coreica above

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✓	Yes, the following relationships/conditions/circumstances are present (explain below):
	No other relationships/conditions/circumstances that present a potential conflict of interest

Competing interests:

Dr. Slavin served on the 2010 Dietary Guidelines for Americans Advisory Committee (DGAC) where she chaired the carbohydrate committee that reviewed the relationships between added sugar intake and health outcomes. The results of that review were published in the 2010 DGACs, in Nutrition Reviews (Slavin J. Beverages and body weight: challenges in the evidence-based review process of the Carbohydrate Subcommittee from the 2010 Dietary Guidelines Advisory Committee. Nutr Rev.2012; 70(Suppl.2):S111-S120. She has presented widely on her work as chair of the carbohydrate and protein committees for the 2010 DGAC.

Most of her research is in the areas of dietary fiber and gut health. As a dietitian, she is interested in dietary patterns and whole foods. Her research funding in the area of dietary sugars is summarized below.

She received a grant from ILSI-NA Carbohydrate Committee in 2010 to examine sugar recommendations. That work was published in 2012 (Hess J, Latulippe ME, Ayob K, Slavin J. The confusing world of dietary sugars: definitions, intakes food sources and international dietary recommendations. Food Funct 2012;3:477-486). One of the co-authors of that paper was an employee of ILSI.-NA at the time. That information is disclosed in the paper.

Dr. Slavin and the University of Minnesota received the grant from ILSI – NA to support the current project.

Dr. Slavin speaks widely on a wide range of human nutrition topics. Listed below are some talks on the topic of interest in this paper.

Fluid consumption: caloric contribution to weight gain/loss and health: factors that influence satiety, Second International Conference on hydration and Health, Sponsored by the ILSI North America Committee on Hydration, November 2011 The confusing world of dietary sugars: views from the 2010 Dietary Guidelines Scientific Advisory Committee, 2012 Nutrition News Forecast, Academy of Nutrition and Dietetics, April 2012

Food is not a talisman: Reflections on the science and practice of Nutrition, WO Atwater lecture at Experimental Biology, April 2015

For full financial disclosure: ILSI meetings do not pay speakers; other scientific meetings also typically do not pay speakers if you are a member of that society

Slavin serves on the scientific advisory board for Tate and Lyle, Kerry Ingredients, Atkins Nutritionals, and Midwest Dairy Association. She also owns a 1/3 share of the Slavin Sisters Farm LLC, a 119 acre farm in Walworth, WI that is currently rented. Crops in 2016 included corn, soybeans, and pumpkins.

At the time of manuscript acceptance, journals will ask authors to confirm and, if necessary, update their disclosure statements. On occasion, journals may ask authors to disclose further information about reported relationships.



Section 6.

Disclosure Statement

Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.

Dr. Slavin reports grants from ILSI- NA, during the conduct of the study; grants from Minnesota Beef Council, grants from MN Wild Rice Council, grants from Barilla, grants from GSK, grants from American Pulse Association, grants from The Mushroom Council, grants from Welch's, grants from Pepsico, grants from Nestle Health Sciences, grants from DSM, outside the submitted work; and Competing interests:

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Lytvyn 1



Section 1.	Identifying Inform	ation					
1. Given Name (Fi	rst Name)	2. Surnam Lytvyn	3. Date 08-October-2016				
4. Are you the cor	responding author?	Yes	✓ No	Corresponding Author's Name			
5. Manuscript Title The scientific basis of recommendations on sugar intake from authoritative health organizations: A systematic review of public health guidelines							
6. Manuscript Ider	ntifying Number (if you kr	ow it)					
Section 2.	The Work Under Co	onsiderati	on for Public	ation			
Did you or your institution at any time receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)? Are there any relevant conflicts of interest? Yes V							
Section 3.							
Section 5.	Relevant financial	activities (outside the s	ıbmitted work.			
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Section 4.							
Section 4.	Intellectual Proper	ty Pater	nts & Copyrig	hts			
Do you have any	patents, whether plan	ned, pendin	g or issued, bro	adly relevant to the work?	Yes 🗸 No		

Lytvyn 2



Section 5. Relationships not covered above
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Dr. Lytvyn has nothing to disclose.

Evaluation and Feedback

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Lytvyn 3



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Johnston 1



Section 1.										
Jeeu on 1.	Identifying Information									
1. Given Name (Fi Bradley	rst Name)	2. Surname (L Johnston	3. Date 04-November-2016							
4. Are you the cor	responding author?	✓ Yes	No							
	5. Manuscript Title The scientific basis of guideline recommendations on sugar intake. A systematic review									
6. Manuscript Ide M16-2020	ntifying Number (if you kno	ow it)								
Section 2										
Section 2.	The Work Under Co	nsideration	for P	ublication						
Did you or your institution at any time receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)? Are there any relevant conflicts of interest? Yes No If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.										
Name of Institut	tion/Company	Grant•	sonal es?	Non-Financial Support?	Other?	Comments				
nternational Life Scio	ences Institute (ILSI) -	V			V	Funds from the budget from the ILSI - North America were used towards salary support. BCJ also received funds from ILSI to travel to the annual ILSI conference in St. Petersburg, Florida (January 2016) to present study findings. Although ILSI funded the study, the authors wrote the protocol and conducted the study independently.				
Section 2										
Section 3.	Relevant financial a	ctivities ou	tside 1	he submitted	work.					
of compensation clicking the "Add Are there any rel	n) with entities as describ	oed in the inst ort relationshi st? ✓ Yes	ructior ps that	is. Use one line fo	or each er	rial relationships (regardless of amount ntity; add as many lines as you need by a 36 months prior to publication.				

Johnston 2



Name of Entity Grant? Personal Fees? Non-Financial Support? Comments							
Over the last five years BCJ has held grants from BioK+ (a probiotic manufacturer) and Genzyme Inc (a manufacturer of enzyme replacement therapy for patients with rare lysosomal storage diseases), and joint grant funded by Nestle and MITACS Accelerate (a provincially and federally supported not-forprofit organization that works with Canadian universities and companies to build partnerships that support industrial and social innovation in Canada).	√						
Section 4. Intellectual Propert	y Pate	ents & Cop	pyrights				
Do you have any patents, whether planned, pending or issued, broadly relevant to the work? Yes Vo							
Section 5. Relationships not c	overed	above					
Are there other relationships or activities potentially influencing, what you wrote i				influenced	d, or that give the appearance of		
Yes, the following relationships/cond	litions/cir	cumstance	es are present (exp	olain belo	w):		
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Johnston 3

the study; grants from Over the last five years BCJ has held grants from BioK+ (a probiotic manufacturer) and Genzyme Inc (a manufacturer of enzyme replacement therapy for patients with rare lysosomal storage diseases), and joint grant funded by Nestle and MITACS Accelerate (a provincially and federally supported not-for-profit organization that works with Canadian universities and companies to build partnerships that support industrial and social innovation in Canada).



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Johnston 4



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3. Relevant financial activities outside the submitted work.

This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

Report all sources of revenue paid (or promised to be paid) directly to you or your institution on your behalf over the 36 months prior to submission of the work. This should include all monies from sources with relevance to the submitted work, not just monies from the entity that sponsored the research. Please note that your interactions with the work's sponsor that are outside the submitted work should also be listed here. If there is any question, it is usually better to disclose a relationship than not to do so.

For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

4. Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

Relationships not covered above.

Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.

Definitions.

Entity: government agency, foundation, commercial sponsor, academic institution, etc.

Grant: A grant from an entity, generally [but not always] paid to your organization

Personal Fees: Monies paid to you for services rendered, generally honoraria, royalties, or fees for consulting, lectures, speakers bureaus, expert testimony, employment, or other affiliations

Non-Financial Support: Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

Other: Anything not covered under the previous three boxes

Pending: The patent has been filed but not issued

Issued: The patent has been issued by the agency

Licensed: The patent has been licensed to an entity, whether earning royalties or not

Royalties: Funds are coming in to you or your institution due to your patent

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Section 1. Identifying Information	ation								
1. Given Name (First Name) Jennifer	2. Surname (Last Name) Erickson		3. Date 24-October-2016						
4. Are you the corresponding author?	Yes ✓ No Corresponding Author's Name Bradley Johnston								
5. Manuscript Title "The scientific basis of recommendations on sugar intake from authoritative health organizations: A systematic review of public health guidelines"									
6. Manuscript Identifying Number (if you known M16-2020	ow it)								
Section 2. The Work Under Co	nsideration for Public	cation							
Did you or your institution at any time receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)? Are there any relevant conflicts of interest? Yes No If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.									
Name of Institution/Company	Grant? Personal Nor	n-Financial Other?	Comments						
nternational Life Science Institute	✓		The University of Minnesota received grant money from ILSI for this project, but I have not been paid from this money.						
Section 3. Relevant financial a	activities outside the s	submitted work.							
Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were present during the 36 months prior to publication . Are there any relevant conflicts of interest? Yes V									
Section 4. Intellectual Property	ty Patents & Copyrig	ghts							
Do you have any patents, whether plann			work? Yes 🗸 No						

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Section 5.	
Section 5.	Relationships not covered above
Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?	
Yes, the following relationships/conditions/circumstances are present (explain below):	
✓ No other rela	tionships/conditions/circumstances that present a potential conflict of interest
At the time of manuscript acceptance, journals will ask authors to confirm and, if necessary, update their disclosure statements On occasion, journals may ask authors to disclose further information about reported relationships.	
Section 6.	
Section 6.	Disclosure Statement
Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.	
Jennifer Erickson reports grants to her institution from International Life Science Institute, during the conduct of the study.	

Evaluation and Feedback

Please visit http://www.icmje.org/cgi-bin/feedback to provide feedback on your experience with completing this form.

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