

#### **Instructions**

The purpose of this form is to provide readers of your manuscript with information about your other interests that could influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in four parts.

## Identifying information.

Enter your full name. If you are NOT the corresponding author please check the box "no" and a space to enter the name of the corresponding author in the space that appears. Provide the requested manuscript information. Double-check the manuscript number and enter it.

# 2. The work under consideration for publication.

This section asks for information about the work that you have submitted for publication. The time frame for this reporting is that of the work itself, from the initial conception and planning to the present. The requested information is about resources that you received, either directly or indirectly (via your institution), to enable you to complete the work. Checking "No" means that you did the work without receiving any financial support from any third party -- that is, the work was supported by funds from the same institution that pays your salary and that institution did not receive third-party funds with which to pay you. If you or your institution received funds from a third party to support the work, such as a government granting agency, charitable foundation or commercial sponsor, check "Yes". Then complete the appropriate boxes to indicate the type of support and whether the payment went to you, or to your institution, or both.

## 3. Relevant financial activities outside the submitted work.

This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

Report all sources of revenue paid (or promised to be paid) directly to you or your institution on your behalf over the 36 months prior to submission of the work. This should include all monies from sources with relevance to the submitted work, not just monies from the entity that sponsored the research. Please note that your interactions with the work's sponsor that are outside the submitted work should also be listed here. If there is any question, it is usually better to disclose a relationship than not to do so.

For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

# 4. Other relationships.

Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.



1. Given Name (First Name) Holly	2. Surname (Last Name) Wyatt	3. Effective Date (07-August-2008 01-November-2013
4. Are you the corresponding author?	Yes ✓ No	Corresponding Author's Name Patrick G. O'Connor, MD, MPH
5. Manuscript Title The Myth of Healthy Obesity		

# **Section 2.** The Work Under Consideration for Publication

Did you or your institution at any time receive payment or services from a third party for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc...)?

Complete each row by checking "No" or providing the requested information. If you have more than one relationship click the "Add" button to add a row. Excess rows can be removed by clicking the "X" button.

The Work Under Consideration for Publication										
Туре	No	Money Paid to You	Money to Your Institution*	Name of Entity	Comments**					
1. Grant	<b>✓</b>					×				
						ADD				
2. Consulting fee or honorarium	<b>✓</b>					×				
						ADD				
<ol><li>Support for travel to meetings for the study or other purposes</li></ol>	<b>✓</b>					×				
						ADD				
<ol> <li>Fees for participation in review activities such as data monitoring boards, statistical analysis, end point committees, and the like</li> </ol>	<b>✓</b>					×				
						ADD				
<ol><li>Payment for writing or reviewing the manuscript</li></ol>	<b>✓</b>					×				
						ADD				
<ol><li>Provision of writing assistance, medicines, equipment, or administrative support</li></ol>	<b>√</b>					×				



The Work Under Consideration for Publication								
Ту	pe No		Money to Your Institution*	Name of Entity	Comments**			
						ADD		
7. Other	✓					×		
						ADD		

# Section 3. Relevant financial activities outside the submitted work.

Place a check in the appropriate boxes in the table to indicate whether you have financial relationships (regardless of amount of compensation) with entities as described in the instructions. Use one line for each entity; add as many lines as you need by clicking the "Add +" box. You should report relationships that were present during the 36 months prior to submission.

Complete each row by checking "No" or providing the requested information. If you have more than one relationship click the "Add" button to add a row. Excess rows can be removed by clicking the "X" button.

Relevant financial activities outside the submitted work									
Type of Relationship (in alphabetical order)	No	Money Paid to You	Money to Your Institution*	Entity	Comments				
1. Board membership		<b>✓</b>		Atkins		×			
1. Board membership		$\checkmark$		Retrofit		×			
1. Board membership		<b>✓</b>		Eisai		×			
						ADD			
2. Consultancy		<b>✓</b>		Wellspring camps		×			
2. Consultancy		<b>✓</b>		Takeda		×			
						ADD			
3. Employment	<b>✓</b>					×			
						ADD			
4. Expert testimony	<b>✓</b>					×			
						ADD			
5. Grants/grants pending			<b>✓</b>	Norvo Nordisk		×			
5. Grants/grants pending			$\checkmark$	GI Dynamic		X			

<sup>\*</sup> This means money that your institution received for your efforts on this study.

<sup>\*\*</sup> Use this section to provide any needed explanation.



Relevant financial activities out	side the	submit	ted work			
Type of Relationship (in alphabetical order)	No	Money Paid to You	Money to Your Institution*	Entity	Comments	
5. Grants/grants pending			<b>✓</b>	Orexigen		×
						ADD
<ol><li>Payment for lectures including service on speakers bureaus</li></ol>		<b>✓</b>		CME Incite	CME talks	×
<ol><li>Payment for lectures including service on speakers bureaus</li></ol>		<b>✓</b>		Vindico medical education	CME talks	×
<ol><li>Payment for lectures including service on speakers bureaus</li></ol>		<b>✓</b>		Global Directions in Medicine	CME talks	×
<ol><li>Payment for lectures including service on speakers bureaus</li></ol>		<b>✓</b>		Takeda	lecture for takeda staff	×
<ol><li>Payment for lectures including service on speakers bureaus</li></ol>		<b>✓</b>		The Obesity Society	lecture for ABOM prep	×
						ADD
<ol><li>Payment for manuscript preparation</li></ol>	<b>✓</b>					×
						ADD
<ol><li>Patents (planned, pending or issued)</li></ol>		<b>✓</b>		Energy Gap Patent	No money recieved for this	×
						ADD
9. Royalties		✓		Up To Date		×
						ADD
<ol><li>Payment for development of educational presentations</li></ol>	<b>√</b>					×
						ADD
11. Stock/stock options		<b>✓</b>		Active Planet		×
						ADD
12. Travel/accommodations/ meeting expenses unrelated to activities listed**	<b>✓</b>					×
						ADD
13. Other (err on the side of full disclosure)		<b>✓</b>		Rodale/ Levine Greenberg Literary Agent	I am an author of a Weight loss book - State of Slim	×
13. Other (err on the side of full disclosure)		<b>✓</b>		The Obesity Society	Associate editor for the journal Obesity	×
						ADD



- \* This means money that your institution received for your efforts.
- \*\* For example, if you report a consultancy above there is no need to report travel related to that consultancy on this line.

Cartina A	
Section 4.	Other relationships
	elationships or activities that readers could perceive to have influenced, or that give the appearance of encing, what you wrote in the submitted work?
	tionships/conditions/circumstances that present a potential conflict of interest wing relationships/conditions/circumstances are present (explain below):
	anuscript acceptance, journals will ask authors to confirm and, if necessary, update their disclosure statements rnals may ask authors to disclose further information about reported relationships.
	Hide All Table Rows Checked 'No'

### **Evaluation and Feedback**

Please visit <a href="http://www.icmje.org/cgi-bin/feedback">http://www.icmje.org/cgi-bin/feedback</a> to provide feedback on your experience with completing this form.



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## 4. Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

# Relationships not covered above.

Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.

#### Definitions.

**Entity:** government agency, foundation, commercial sponsor, academic institution, etc.

**Grant:** A grant from an entity, generally [but not always] paid to your organization

**Personal Fees:** Monies paid to you for services rendered, generally honoraria, royalties, or fees for consulting, lectures, speakers bureaus, expert testimony, employment, or other affiliations

**Non-Financial Support:** Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

Other: Anything not covered under the previous three boxes

**Pending:** The patent has been filed but not issued

**Issued:** The patent has been issued by the agency

**Licensed:** The patent has been licensed to an entity, whether earning royalties or not

**Royalties:** Funds are coming in to you or your institution due to your patent



Section 1. Identifying Inform	mation				
Identifying Infor	nation				
Given Name (First Name)  James	2. Surnar Hill	ne (Last Nai	me)		3. Date 29-October-2013
4. Are you the corresponding author?	✓ Yes	No			
5. Manuscript Title The Myth of Healthy Obesity					
6. Manuscript Identifying Number (if you k	know it)				
Section 2. The Work Under 0	Considera	tion for P	ublication		
Did you or your institution <b>at any time</b> recany aspect of the submitted work (includir statistical analysis, etc.)?  Are there any relevant conflicts of inte	g but not lim	nited to gran			ent, commercial, private foundation, etc.) for tudy design, manuscript preparation,
*	formation b	elow. If yo		n one ent	ity press the "ADD" button to add a row
Name of Institution/Company	Grant?	Personal Fees?	Non-Financial Support?	Other?	Comments
/IcDonalds		<b>✓</b>			
Valt Disney Company		<b>✓</b>			
nternational Beverage Association	<b>✓</b>				
lovo Nodisk		<b>✓</b>			
Seneral Mills		<b>✓</b>			
Active Planet				<b>✓</b>	LLC for weight loss
Coca Cola Company		<b>✓</b>			
Section 3. Relevant financia	l activities	outside	the submitted	work.	
of compensation) with entities as desc clicking the "Add +" box. You should re	ribed in the eport relatio	instructio enships tha	ns. Use one line fo at were <b>present d</b>	or each e	cial relationships (regardless of amount ntity; add as many lines as you need by e 36 months prior to publication.
Are there any relevant conflicts of inte	rest? ✓ `	res	No		



If yes, please fill out the appropriate information below.

Name of Entity	Grant	Personal Fees	Non-Financial Support?	Other?	Comments		
Rodale Publishing				<b>✓</b>	Book - State of Slim		
Section 4. Intellectual P	roperty Pat	tents & Cop	oyrights				
Do you have any patents, whether planned, pending or issued, broadly relevant to the work?   Yes No  If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.							
Patent?	Pending?	ied <mark>?</mark> Licens	ed? Royalties?	License	e? Comments		
Energy Gap		<b>✓</b>			Patent for method of individualizing behavior goals in weight loss maintenance		
Section 5. Relationship	s not covered	labove					
Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?							
Yes, the following relationshi	ps/conditions/c	ircumstance	s are present (ex	olain belo	w):		
✓ No other relationships/condit	:ions/circumsta	nces that pre	esent a potential	conflict of	interest		
At the time of manuscript accept On occasion, journals may ask au	•				sary, update their disclosure statem elationships.	ents.	

### Section 6.

#### **Disclosure Statement**

Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.

Dr. Hill reports personal fees from McDonalds, personal fees from Walt Disney Company, grants from International Beverage Association, personal fees from Novo Nodisk, personal fees from General Mills, other from Active Planet, personal fees from Coca Cola Company, during the conduct of the study; other from Rodale Publishing, outside the submitted work; In addition, Dr. Hill has a patent Energy Gap issued.

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